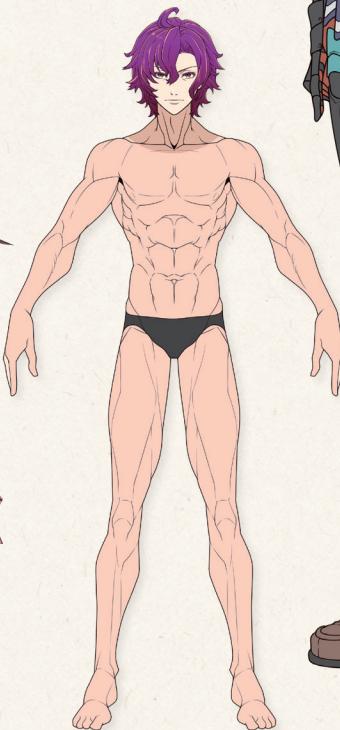
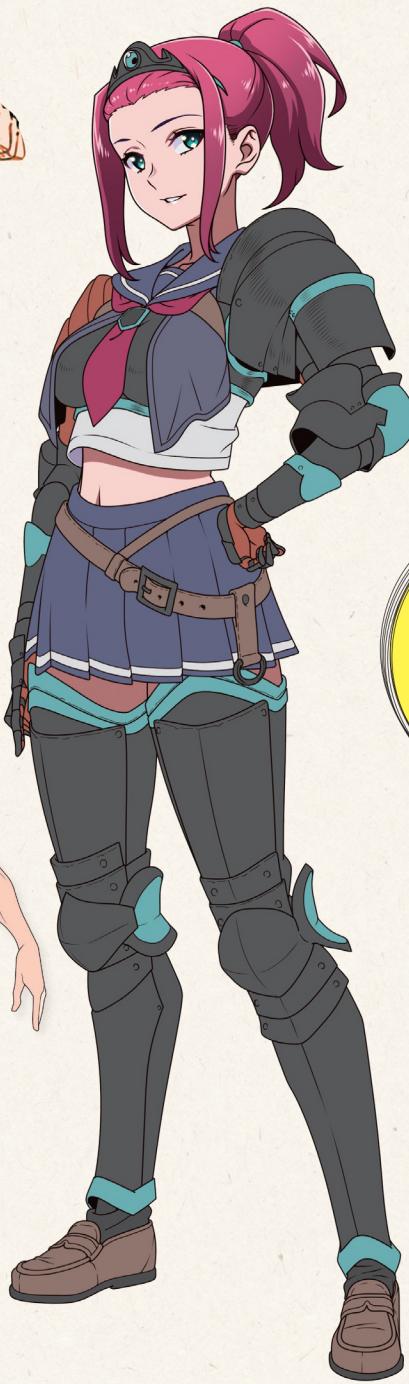


# THE COMPLETE GUIDE TO DRAWING MANGA & ANIME

A Comprehensive 13-Week "Art Course"  
With 65 Clear and Easy Daily Lessons



Date Naoto



With Over  
**1000**  
Illustrations and  
FREE downloadable  
practice materials



TUTTLE

# THE COMPLETE GUIDE TO DRAWING **MANGA & ANIME**

Date Naoto



TUTTLE Publishing  
Tokyo | Rutland, Vermont | Singapore

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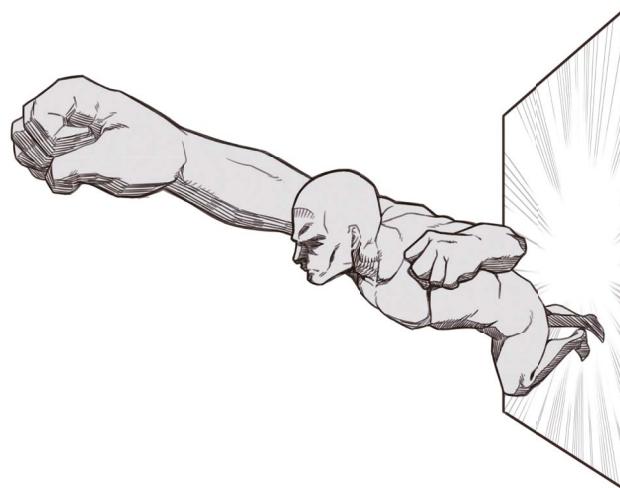
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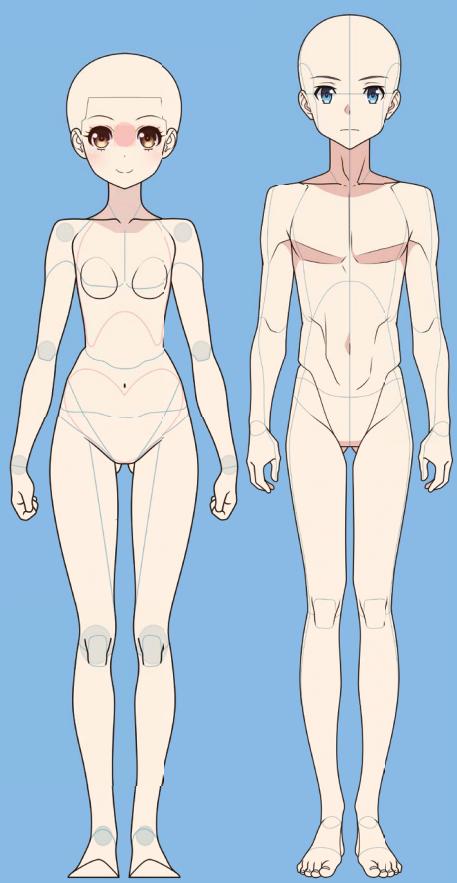


### To Download Bonus Materials

1. You must have an internet connection.
2. Type the URL below into your web browser:

<https://www.tuttlepublishing.com/the-complete-guide-to-drawing-manga-and-anime>

For support email us at [Info@uttlepublishing.com](mailto:Info@uttlepublishing.com)



## Why I Wrote This Book

Drawing is a skill that anyone can learn. Natural talent must certainly exist. But if we take 10,000 artists, how many geniuses would there be among them? I think there would be very few, perhaps just one person, or even none.

In other words, all the other great artists out there are just ordinary people who have learned a skill. If you think about it in that way, it's easier to imagine learning to draw yourself. So what should you learn?

There are a few important skills you should master when learning how to draw: the basic proportions of the human body, dimensions, silhouettes, and the proper use of color. If you can learn the right balance of these skills it is possible to dramatically improve your drawing ability. This book can teach you that balance.

You should know that a drawing that is technically correct is not necessarily a good picture. Of course, artistic skill is a necessary element, but as the Japanese concepts of *shuhari* (gaining mastery, then innovating, and finally transcending) and *katayaburi* (breaking the mold or being unconventional) tell us, the essence is in "how to break the foundation" after mastering the basics. in other words, you should add your own personal touch to your drawings after you have mastered the basics.

So it is very important for your artistic growth to first create that foundation. However, I understand the desire to learn quickly, of wanting to get better as fast as you can. Therefore, I have developed a 90-day course that aims to teach the basics of drawing effectively. By using this book, you will be able to improve your drawing skills while learning at a comfortable, yet brisk, pace. Most important, have fun!

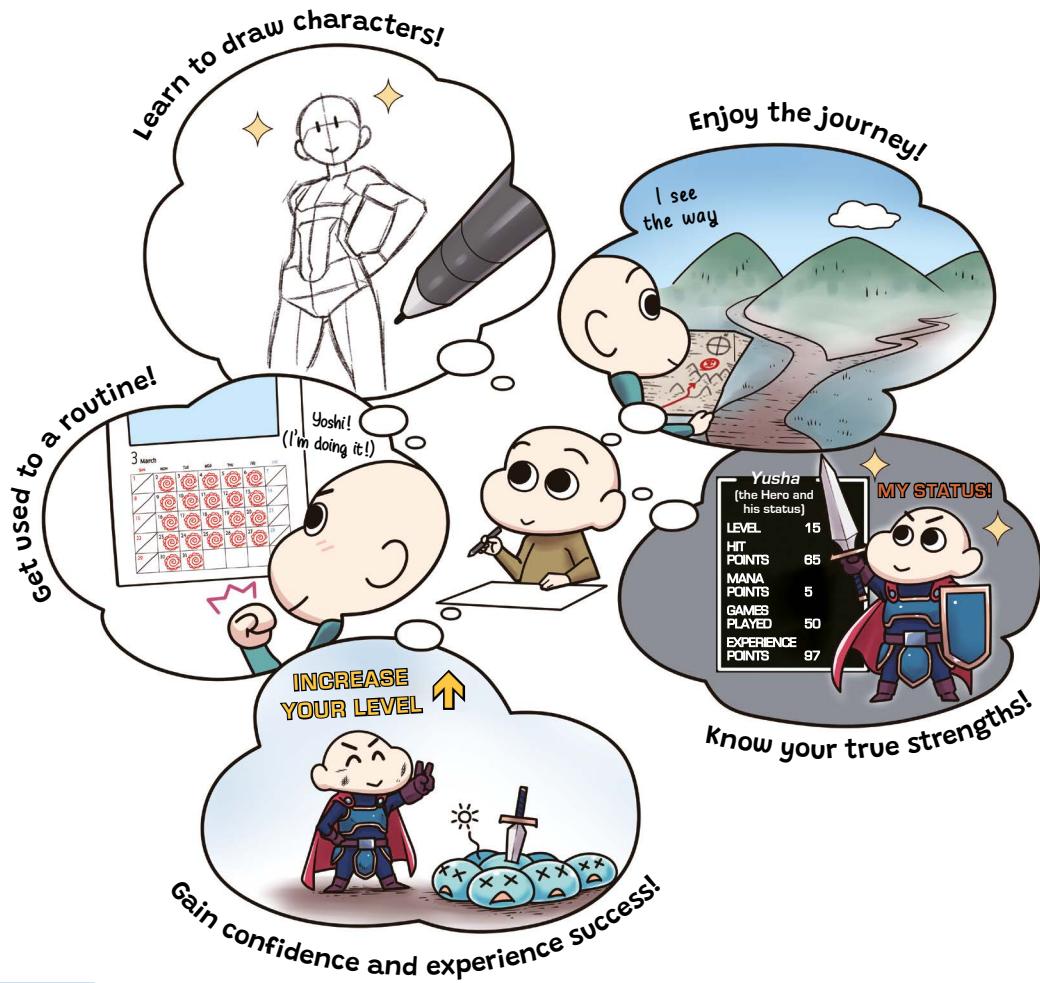
— Date Naoto  
March 2021

# How to Use This Book

This book teaches you how to draw characters using a step-by-step course of about 90 days. The Introductory sections explain how to draw a picture, the Beginner Level shows you how to draw a person, and the Intermediate Level explains how to create more advanced illustrations.

Each week, the program consists of five lessons providing ways of thinking followed by two days off. That way you won't feel forced to draw every day. Take some time off!

## The Purpose of this Book



### Introduction

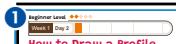
I will explain what it means to draw a picture, how to solve problems, and how to improve your drawing if you keep at it.

### Beginner Level

Focusing on how to draw people, you will learn everything from the basics of illustration to drawing full body poses.

### Intermediate Level

You will learn advanced techniques, such as how to make attractive poses, compositions, and productions.

**1 Beginner Level**  **How to Draw a Profile**

The profile has become the same balance as the front, so if you remember the balance of the front, you can easily understand how to draw a profile. Be sure to look at the parts between the front and back when drawing.

**2 DIFFICULTY**  **Art Value**

Vertical line of the profile is the same as the upper eyelid line. The vertical line of the profile is the same as the upper eyelid line. The vertical line of the profile is the same as the upper eyelid line.

**3 LESSON** **Draw a Profile**

Prepare the face from the front on the first day and draw a profile on the top of the head. Draw the profile on the side according to the position of the parts. The profile is drawn by drawing the neck and drawing vertically and horizontally.

**4 Common Mistakes**

If you want to draw a character with a thin neck, narrow the width from the outer corner of the eye to the center of the neck. If you want to draw a character with a thick neck, narrow the width of the neck to make the neck thicker.

**5 Congratulations on your progress!**

Understand the difference in arm and leg lengths, and be conscious of the balance.

## 1 Your progress

The ♦ symbol indicates the day of the week. The bar below that shows how far you've progressed through the 13-week course.

## 2 Difficulty levels and icons

Each lesson is assigned a difficulty level from 1 to 5 stars (from easiest to most difficult). The icons show the material that will be covered (see the bottom of this page for more information).

## 3 Lessons

These are the hands-on elements you will learn to master.

## 4 Common mistakes

Common drawing mistakes made by beginners and how to correct them.

## 5 Beginner overviews

For the Beginner levels, each week ends with a 2-day break and a basic overview of what you learned.

## 6 Commentaries

This is content that you can refer to, such as useful tips and tricks, when you are drawing.

## 7 Key points

This section explains points to which you should pay particular attention.

## 8 FEATURE

These are important details that will help you progress even further.

## 9 You're done!

The Intermediate levels also end each week with a 2-day break (there are no overviews in the Intermediate levels).

## Icons



**Drawing Techniques**  
Techniques necessary for drawing



**Knowledge**  
Knowledge necessary for drawing



**Basics**  
Techniques and knowledge that form the basis of all drawing



**Permanence**  
Skills and knowledge necessary for lifelong drawing



**Anatomy**  
Knowledge of human anatomy



**Design Ability**  
Knowledge used for character design, etc.



**Efficiency**  
Technologies and knowledge that enable efficient growth



**Applications**  
Applications using the basics



**3D**  
Knowledge to grasp three-dimensional objects, such as understanding surfaces and 3D effects



**Human Body**  
Knowledge of anatomy for the fine arts



The OK icon indicates an acceptable example, the  $\Delta$  icon indicates a so-so example, and the  $\times$  icon a very bad example.

The DL icon indicates that free practice materials are available to download (see page 3 for instructions).

# Getting Started

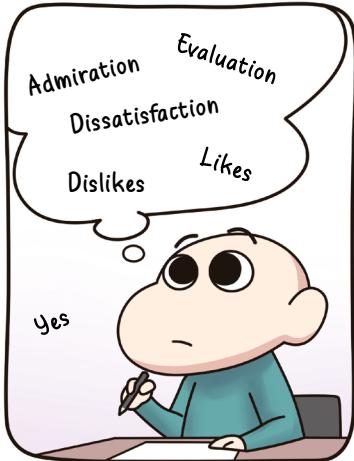


## Why Do We Draw?

Why do you draw in the first place? It is worthwhile to take a moment to consider this basic question before we start.



The purpose of drawing is self-expression. It is a way to communicate your thoughts and ideas to others.



By making a list of likes and dislikes, you can find out what your preferences are. This is the source of an artist's style, so be conscious of it.



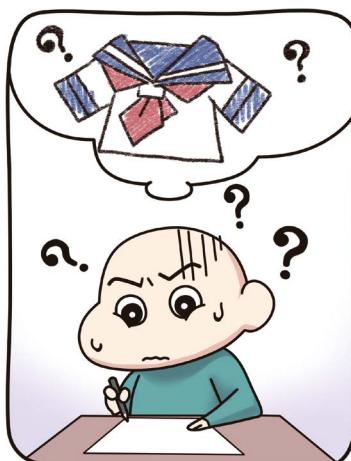
By imagining in advance what you want to draw and the results you want to achieve, you can proceed without hesitation.

## You Can't Draw What You Don't Know

Are you trying to imagine a picture? If you draw something you don't know or don't understand well, it won't work. Professionals collect reference materials they can study when preparing for a project. Look carefully at the materials and draw.



You imagine the picture you want to draw and start drawing, but...



If you don't know the shape and structure of the costume, you can't draw it.



Studying reference material in advance gives you an idea of how to draw something correctly. Don't be afraid to draw while referring to an example.

## What Is Practice?

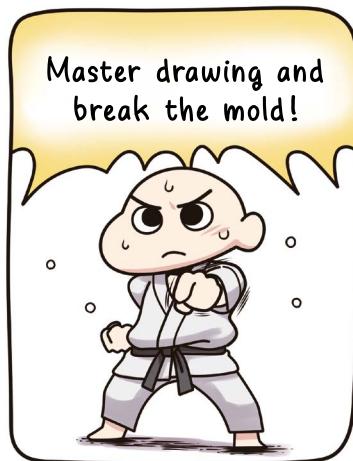
Your rate of improvement will advance greatly if you understand how to practice effectively.



Take notes when you have ideas about what you'd like to draw. Regularly referring to your notes will give you artistic inspiration.



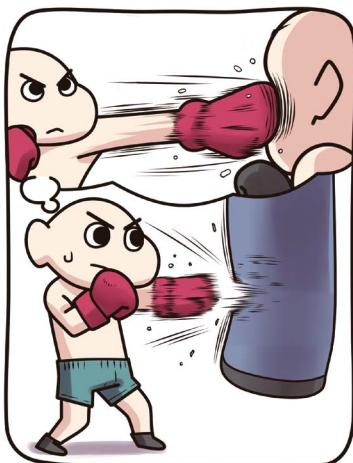
Failure is not a bad thing. We grow by learning from our mistakes. Instead of worrying about them, keep track of any problems you have and keep drawing. Learning how to deal with your difficulties will ensure you don't fail next time.



No matter how much you draw, your personality will always shine through. By learning basic drawing techniques first, your individual style will flourish later. It won't work if you force things by actively trying to create a unique style. "Break the mold" by mastering the basics.



Always set your hurdles (your goals) low. By clearing many small hurdles, you will gain confidence.



Don't be tentative when you practice. You should try to practice with the same rhythm and confidence you express with your actual drawing.



The best way to learn is by having fun. Don't take the lessons too seriously and learn while being entertained.

### Key Point

**"See" and "Watch"**

In this book, I intentionally differentiate between the words "see" and "watch." "Watch" is used when concentrating on something and looking at it consciously.

## Preparation Before Drawing

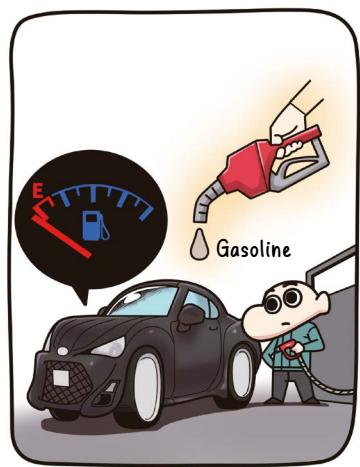
Preparation is required before drawing. Most of our worries, such as not being able to sit at a desk for a long time, not knowing what to draw, and getting bored halfway through, are due to lack of preparation.



Get into a rhythm. It's a common motivational switch. By deciding what to do before drawing, you can mentally prepare yourself. This varies from person to person, so please try to find the action that makes this switch the easiest for you.



Professionals are serious about their drawing. That's why they are careful to prepare before any project. Start by thinking about what kind of picture you want to draw, what kind of materials you will need, what kind of process you will use, and so on.



In this example of what it means to draw, the input is gasoline (knowledge) and the output is a car (the artist). A car without gasoline is useless. So learn as much as you can before you draw.

## Memory Tips

I'm sure everyone has experienced the difficulties you can have when trying to remember something important. Here are some tips on how to make it easier to remember.



When you see something you want to draw, think about what it can be used for.



Think about explaining what the thing is to other people.



Try to visualize something that will help you remember what the object is.

## Drawing is Knowledge and Experience

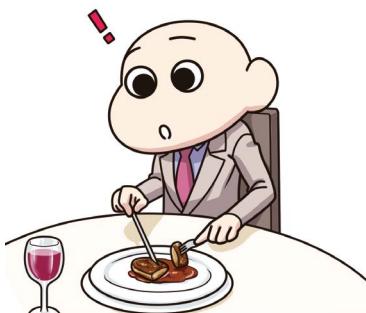
Drawing and cooking are very similar. Of course, it takes a lot of time and effort to become a top chef, but it doesn't take a special talent to be good at it. Knowledge and experience are of the utmost importance.

Themes and drawings = cooking and recipes



You can't make anything if you don't know what you want to make and how to make it. First you need knowledge.

Imitation = knowing the taste



If you don't know the taste (patterns and techniques), you can't reproduce it. The taste can be replicated through experience.

Good technique = exquisite taste



If you understand how to make something taste better, you can make more delicious dishes. This leads to growth.

### Cooking

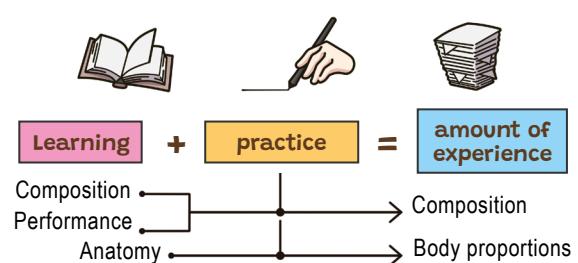
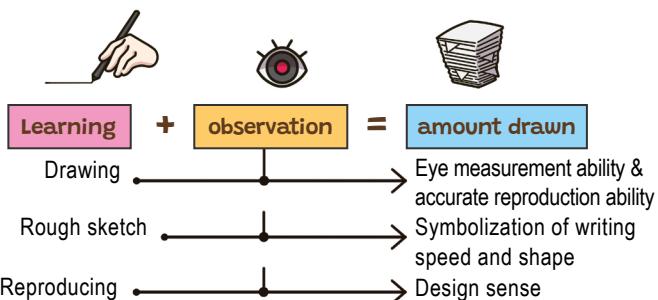
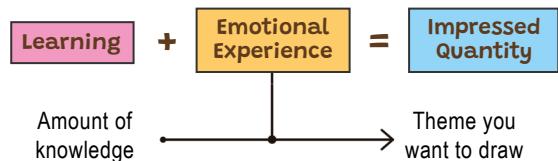
Type (food name)	If you don't know the type of food and the name of the food, you can't make it.
Recipe	You can't make it without knowing the recipe.
The taste	If you don't know the taste, you can't reproduce it.
Delicious taste	You can't cook good food if you don't know good taste
Dexterity	Can you accurately measure the amount and cook smoothly?

### Picture

Theme	I can't start unless I know what to draw.
Drawing ability	You can't draw if you don't understand the human body.
Reproduction	You can't draw well if you don't know how to draw.
Imitation of a good person (artistic role model)	You can't draw a beautiful picture if you don't possess an understanding of effective drawing techniques.
Power of observation	Can you accurately reproduce the example in your drawing?

## Learning and Experience

Skills that can be learned can be acquired through experience, but they require a lot of time and effort. What can be learned quickly can take years of experience. Let's do it efficiently by understanding the techniques you can learn and the techniques gained from experience.

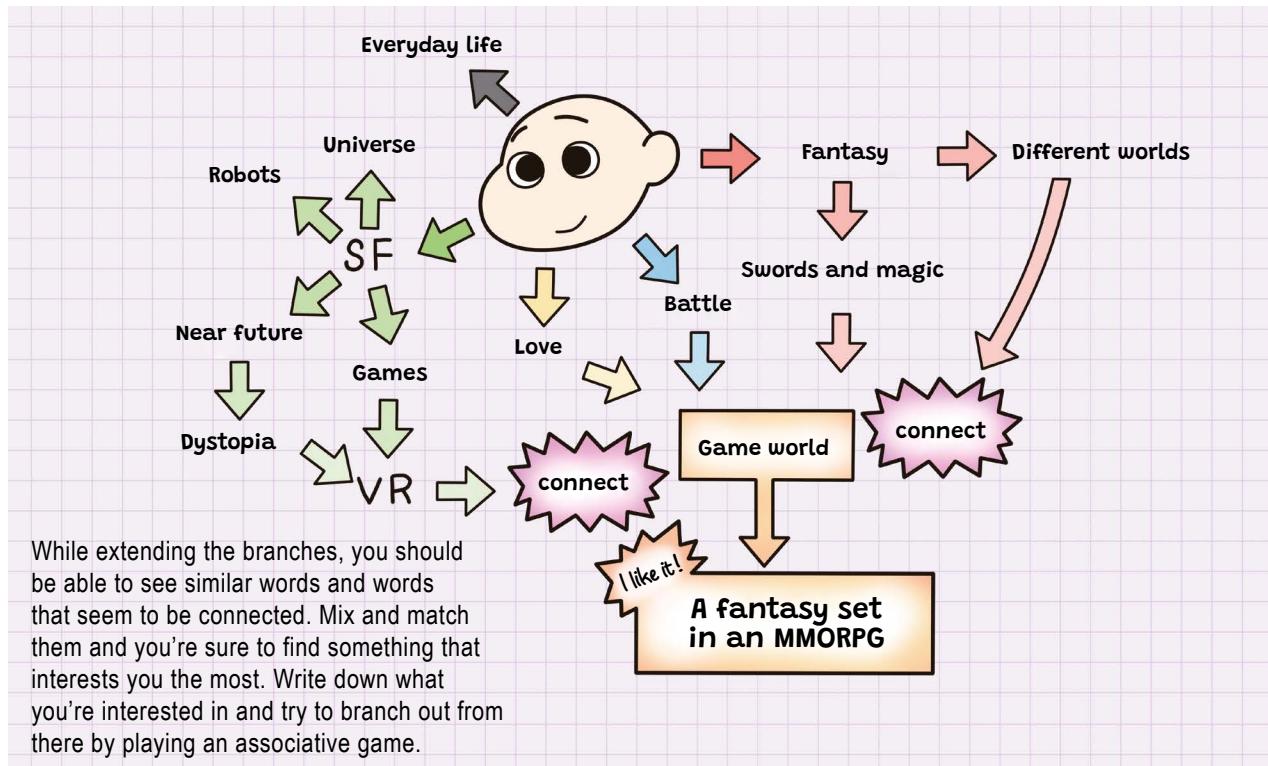


# How Do I Improve My Drawing Skills?



## Dig Deeper Into What Interests You

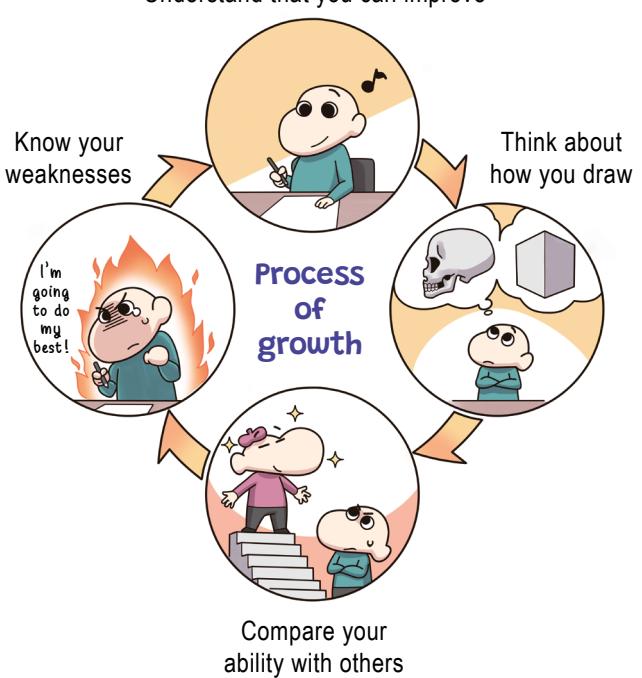
In order to be good at drawing, it is important to find exactly what you want to draw. First, write down what you are interested (brainstorming). Any interest, no matter how trivial, is fine.



## Growth Cycle

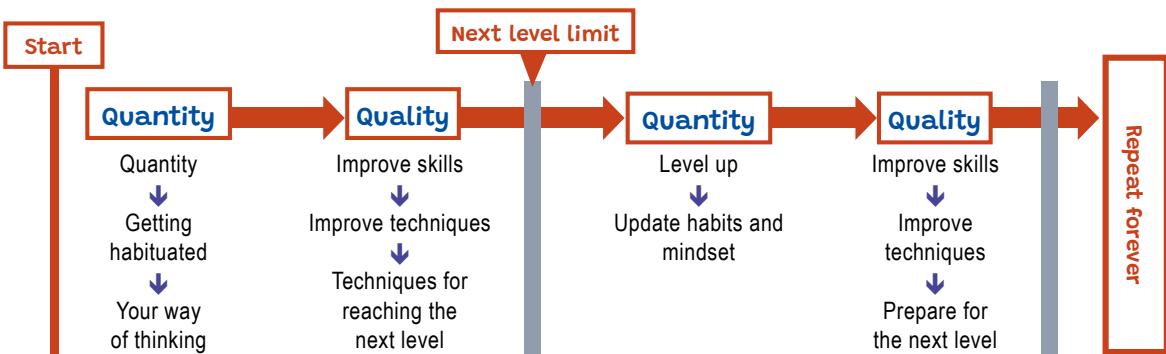
Growth has a unique cycle. When I continue to draw, there is a dramatic moment when my understanding deepens, not unlike an epiphany. When you broaden your horizons and compare your work with that of other artists, you will become aware of your weaknesses. As long as you continue to draw, you will grow. This is true no matter how good of an artist you are.

Understand that you can improve



## Quantity Over Quality? Quality Over Quantity?

I often see arguments about whether practice should be **quantity over quality** or **quality over quantity**. Actually, both answers are correct.



### ① Amount

Quantity is important when you are a beginner. You first need to draw a lot and get used to drawing. Also, you have to learn how to use the correct tools.

### ② Quality

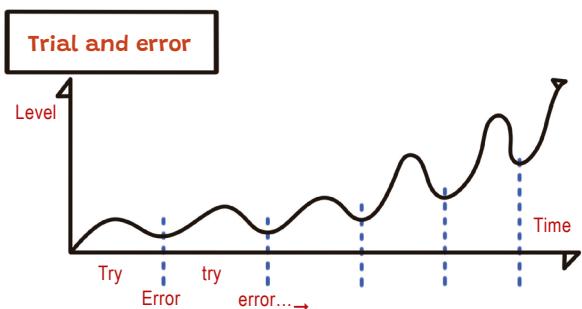
As drawing becomes a habit and you reach an intermediate level, the next step is to focus on quality in order to pay more attention to detail.

### ③ Level up

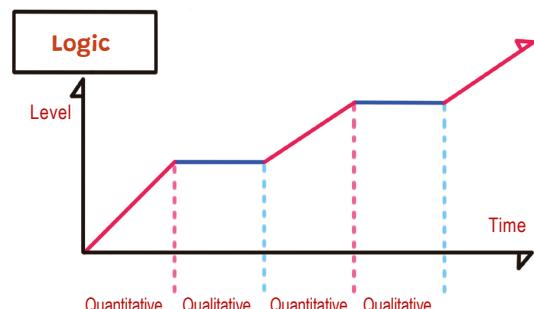
As your drawing ability improves you will find you are able to draw with more confidence (level up). Once you establish a flow, you will draw more in order to use the skills you have learned.

## What is Practice?

It is very inefficient if you draw carelessly. You can grow efficiently by drawing with a clear understanding of reason and logic.

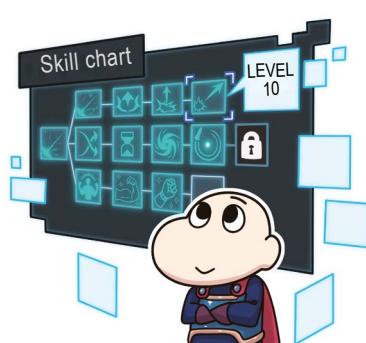


If you draw without a clear purpose, you will grow only through trial and error and your growth will come in waves. If you don't understand what you are doing you will learn haphazardly, so it becomes inefficient.



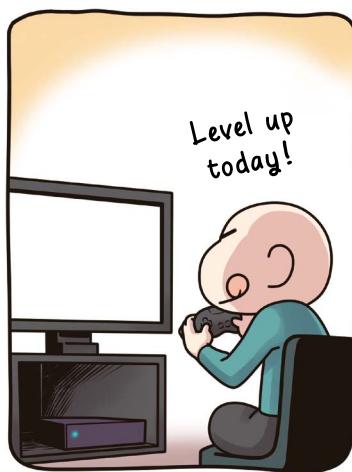
By drawing with an understanding of theory and logic, you can grow without wasting time and effort. When you level up, new challenges will appear, so you can grow efficiently.

In RPGs, there are skills that can only be learned at low levels. By learning these skills early, you can progress quicker as you level up.



## A Shortcut to Growth

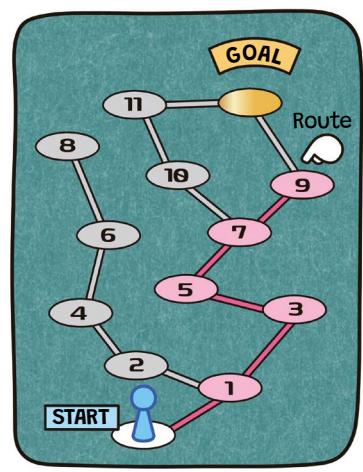
Think practice is hard? Practice is meant to be enjoyed. Whether you find it difficult or fun to do the same thing over and over, the experience you gain will benefit you many times over. It can help if you approach it as a game.



Have fun! If you can think of practice as entertainment, you won't dread the hard work.



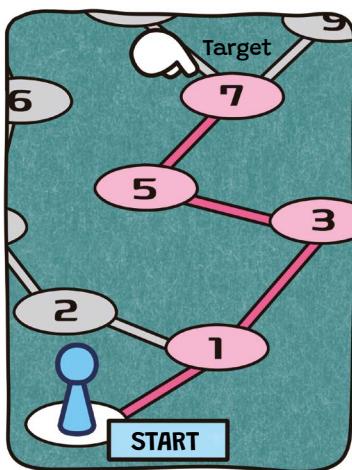
Read the rules! Understanding what you are practicing is like knowing the rules of the game.



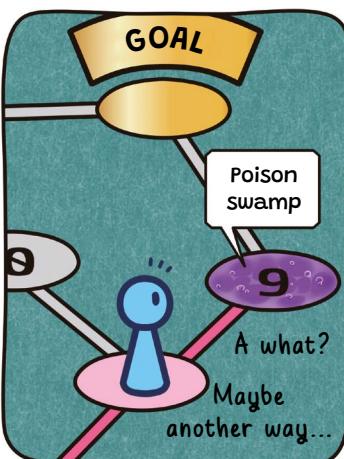
Find a strategy! If you can find an efficient strategy, you can clear the goal in the shortest amount of time.

## Make Small Goals

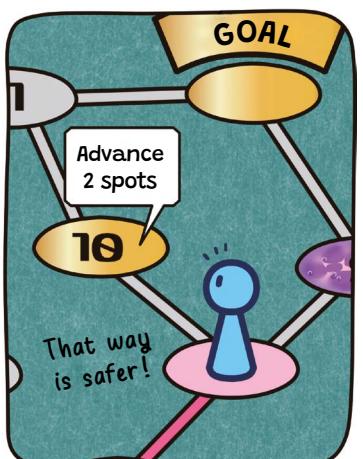
If you set a major goal at the beginning, the road will be long and steep and you can become frustrated along the way. So set a series of smaller goals and try to clear them one by one, starting with the first one. After completing this small goal, you can check the pathway to success and find a better route to reach your main goal without difficulty.



Set small goals! A long-distance goal can feel unrealistic. So first of all, set a short-term goal.



For now, let's draw! If you check your surroundings again after reaching your immediate goal, problems that you couldn't see at the starting point will come to light. It is effective to accumulate small goals to avoid risks.



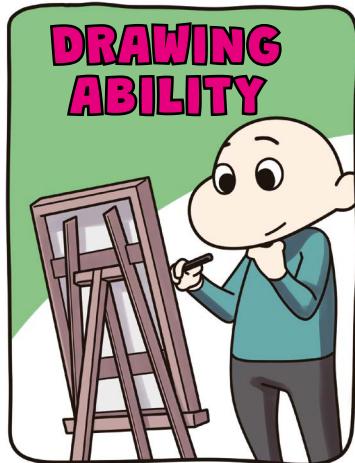
Compare what you drew with your goal, and fix the problem! If you only look at the goal from the beginning and move forward, you will notice a big mistake halfway through and you will not be able to turn back. The objective is to reach the goal, so try to fix the problem and then aim for the goal.

# How Should I Practice?

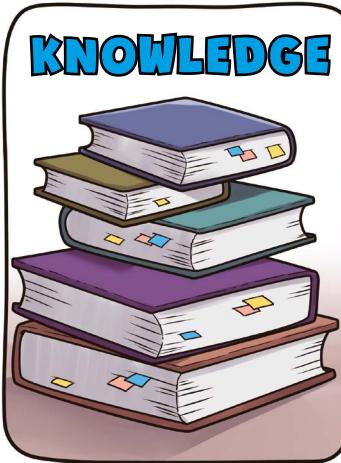


## What's so Great about Drawing?

There are three elements to developing a drawing skill: drawing ability, knowledge, and empirical rules. How many of these skills you master and how well you balance them will determine the quality of your drawing, so take the initiative and gain experience.



Drawing ability refers to pure artistic skill. Being able to effectively depict human anatomy, colors, 3D grasping ability, etc. are reflected in your drawing ability.



An understanding of comics, novels, movies, music, science, literature, history, etc., and knowledge gained from conversations with people are included in the amount of knowledge you acquire.



Empirical rules refer to your personal experiences, for example, using things that you have seen, knowledge you have acquired and things you have felt to create your art.

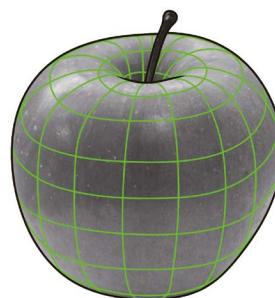
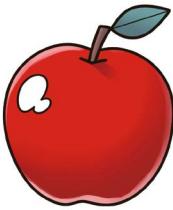
## Key Point

Observation is an important technique you use to accurately portray an object in your drawing. If you are not careful in your observation, you can miss important details. First, take a close look at the details of various objects and see if you've overlooked anything. The power of observation grows only by repeating through trial and error.



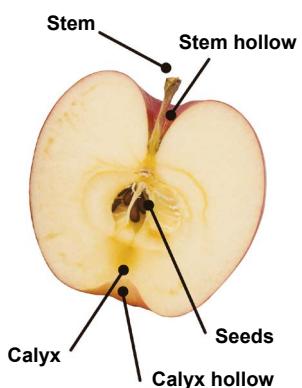
### ① Symbolization

Capturing the rough shape



### ② Observation

Capturing three-dimensional elements such as roundness and surface irregularities



### ③ Analysis

Observe different parts of a whole

## What Kind of Drawing Practice Do You Have?

Drawing practice includes design, drawing, reproduction, and two-dimensional drawing. There is not one technique that is most effective, as the techniques that can be obtained through practice are different. Choose what you are lacking now.

### Sketching

Reproduce the skeleton and muscles of the human body, and the shadows created by three-dimensional objects.

II

Understanding of structure



### Drawing

Quickly capture only the silhouette and reproduce it with a few lines.

II

Grasping/simplification/  
insight of shapes



### Reproduction

Reproduction is more like dissection than copying. Analyze the drawing's structure and determine the technique that was used to draw the picture.

II

Technical analysis/  
reproduction



### 2D Drawing

The poses and features of the human body and objects are extracted and reproduced in a two-dimensional picture.

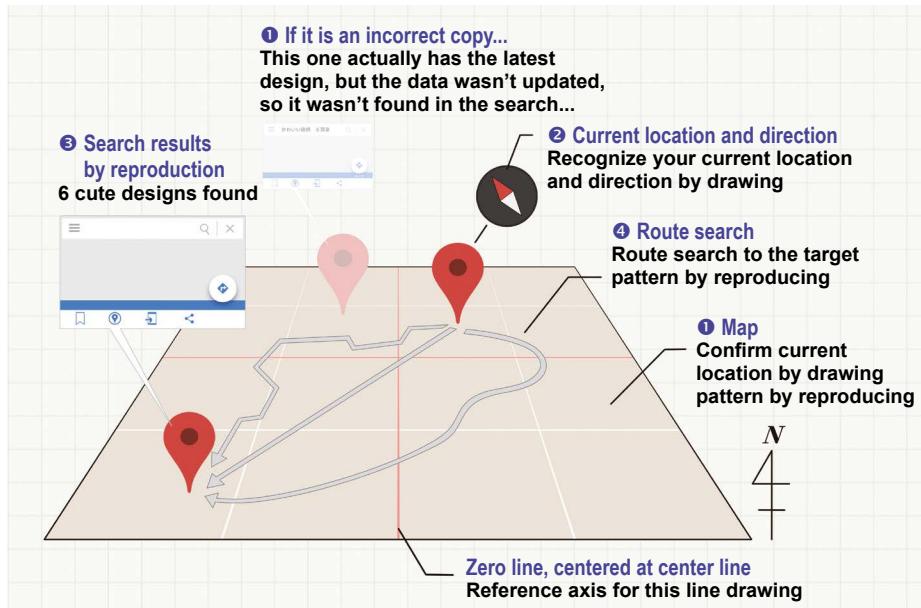
II

Exaggeration and  
symbolization



## The Role of Drawing and Reproducing

Imagine a map application that shows map data, current location, and bearing. Reproduction is a route search function. A skilled drawing ability will give you more detailed map data and a more accurate current location. When you try to reproduce a picture, think of it as trying to find a route from beginning to end. As with a map, if you are observant, you can find many routes, and through knowledge and experience, you can choose the route that best suits your purpose. Which picture you choose to reproduce is important. By the way, drawing speeds up your search, and 2D drawing helps you find a pattern that suits you best.



## How to Set Goals

There are two main ways to reach your goal: the long-distance staircase method and the skill point method. Neither method is better than the other, so choose the one that suits you best.



### Long-distance staircase method

A method of deciding a goal in advance for several months to a year and practicing earnestly to achieve it. With the staircase method, it is easy to set clear so you can expect rapid growth, but the path is long and steep. There's always a danger you may get tired and give up halfway through.



### Skill point method

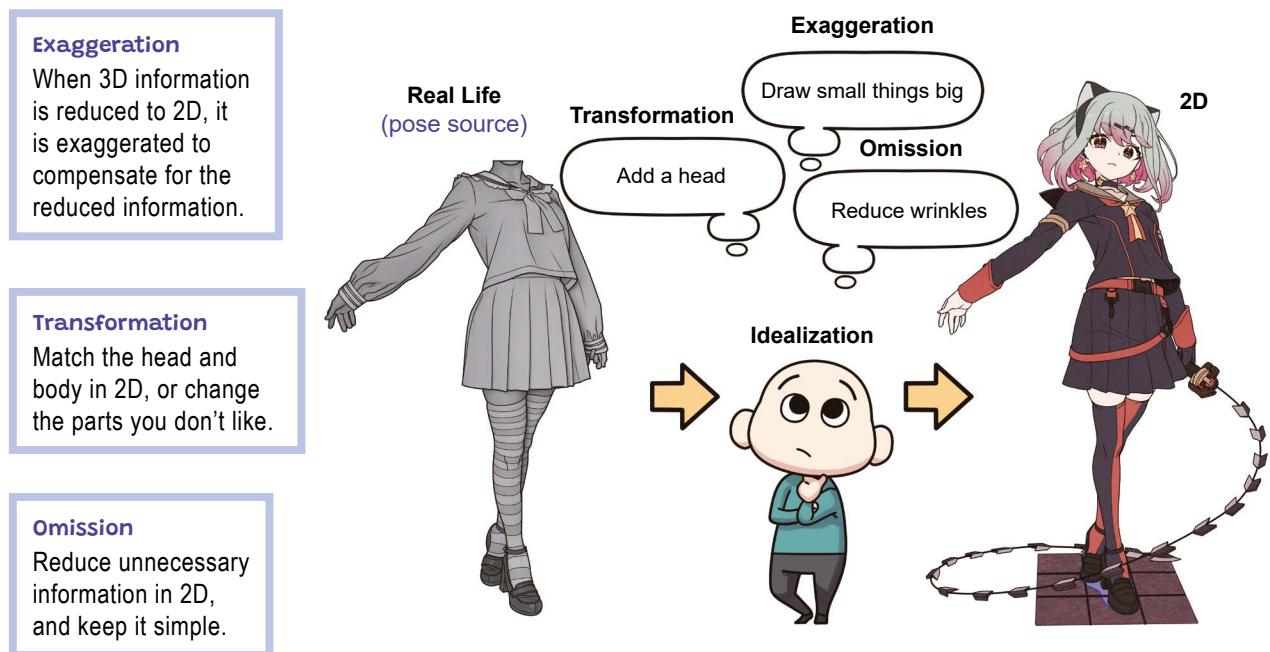
A way to set small daily goals and stack them up. It's easy and enjoyable but on the other hand, it's more difficult to see any growth. However, you tend to experience a natural, more steady growth mainly in your specialty field.

# How Should I Draw?



## The Three Basics

Exaggeration, transformation, and omission are key points when turning 3D objects into 2D. How you exaggerate, transform, or omit depends on how you compare your drawing to your source. The ideal becomes clear by repeatedly reproducing and analyzing your favorite pattern.



## Check by Pulling Back

When I'm drawing, I tend to focus on the part I'm drawing now, so when I step back and look at it, the overall balance often changes. It's a good idea to look at your work from a distance periodically, or display a navigator if it's digital, so you can always check the whole while drawing.



I tend to focus only on what I'm drawing now.



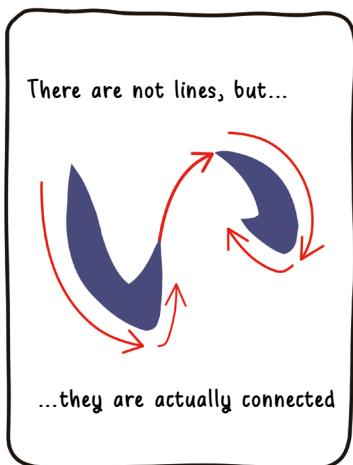
Therefore, in analog, I periodically step away from the drawing and check the overall balance.



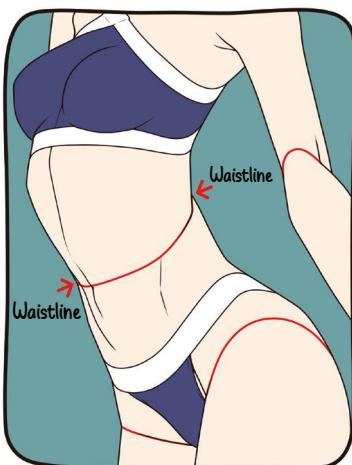
In the case of digital, it is also good to always display a navigator that allows you to check the overall balance.

## Lines are Connected

Lines that appear to be separate are actually connected. By being conscious of the invisible connections, the picture will look dramatically better, so let's be conscious of it.



A beautiful shape is made up of connections that flow.

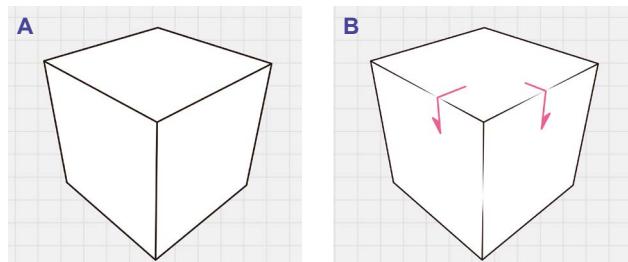
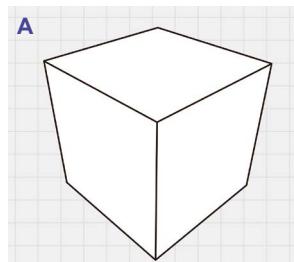


Each joint part, such as the waistline and elbows, is also connected around the other side.



## Sharp Lines

Look at the illustration on the right. When comparing **A** and **B**, which one looks more three-dimensional? In **A**, there is no indentation and all the lines are the same thickness and look rough. **B** looks like one lump as a cube, doesn't it? You can make it look more three-dimensional by thinning the ridgeline where the surface changes and cutting it in the middle.



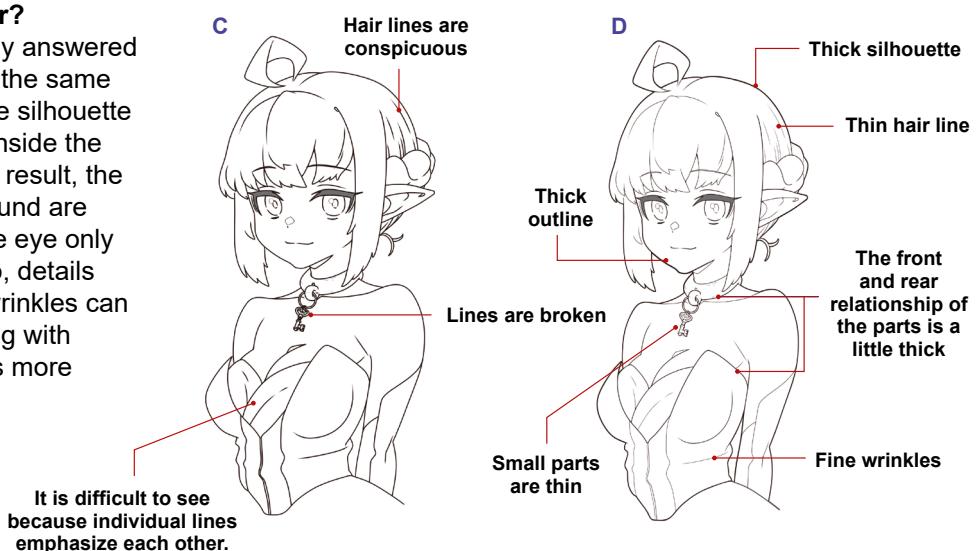
Three faces are separated by lines, so each face can be seen independently.

Three faces are connected, so it looks like one mass.

## Now compare **C** and **D**.

### Which lines look better?

I think everyone probably answered **D**. In **C**, the lines are all the same thickness, while in **D**, the silhouette is thicker and the lines inside the person are thinner. As a result, the person and the background are clearly separated, so the eye only goes to the person. Also, details such as hair lines and wrinkles can be sharpened by drawing with thinner lines, and it feels more three-dimensional.

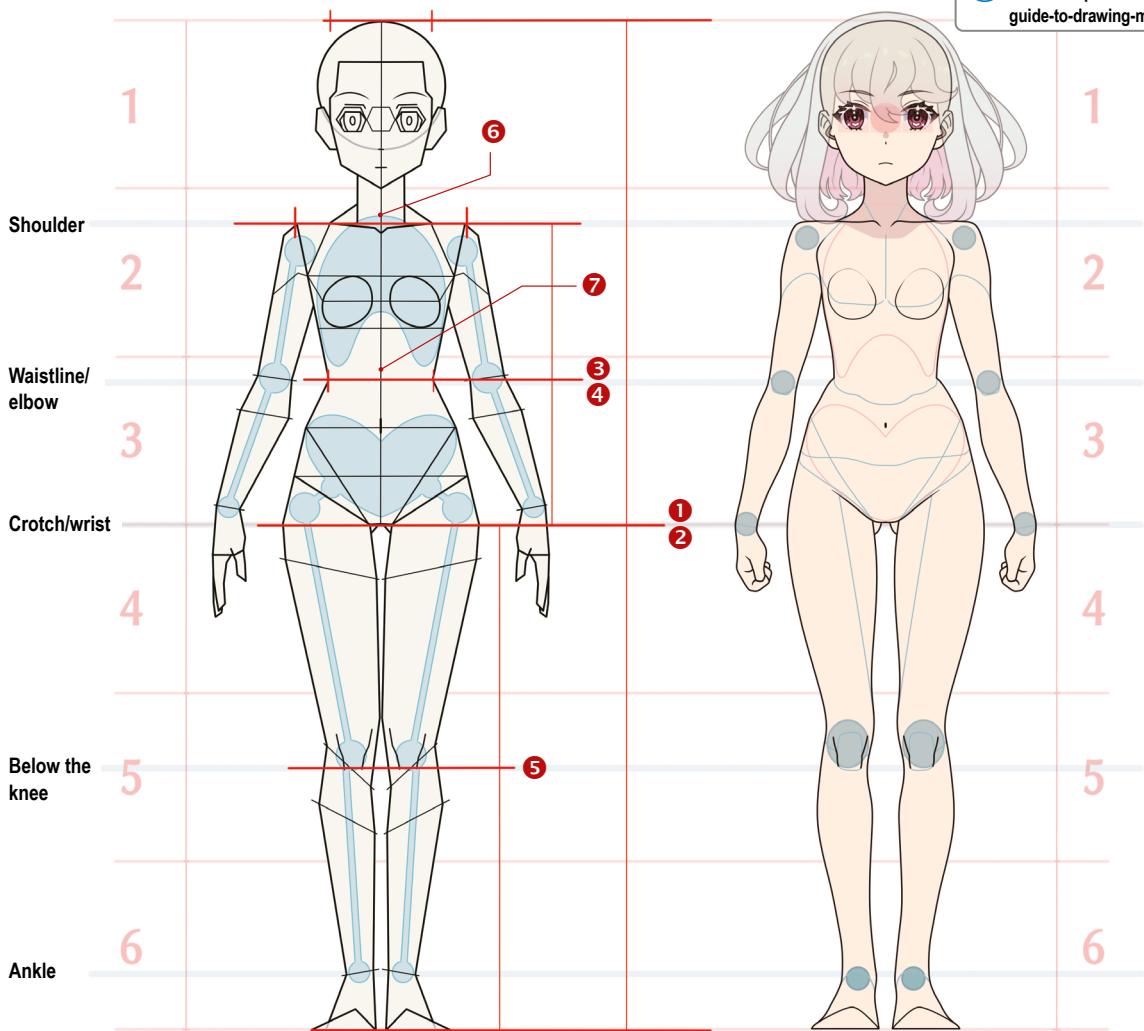


## Long-Distance Staircase Method

A method of deciding a goal in advance for several months to a year and practicing earnestly toward it.

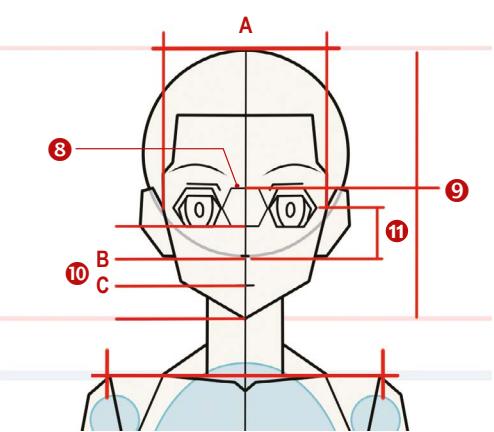
With the staircase method, it is easy to set goals and have clear goals, so you can expect rapid growth, but the path is long and steep, so you may get exhausted and give up halfway through.

### Human Body Balance Guide



Download free practice materials:  
[www.tuttlepublishing.com/the-complete-guide-to-drawing-manga-and-anime](http://www.tuttlepublishing.com/the-complete-guide-to-drawing-manga-and-anime)

### Front view basic ratio guide



### Body proportions

- ① Half of the head and body is the position of the crotch
- ② The position of the crotch is equal to the position of the wrist
- ③ Halfway between the shoulder and crotch is the position of the waist
- ④ The position of the waistline is equal to the position of the elbow
- ⑤ Also, half of the ankle should be directly below the knee
- ⑥ Shoulder width is 1.5 times the face width A (average)
- ⑦ The width of the waistline is the width that one head can enter (average)

### Head ratio

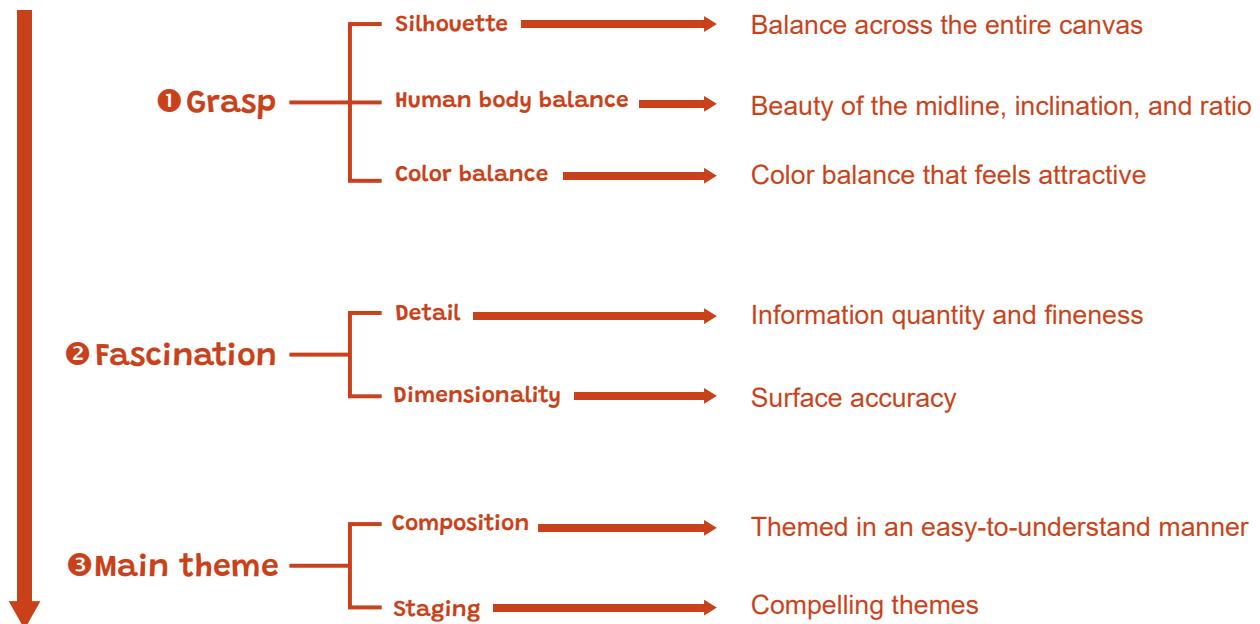
- ⑧ Leave a gap of 1 eye between eyes
- ⑨ Half of the head is the position of the upper eyelid
- ⑩ Divide the lower eyelid and the tip of the chin into three equal parts, where B is under the nose and C is the mouth
- ⑪ The position where the ears are located is between the outer corner of the eye and the bottom of the nose

# Identifying Problems

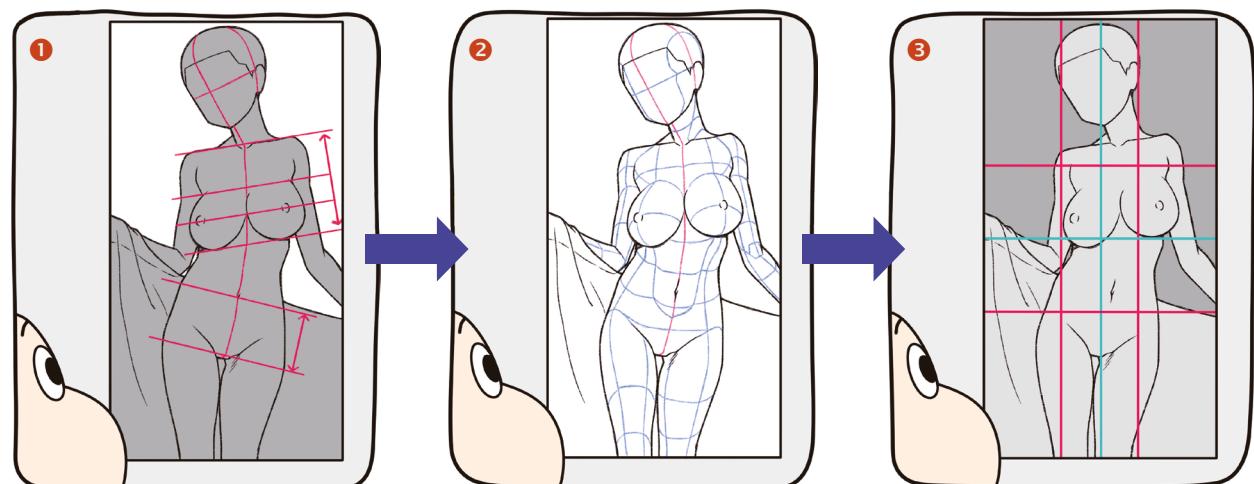


## How People Appreciate Drawings

How do people evaluate a drawing? People get their first impression from the thumbnail size and trimmed size. Since you can't see the details in the picture, people have to click on a thumbnail to see more. Therefore, we have to be interested in the silhouette, the human body, and the balance of colors.



Click on the image to enlarge it and see the details. Once people are interested in the details and dimensionality, they will pay attention to the compositional and staging aspects of the drawings. However, depending on the situation, you may skip ② and go to ③, so it is important to think about what kind of process will draw you into the picture.



Look at the silhouette, the balance of the human body, and the balance of colors.

Look at details and three-dimensional objects.

Look at the composition and staging.

## The Creative Process

The creative process is mainly divided into **theme**, **touch**, **feel**, **reconstruction**, and **output**. If you get stuck, revisit the problem through that process.

### Theme (what you want to draw)



#### Problem

I can't decide on a theme  
...  
**Lack of awareness**

#### Point to improve

If you can't decide on a theme, re-examine what you like and what you want to draw, or if you still can't find it, try exploring a work or genre you haven't explored before.

### Touch (collect information)



#### Problem

I can't express it well...  
**Insufficient information**

#### Point to improve

If you have decided on a theme but cannot express it well, there is a possibility that you lack information or new knowledge about the theme. Let's collect information on the theme again, and try to find information in various genres.

### Feel (structural analysis of impressions and information received from newly-found information)



#### Problem

Similar to existing works...  
**Lack of analysis**

#### Point to improve

If your work resembles an existing work, analyze the structure of the work in the same genre as the theme you want to draw. You may be able to find the answer by analyzing what they have in common and what you need to add to make your personality come out.

### Reconstruction (reconstruction/brainstorming of information groups seen so far based on impressions)



#### Problem

It doesn't go well when I actually draw it...  
**Lack of skill**

#### Point to improve

If the reconstruction is going well, but it doesn't work when you actually draw it, it's possible that you don't have the skills to express it. Let's re-analyze the technique necessary for expression and try to improve it.

### Output (creation of works)

## The perception of time spent in this process

First, do what you want to do as soon as possible. Then improve the quality and move on.

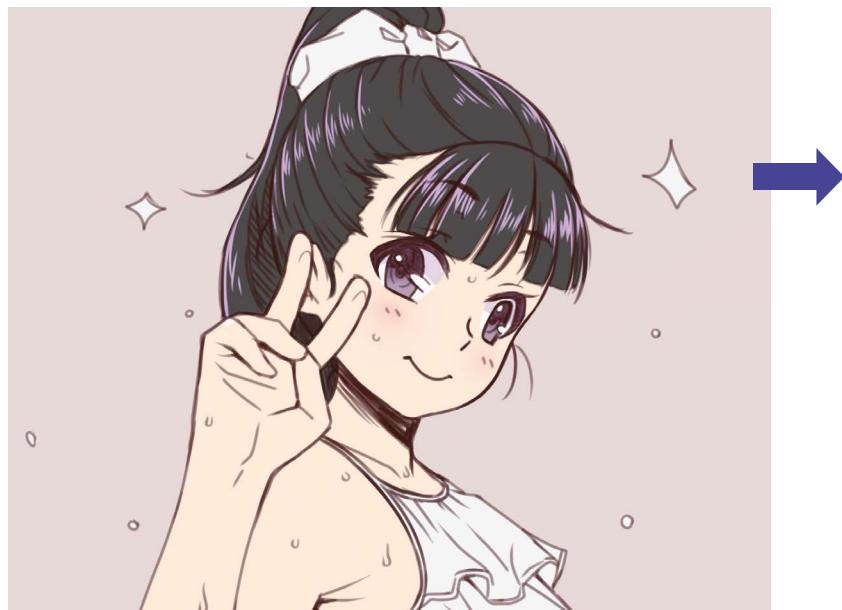
## Tricks to Find inconsistencies

When you feel something is wrong with the picture but you don't know why, try hiding various parts. If it's digital, you can create a layer that fills a part with white. Stare at the hidden place and imagine what kind of picture it should be. And what if you open the hidden part, you will surely notice any problems.

If you look at the character below with one eye hidden, you can see that the direction she is looking in with her left and right eyes is different. This is the epitome of an inconsistency.



When you cover her left eye with white, her right eye is looking at you...



If you hide her left eye, you can see that her right eye is not looking at you.

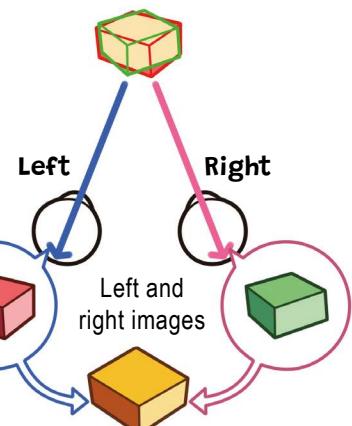
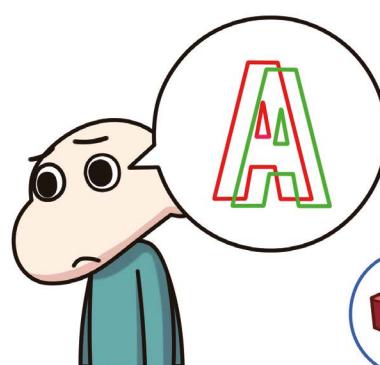
## If You Can't Draw Symmetrically, Close One Eye and Draw

When a person sees an object, the brain combines the information from both eyes into a single image, and you may notice problems if your vision is less than perfect. Also, each eye sees an object a little differently. When you're drawing and you're worried about misalignment, closing one eye will help.

When drawing with both eyes



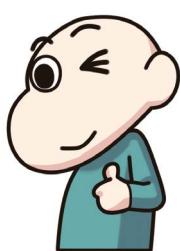
Misaligned left and right eyes



When drawing with one eye



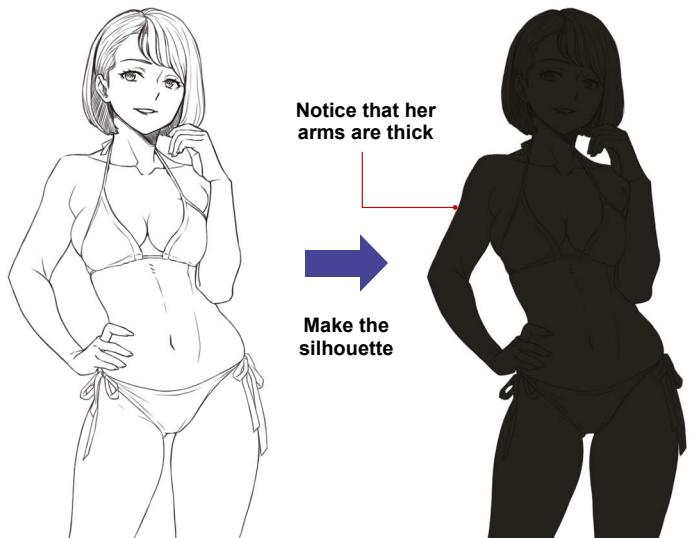
Less left/right misalignment



Combining the two images in the brain and recognizing them as one stereoscopic image.

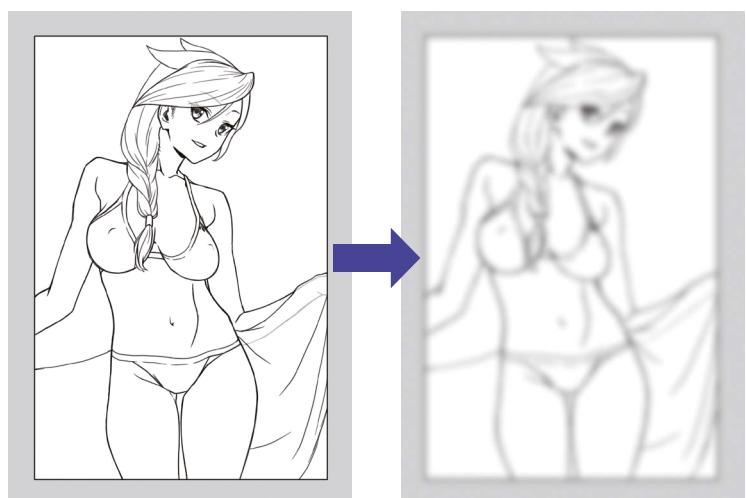
## Silhouette Confirmation

One of the points that makes the picture look good is the beauty of the silhouette. When you're drawing a picture, you're looking at it subjectively, so it's hard to notice the difference.



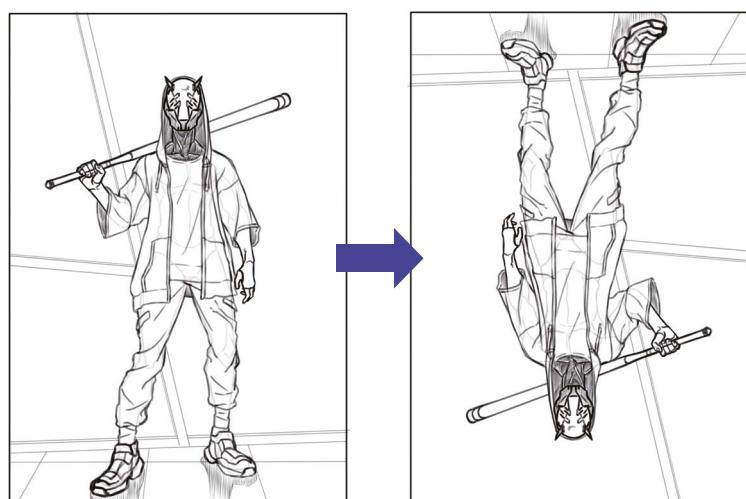
## Blurry Eyes

If there is still an inconsistency, narrowing your eyes when reviewing your work can be an effective method. Just stare at the drawing with narrowed eyes. The idea is to stare at the drawing without trying to look at it closely.



## Upside-Down Confirmation

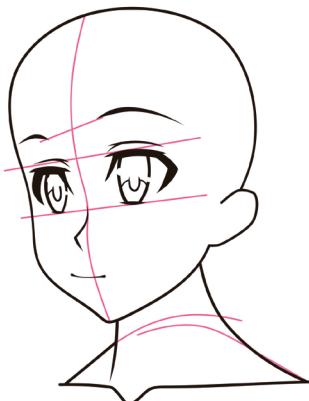
Another way to eliminate subjectivity is by turning the canvas upside down. This method is a confirmation method taught at art colleges. By turning it upside down, you can see an illustration with new eyes, and you can check it in a state where subjectivity is erased.



## Vertical and Horizontal Balance

One of the first things people see when they look at a drawing is the balance. In particular, if the horizontal or vertical tilt is off, it will look odd. How to correct the balance is explained in detail on page 30.

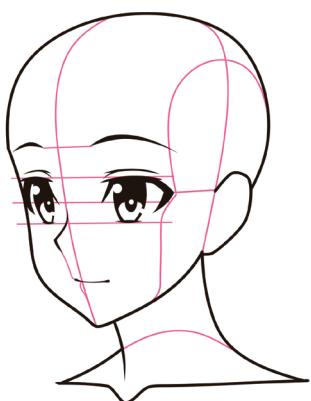
The vertical and horizontal balance is off



If you correct the placement...



...you will see the beauty of balance!



Even if you pay attention to the details, it will look strange if the balance is broken.

I corrected the left picture to the correct size and placement for each part. I think it looks good just by correcting the balance.

Especially for the eyes and eyebrows, draw auxiliary lines in advance so that the two parts are not misaligned.

## FEATURE How Do I Find Out What is Trending in Design?

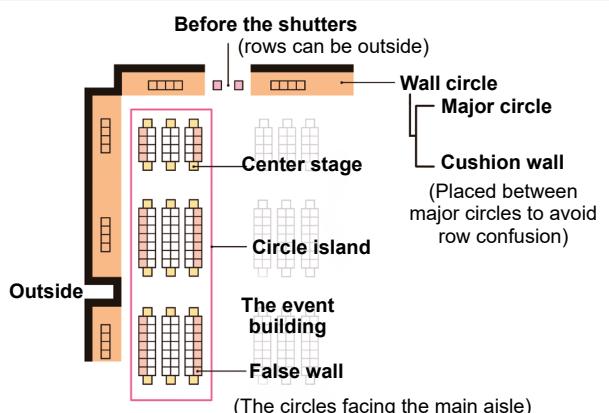
Design trends are constantly changing. So how can we see the flow of the designs?

One way is to observe *doujinshi* (manga) sales events. At the direct sales areas, the placement position varies depending on the size of the circle (i.e., its fan base).

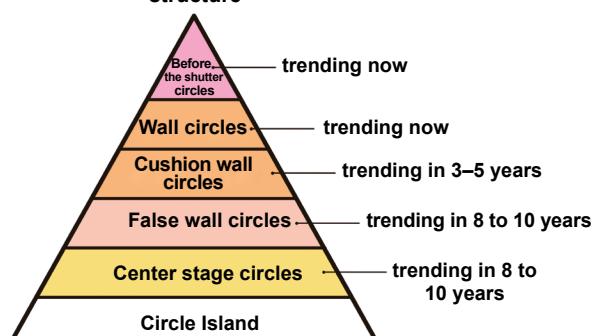
In front of the shutters, the wall circle groups are the circles called the Ote, then the cushion wall groups, then the fake wall groups, and the center stage groups.

I have worked as a staff member for several years, and have also participated in *doujin* circles for many years. In other words, there is a possibility that the cushion wall artists will become a major company in 3 to 5 years, and if you observe the elements common to the cushion wall designs, you will get a hint for the next design.

In addition, if you analyze the intermediate class popularity rankings, download sales sites, *doujinshi* store sites, etc., you can speculate to some extent what the most popular designs will be.

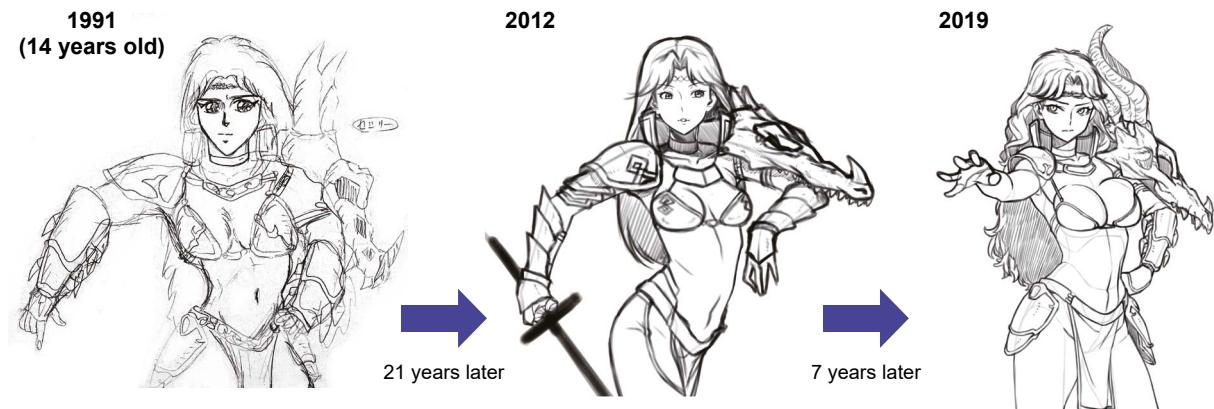


Popularity pyramid structure



## How Do I Track My Growth?

Don't you wish you could see your current status like in a video game? Especially when you recreate the same motif or picture you drew in the past, you can see your personal growth and what you have become able to do unconsciously. By making these comparisons regularly, you can actually see your advancement, so please try it.



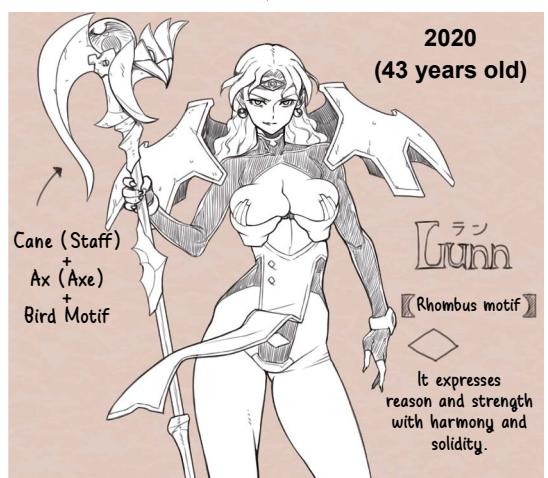
## Try Some Self-Correction

When comparing your current work with your past work, analyze the points that have improved or the points that have not, and write them down in a journal.

- ① Think about the points you want to present (the theme)
  - A belligerent magic-caster?
  - Did you want to express a strong woman?
  - Did you want to guide the gaze in the order of facial expression → the shoulder armor → the chest design → the hands?
- ② Think about what you are doing well (self-praise)
  - Contrapposto stance is taken
  - The hand looks good
- ③ Think about what wasn't done well (problems in presentation)
  - Right hand is cut off
  - The legs are only halfway drawn
- ④ Think about ambiguous points (problems related to drawing)
  - The clavicle design in the costume is ambiguous



Remake based on  
analyzed notes

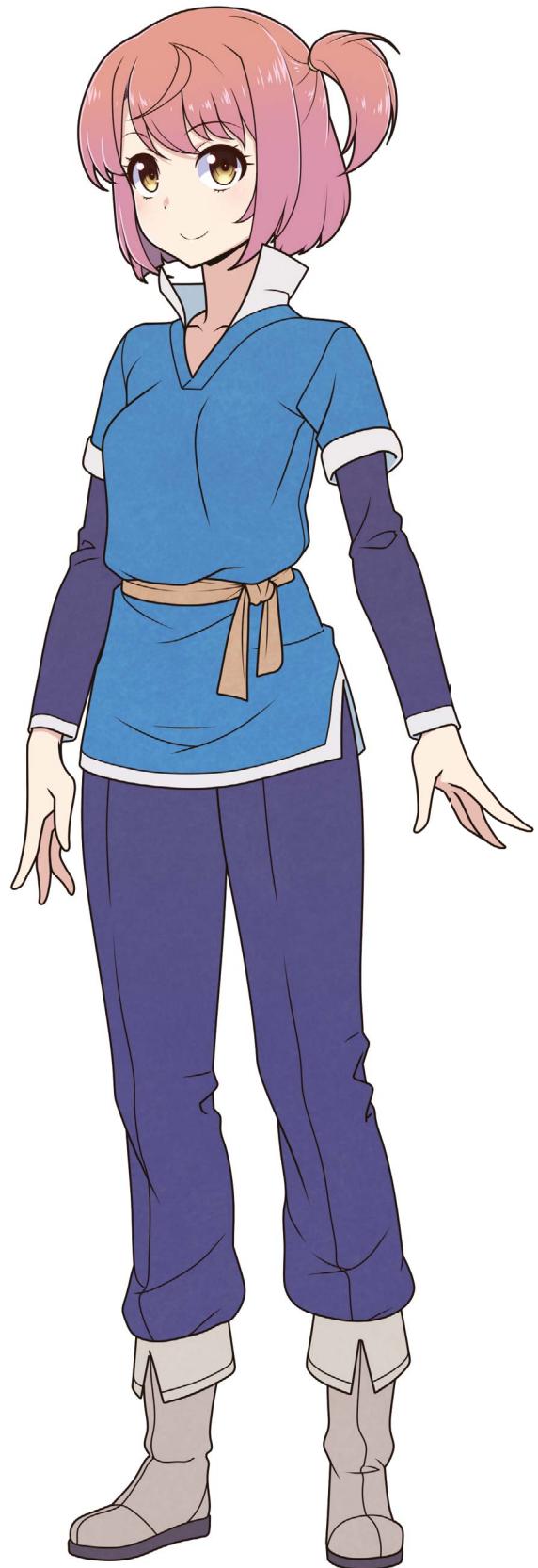


# Beginner Level

## Basic Skills for Artists

A 90-Day Course to Improve Your Drawing Skills

In the Beginner Level, we will explain how to draw each part of the body such as the head, torso, limbs, etc. In addition to a lesson that is described according to the method, it explains how to draw and how to think. Five days out of the week, you will be reading the text, and the remaining two days will be rest days, so let's proceed without overdoing things.



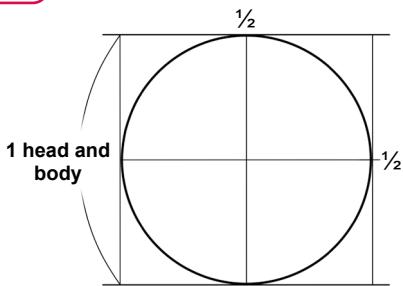


# How to Draw a Face from the Front

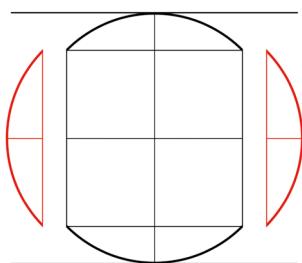
For everyone who picks up this book, I think that drawing a character is synonymous with drawing a character's face. In the first week, I will explain how to draw from the face to the collarbone, so on the first day, start with how to draw the front of the character using the Basic Proportion Guide for the front view.

## LESSON

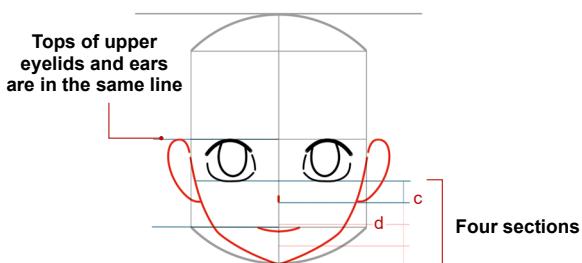
### Draw a Face from the Front



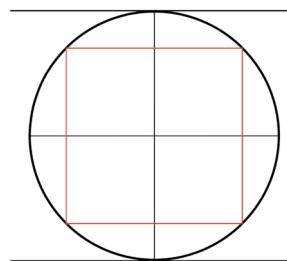
1 Draw a circle. You can use either drawing software or physical templates. Draw a crosshair to through the center.



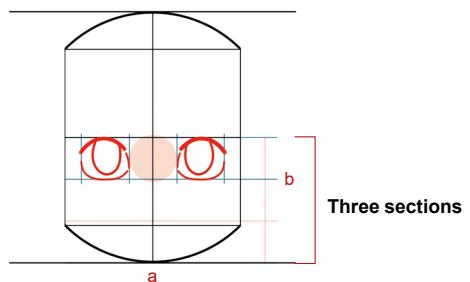
3 Cut out the left and right red parts that protrude from the square. This remaining part will be the head. The top is the top of the head and the bottom is the tip of the chin.



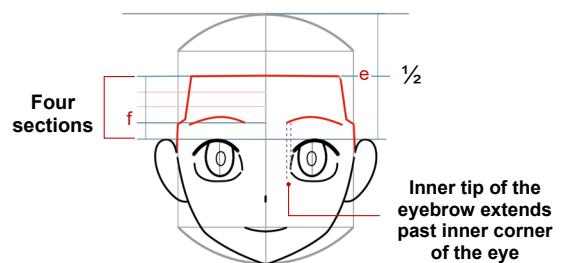
5 One-quarter **c** from the lower eyelid to the tip of the chin is the position of the bottom of the nose, and half of that is **d**, the position of the mouth. Draw a contour to bend at the level of the mouth. Then draw ears between the upper eyelid and the nose. Now the lower half of the face is done.



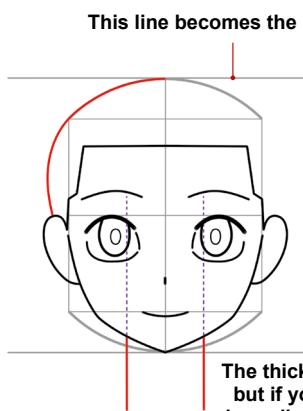
2 Draw a square inside the circle. This process is for memorizing the proportions, so once you get used to it, you will be able to draw even if you skip this process.



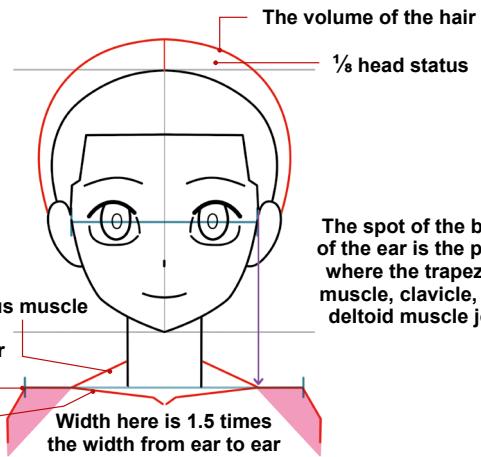
4 The horizontal center line is the position of the upper eyelid. From here to the tip of the chin, **a** is divided into three equal parts. This **b** will be the lower eyelid. If you leave a gap of one eye between the eyes, the balance will be better.



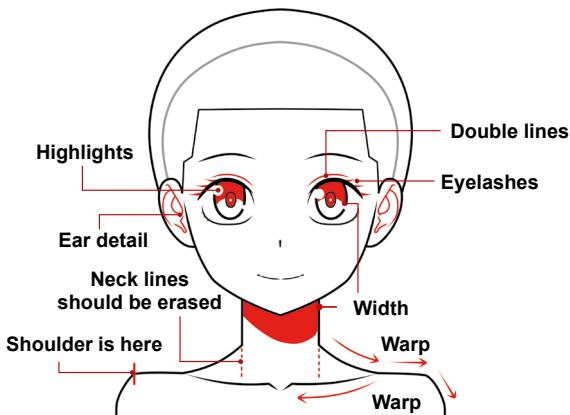
6 The hairline is located at the top of the head and halfway between the upper eyelids **e**. From the hairline, divide the upper eyelid into four equal parts **f**, and the space between the eyebrows will come. When drawing the eyebrows, make sure that the inner corner of the eyebrow is longer than the inner corner of the eye.



The thickness of the neck varies, but if you are conscious of the inner line of the black eye, it will be an average neck thickness



7 Draw the head so that the top of the circle drawn in step ① and the top of the ear are connected. If you draw the neck so that the inside of the black part of the eyes is wide, it will be an average neck width. The length of the neck varies depending on the head and body, but if you have a 6-head-sized body, it's a good idea to draw it about  $\frac{1}{4}$  the length of the first circle (head).



9 Finally, add details such as eyelashes and highlights to complete the front view of the face.

8 The average shoulder width is about 1.5 times the ear width from the base of the ear. A straight line down from the base of the ear is the confluence of the trapezius, clavicle, and deltoid muscles. The volume of the hair should be drawn about  $\frac{1}{8}$  the width of the head and body for a better balance.

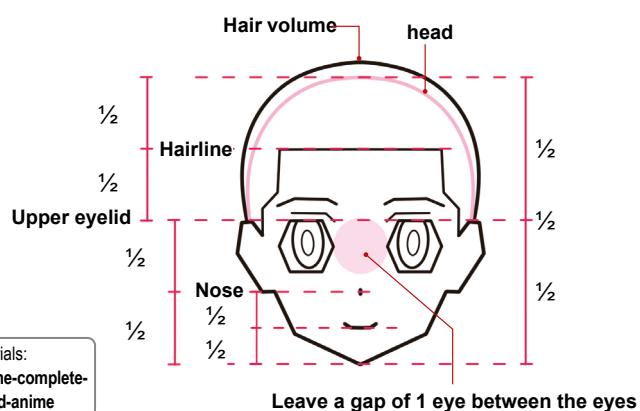


## Key Point

The balance of the face drawn in this lesson will be the “basic ratio guide for the front face.” First of all, remember this as a basic balance, such as the position of the eyes, nose, and mouth relative to the face, the size of the head, and the width of the shoulders. Since it is basic, you can customize it to your favorite balance once you can see your own pattern.



Download free practice materials:  
[www.tuttlepublishing.com/the-complete-guide-to-drawing-manga-and-anime](http://www.tuttlepublishing.com/the-complete-guide-to-drawing-manga-and-anime)



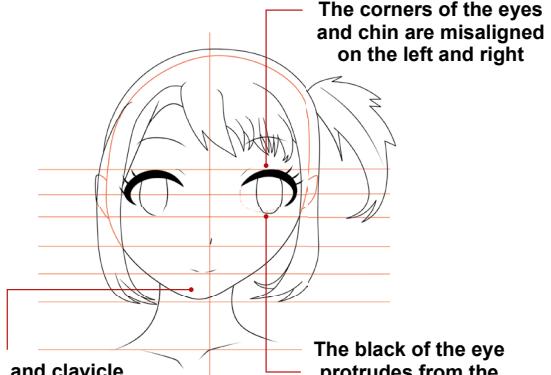
## Drawing Better with a Basic Proportions Guide

Here is a picture of a novice pencil artist. Let's try to see how well we can use the Basic Proportions Guide for the front view for this picture. If you are worried that the picture looks distorted, it may be because of a misalignment of the median line, a tilt, or a mistake in the proportion of the parts. These three things are very important for understanding how to draw the whole body.

### Original illustration

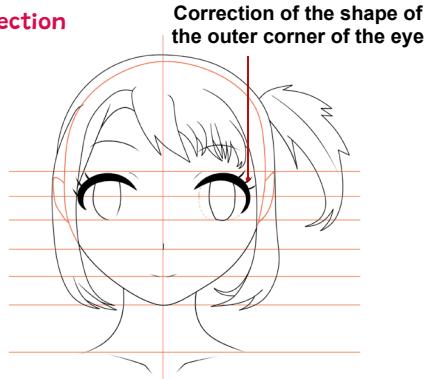


First, insert a guide to see how much the balance is off.



Draw a guide line for the median line (vertical) and the tilt (horizontal). The midline is between the eyes, and the tilt guide is on the left side.

### Distortion correction



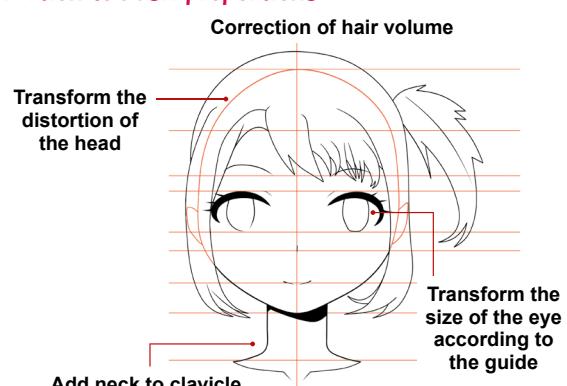
#### Positive midline and tilt with free transform

Based on the guide, adjust the distortion with the free transform tool. First, I tried to correct this vertical and horizontal misalignment and the eyes.



I deleted the guide. What do you think? Vertical and horizontal lines are aligned and distortion is eliminated.

### Correction to basic proportions



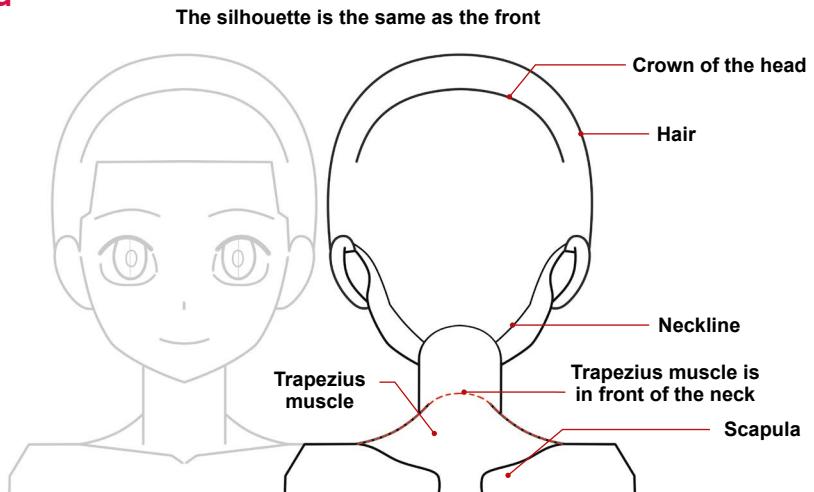
Next, move parts such as the eyes and nose according to the Basic Proportion Guide for the front view. After that, adjust the distortion and position of the lines.



I deleted the guide. I added a few details such as the shape of the eyelashes, the mouth, and the shadow under the neck, but other than that, the parts are the same. If you compare these three, it looks much better.

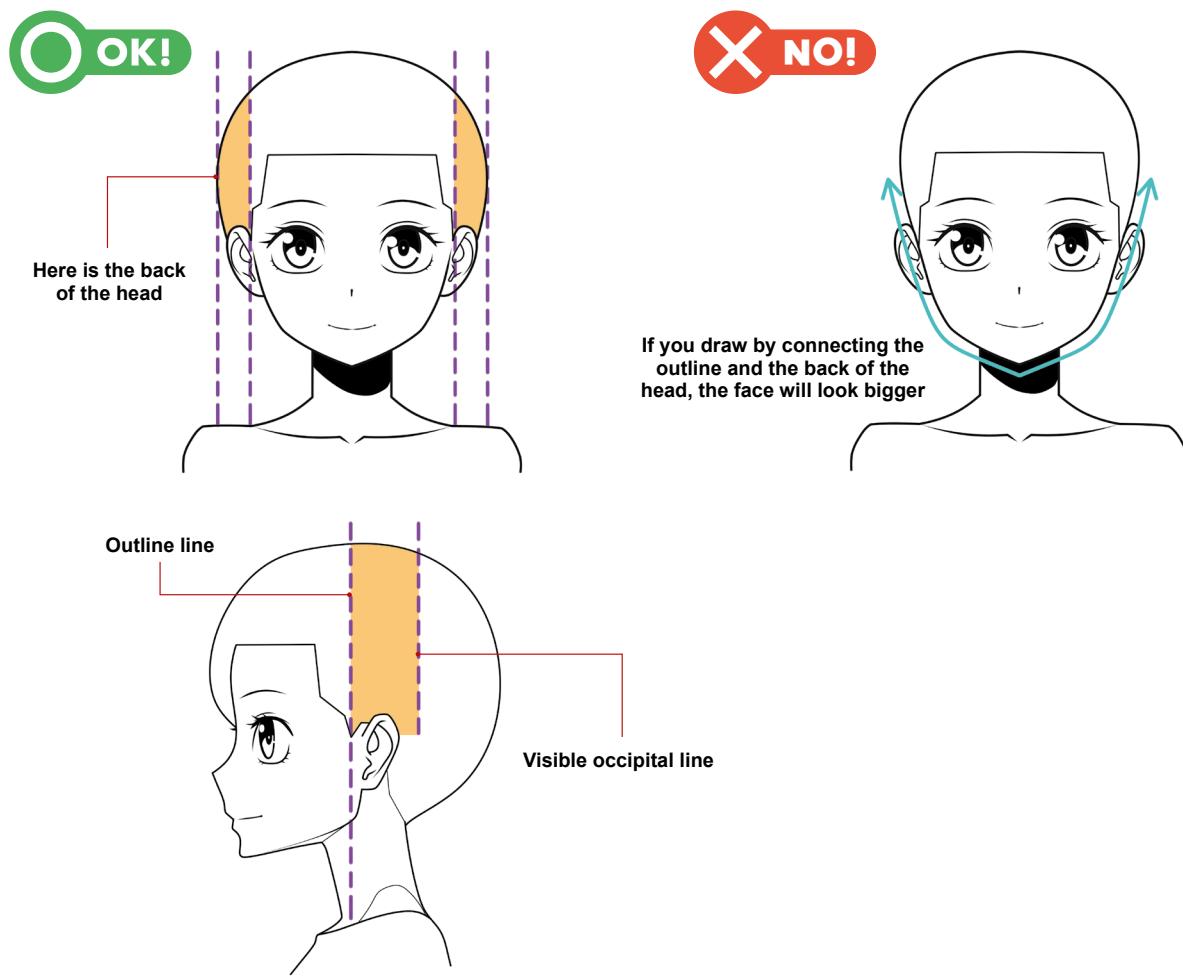
## Drawing the Back of the Head

The back of the head is made up of the same silhouette as the front. The most important point is the trapezius muscle. If you draw the trapezius muscle line in front of the neck, it will look like the back.



### Common Mistakes

Have you ever felt that your face looks too big for some reason, even though you intended to draw it correctly? This is because you drew the outline and the back of the head by connecting them. There is a space between the contour and the back of the head, so the face (contour) should be smaller than the back of the head. If you are interested, after drawing the outline, draw the back of the head slightly larger than that.





# How to Draw a Profile

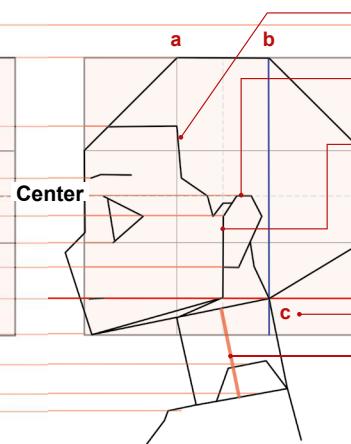
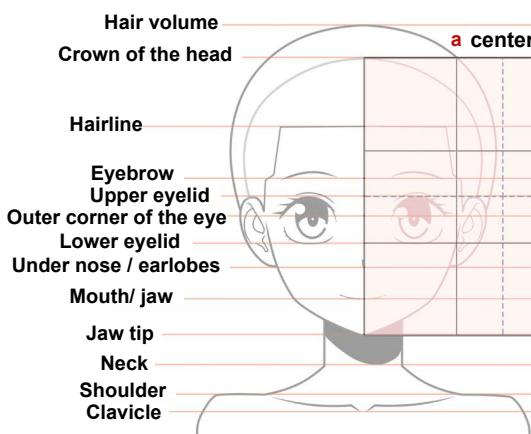
The profile has basically the same balance as the front, so if you remember the balance of the front, you can easily understand how to draw a profile. Be careful not to shift the parts between the front and side view faces.

## LESSON

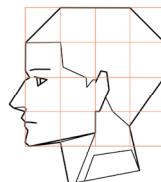
### Draw a Profile



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[www.tuttlepublishing.com/the-complete-guide-to-drawing-manga-and-anime](http://www.tuttlepublishing.com/the-complete-guide-to-drawing-manga-and-anime)



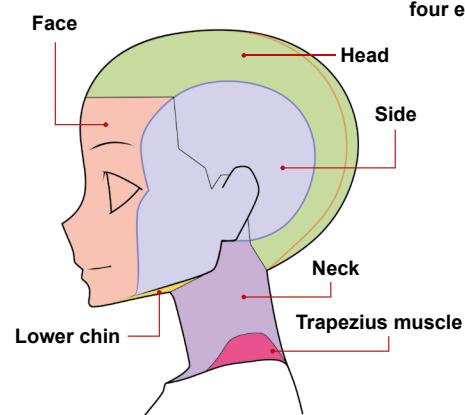
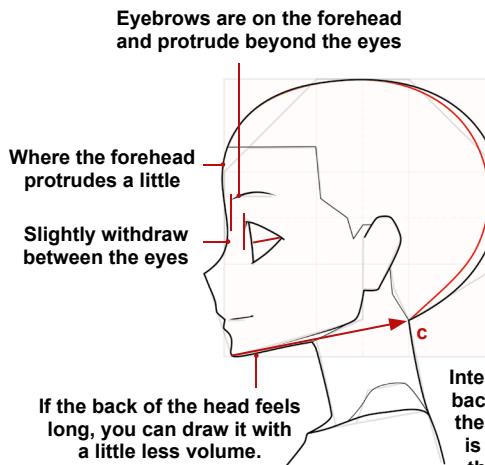
#### Real



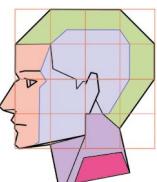
When drawing a realistic system, it can be drawn well by dividing it into four equal parts.

1 Prepare the face from the front drawn on the first day and draw a square from the top of the head to the tip of the chin. Draw a guide there according to the position of the parts. For the square, draw guides in the center and trisecting vertically and horizontally.

2 While looking at the guide on the side, determine the position of the parts. You can draw a straight line here. Also, if you draw the position where the neck attaches to the width of a and b, the balance will be better.



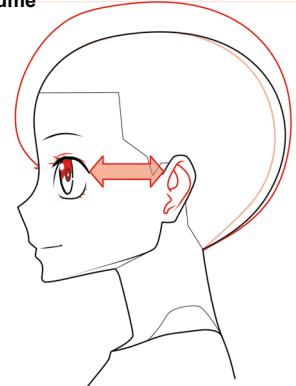
#### Real



3 Add roundness to the linear profile drawn in step ②.

4 The head is roughly divided into four parts: the face, the sides, the head, and the bottom of the chin. To better understand, place your finger on the corner of your eye and trace to the side of your ear. That will be the profile side.

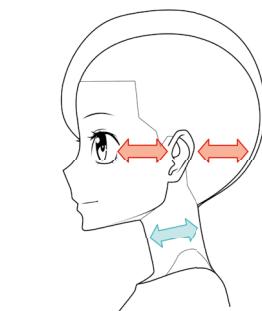
Hair volume



## Finished Example



5 Add details such as hair volume and eyelashes to complete the guide.



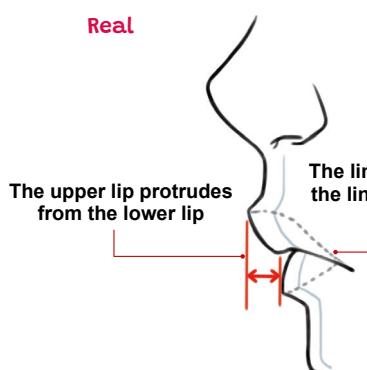
If you want to draw a character with a thin neck, narrow the width from the outer corner of the eye to the ear and from the ear to the back of the head to make the neck thinner.

If you draw a character based on the completed guide, it will look like this.

## Lips in Profile

First, take a look at a realistic lip shape.

Real



## Profile Symbolization

There are various patterns for showing the profile. Here are some examples.



A straight line from nose to chin

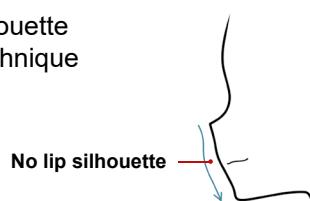


A pattern in which the nose rises and the lips protrude



A pattern with a lip silhouette but isn't connected to the mouth line

There is also a pattern that does not use a silhouette of the lips. Some people use this animation technique to make it easier to lip-sync.

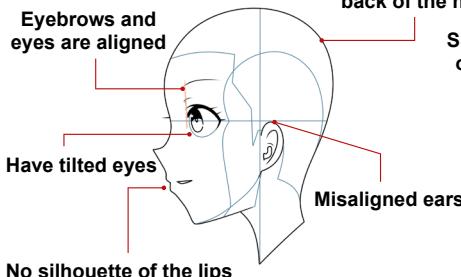


Even if they open their mouth, the shape of the silhouette does not change, so you can reduce the work of drawing.

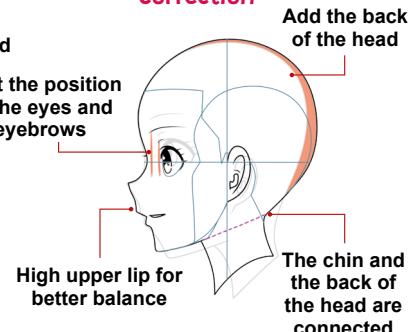
## Common Mistakes

Let's take a look at some common mistakes that beginners make. There is no protrusion on the tip of the chin and the back of the head tends to become a precipice.

### Beginner drawing



### Correction





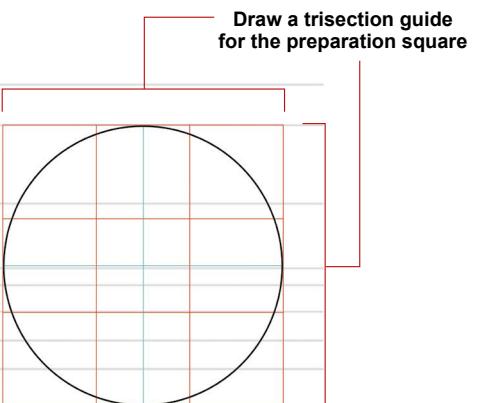
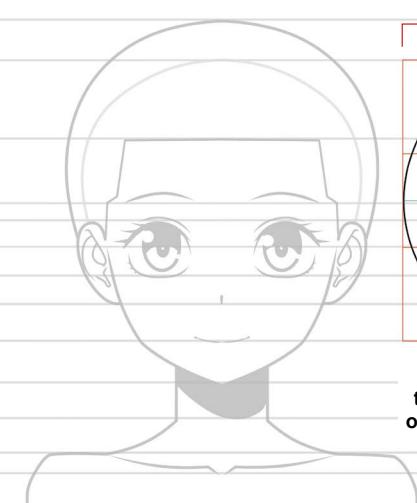
# How to Draw a Face from an Angle

An angled face is a little more complicated because you have to draw both the front and the side. If you can't figure it out, or if you can draw to some extent but feel something is strange, we have prepared a simple drawing method as a bonus, so try using that.

## LESSON Head to Clavicle

### Preparation

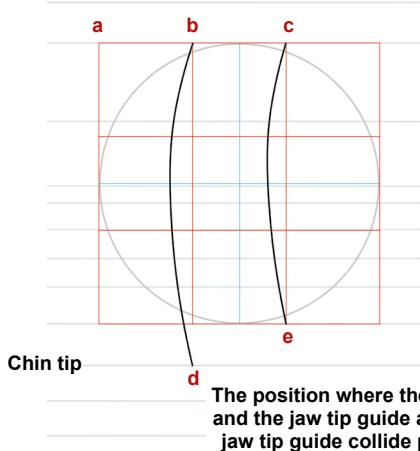
Hair  
Crown  
Hairline  
Eyebrow  
Outer corner of the eye  
Lower eyelid  
Under nose / earlobes  
Mouth/jaw  
Chin tip  
Neck  
Shoulder  
Clavicle



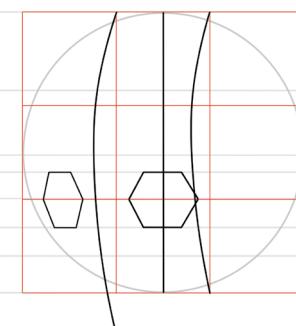
Draw a square that fits the width from the top of the head to the auxiliary line of the mouth, and draw a circle inside it.

As with the profile, use the front view from the first day to draw auxiliary lines from the key parts.

DL Download free practice materials:  
[www.tuttlepublishing.com/the-complete-guide-to-drawing-manga-and-anime](http://www.tuttlepublishing.com/the-complete-guide-to-drawing-manga-and-anime)



Upper eyelid  
Lower eyelid

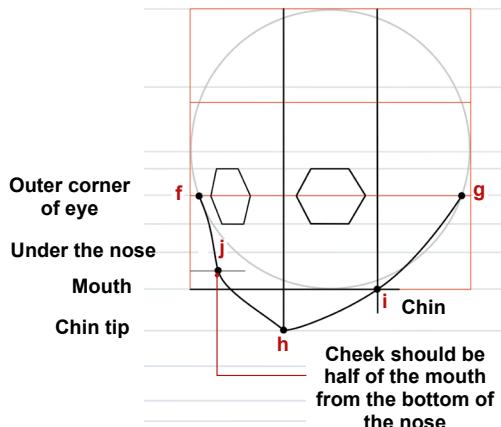


Outer corner of the eye

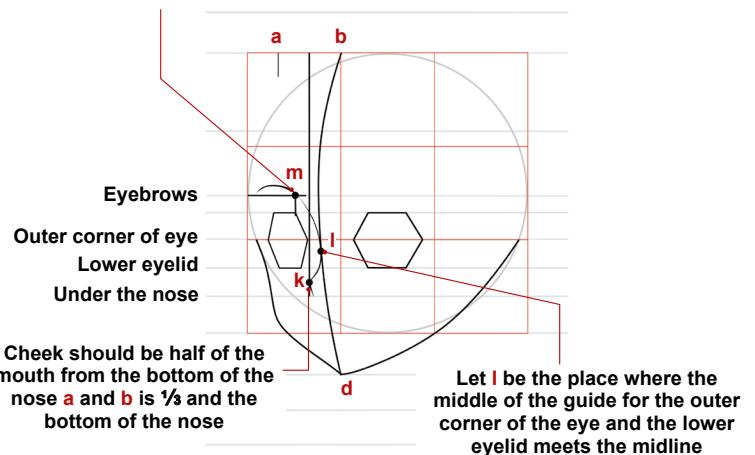
① Draw a curve from **b** to **d**. Similarly, draw a curve from **c** to **e**.

② Draw eyes on the center line of the circle. The width is up to you, but use the position of the figure as a rough standard.

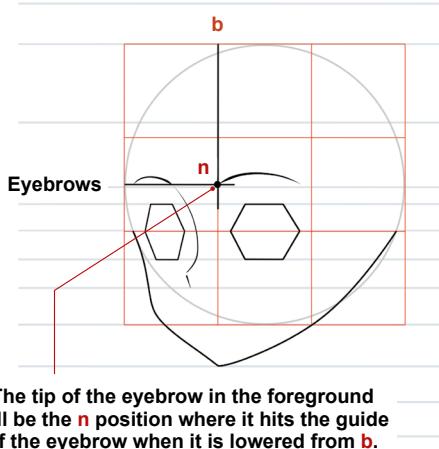
The position of **m** that hits the eyebrow guide from the top of the eye is the eyebrow tip of the back eye



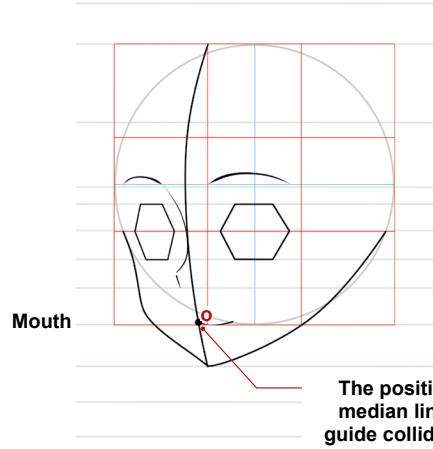
3 Draw an outline from **f** to **g** so as to pass through **h** and **i**.



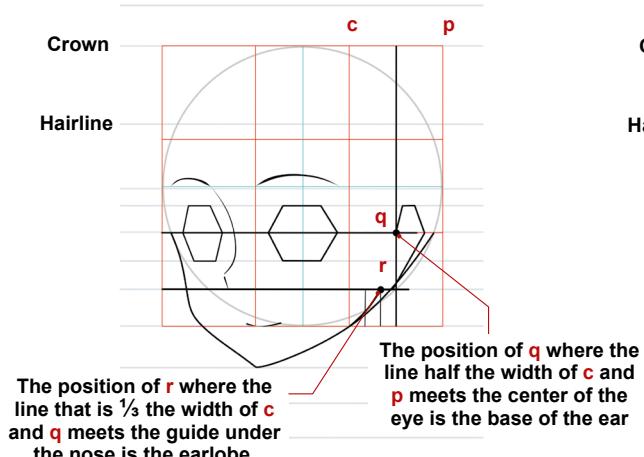
4 Draw the parts of the face. The line from **b** to **d** drawn in 1 will be the midline of the face. The curve passing through the three points **k**, **l**, and **m** is the bridge of the nose.



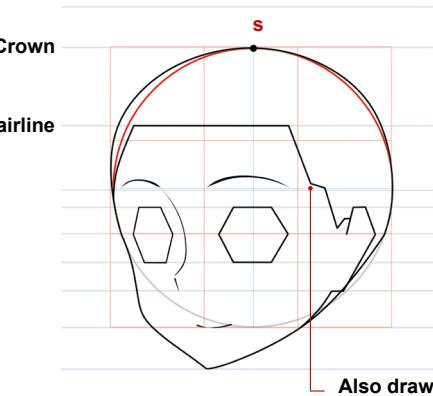
5 Draw the front eyebrows.



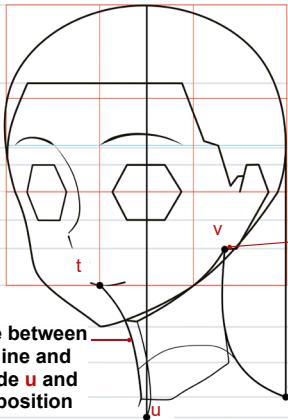
6 Draw the mouth to complete the facial parts.



7 Draw the ears.



8 Draw the head according to the roundness of the circle so that the vertex **s** of the circle is the top of the head.

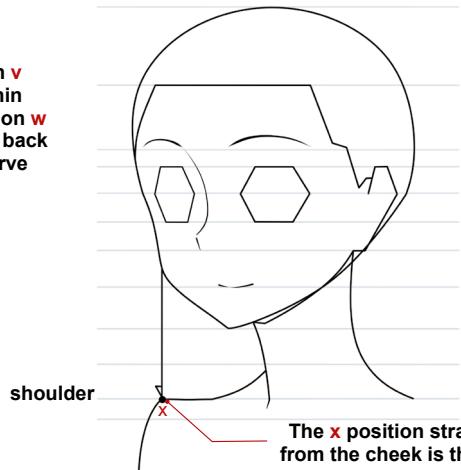


Connect the position **v** where the ear and chin intersect and the position **w** straight down from the back of the head with a curve

Draw a curve between the center line and clavicle guide **u** and the mouth position

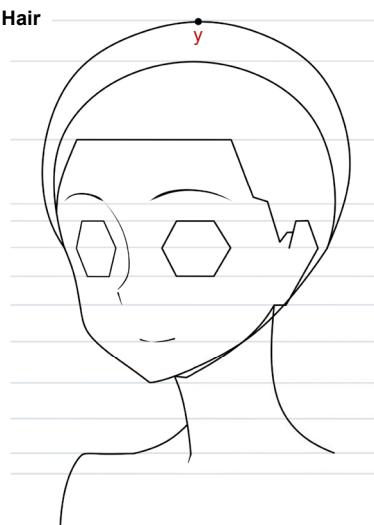
shoulder

9 Draw the neck. At this time, be conscious that the lines on the left and right of the neck are roughly parallel.

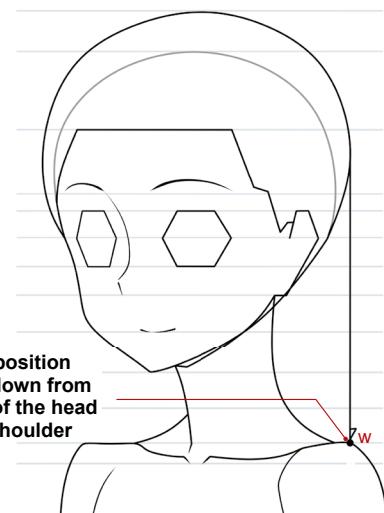


The **x** position straight down from the cheek is the shoulder

10 Draw the back shoulder.



11 Draw the volume of the hair according to the position of the vertex **y** of the hair.



The **w** position straight down from the back of the head is the shoulder

12 Draw the shoulder and collarbone.



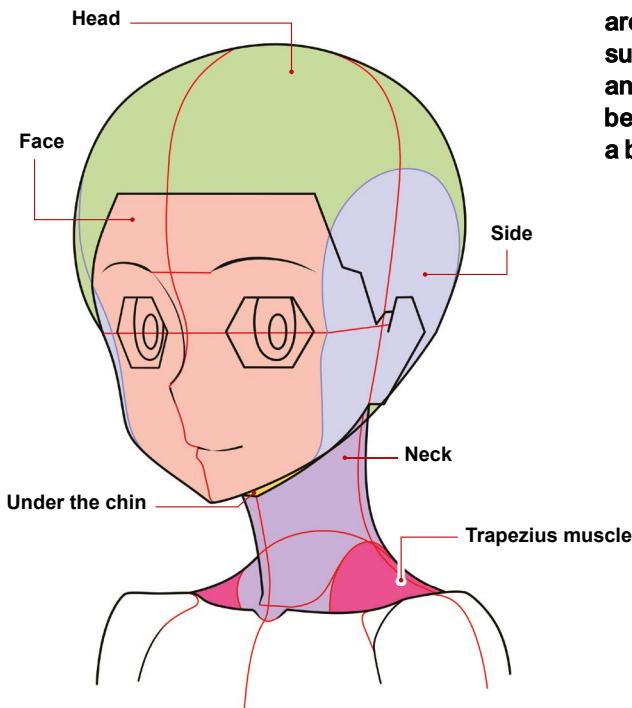
13 Finally, draw the eyelashes and details inside the eyes to complete the drawing.

## Finished Example

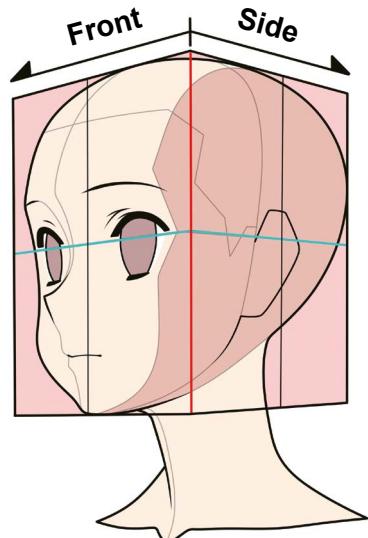


If you draw a character based on the completed guide, it will look like this.

## Key Point

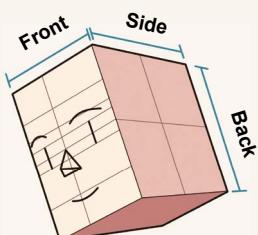
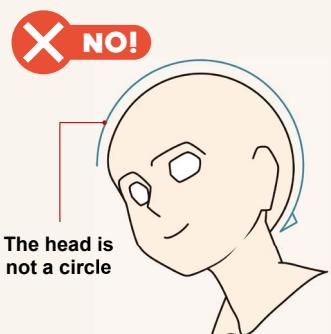
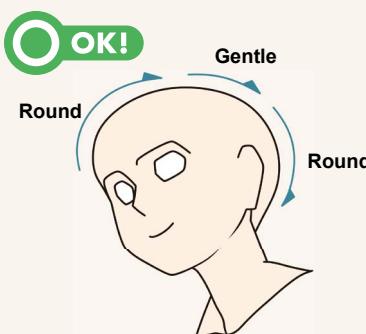


For angled faces, both the front and sides of faces are visible. Please remember well what kind of surface and parts are connected where. If the front and sides are difficult to understand, I think it will be easier to understand if you imagine the head in a box and draw it that way.

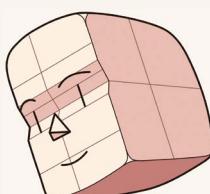


## FEATURE A Low-Angled Head isn't a Circle?

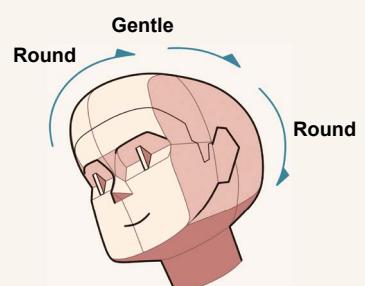
When drawing an angled face, the top of the head should be drawn as a circle taking into account the amount of tilt. In the case of head tilt, the top of the head can be made to look more natural by making the top of the head slightly flat and gently curved.



When the face is angled, two sides of the head are visible, the front and the side. If you think of this as a cube, it will look like this.



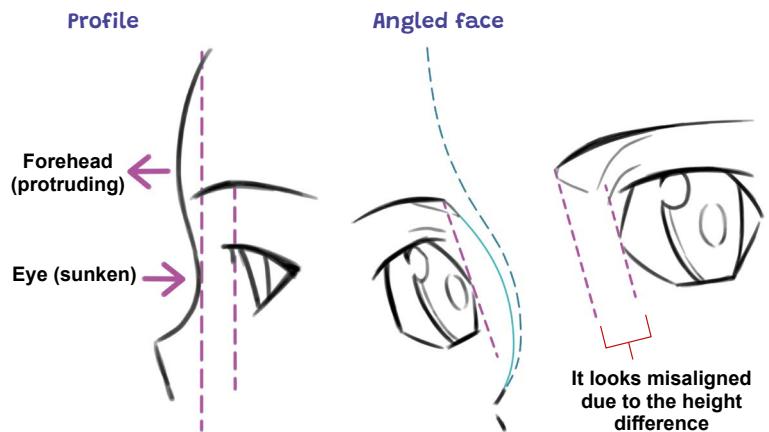
Removing the corners and imagining the three-dimensional shape of the head...



By drawing a round front and gently sloping sides, you can make the head look more three-dimensional.

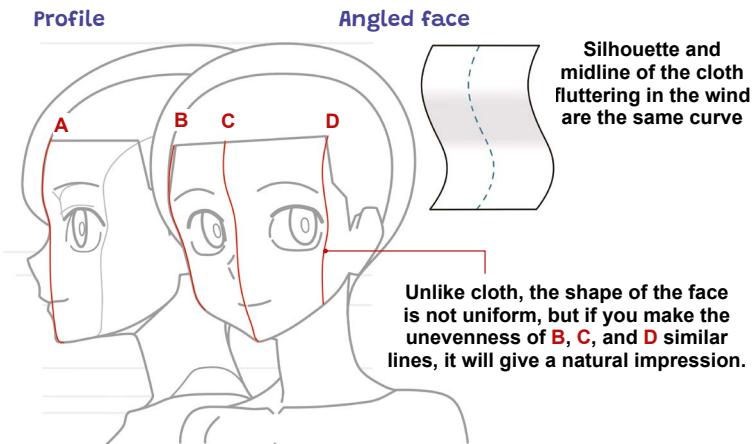
## Eyebrows and Eyes Make a Gap

If you look at the profile, you can see that the forehead is protruding and the eyes are recessed from the forehead. There is a height difference between the eyes and the eyebrows. When you look at your face from an angle, it looks like your eyebrows and eyes are misaligned due to this height difference. Without this misalignment, the face will look flat.



## The Curve of the Median Line Is the Same as the Contour Line

Look closely at the **A** line on the profile. This line will be the midline in the front and angled faces. In other words, when drawing an angled face with the same pattern, the lines **A** and **C** must be similar lines. Of course, this is not absolute, but the lines that are as similar as possible look beautiful. Also, since the **B** and **D** lines are also part of the three-dimensional face, if you keep in mind that the lines will be similar in the same way, you will be able to create a highly consistent picture.



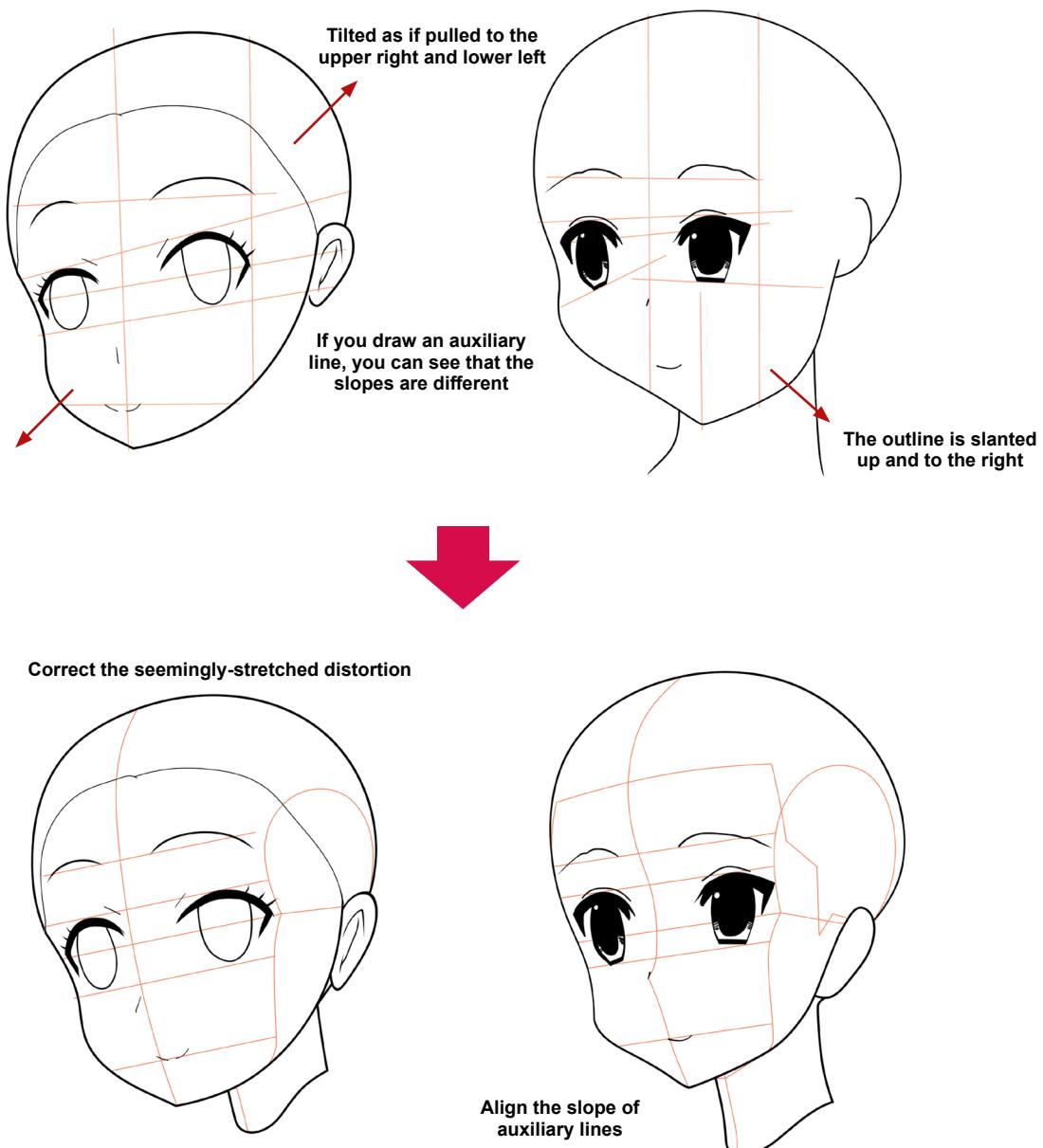
## A Picture Is an Image of an Engraving

When drawing an angled face, it is important to be aware of the face. If you don't pay attention to at least two sides, the front and the side, the picture will be flat and the face will be too big for the head. It is a good idea to create the angled face with this in mind.



## Using Our Guide to Fix Problems

Here are drawings of two novice pencil artists. If you draw the median line and the auxiliary line of the inclination according to the picture, you can see that the inclination is different for both. The figures below show this with the median line and slope corrected. Just like when I corrected the front view face on page 30, I used the original drawing to correct the parts using only free transformation (the neck has been redrawn). In this way, even if there is no deviation between the median line and the tilt, it will look quite good. If your face is unbalanced, try using a ruler or ruler tool to draw auxiliary lines instead of freehand when drawing the rough.



### Key Point

Right-handed people tend to lean to the upper right and lower left. Try writing on unlined paper. If your letters tend to slant up and to the right and to the right, the picture may also be up and to the right.

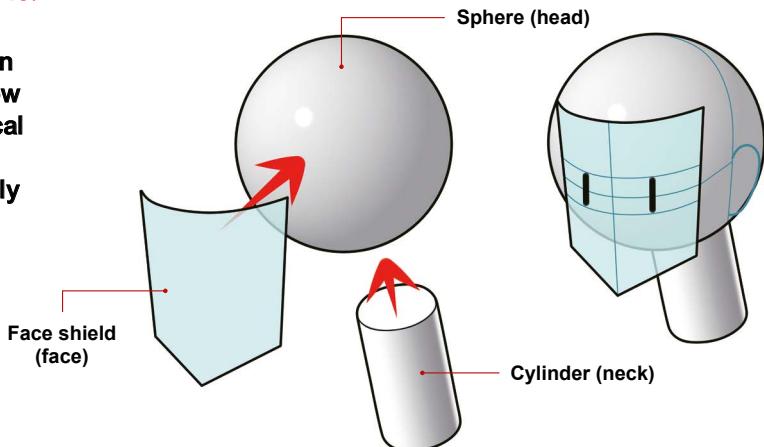


# How to Connect the Head and Shoulders with the Neck

The neck is an important element in drawing the front face, profile face, and angled face. Here, I will explain how to connect from the neck to the shoulder.

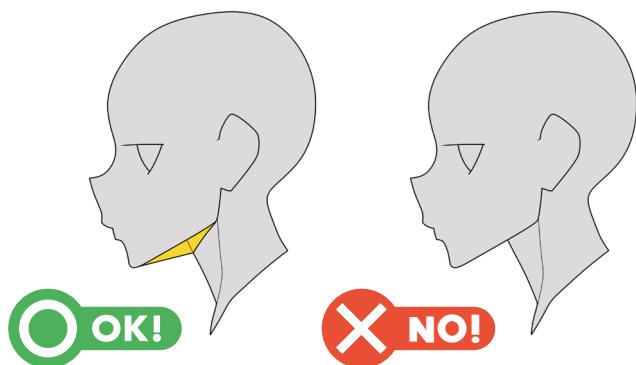
## Simplify the Head, Face, and Neck

I've drawn the front view face, side of the face, and the angled face so far, so you can see that the head is drawn as a sphere. Now imagine a face with a shield and a cylindrical neck merging. I think that a simplification like this makes it easier to imagine a roughly three-dimensional effect.



## How to Draw the Chin

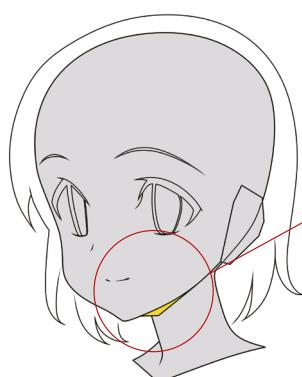
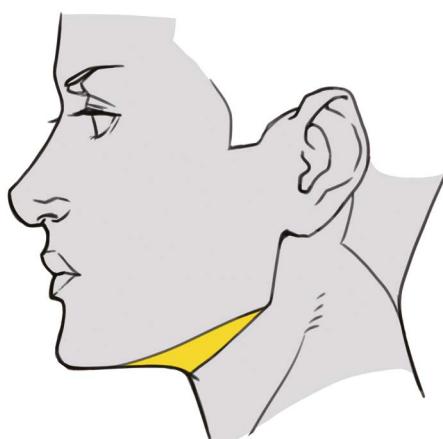
Humans have an area under the chin that connects the tip of the chin to the neck. It won't look right when this area under the chin is not drawn. Even if you have a slightly slanted face, you can see a little under the chin.



Real

OK!

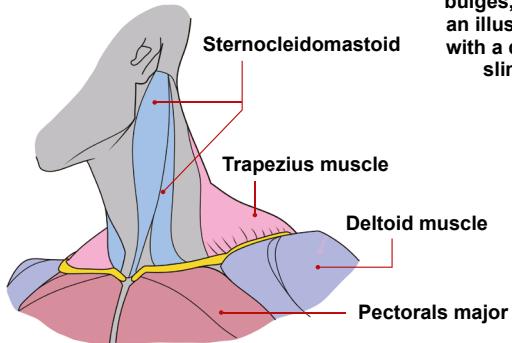
NO!



The technique of filling the neck with solid color, which is often seen in illustrations, forms the bottom of the chin.

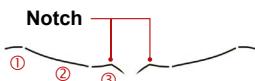
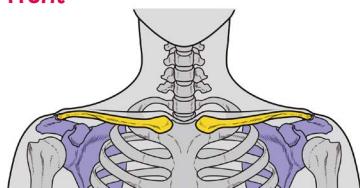
## How to Draw from the Neck to the Clavicle

The clavicle is shaped like a bow. The clavicle is connected to the shoulder blade on the back side and moves in conjunction with the arm bone (humerus) and the shoulder muscle (deltoid). Therefore, when you move your shoulder, your collarbone and scapula move at the same time. There is also a muscle called the trapezius muscle between the neck and the shoulder.



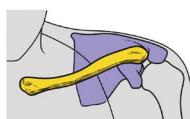
In the case of a real human body, the trapezius muscle bulges, but in the case of an illustration, drawing it with a dent makes it look slim and slender.

Front

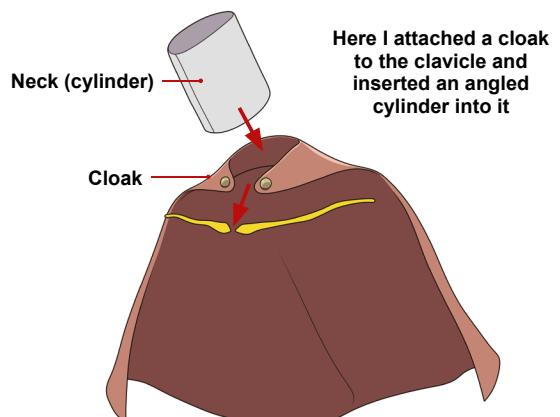


The clavicle is made up of 3 curves

Top view

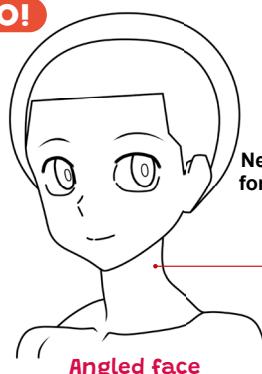


The clavicle looks like a bow when viewed from above. In addition, the clavicle and scapula are connected

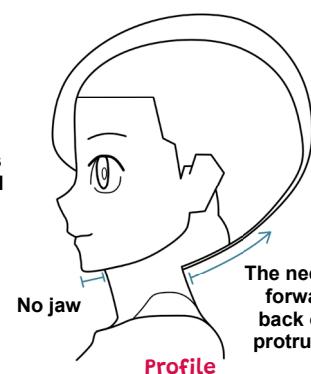


## Common Mistakes

Misaligning the neck is an easy mistake to make when drawing an angled face. If you draw the neck straight, it will look like the figure when viewed from the side. This will make the bottom of the chin disappear. Also, when drawing a face at an angle of 45 degrees, it works well to draw the neck from the base of the ear.



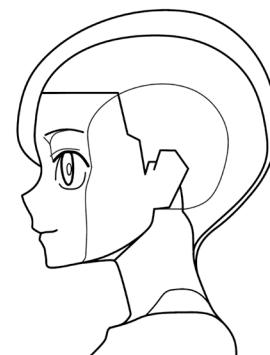
Angled face



Profile



Angled face



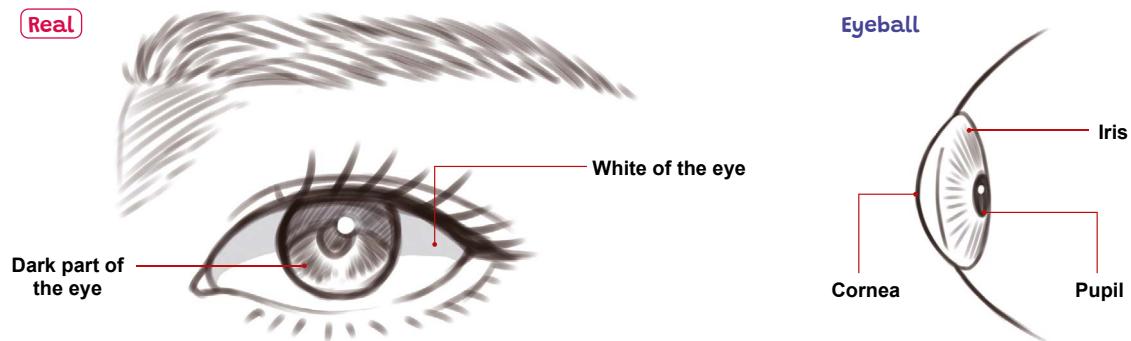
Profile

# Tips for Drawing the Parts of the Face

Now that you can draw the balance between the front view of the face, side face, and angled face, take a look at tips for drawing the parts of the face. The face can particularly express individuality, so it's important to understand the basics and try to find a way to draw the parts that suits you.

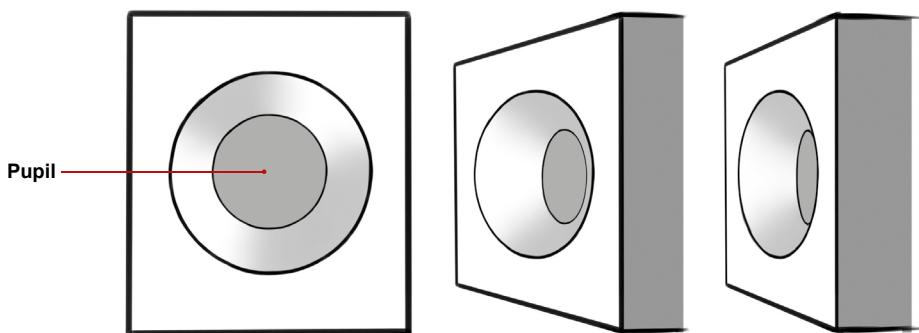
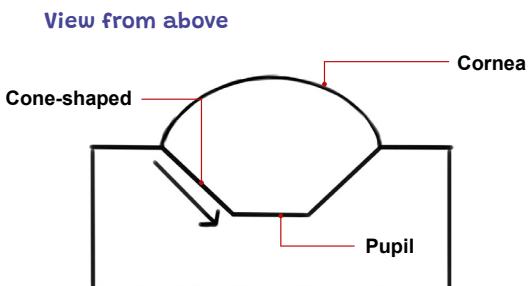
## Eye Structure

The eye is made up of dark and white parts. The dark part of the eye is covered with a dome-shaped cornea, inside of which there is a mortar bowl-shaped iris and the pupil behind it.



## Pupil Position

When viewed from the front, the pupil has the shape of a perfect circle, but when the face is tilted, the eye is also tilted, so it gradually becomes an ellipse and the position of the pupil shifts.



## Common Mistakes

A common mistake made by beginners is to draw a picture where the pupil is always in the center or the pupil is stuck to the cornea like a sticker.



Front



Loose angle



Tight angle



Round → Not round



Pattern in which the pupil is always centered



Not mortar-shaped



Pattern in which the pupil is misaligned



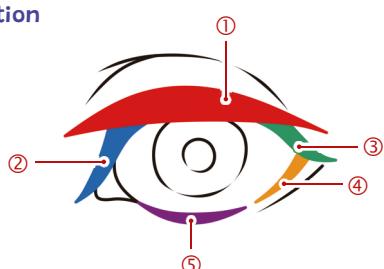
Sticks to the cornea like a sticker



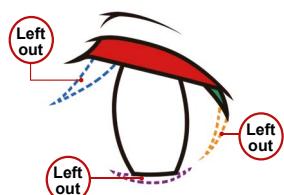
## Drawing Eyelids with Different Patterns

Many people think that the eyelid is made up of a single line, but it is roughly divided into five blocks. The pattern is determined by which of these five pieces you leave out.

### Simplification



Partially deleted pattern



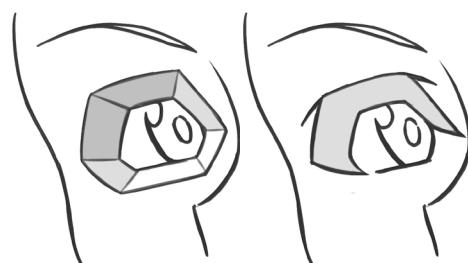
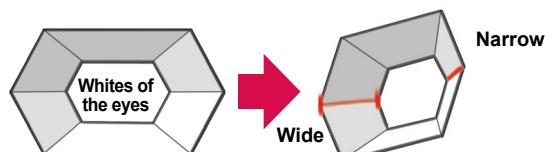
All remaining pattern



## Angled Eyelids

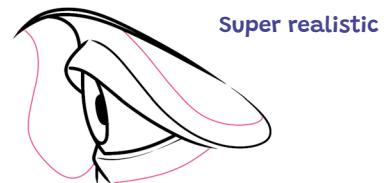
When drawing the eyes in the back, the eyelids are a part that changes dramatically when the face is angled. This can be understood by understanding that the area around the eye is shaped like a hill.

### Simplification



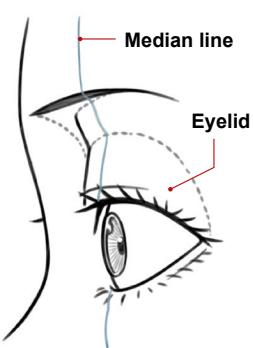
## Profile Eyes

The profile eye pattern is very versatile. It also changes depending on the character. Carefully observe how the drawings of your favorite artists are transformed.



Super realistic

Real



Transformation



A pattern with roundness on the entire black eye



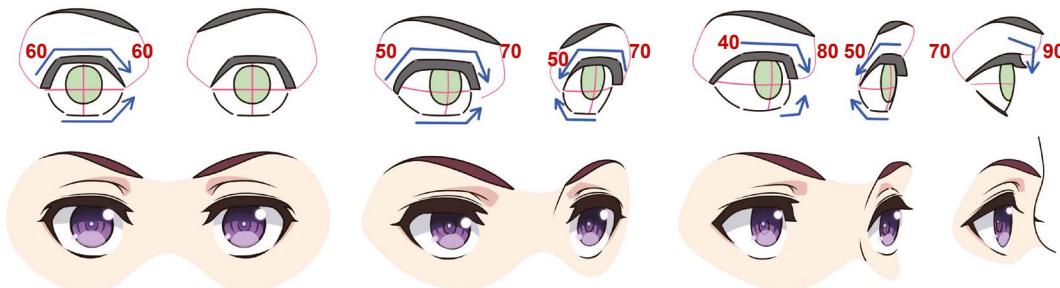
Pattern with rounded front



Pattern with curved front

## Eye Changes by Angle

In the case of the front, both eyes will be mirror images. The inclination of the corners of the upper and lower eyelids is about 60 degrees (depending on the shape of the eye, such as slanting or drooping eyes), but if the angle increases slightly, the ratio and the width of the inner and outer corners of the eye will change. However, basically the vertical width of the eye does not change.



## How Eyelashes Grow

Eyelashes grow from the edge of the eyelid. It grows in a radial pattern, so be careful not to stray in any direction.

Real



Transformation



Growing in a radial pattern



The flow of hair is uneven



The roots are curved and the ends are stretched



The ends of the hair are unnaturally curved

## Mouth Structure

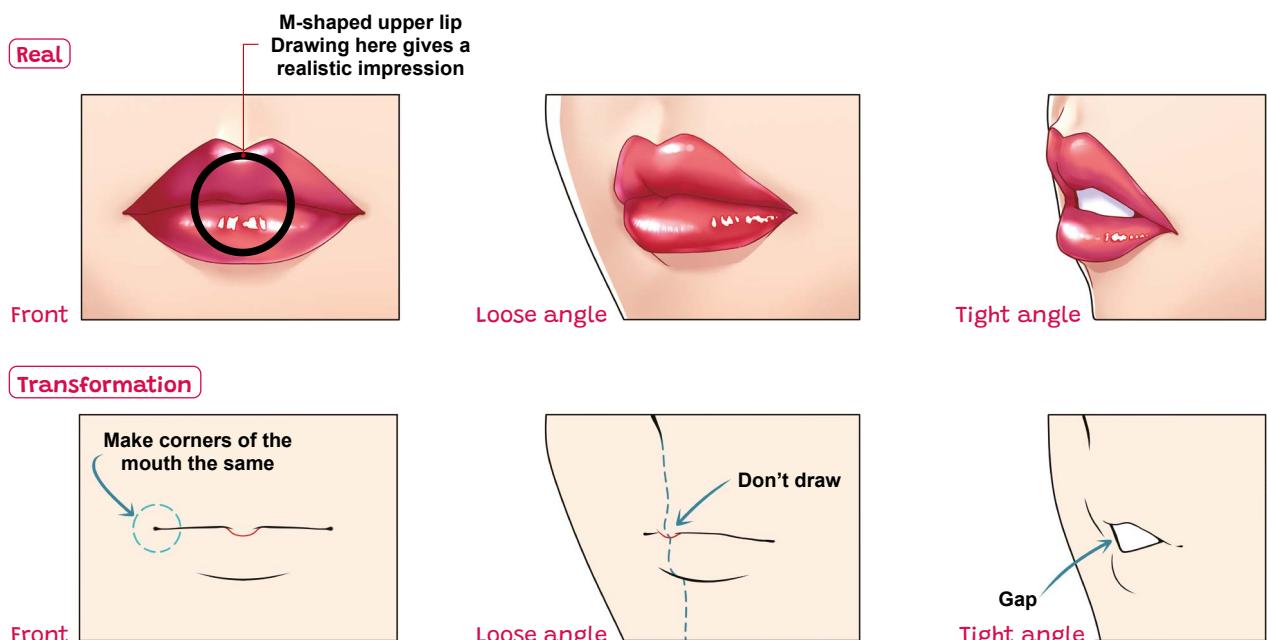
The mouth consists of the upper and lower lips.

In the case of illustrations, it is rare to draw the lips firmly closed.

Also, depending on the design, you may see the mouth cut off in the middle.

More importantly, the position of the center of the mouth changes depending on the tilt of the face. Keep in mind that the cut position is always the center of the tilted state.

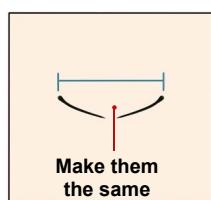
Also, by making tame on both ends of the mouth (mouth corners), the expression will be easier to understand.



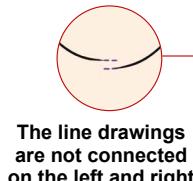
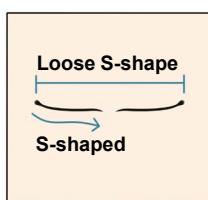
## Key Point

It depends on the design, but a child's mouth should look rounded, and an adult's mouth should look straight.

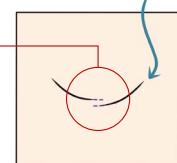
Children's lips are round



Adult lips are straight

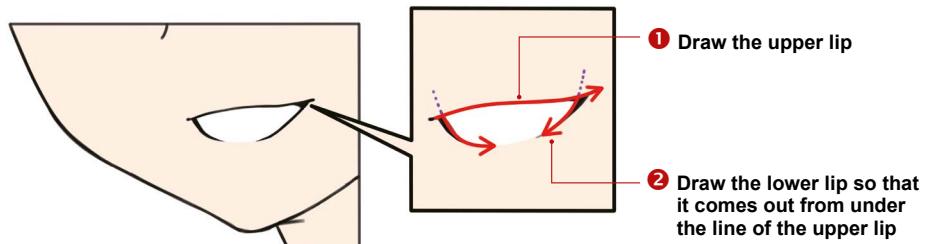


The facial expression is clearly not the same if it is only a simple curve



## How to Draw an Open Mouth

When drawing an open mouth, draw from the line of the upper lip. It looks more realistic if you use this technique.



## Various Ways to Open the Mouth

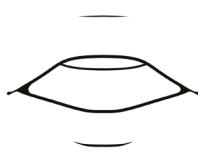
The expression changes greatly depending on how much the mouth is opened. When drawing an open mouth, adjust it according to the mood of the character you want to draw.



When you close your mouth, the lines will be thinner because they will stick together.



You can't see the tooth line when you open it a little.



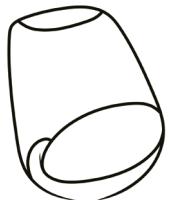
If you open it a little, you can see the upper teeth.



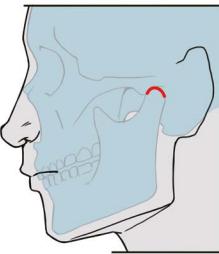
If you open it well, you can see the lower teeth.



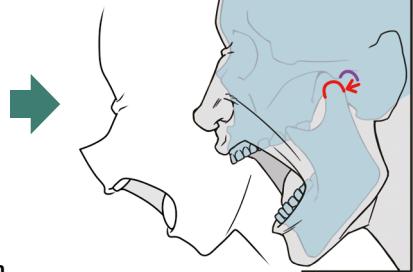
Slightly realistic



Transformation

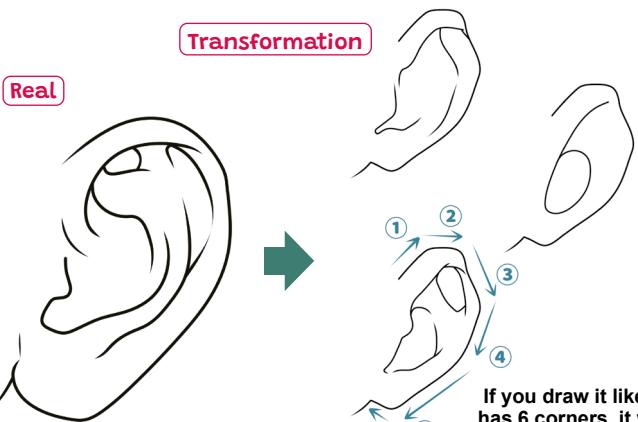


When you open your mouth wide, the jawbone shifts.



## Structure and Coding of the Ear

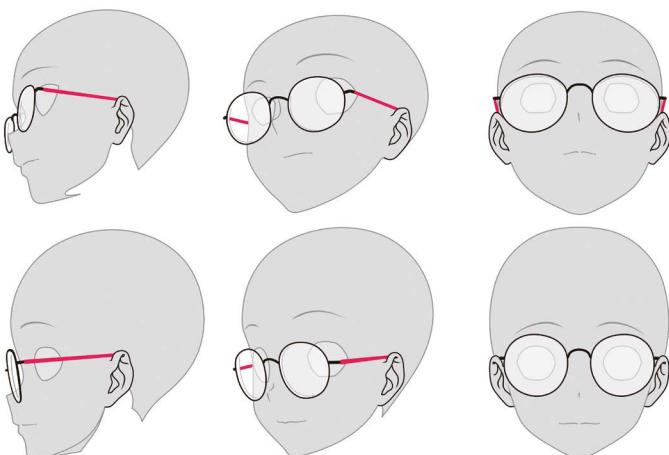
There are various ways to draw ears, and there is no one correct answer. Also, since the ears are often hidden by the hair, they are also a part that does not get much attention. Even people who are reasonably good at it often have vague ears or can't draw well. In other words, many artists practice their ears at the end, so it can be said that good ears = good drawing. A good ear means that you are observant and attentive to details.



If you draw it like it has 6 corners, it will look more realistic.

### Key Point

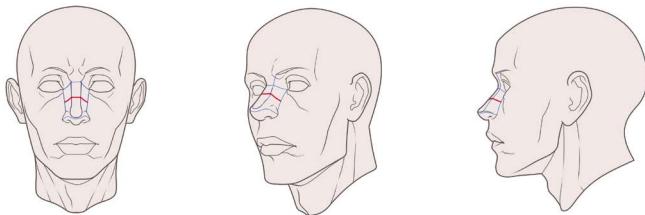
When you get confused about the position of the ears, use glasses as an example. The temple part of the glasses will be the position of the ear.



## Nose Drawing Method

In real life, the bridge of the nose is treated as part of the face, so the cross section is trapezoidal. In the drawing, the bridge of the nose is regarded as a line, so it is better to consider the cross section as a triangle.

Real  
Trapezoid



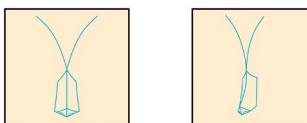
Transformation  
Triangle



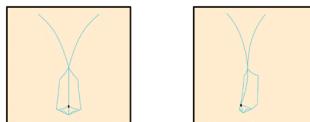
## Various Depictions of the Nose

The shape of the nose varies depending on which face or line you draw. Let's look at a simplified pattern for clarity.

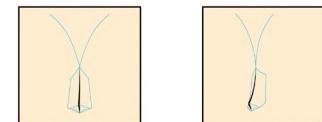
### Guide to capture the nose



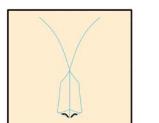
### Tip of the nose



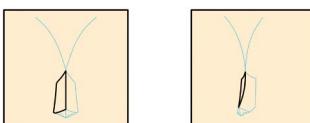
### Center line



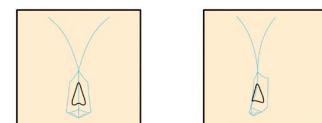
### Nostril



### Left side



### Back of the nose



## Congratulations on your progress!

Parts such as the eyes, nose, and mouth are drawn correctly



That's it for this week. Take a break for 2 days!



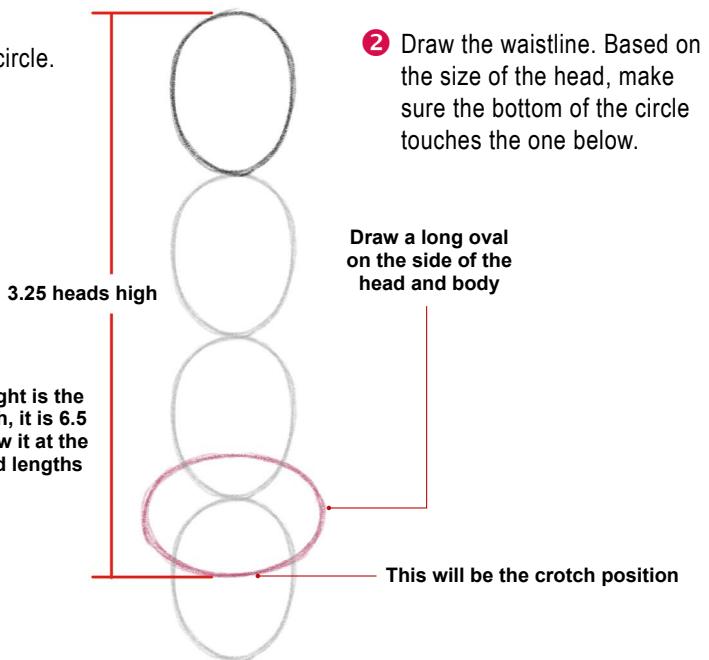
# How to Draw the Torso from the Front

Once you have learned how to draw the face, the next step is to learn how to draw the body that connects to the head. First of all, let's start by understanding the balance as well as the face. I will explain the balance of the whole body on the 22nd day, so today I will explain how to draw the head and torso using a woman with a height of 6.5 heads as an example.

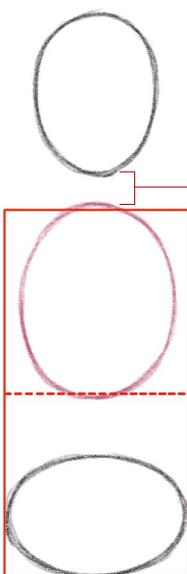
## LESSON Draw the Torso Front View



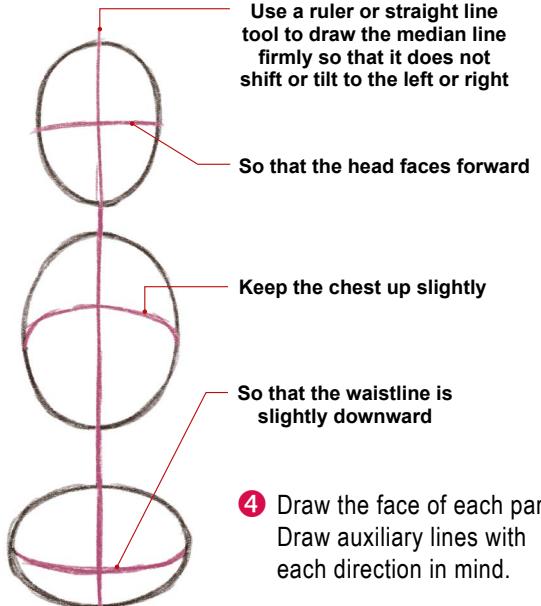
① Draw the head with a simple circle.



Since half of the height is the position of the crotch, it is 6.5 head lengths, so draw it at the position of 3.25 head lengths

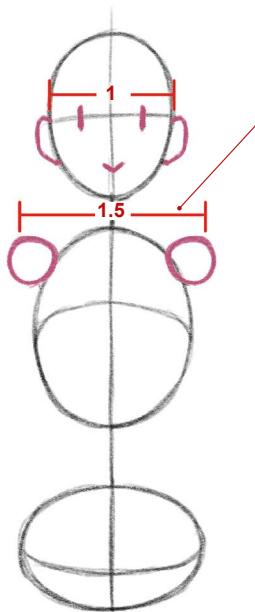


③ Draw a simple circle on the chest in the same way. Draw an oval length from shoulder to waist.

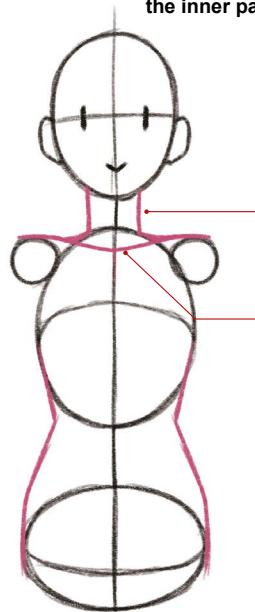


④ Draw the face of each part. Draw auxiliary lines with each direction in mind.

The basic shoulder width is 1.5 times the width of the base of the left and right ears



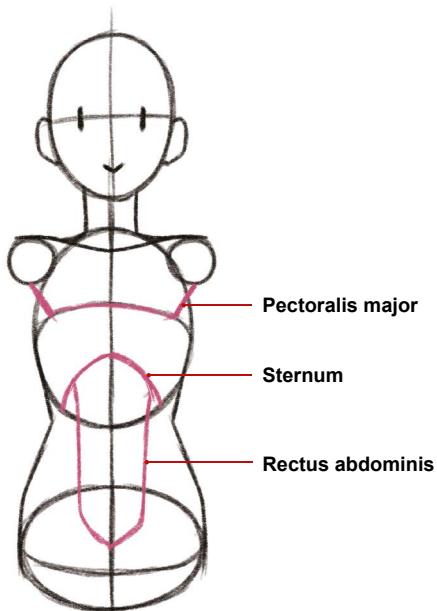
The neck is in line with the inner part of the eye



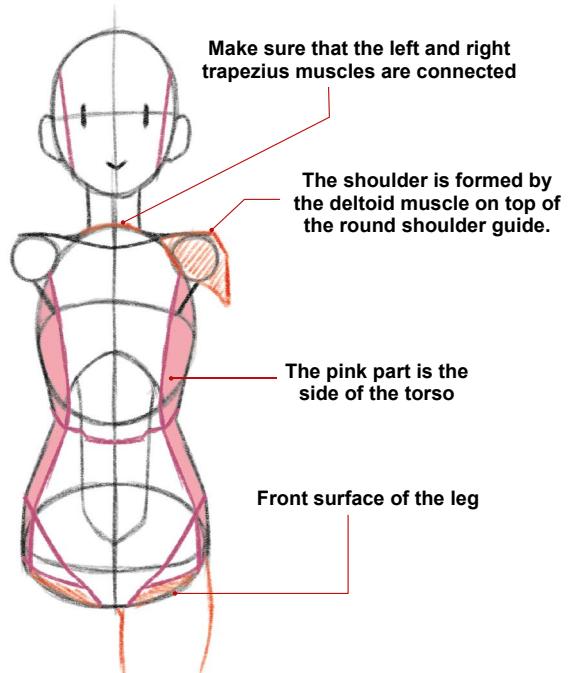
5 Draw the shape of the face and the positions of the shoulder joints.

6 Connect the chest and waist while narrowing the waist using the guide inserted in ③ as a reference.

**STEP UP** Take a closer look at the front view



Make sure that the left and right trapezius muscles are connected



7 Draw the line of the sternum and the shape of the rectus abdominis muscle. The chest starts from the bottom of the pectoralis major muscle, so if you are worried about the position of the chest, you may want to put in an overlap. Depicting overlap can be difficult for beginners, so practice it first.

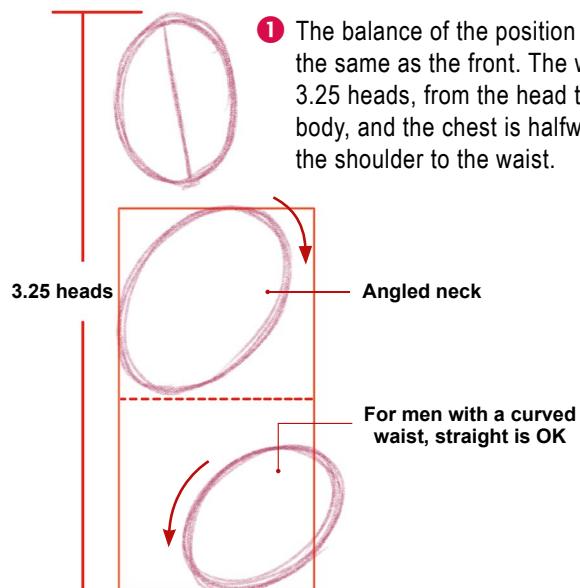
Draw the surface of the body. When viewed from the front, not all torso silhouettes are frontal. In fact, the front part is narrow, and the other side is visible.



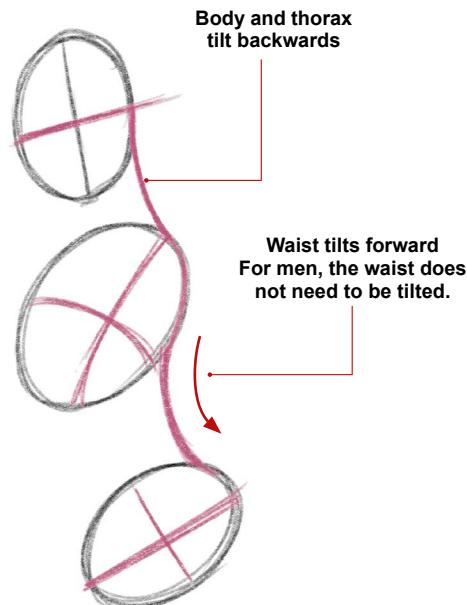
# How to Draw the Torso from the Side

Today, I will explain how to draw a side view of the torso. The basic balance is the same as the front, but when facing sideways, the tilt of the chest and waist becomes important. Let's draw while being aware that the line from the waist to the buttocks will be an elegant S-shape.

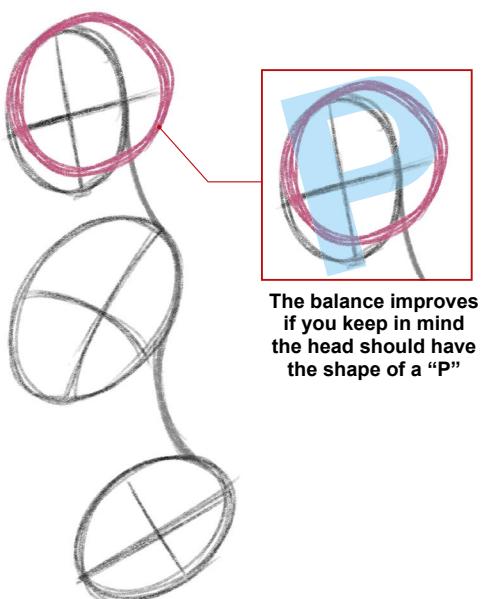
## LESSON Draw the Torso from the Side



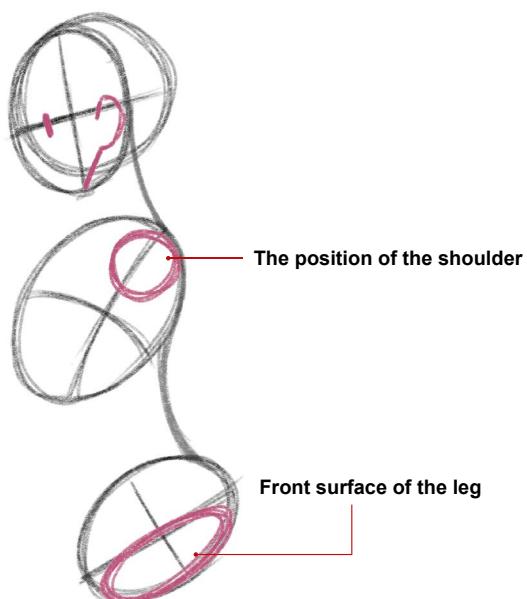
① The balance of the position here is the same as the front. The waist is 3.25 heads, from the head to the body, and the chest is halfway from the shoulder to the waist.



② Add an auxiliary line for the inclination.



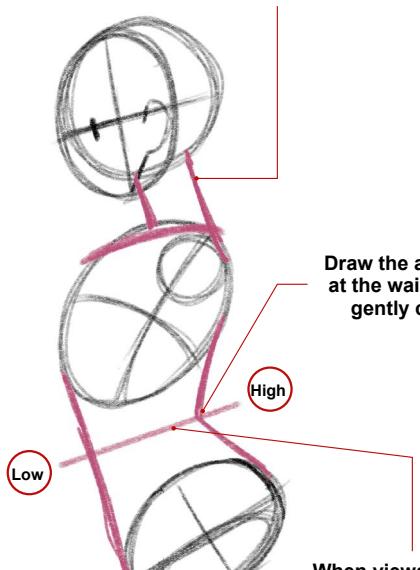
The balance improves if you keep in mind the head should have the shape of a "P"



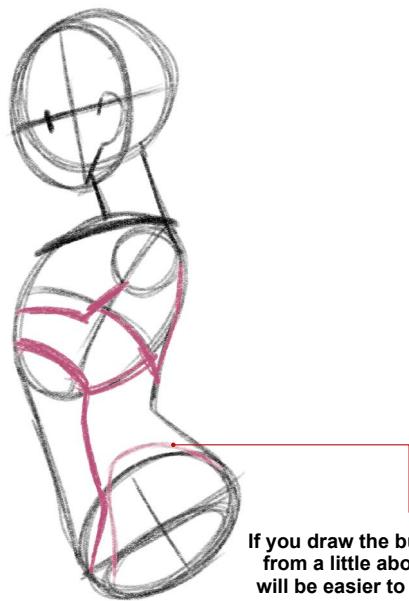
③ Add the back of the head.

④ Add the face and shoulders.

Draw the front and back lines parallel to each other at a slight angle for the neck



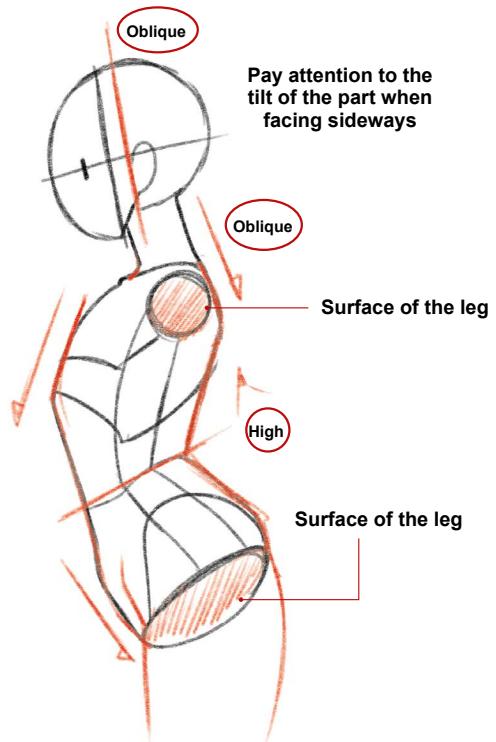
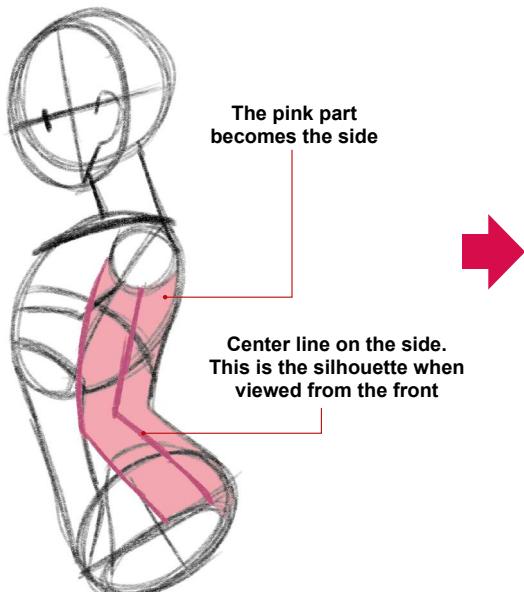
When viewed from the side, the waist is low in the front and high in the back.



5 Draw the neck and abdomen.

6 Insert the overlap of the pectoralis major and rectus abdominis muscles.

#### STEP UP Take a closer look at the face



Draw lines that separate the front and sides and the center of the side. I think this makes it easier to grasp the solidity. It will look like this after removing the auxiliary lines and adjusting the shape.



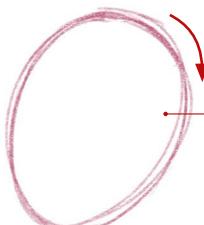
# How to Draw the Torso from an Angle

Today, I'm going to explain how to draw an angled torso. The diagonal is the same for the front as it is for the side view. I also explained how to draw an angled face with both the front and sides visible.

## LESSON Draw the Torso from an Angle



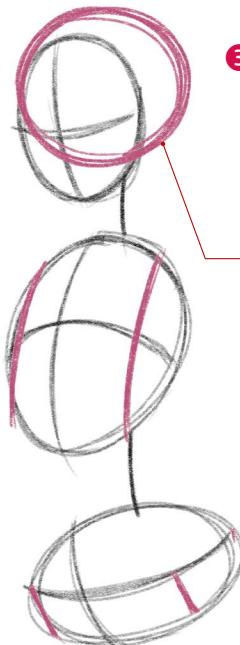
1 First, draw simple circles for the head, chest, and waist. Make the chest and hips leaner than the sides, and draw a little wider. The oblique angle is tilted so that you can see two sides, the front and the side.



Chest tilts backwards



Waist tilts forward

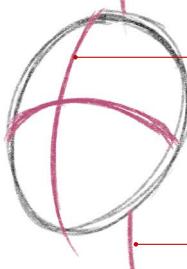


3 Draw a stroke that separates the back of the head and the front and sides of the torso.

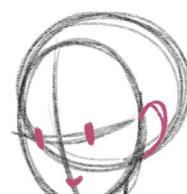
Be conscious of the "P" shape for the back of the head, draw it so that it sticks out behind.



2 Draw an auxiliary line for the inclination. Draw with the roundness of the sphere in mind.

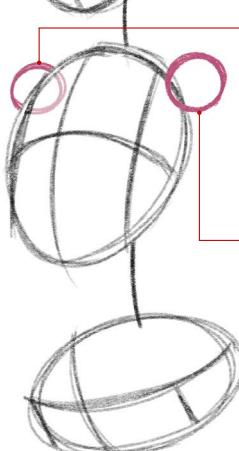


Draw auxiliary lines  
The curve of the waist is gentler than when turned sideways

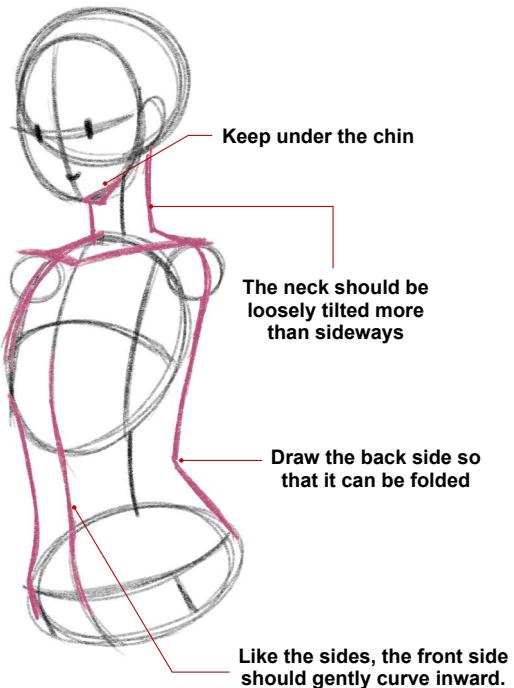


4 Draw the shape of the face and the circles of the shoulders.

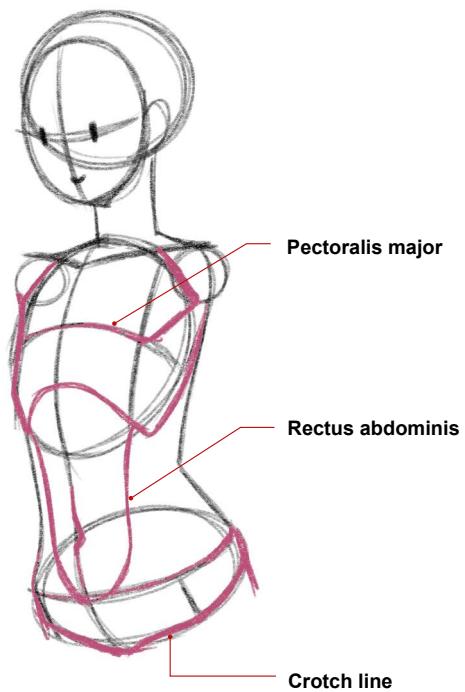
The overlap is the inside of the shoulder as it joins the back of the chest



The front shoulder on this side is in front of the chest, slightly overlapping

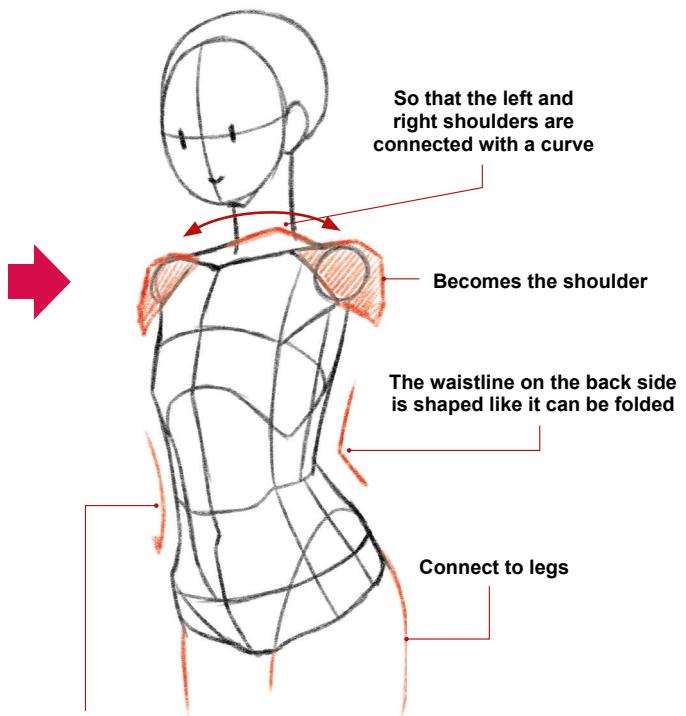
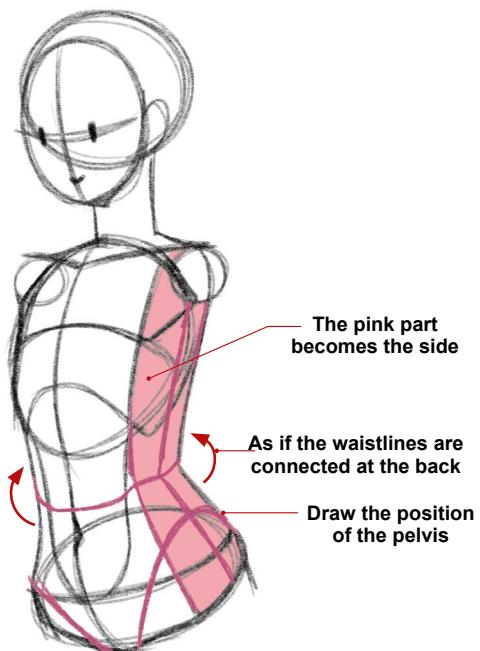


5 Connect the neck and abdomen.



6 Draw in the muscles.

**STEP UP** Take a closer look at the face



Draw the lines that separate the front and sides and the center of the side.

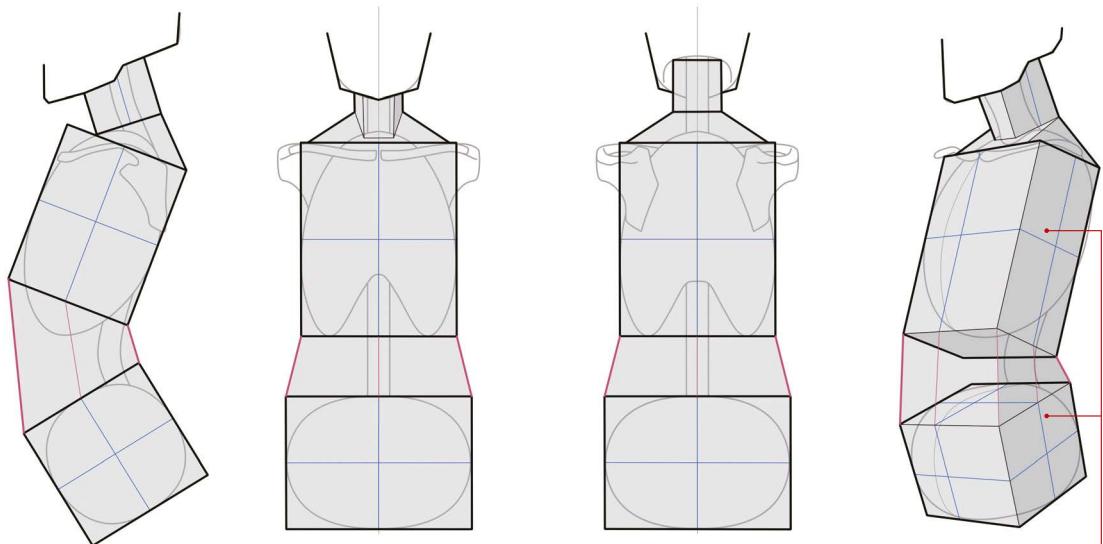
It will look like this after removing the auxiliary lines and adjusting the shape.

# The Structure of the Torso

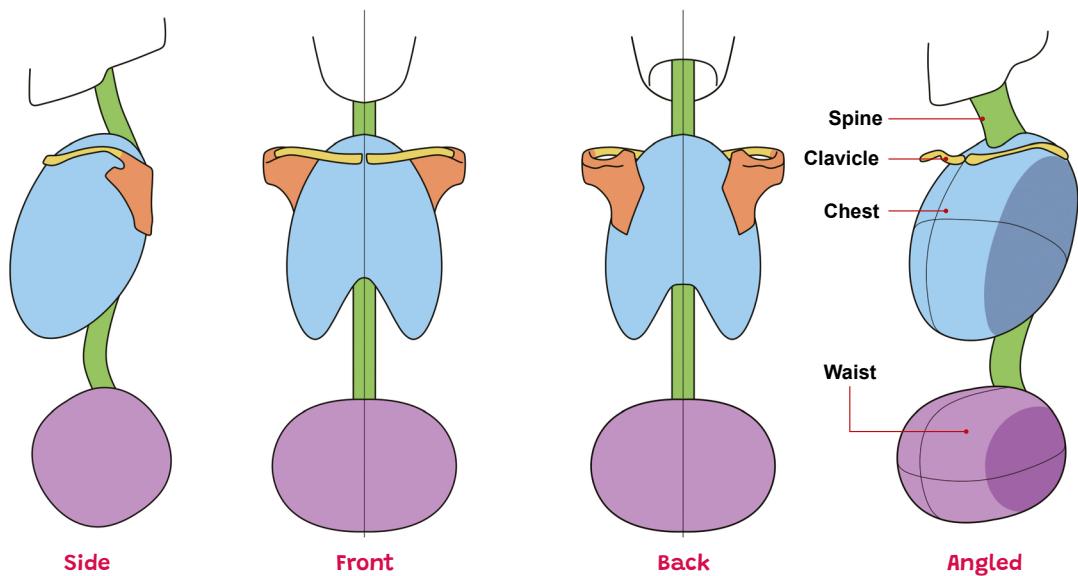
So far, I have explained how to draw the body from three perspectives: front, side, and diagonal. Today, I will explain the structure of the torso and the differences between males and females.

## Trunk Simplification

The body is roughly made up of four sides: the front, left and right sides, and the back. In beginner drawings, the torso may look wide due to the absence of the sides, so try to imagine a simple square or simple shape first.

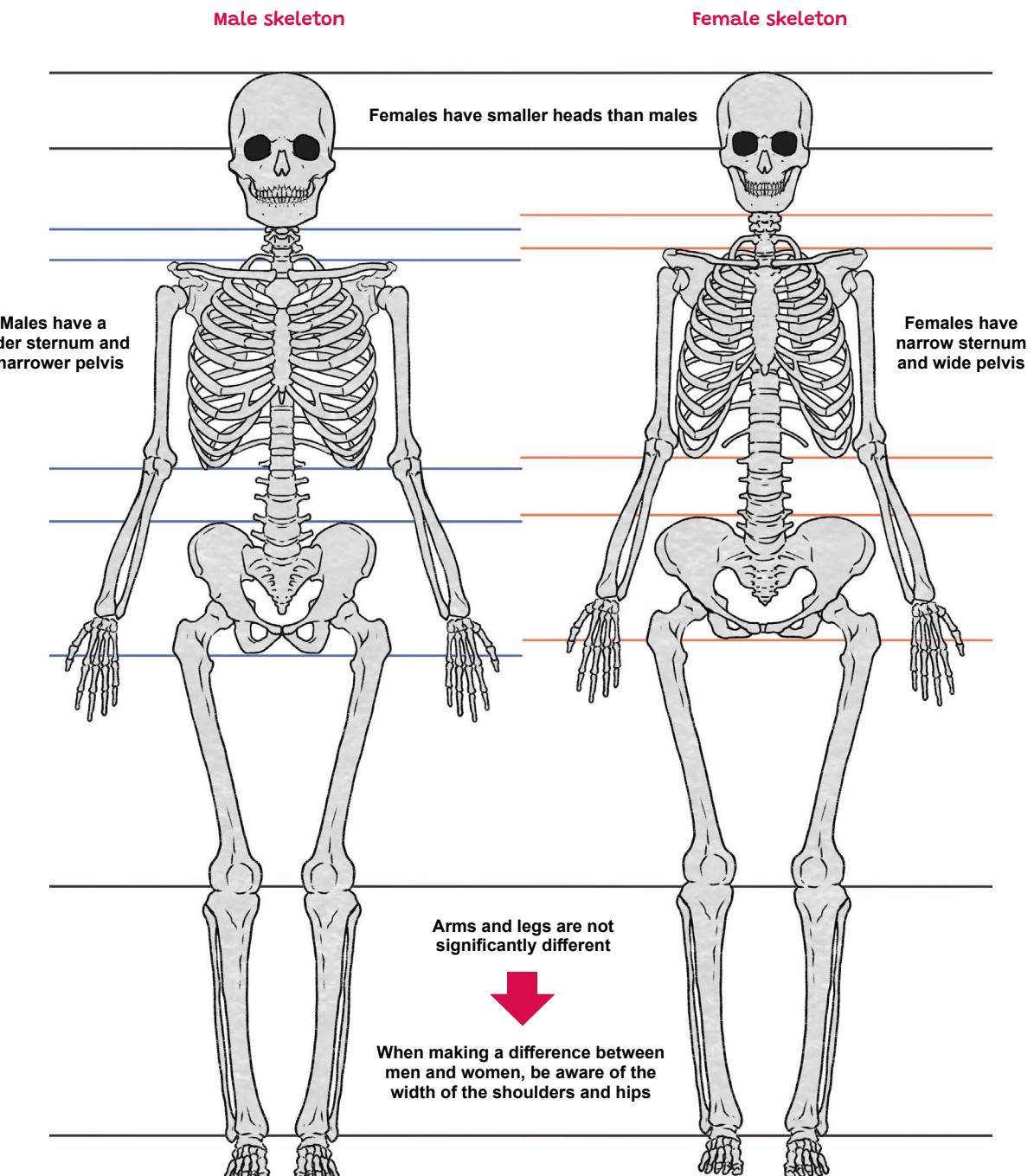


Imagine that there is a side even when drawing a circle



## Differences Between Male and Female Skeletons

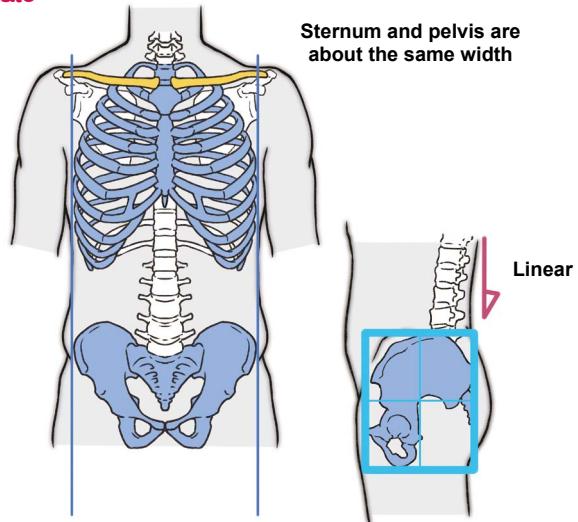
When comparing the physiques of men and women, the biggest difference is the torso. In fact, there is not much difference between the bones of the limbs. The difference in shoulder width and waist width, which is often raised as a difference between men and women, is related to the width of the sternum and pelvis. See the diagram below. Males have a wider central sternum, while females have an oval shape with a wider lower sternum and narrower upper sternum. The shoulders will be wider for men because of the wider sternum, and the shoulders will be narrower for women because the sternum is narrower. Similarly, women have a wide pelvis, giving the impression of a plump waist. The pelvis will be discussed in more detail on the next page.



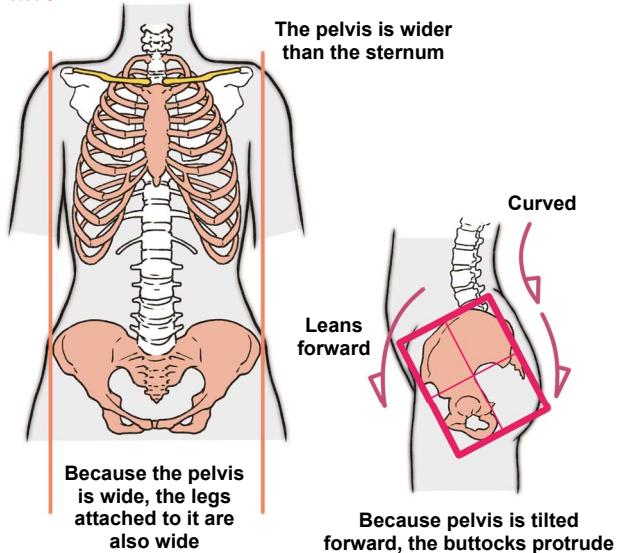
## The Shape of the Pelvis Differs Between Men and Women

Another difference between men and women is the pelvis. When viewed from the front, the male pelvis is nearly square, running as wide as the chest. The female pelvis is much wider laterally than the chest. When viewed from the side, the spine is straight in men because the hips are vertical, and in women the spine is curved because it leans forward.

Male



Female

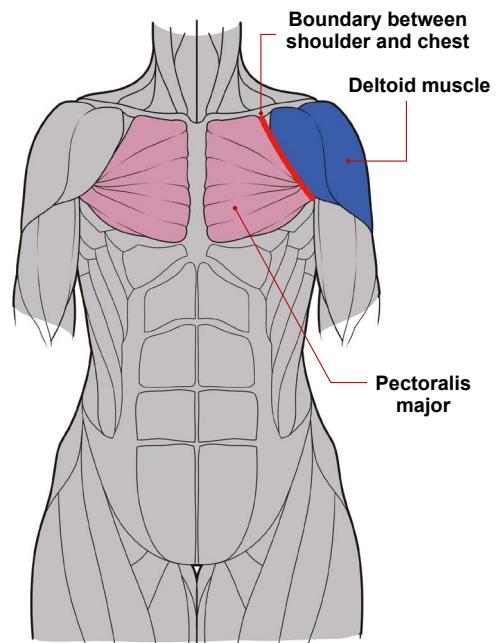
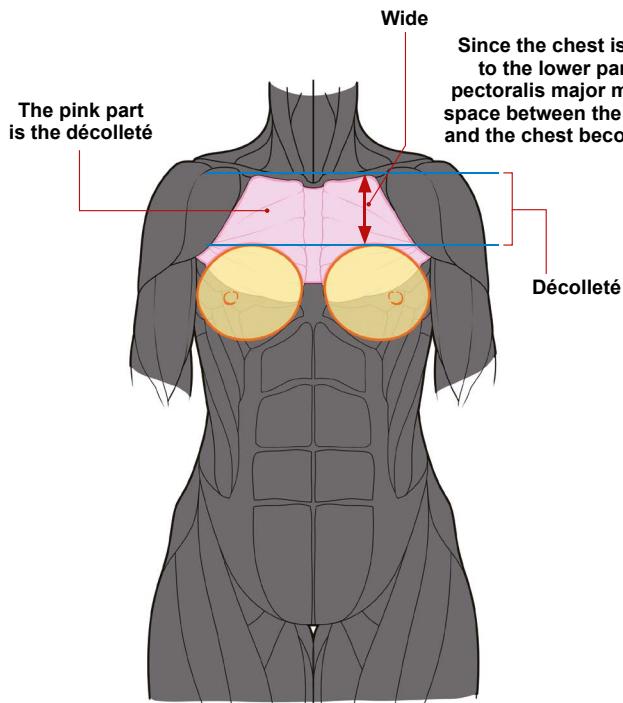


## Chest Position

The chest is attached from the bottom of the pectoralis major muscle. The space between the collarbones and the upper chest is called the décolleté. You can see that the chest is attached to the bottom.

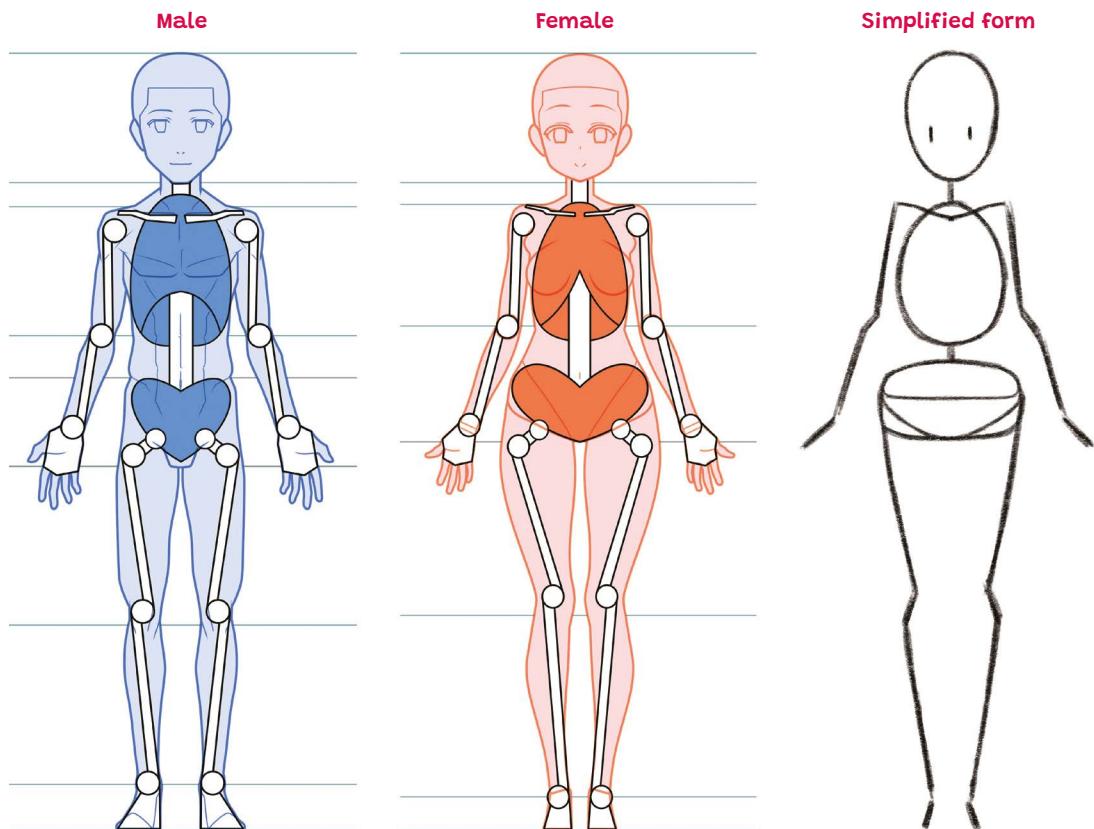
## Boundary Between Shoulder and Chest

The shoulders are next to the chest (pectoralis major). If you draw the shoulders on the outside without being aware that they are attached to the chest, the shoulders will become too wide, so be careful. I will explain the shoulders tomorrow (Day 12).

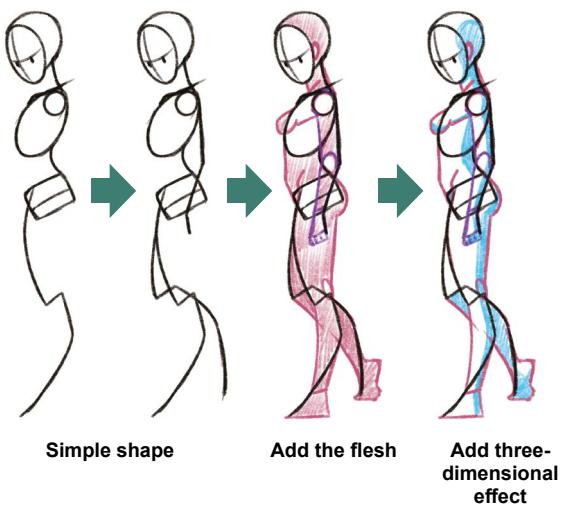
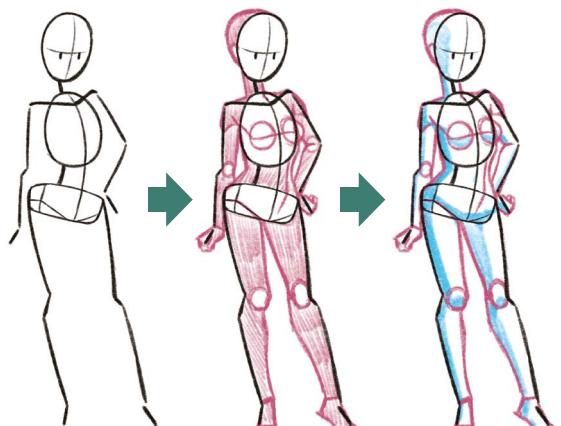


## Male and Female Skeletons

Here is the difference between men and women when replaced with a six heads-high character. It is important to remember this.



Instead of drawing a complex shape from the beginning, it is better to start with a simple shape and check the balance and then draw the details from there.



Simple shape

Add the flesh

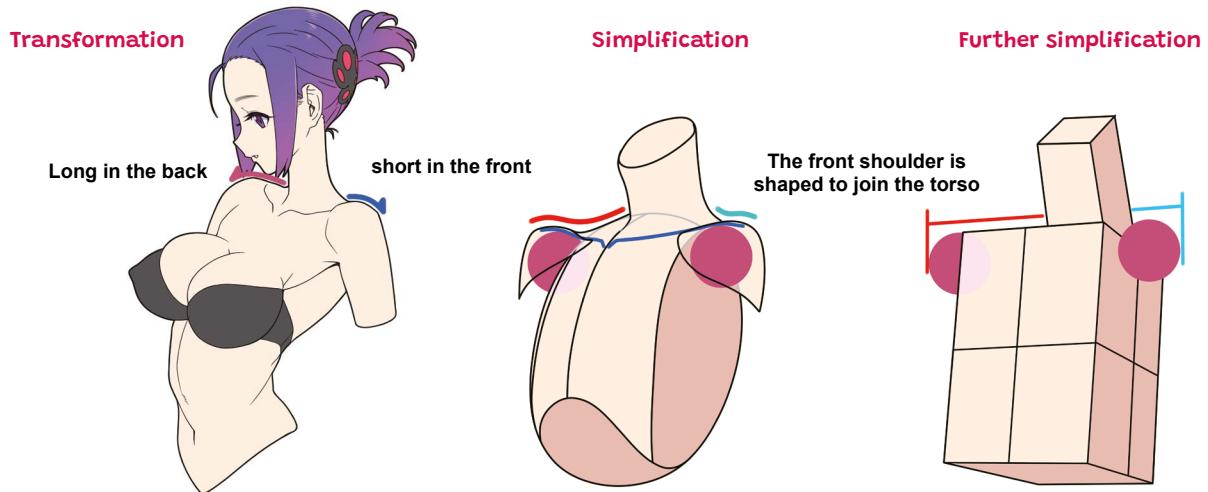
Add three-dimensional effect

# Shoulder and Torso Poses

Today we will be learning about shoulder and torso poses. The torso pose affects the movement of the torso as well as the shoulders. The shoulders can be moved up and down, and back and forth, so let's pose the torso while combining both elements.

## Creating the Shoulder

In the case of an angled figure, the shoulders appear longer in the back and shorter in the front.



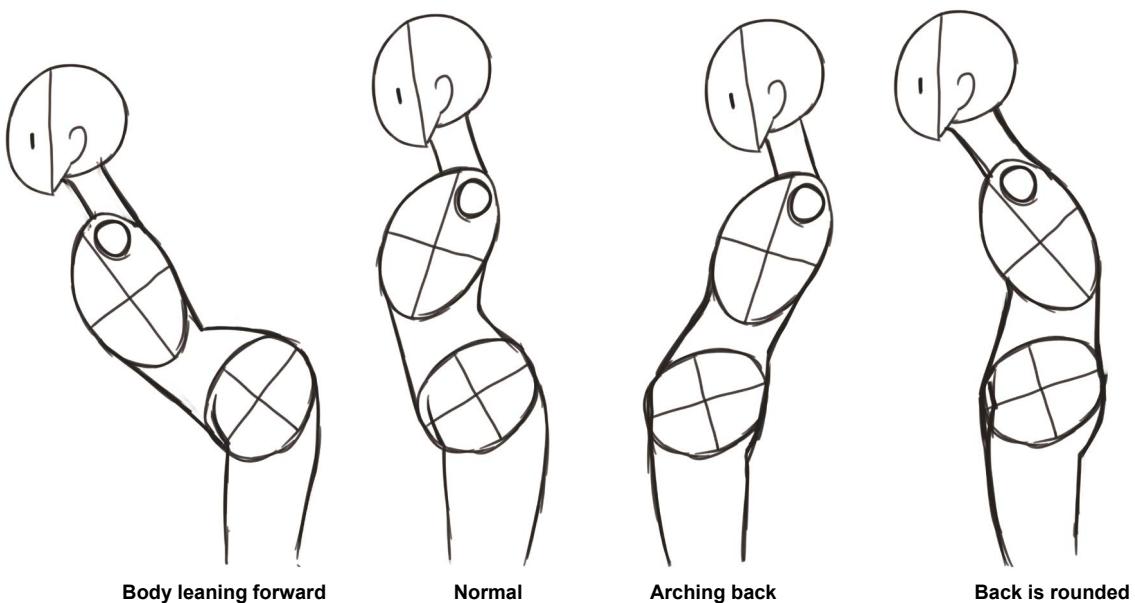
The appearance of the shoulder changes depending on the pose. In the case of a pose that arches the back and puffs out the chest, the shoulders rotate backward, so the back looks short and the front looks long.

When the back is rounded, the shoulders rotate forward, making the back look longer and the front shorter. The shoulders have a wide range of motion, so be sure to change them according to the picture you want to draw.



## Standing Pose

When drawing a standing pose, there are roughly four patterns to follow: leaning forward, normal, arching backward, and rounding the back. Based on this, the pose is created by twisting the waist and moving the arms. I will explain twists in the Intermediate level (page 154).



Body leaning forward

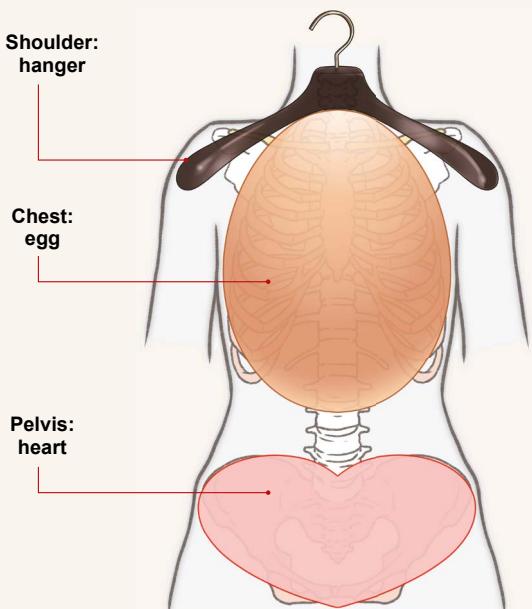
Normal

Arching back

Back is rounded

## FEATURE Comparing Body Parts to Familiar Objects

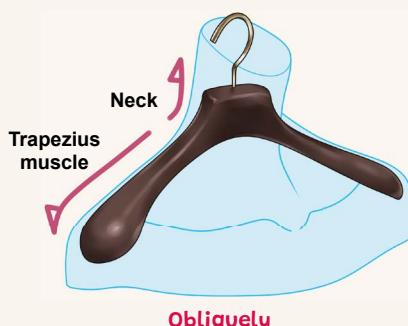
In Week 1, I compared the collarbone to a bow, but you could also compare the shoulders to a clothes hanger, the chest to an egg, and the lower back to a heart. It doesn't matter what it is, as long as you find something that looks like this shape to you, you may be able to understand it better.



Front view



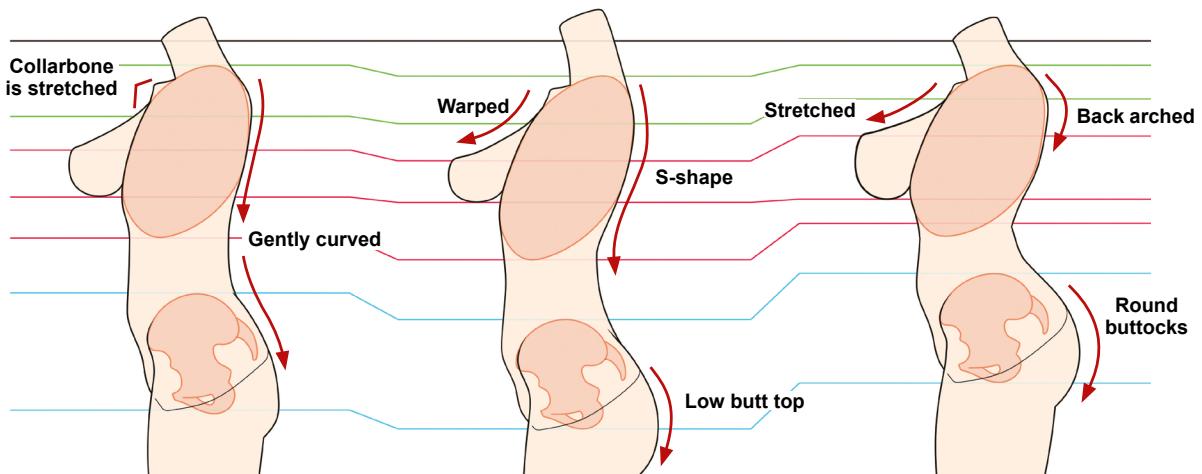
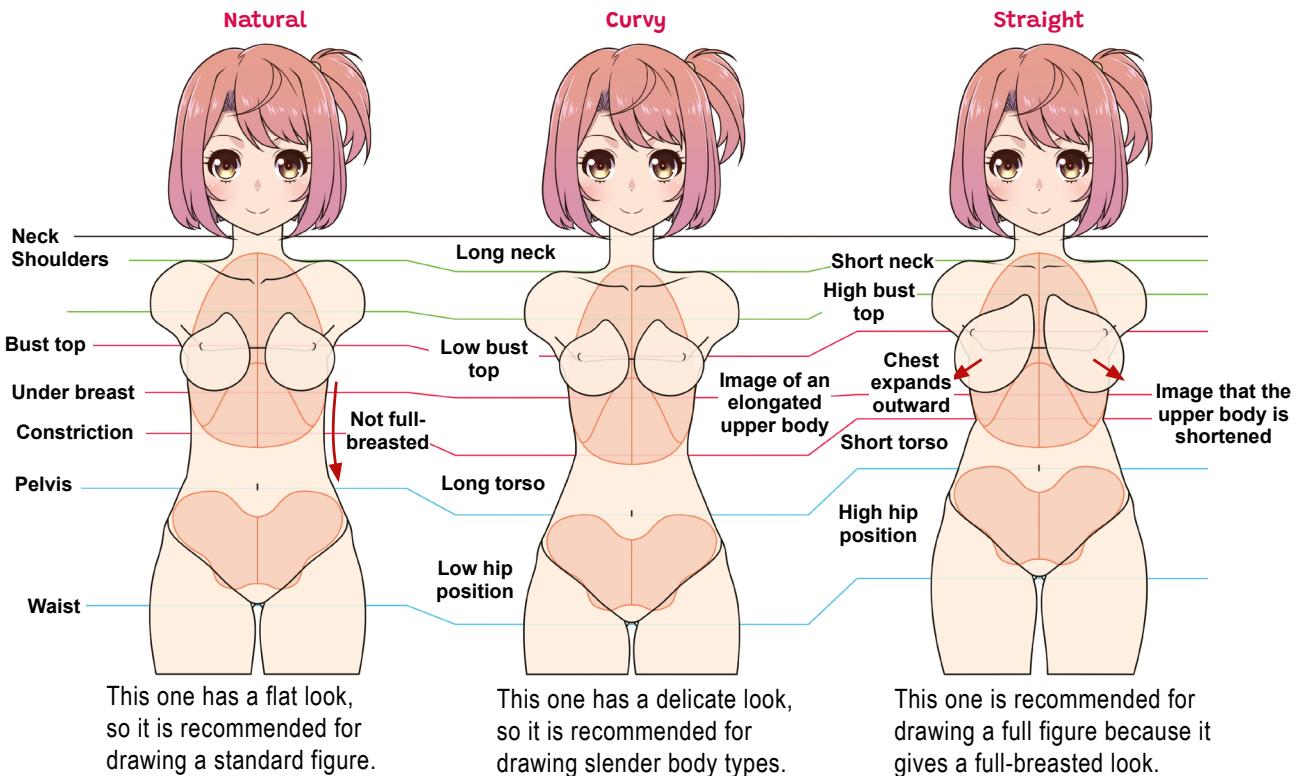
From above



Obliquely

## Female Body Types

Female body types can be roughly divided into three categories: natural, curvy, and straight. If you want to draw a narrow neck and chest, you should draw a straight body, so instead of drawing only the chest up, draw vertically from the clavicle to the crotch. Otherwise you will lose all balance. Also, when comparing the curvy and natural shapes, the natural shape has a thicker body. This is due to an illusion. When comparing a vertically long illustration with a short illustration with the same width, the short, straight figure actually looks wider. Therefore, if you want to draw a slender figure, the curvy figure is recommended.

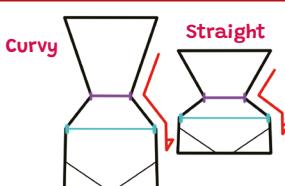


In real life, there are people who are slim but natural, and there are people who are glamorous and curvy.

### Key Point

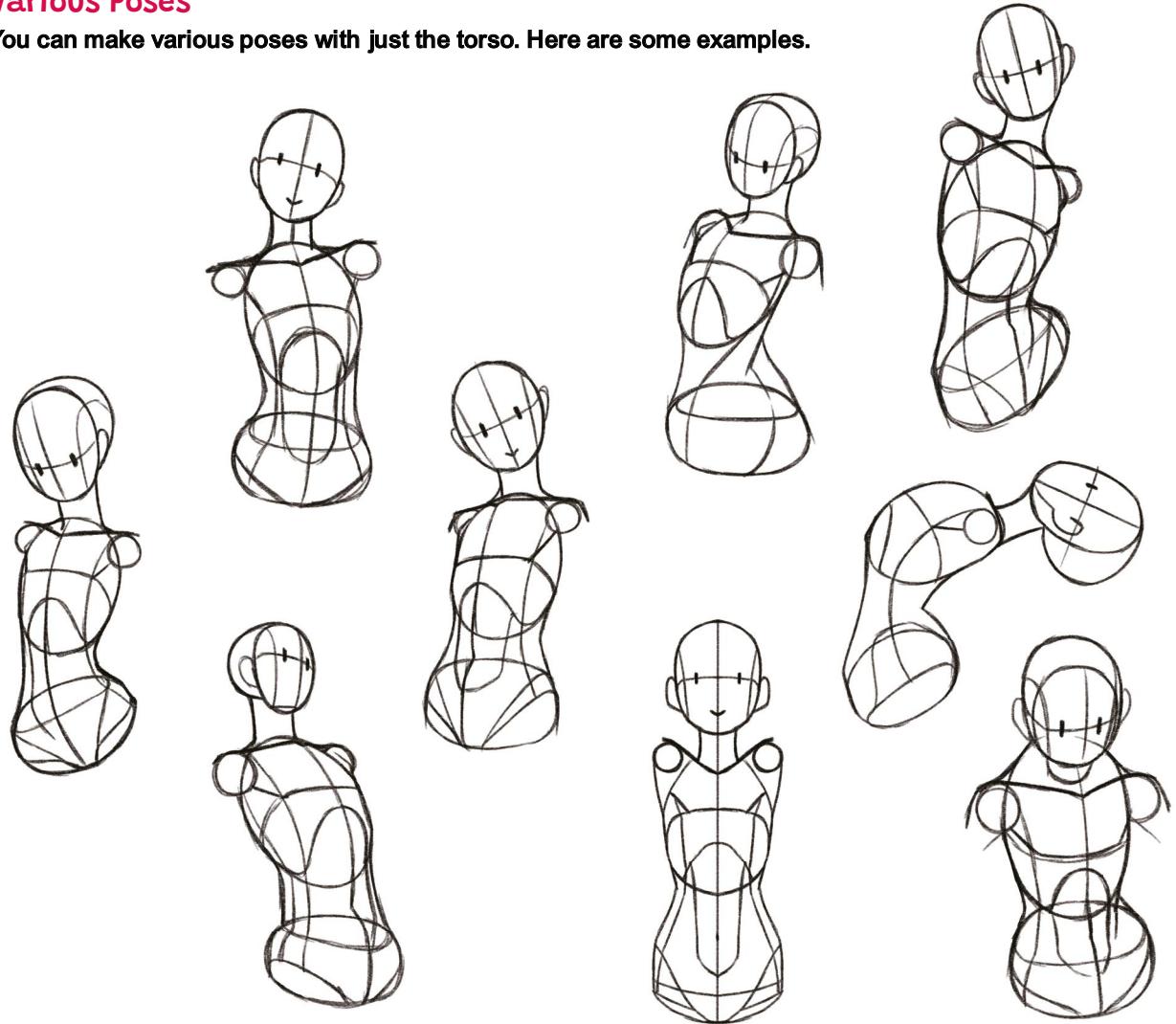
**Straight hair has more contrast, so it gives the waist a wider and narrower look**

\*The width of each waistline and the width of the waist are the same.



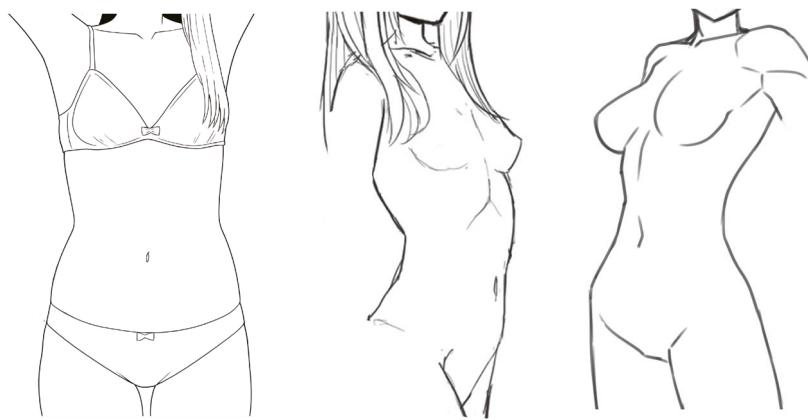
## Various Poses

You can make various poses with just the torso. Here are some examples.



**Congratulations on your progress!**

Be aware of the position of the waistline, the thickness of the body, etc.



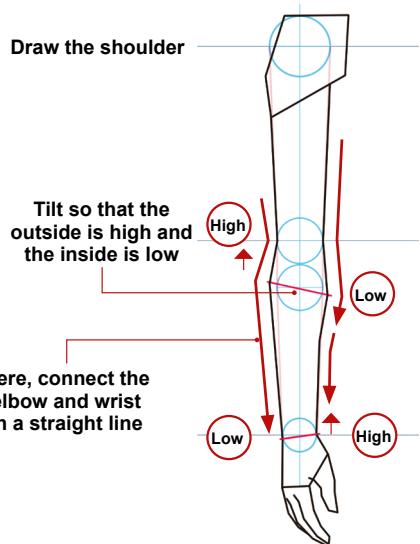
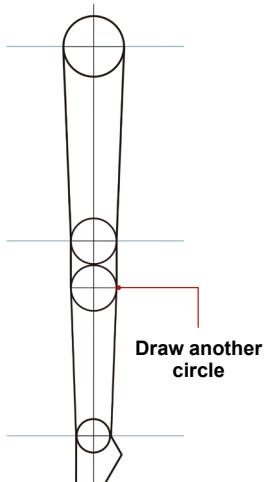
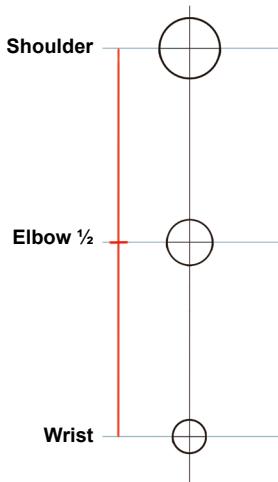
That's it for this week. Take a break for 2 days!



# How to Draw the Arms

Once you have mastered drawing the torso, the next step is the limbs. Many people can draw great close-ups of faces and busts, but there are far fewer that they are good at drawing hands and feet as well as arms and legs. They can be difficult to master. Let's start by drawing the arms.

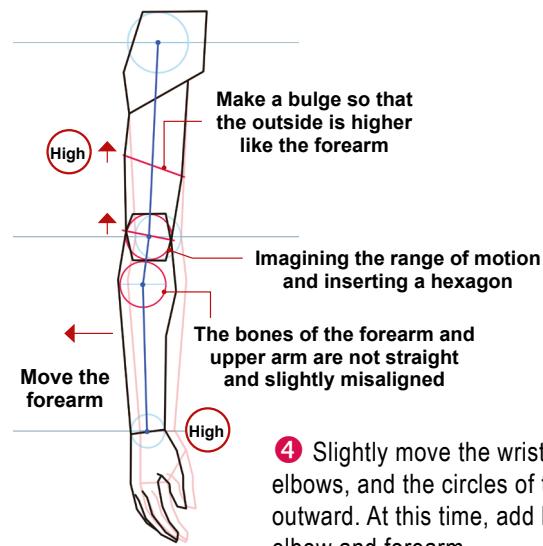
## LESSON 1 Draw the Front Arm



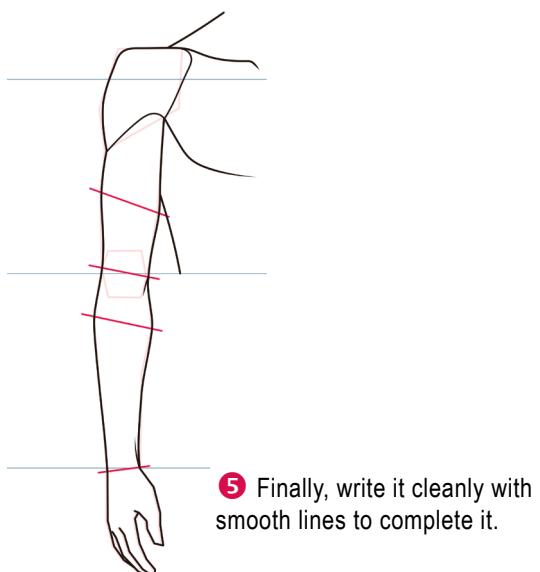
① Draw smaller circles at the shoulders, elbows, and wrists. Your elbow is  $\frac{1}{2}$  the length of your shoulder and wrist.

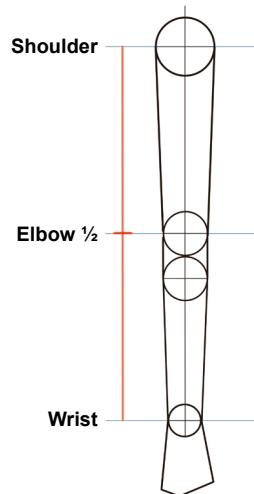
② Connect each circle with a line. Draw another circle under the elbow. This will be the bulging part of your upper arm.

③ Draw a slightly slanted auxiliary line around the circle under the elbow added in ②. Connect the elbow and wrist line by inflating it a little according to the auxiliary line.

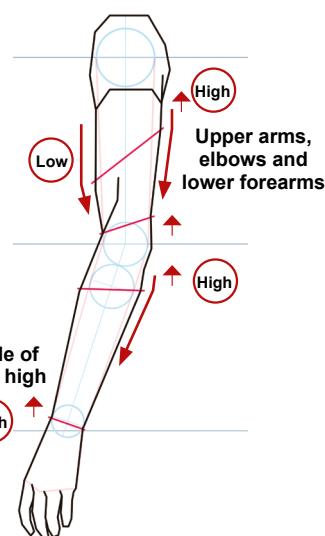


④ Slightly move the wrists, under the elbows, and the circles of the elbows outward. At this time, add height to the elbow and forearm.

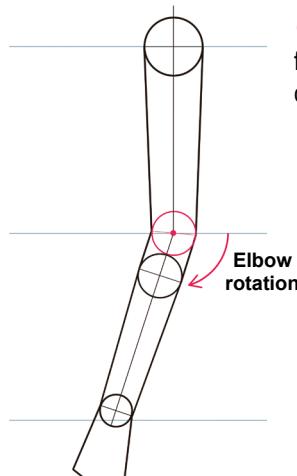




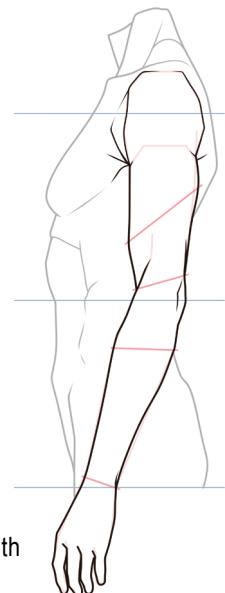
① With the same balance as the front arm, draw circles for the shoulder, elbow, below the elbow, and wrist.



③ Make a difference in height between the front and back sides of the arm.



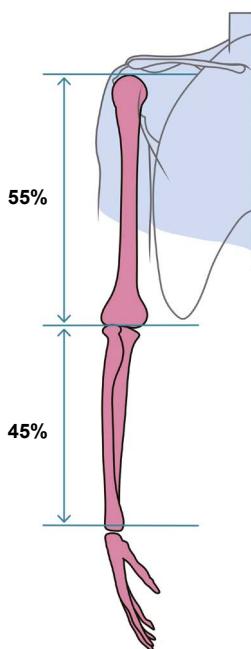
② Rotate the forearm around the circle of the elbow.



④ Finally, write it cleanly with smooth lines to complete it.

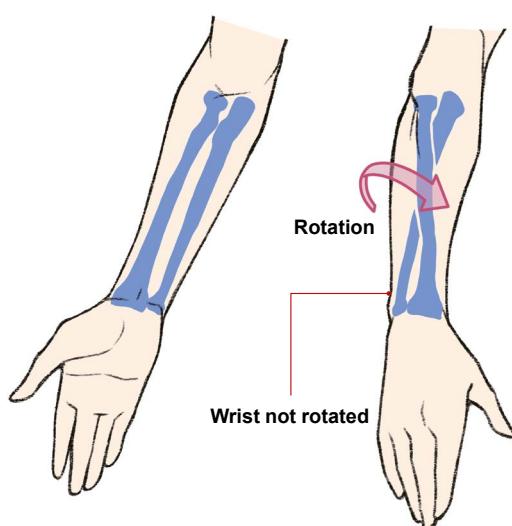
### Elbow Position

Approximately  $\frac{1}{2}$  of your arm should end at your elbow.



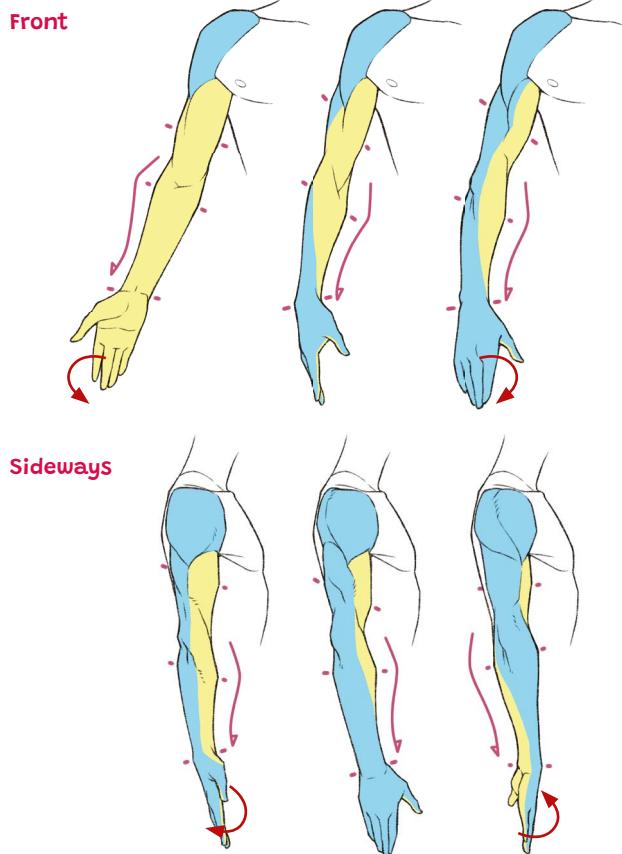
### The Wrist Does Not Rotate

We say to rotate the wrist, but the wrist itself does not rotate. Try it yourself. Actually, it rotates by twisting the two bones in the forearm.



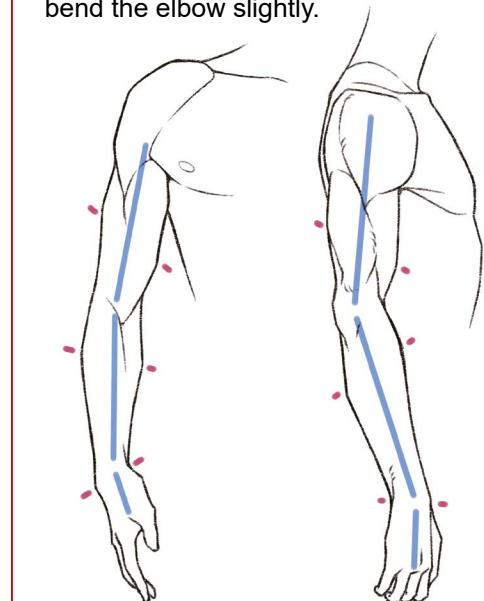
## Be Aware of Thumb Position

It turns out that the bulge of the arm is different in height on the inside and outside. So which one will be higher when you turn your hand? First, take a look at the diagram below. It looks complicated at first glance, but I think it's easier to understand if you remember that the silhouette on the thumb side has more undulations.



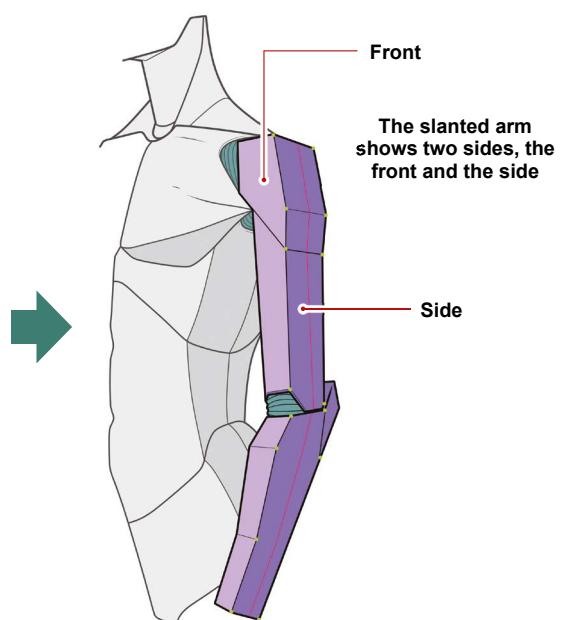
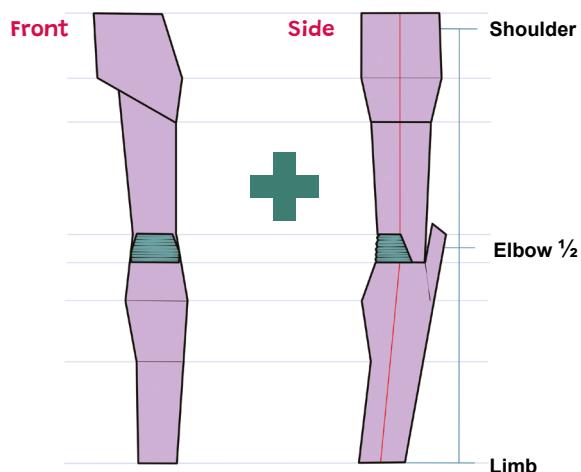
### Key Point

When the arm falls naturally, the elbow is slightly bent. If you draw the upper arm and forearm straight, it will look like you put a lot of effort into it, so if you want to draw a natural arm, bend the elbow slightly.



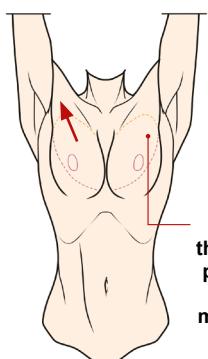
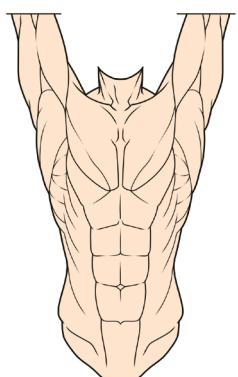
## Slanted Arms

Just like your face, you should be conscious of the fact that when you look at your arms from an angle, you can see two sides: the front and the side. Robot arms are exactly the same, as seen below.

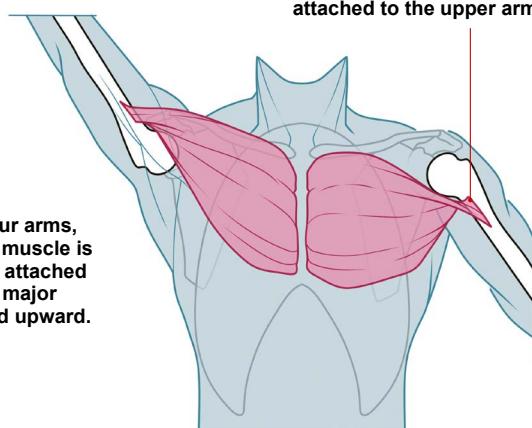


## Arms Up

The chest muscle, the pectoralis major, is attached to the upper arm bone. So, when you raise your arms, your pectoral muscles will also stretch with your arms. In the case of women, the breasts are affected by the movement of the pectoralis major muscle, so they are pulled upward when the arm is raised.



When you raise your arms, the pectoralis major muscle is pulled, so the chest attached to the pectoralis major muscle is also pulled upward.

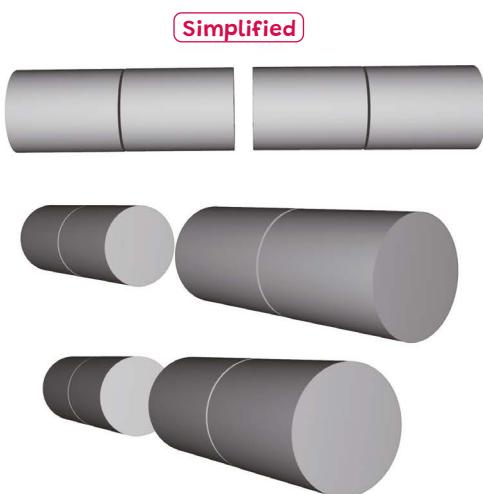
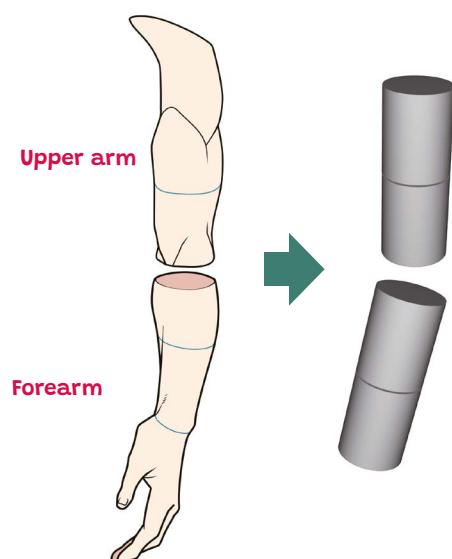


The pectoralis major muscle is attached to the upper arm bone

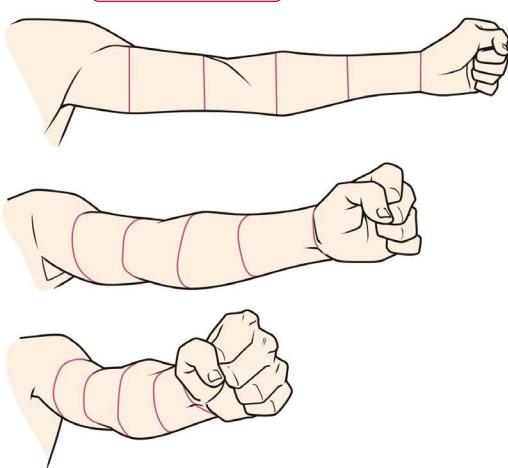
## Think of the Arm as a Cylinder

When drawing a picture with movement, there may be times when you might want to add perspective.

It's difficult to add perspective to the shape of the arm, but I think it's easier to draw if you think of the upper arm and forearm as two cylinders and consider how the cylinder will change when the perspective is increased.



Simplified



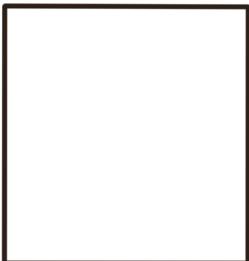
Transformation



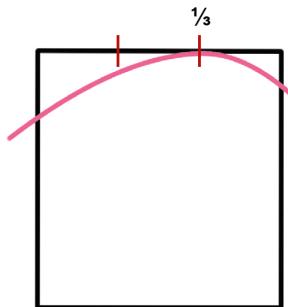
# How to Draw the Hands

Once you can draw the arm, next master drawing the hand. Hands are one of the most difficult parts of the body to draw. First, I will explain how to draw a hand by making a rough sketch with overlapping shapes. As you get used to drawing hands, you will be able to do this without making a simple rough sketch.

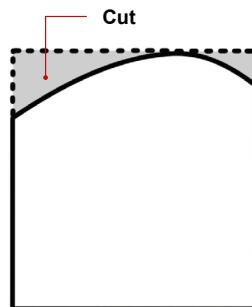
## LESSON 1 Draw the Palm Side



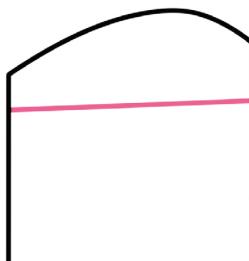
① Draw the right palm. First draw a square.



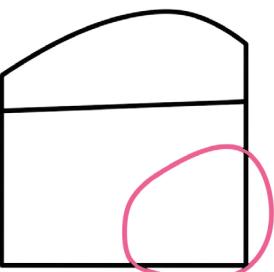
② Draw a curve with the  $\frac{1}{3}$  position of the horizontal side as the vertex.



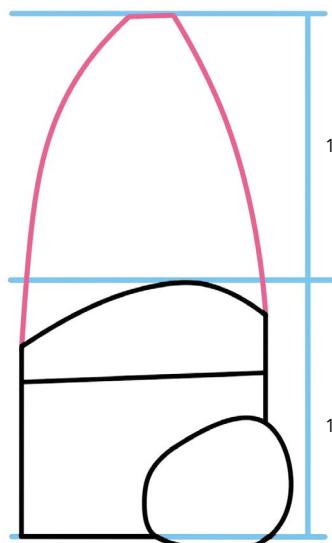
③ Cut above the curve drawn in ②.



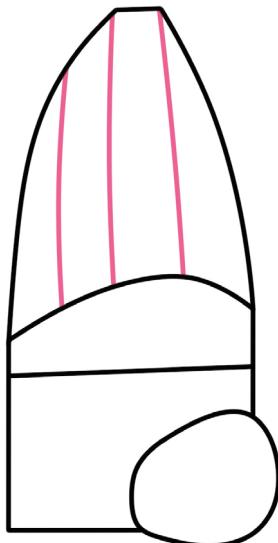
④ The red line in the figure above is where the finger actually bends. Be careful when drawing bent hands.



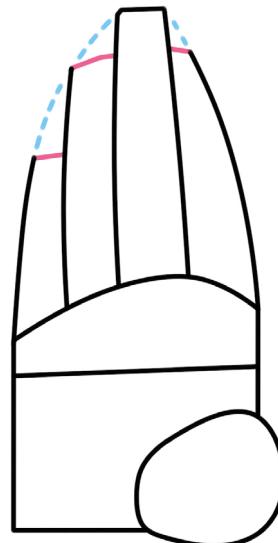
⑤ Draw the base of the thumb.



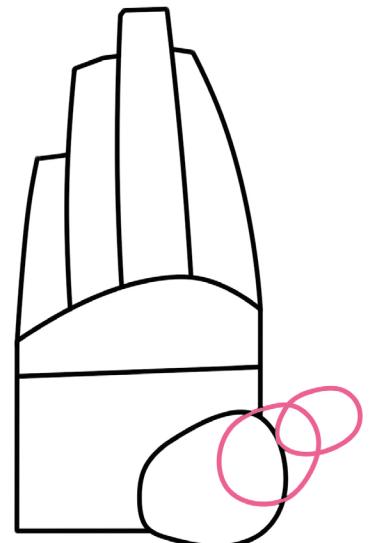
⑥ Draw the silhouette of the fingers. With the tip of the middle finger as the apex, the base of the finger and the length of the palm are one to one.



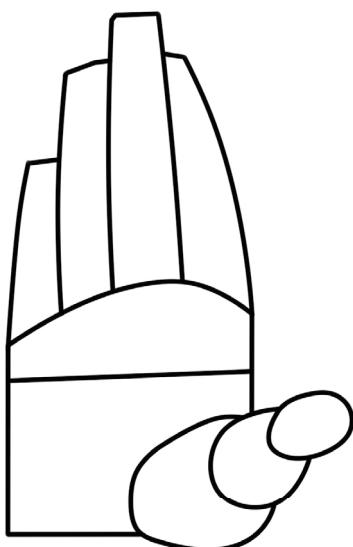
7 Divide the fingers into 4 parts. The point is to draw the little finger a little thinner.



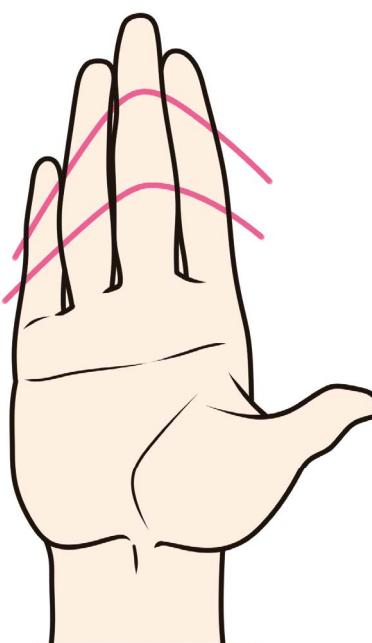
8 Make fingertips. Although there are individual differences, the index finger and ring finger are almost the same height.



9 Draw two circles on your thumb. The finger is divided into three parts, and the third part is in the palm (the circle drawn in 6).

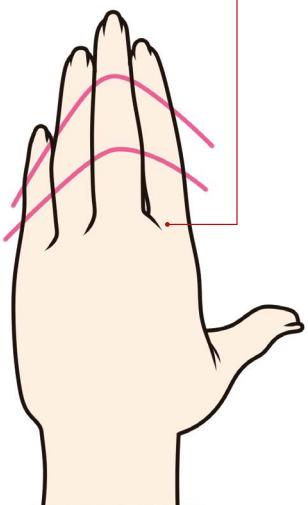


10 The draft of the hand is now complete.



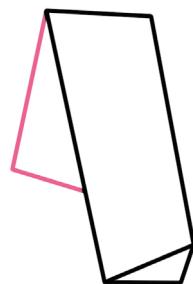
11 The red lines represent the joint positions of each finger. If you make the joints, it will look like it.

The crotch of the finger is longer on the instep side



The silhouette is the same as the palm side

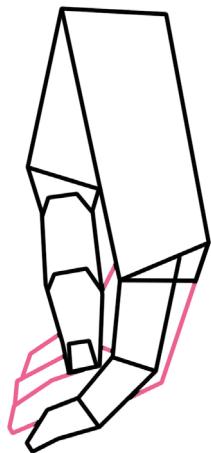
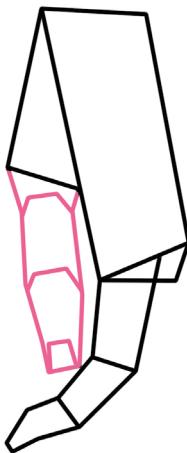
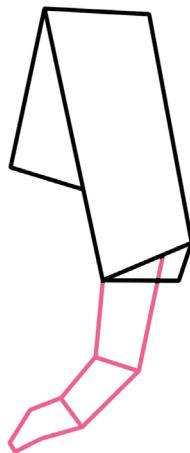
LESSON 2 Draw the Back Side of the Hand 1



① Draw a trapezoid as shown above.

② Draw a triangle on the base of the trapezoid. This will be the ground surface of your finger.

③ Draw a triangle at the base of the thumb.

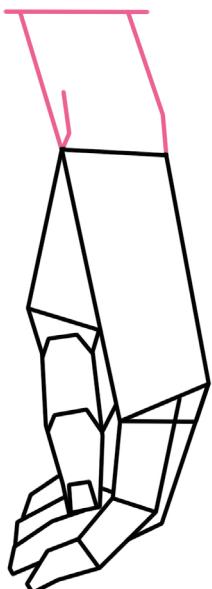


④ Draw the index finger. Draw the fingers so that each part becomes a trapezoid.

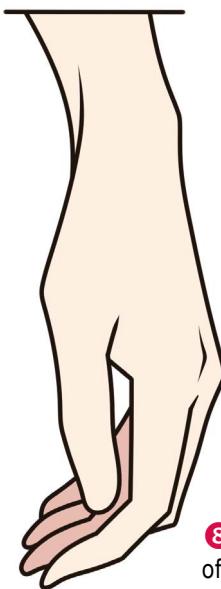
\*See page 70 for finger shapes

⑤ Draw the thumb. The point is that at this angle, the fingers are facing near the front.

⑥ Draw the little finger from the middle finger. The point is to draw the index finger at a different angle.

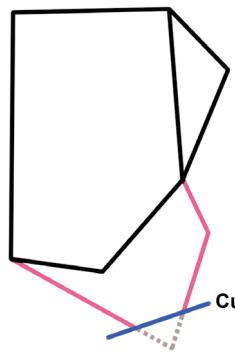
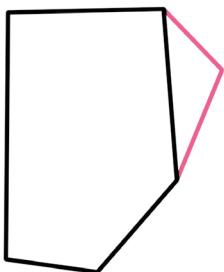
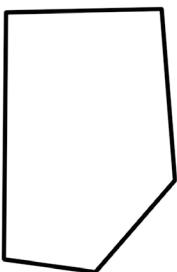


⑦ Draw the arm. Arms and insteps look natural if they are slightly curved rather than straight.



⑧ Draw the details on the base of the overlap and it's complete.

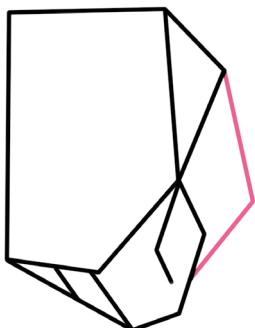
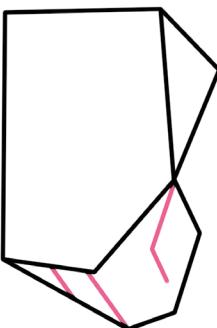
LESSON 3 Draw the Back Side of the Hand 2



① Draw a slightly distorted pentagon that will be the back of the hand.

② Draw a triangle at the base of the thumb.

③ Draw a finger silhouette.



④ Split the fingers. If you draw the index finger from the top of the pentagon, you can draw it in a well-balanced manner.

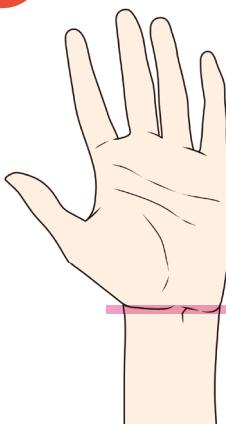
⑤ Draw the thumb.

⑥ Draw details on the base of the stroke to complete.

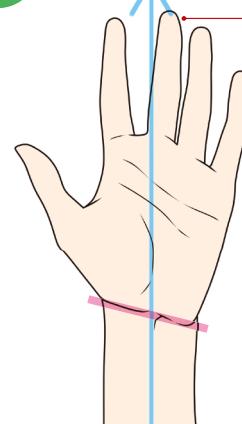
How to Attach the Hand

It is often thought that the hand connects to the wrist in a horizontal line, but in fact it is slightly angled toward the little finger. Make sure that the center of your wrist is the same as your middle finger.

NO!



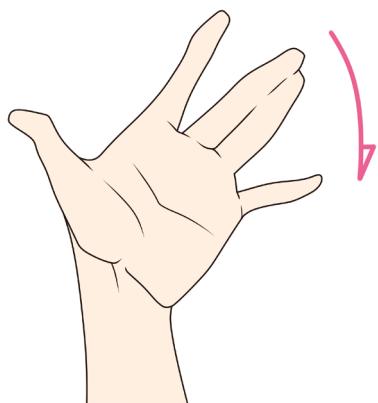
OK!



When you open your hand naturally, the distance between the middle finger and the ring finger becomes closer

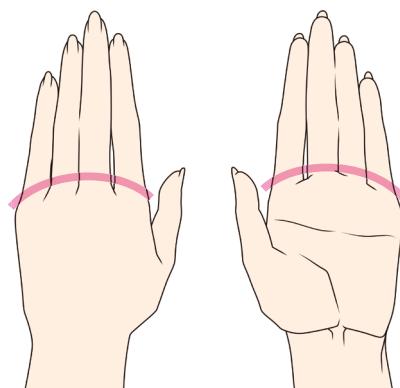
## Wrist Range of Motion

When the wrist is moved from side to side, the little finger side bends a lot, but the thumb side does not bend much.



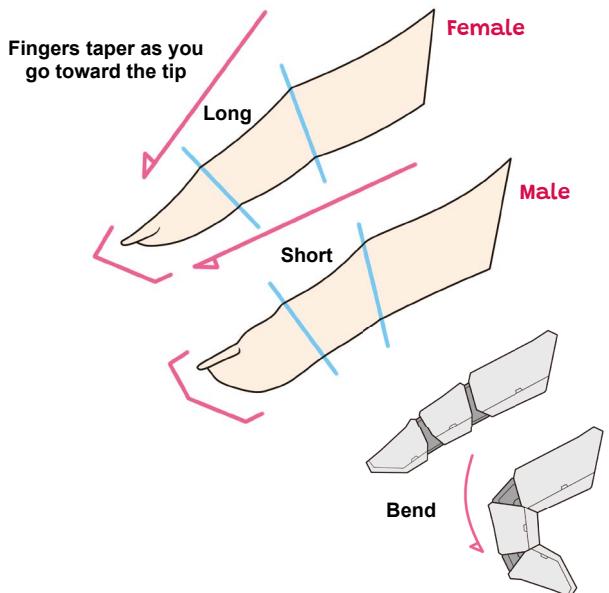
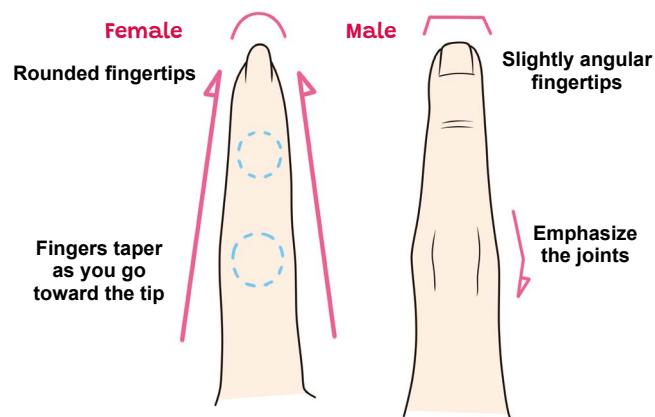
## How to Attach the Fingers

The length and shape of the index, middle and ring fingers are almost the same. The middle finger looks the longest but it isn't actually true.



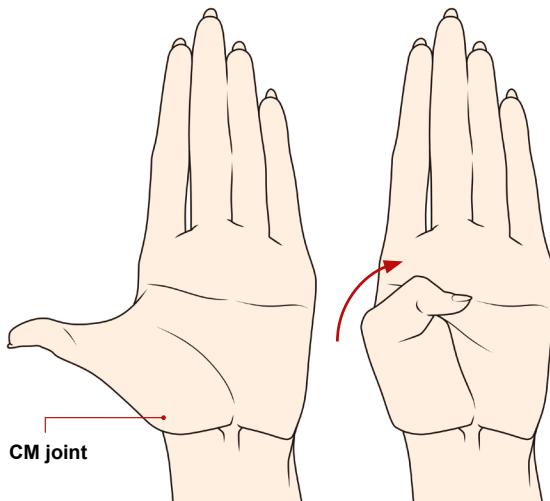
## Finger Shape

Fingers taper towards the tip. The instep side is warped and the flat side is bulging. If you want to draw masculine fingers, create a flat surface on the tip and emphasize the joints.



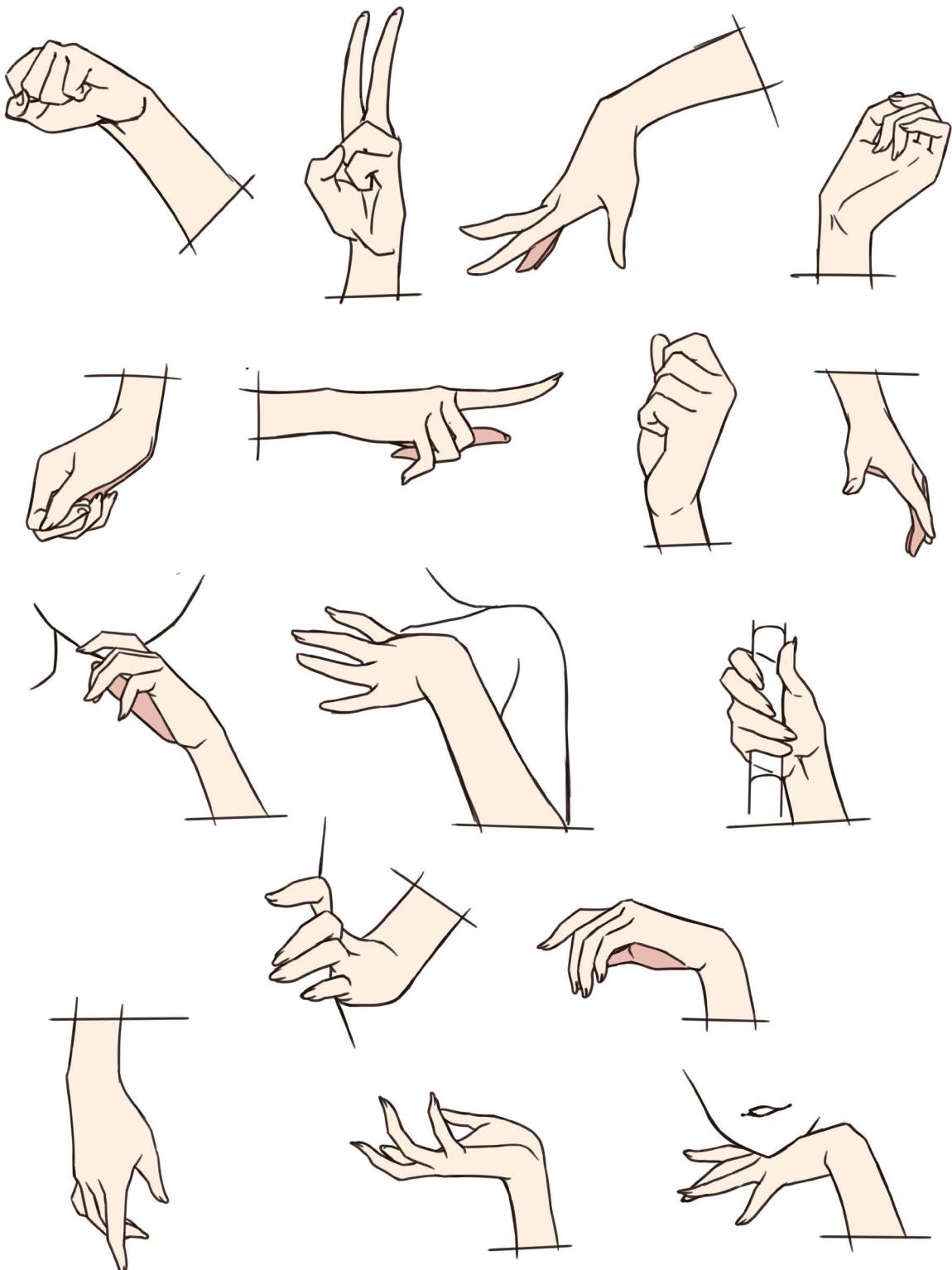
## Range of Motion of the Thumb

The thumb can be bent to the palm side by bending from the joint at the base of the thumb called the CM joint.



## Collection of Hand Poses

Here are some hand shapes that I often draw when drawing characters, so if you are in trouble, try to imitate them. I think it's also good to imitate the hand of your favorite artist, or take a picture of yourself and use it as a reference.

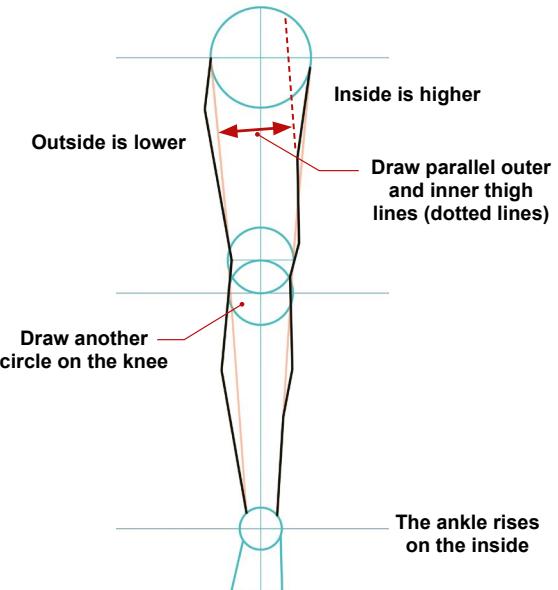
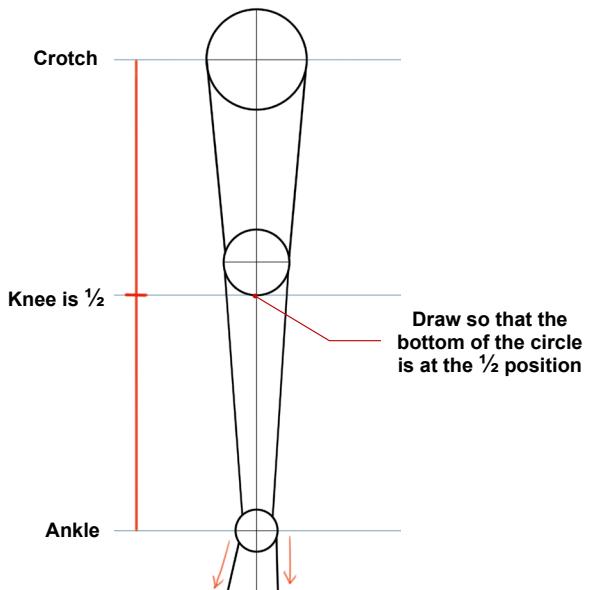




# How to Draw the Legs

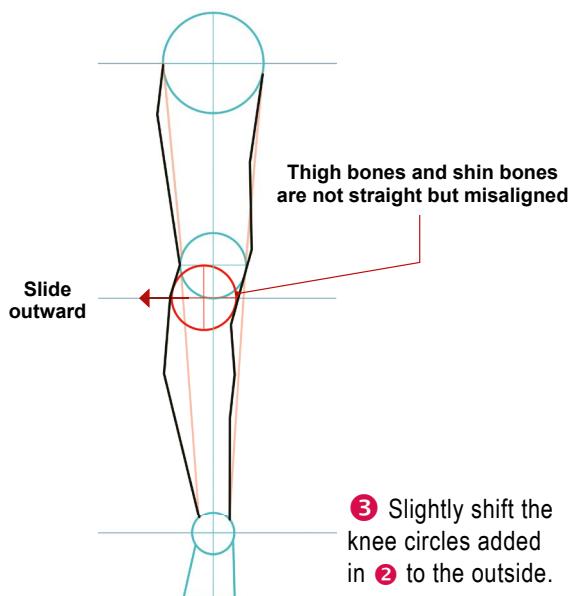
Once you are comfortable drawing the arms, you can easily learn to draw the legs. The basics of the arms and legs are the same and the proportions are the same. The cause of confusion lies in the positional relationship between elbows and knees. The elbows are on the back side and the knees are on the front side, so I just think that they are separate parts.

## LESSON 1 Draw the Front of the Legs

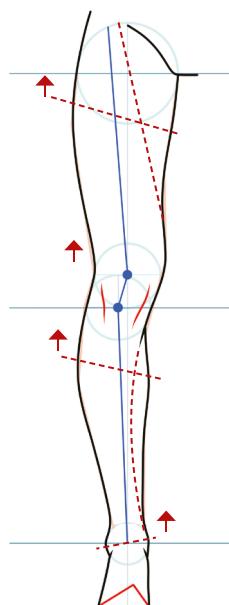


① Draw the front of the right leg. Draw smaller circles at the crotch, knees and ankles.

② Draw bulges on the inside and outside in the same way as when drawing the arm. Do not add curves to the lines at the stroke stage.

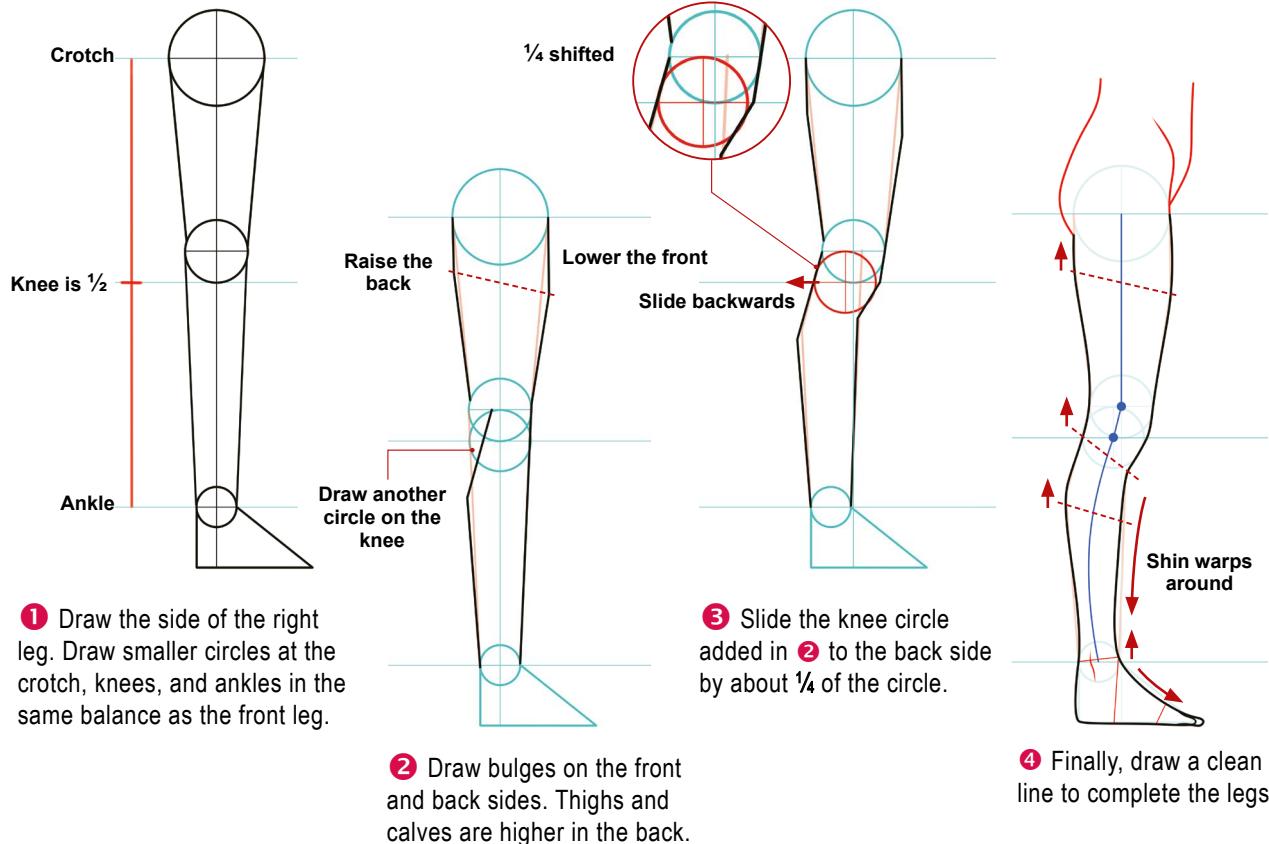


③ Slightly shift the knee circles added in ② to the outside.



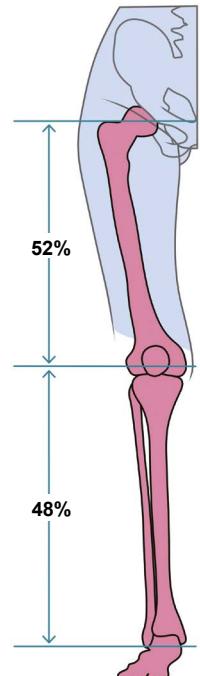
④ Finally, draw clean lines to complete the legs. I will explain the legs below the ankles in "Day 18 (page 78)."

## LESSON 2 Draw Sideways Legs



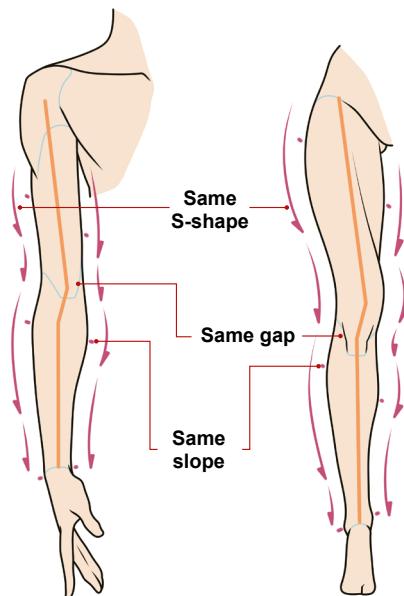
### Knee Position

The knee should be placed at about  $\frac{1}{2}$  of the length of the leg.



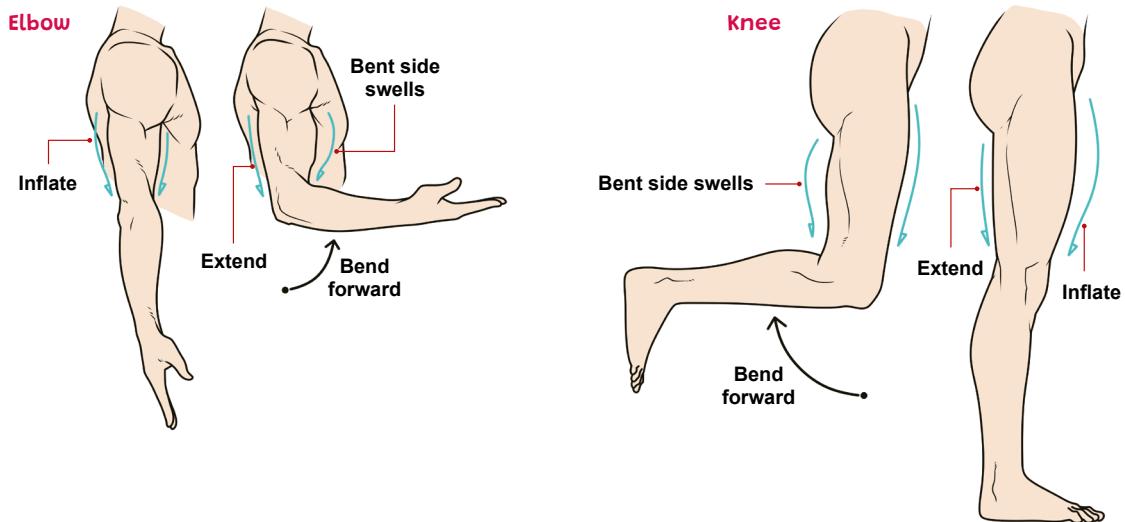
### Arms and Legs are the Same Shape

Arms and legs are made of almost the same shapes. In other words, if you can draw arms, you can also draw legs.



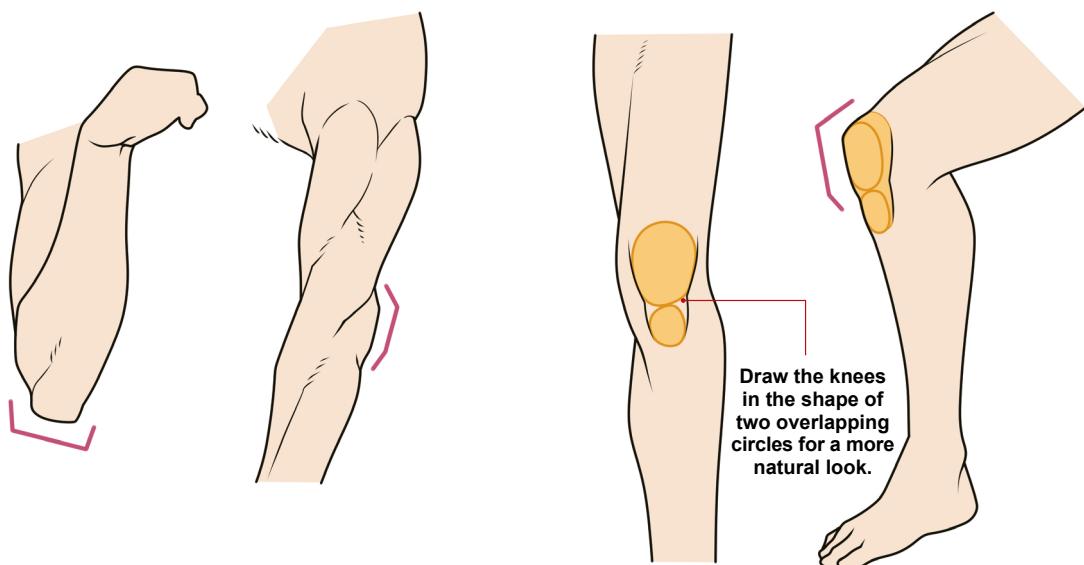
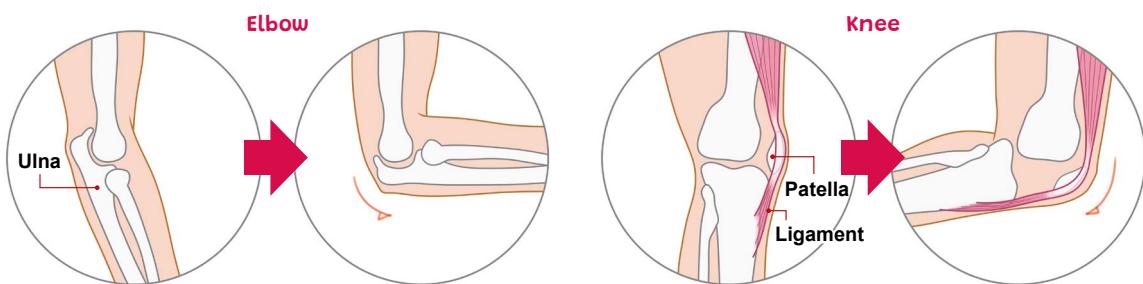
## Elbows and Knees Function the Same

When you bend your arm or leg, the bent side bulges and the other side stretches, so the bulge becomes smaller.



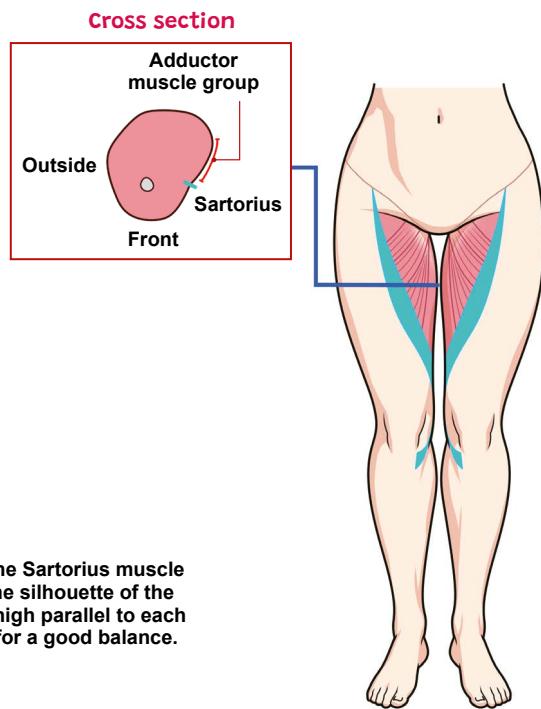
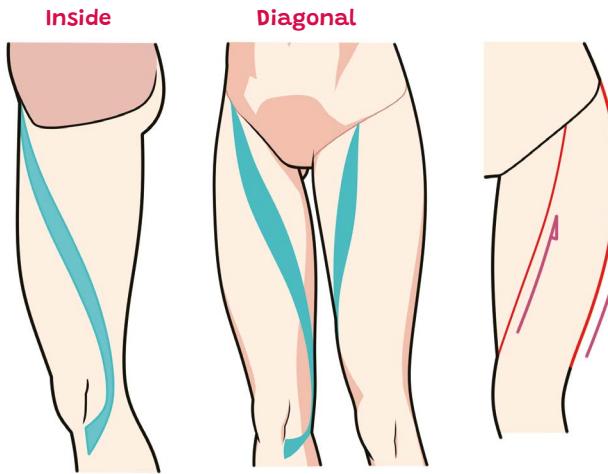
## Elbow and Knee Shape

The elbow is part of the forearm (ulna). When you bend it, it follows your forearm, which changes the position of your elbow. When you bend your knees there is a similar effect. Here, the patella (knee cap) and the shin bone are connected by a ligament, so when the knee is bent, it is pulled toward the shin and the position of the knee changes.



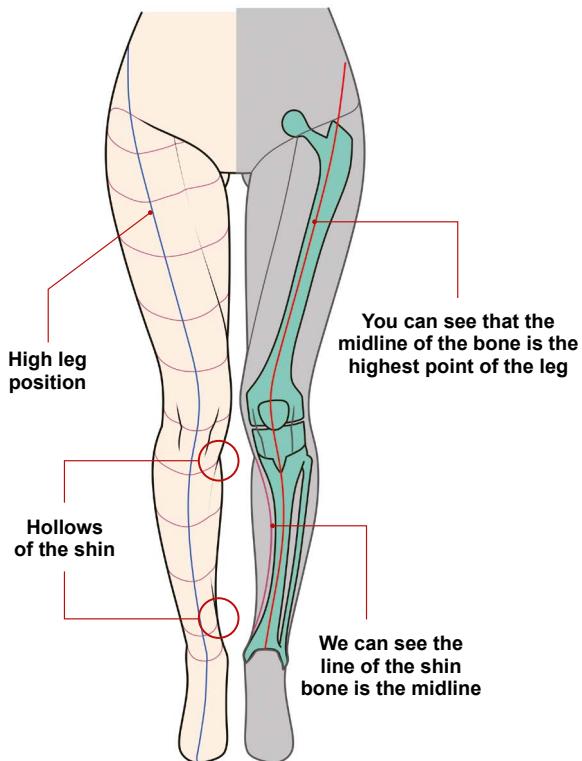
## Sartorius and Adductor Muscles

In Lesson 1 ② (page 72) you drew the outer line and the dotted line parallel to each other, and this dotted line represents the Sartorius muscle. There is a muscle called the adductor muscle group on the inside, and there is a step on the border of this Sartorius muscle. In the case of realistic drawings, lines and shadows are added here.



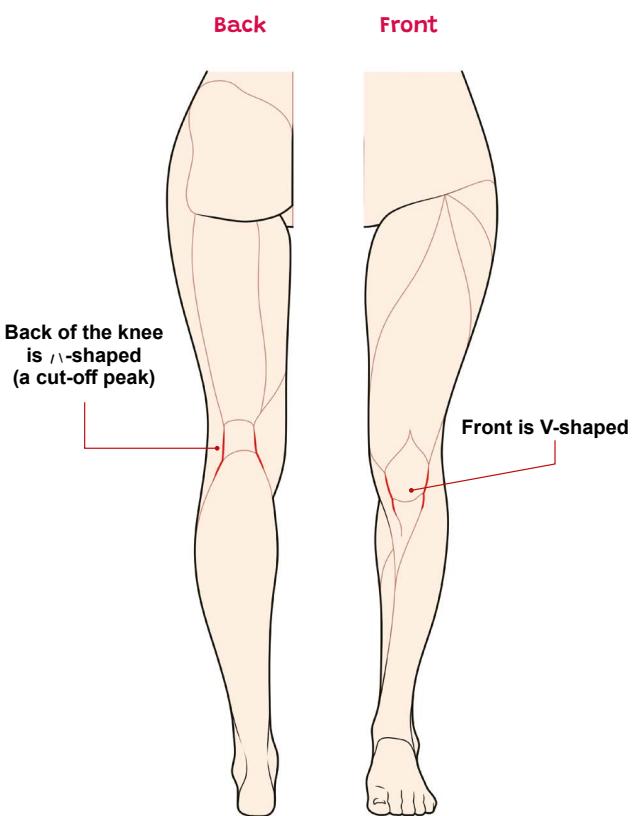
## Center of Leg

When you look at the leg from the front, the highest point is where the bone is. The shin bones are exaggerated a little, but it will be easier to draw if you remember that the calf muscles are inside the bones.



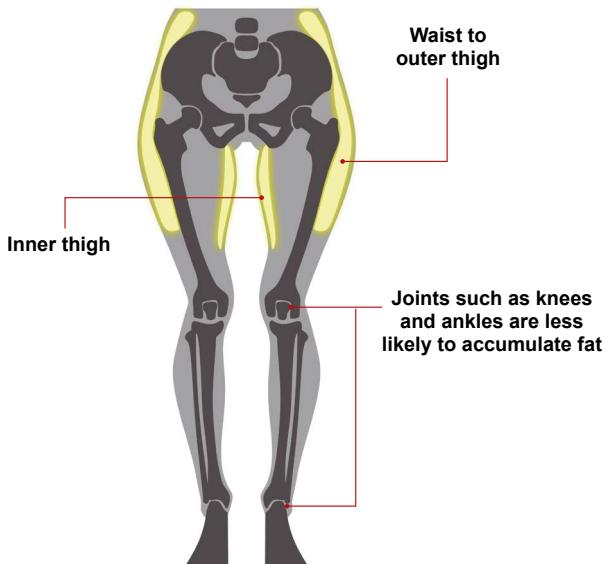
## Front and Back of Shin

The shin line is V-shaped on the front and V-shaped on the back, and the back is slightly higher.



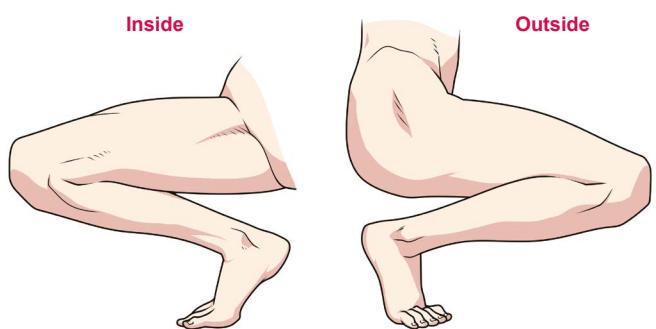
## Places Where Fat is Likely to Accumulate

For women, fat tends to accumulate from the waist to the outside of the thighs. Fat also accumulates around joints such as knees and ankles.



## Bent Leg Shape

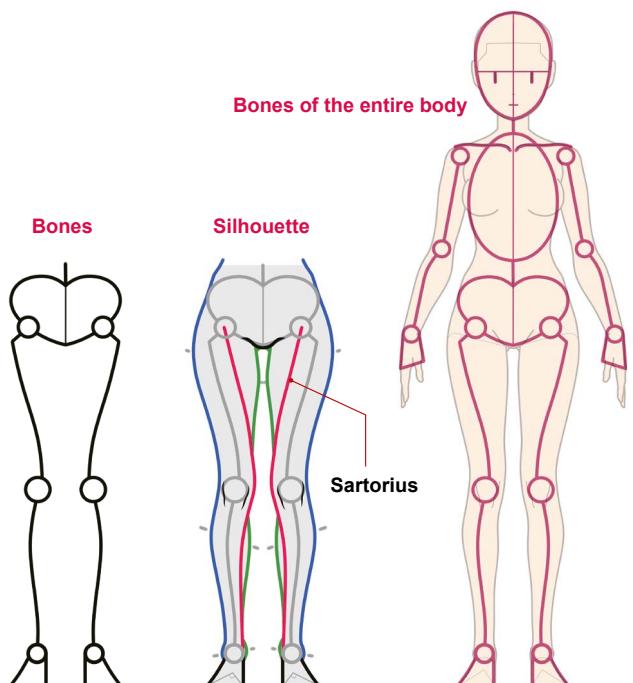
Notice the anteroposterior relationship between the thigh and calf when the leg is bent and viewed from the side. The thigh lines up on the inside, and the shin lines up on the outside. Please note that there is a difference in depiction between the inside and outside like this.



## Leg Bones

If you draw the leg bones on a human figure as a series of circles and lines, it will look like this.

Once the leg bones are done, let's look at the bones of the entire body again. Don't make it complicated, first be conscious of being able to draw with simple symbols, and gradually flesh out from there.



## FEATURE Difference Between Real Life and 2D

There is almost no difference between real and 2D legs. In real life, half of the leg from crotch to ankle ends at the knee, but in 2D the shins are a little longer, so if you draw half of the leg from crotch to the ankle, the balance will be better.

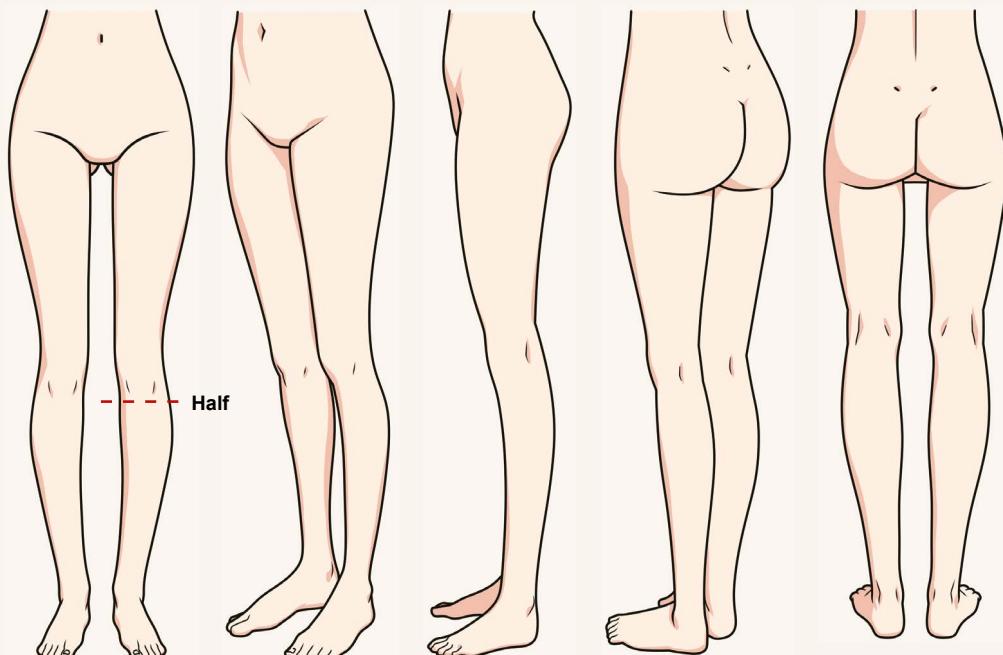
### Key Point

2D has a short torso, so the position of the crotch is a bit higher. If the knee position is the same in the drawing as it is in the real one, the thighs will be longer and the legs will look short. Therefore, the balance is achieved by raising the knee position and lengthening the shins.

Real



Two dimensions

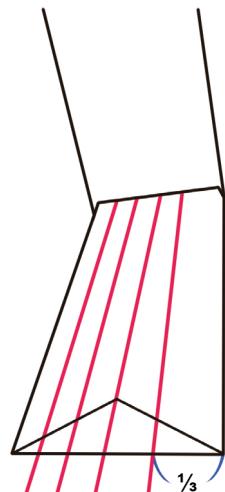
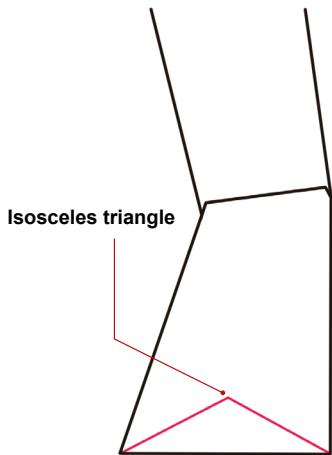
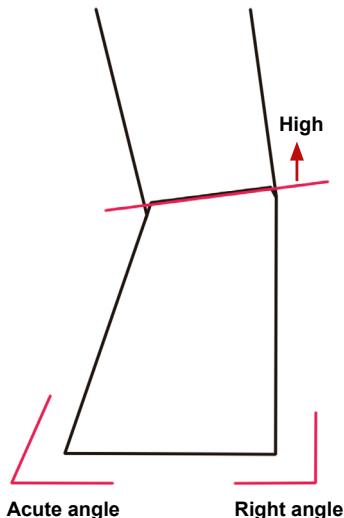




# How to Draw the Feet

Once you can draw the legs, you should move on to the feet. If you can draw a silhouette of bare feet, you will be able to easily draw shoes. First, I will explain how to draw using overlapping shapes in a rough sketch.

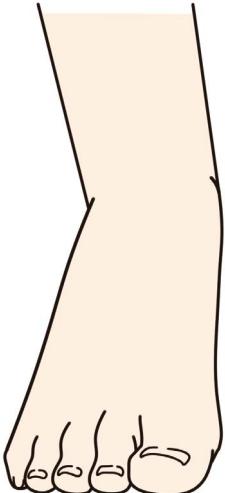
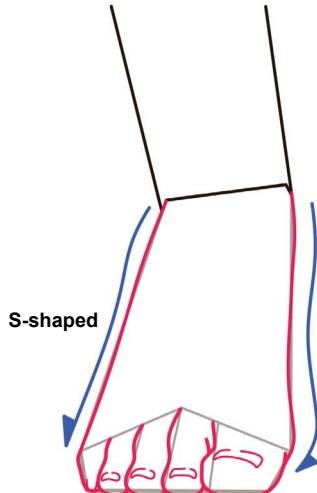
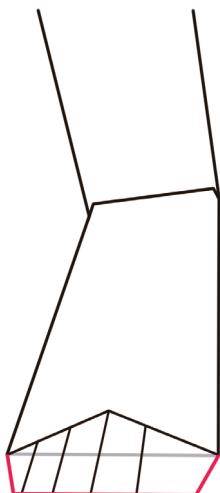
## LESSON 1 Draw the Front of the Legs



① Draw a silhouette as shown above.

② Draw rough sketch with an isosceles triangle.

③ Place your thumb on  $\frac{1}{3}$ . The point between the index finger and the middle finger is the position of the apex of the isosceles triangle drawn in ②.

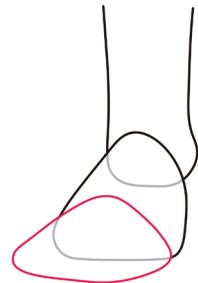
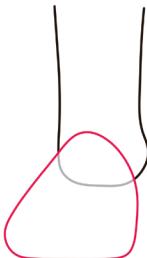
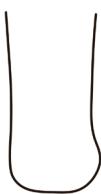


④ Draw and add the trapezoid.

⑤ Adjust the shape according to the overlap.

⑥ Make a clean reproduction and you are done.

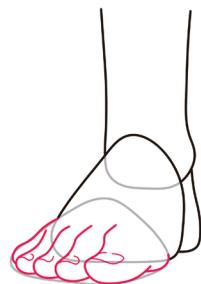
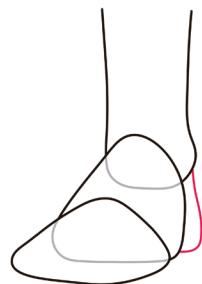
## LESSON 2 Draw the Angled Foot (inside)



① Draw the ankle as shown in the picture above.

② Draw the top of the foot with the image of drawing a rounded triangle.

③ Draw the toes.



④ Draw and add the heel.

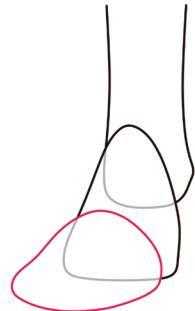
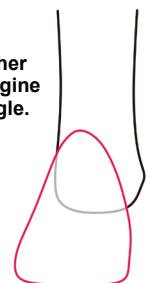
⑤ Draw the toes based on the mark drawn in ③.

⑥ Make a clean reproduction and you are done.

## LESSON 3 Draw the Angled Foot (outside)



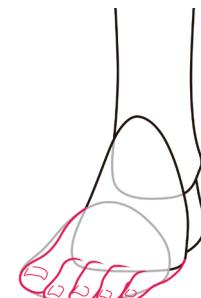
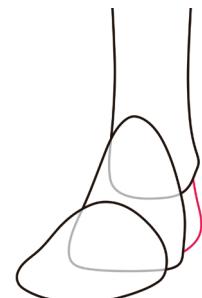
The top of the foot is higher on the big toe side, so imagine a slightly elongated triangle.



① Draw the ankle as shown in the picture above.

② Draw the top of the foot with the image of drawing a rounded triangle.

③ Draw the toes.



④ Draw and add the heel.

⑤ Draw toes based on the mark drawn in ③.

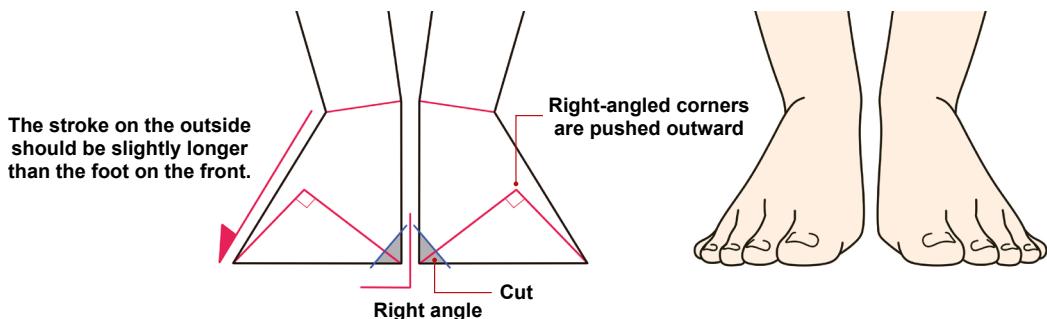
⑥ Make a clean reproduction and you are done.

## Foot Direction

The direction of the foot can be drawn differently by changing the lines of the trapezoid.

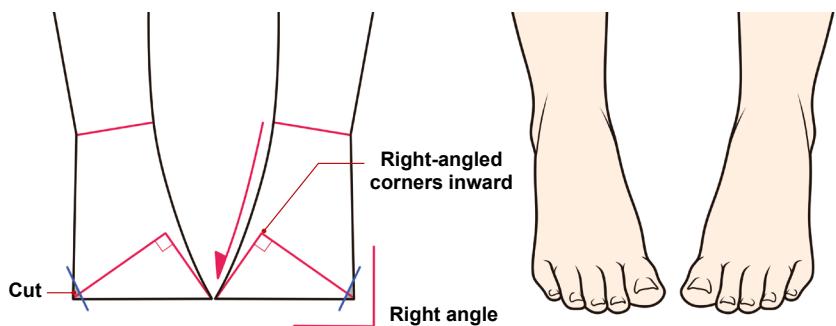
### Outward-facing feet

For the outward-facing foot, the inner line is drawn vertically down, and the outer line is stretched outward to draw the stroke. The stroke of the toes can be drawn in a well-balanced manner by drawing the apex of the triangle so that it is on the outside.



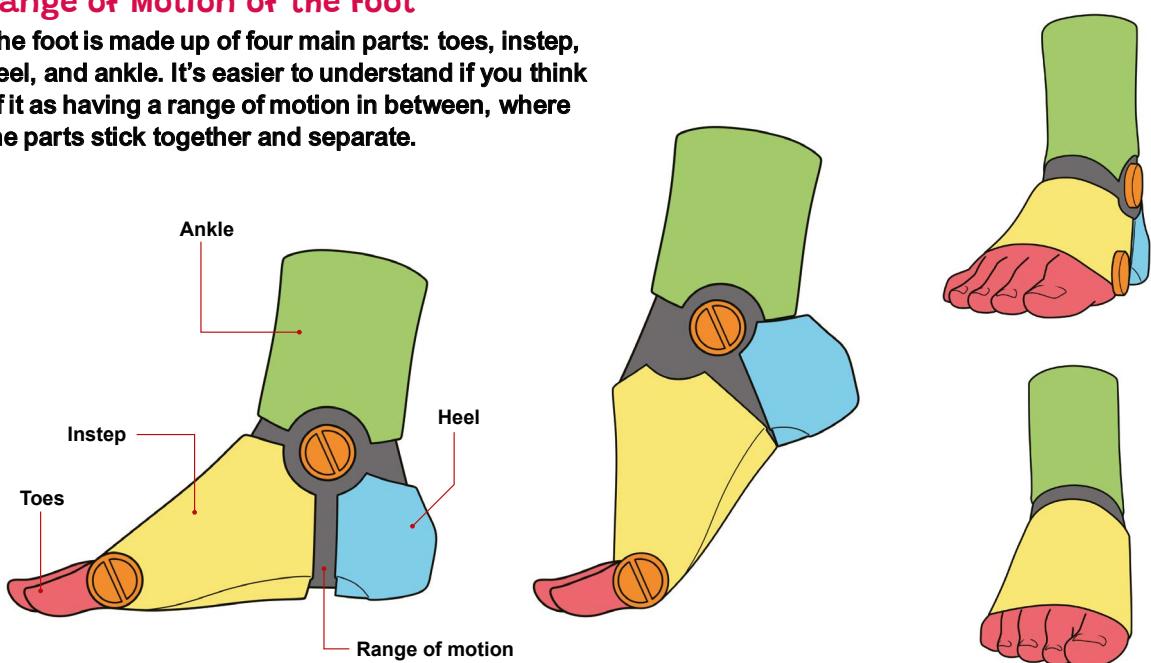
### Inward feet

For the inward foot, the outer line is drawn vertically down and the inner line is extended outward to draw the stroke. The stroke of the toes can be drawn in a well-balanced manner by drawing the apex of the triangle so that it is inside.



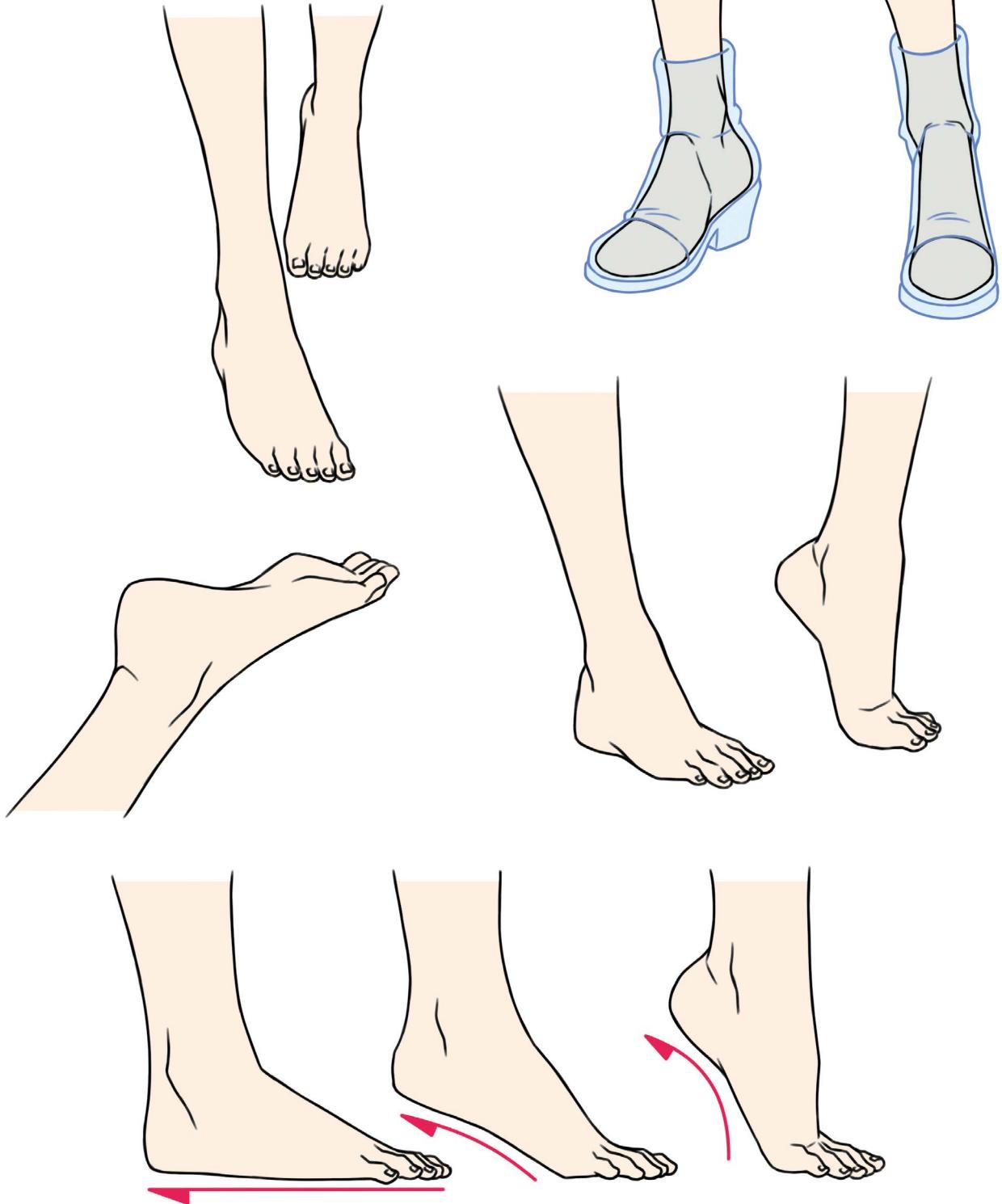
## Range of Motion of the Foot

The foot is made up of four main parts: toes, instep, heel, and ankle. It's easier to understand if you think of it as having a range of motion in between, where the parts stick together and separate.



## Collection of Foot Poses

When expressing femininity, you can also show the personality of the character by the angling the legs inward. Here is an example of some poses. Please try to imitate and draw them as well as you drew the poses of the hand.

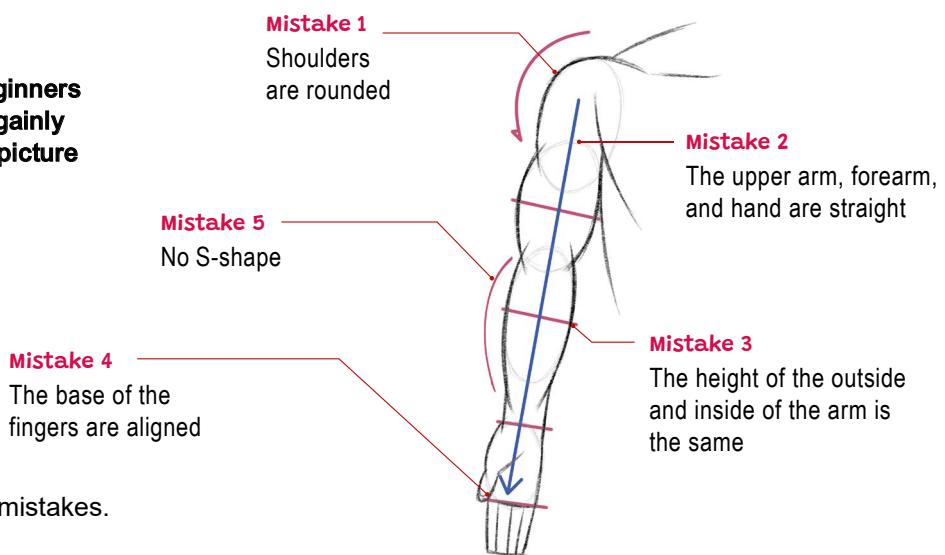


# How to Fix Arm Mistakes

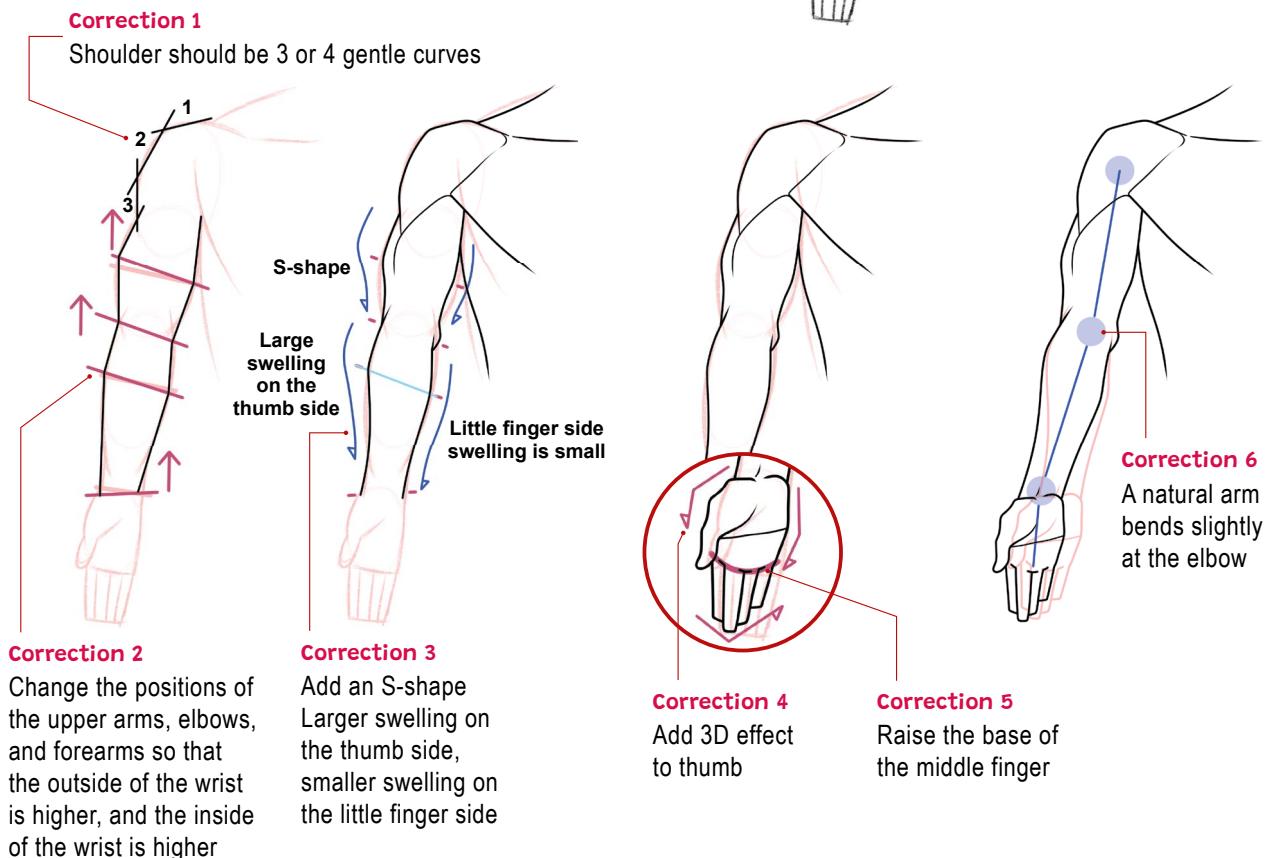
Today, let's take a look at some common arm mistakes. Now that you have learned to draw limbs, you will have noticed some inconsistencies. Arms and legs have the same structure, so if you notice differences in the arms, you should also notice the same differences in the legs.

## Common Mistakes

A common mistake that beginners often make is having an ungainly puffy arm, as shown in the picture on the right.



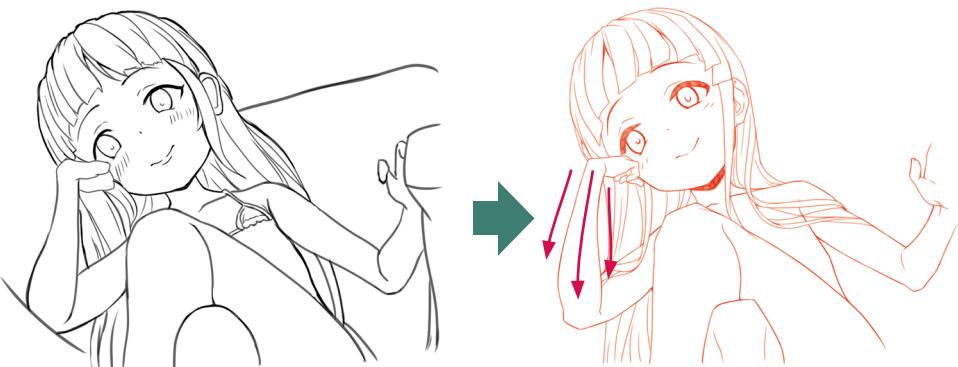
Here is how to correct the mistakes.



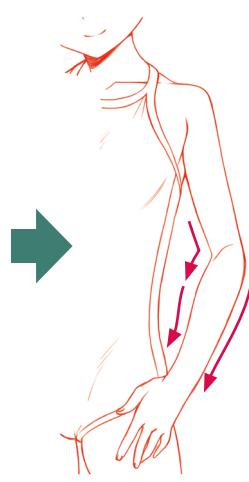
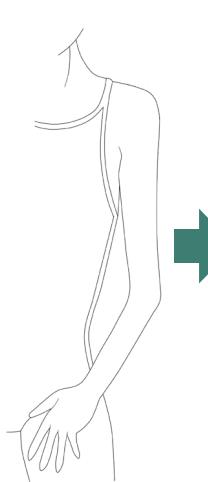
## Common Mistakes

Next, we will list some common mistakes and how to correct them. Refer to the facing page for the methods.

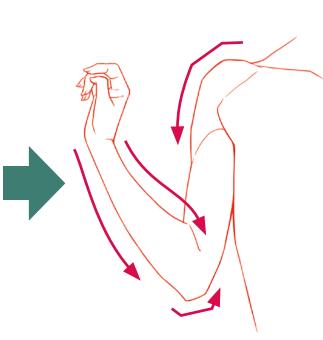
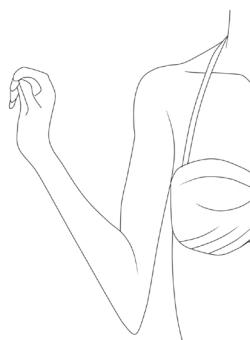
Example 1



Example 2



Example 3



Congratulations on your progress!

Understand the difference in arm and leg lengths, and be conscious of the S-shape.



That's it for this week. Take a break for 2 days!

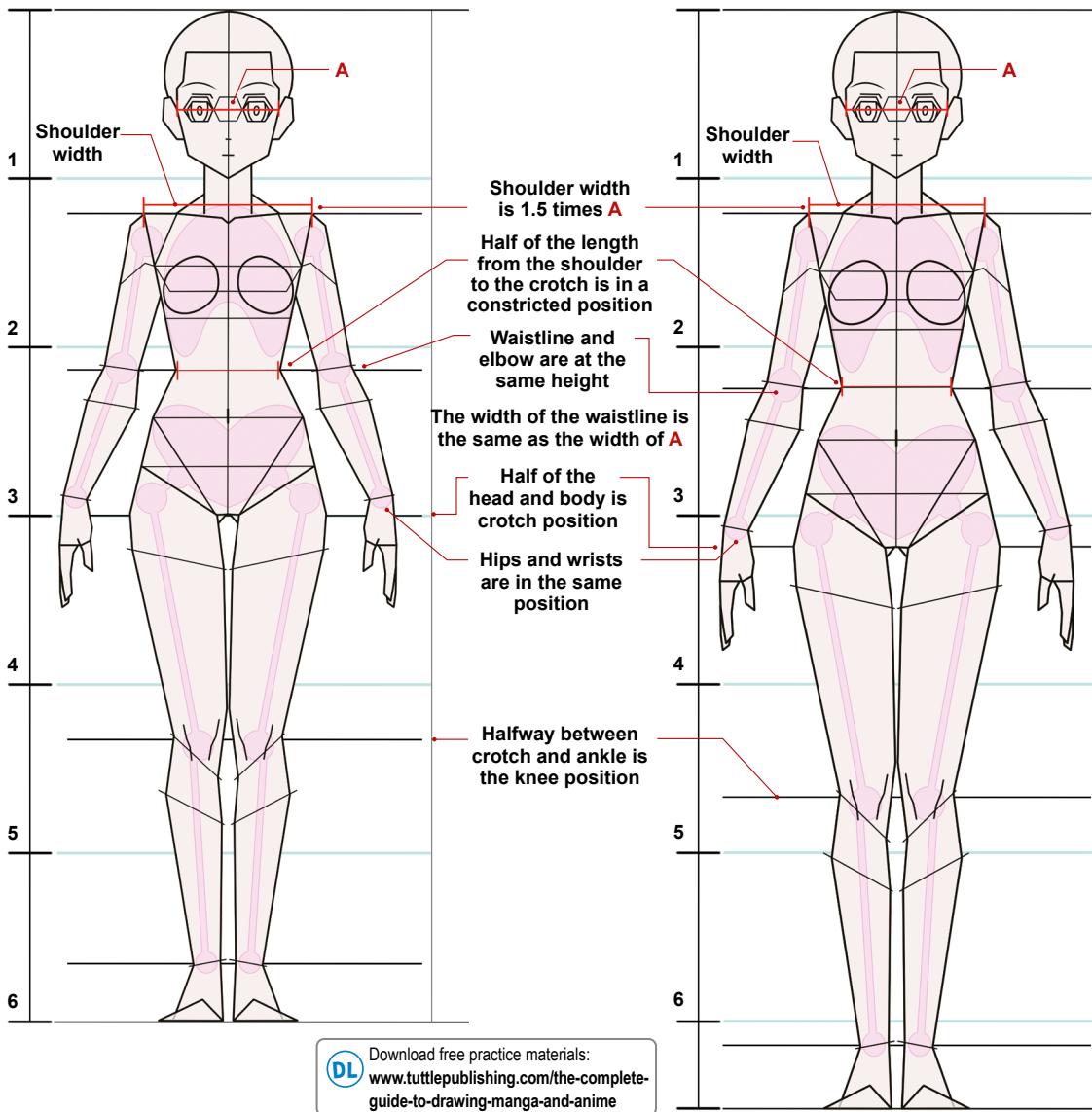


# The Front Balance of the Whole Body Drawing

By the third week, I explained how to draw the head, body, and limbs. In the fourth week, I will explain how to draw a standing picture that combines each of these elements. First, let's use the "Balancing Guide for the Human Body" to observe the balance of the front view standing figure.

## Balance Between 6 and 6.5 Heads

In this book, we mainly explain proportions using 6.5 heads as a guide, but the balance will be the same even with 6 heads. First of all, compare the two drawings below.

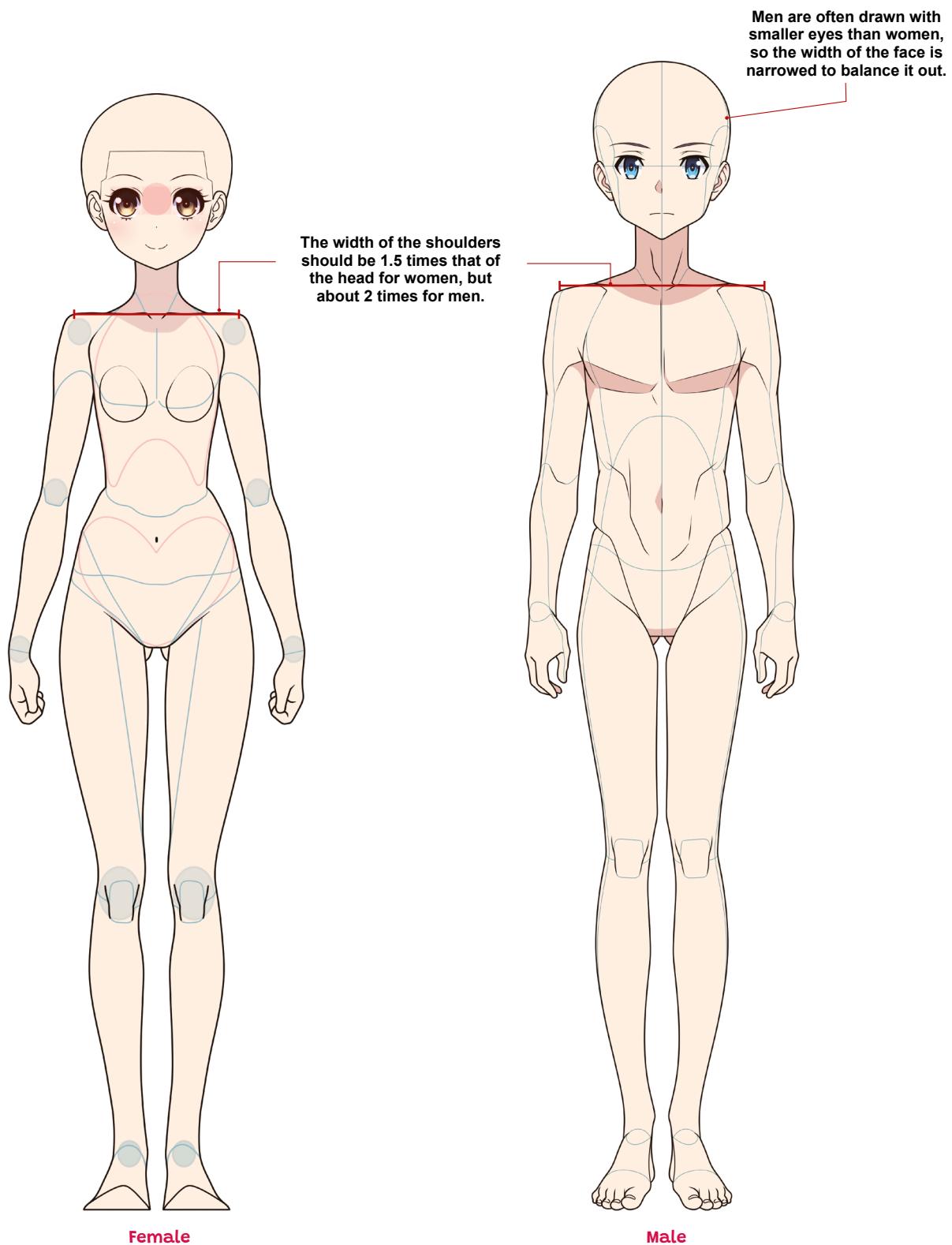


6 head and body

6.5 head and body

## 6.5 Head-To-Body Character

Based on the balance on the left page, the drawing below shows male and female characters. There are some differences in width, but the vertical balance is the same. The differences between men and women are explained in the Day 11 lesson (page 54).

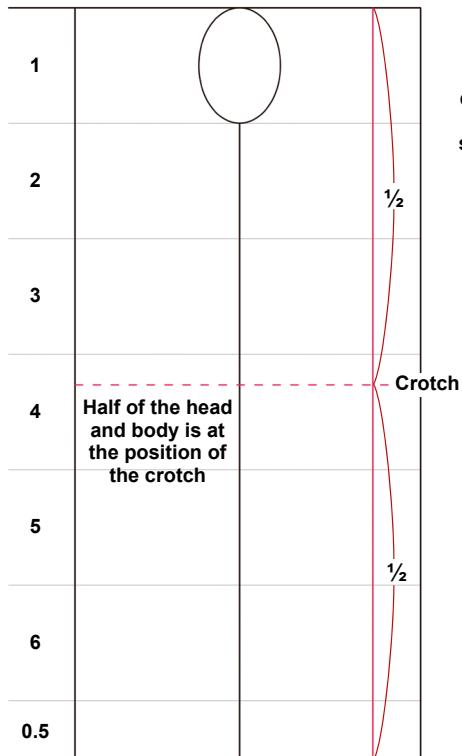




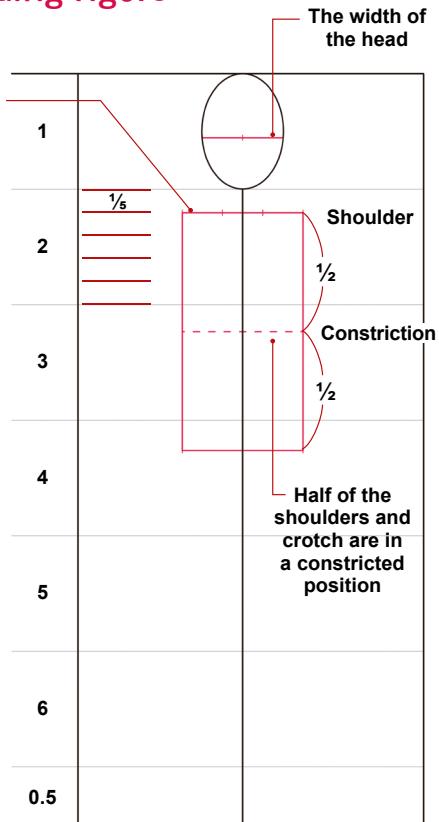
# Understanding the Front Balance

Now that we have covered the balance of the head and body, let's draw a rough sketch. These are the basics you should be able to master so you can better understand this balance.

## LESSON Draw a Rough Sketch of the Front Standing Figure



Keeping in mind the length of one neck, draw the shoulders down about  $\frac{1}{6}$  of the head and body. The shoulder width is 1.5 times the head



- 1 Draw the head.

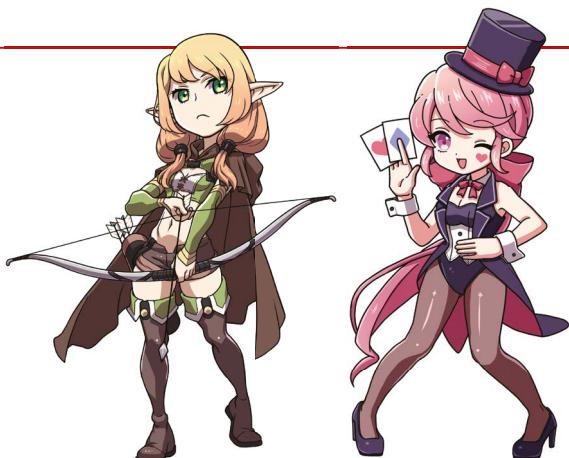


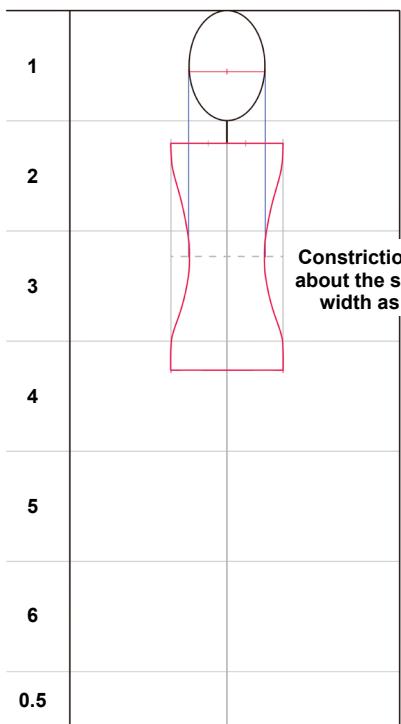
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[www.tuttlepublishing.com/the-complete-guide-to-drawing-manga-and-anime](http://www.tuttlepublishing.com/the-complete-guide-to-drawing-manga-and-anime)

- 2 Draw the body.

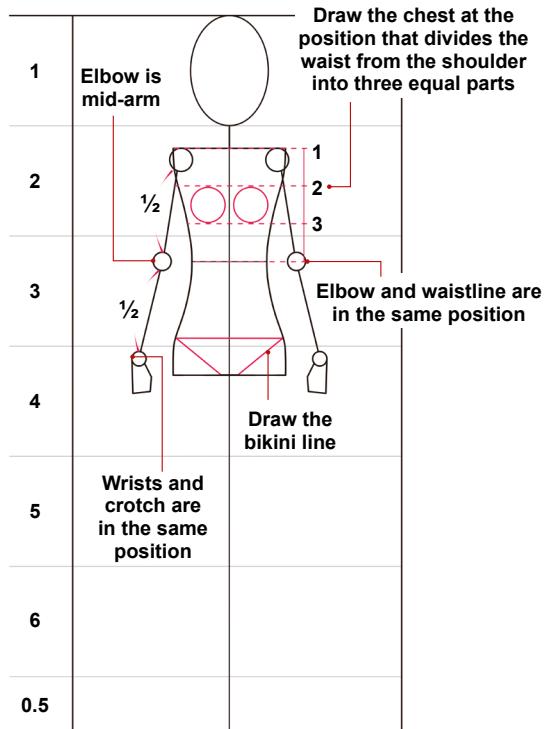
## Key Point

A measurement of 5.5 to 8 heads is often used when drawing people who have the same balance. Please note that these basics do not apply to other fantastical characters that have 2 heads or 3 heads and so on.

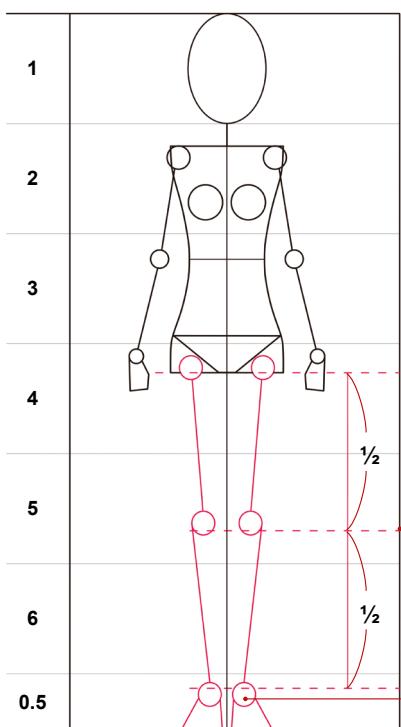




③ Draw the waistline.

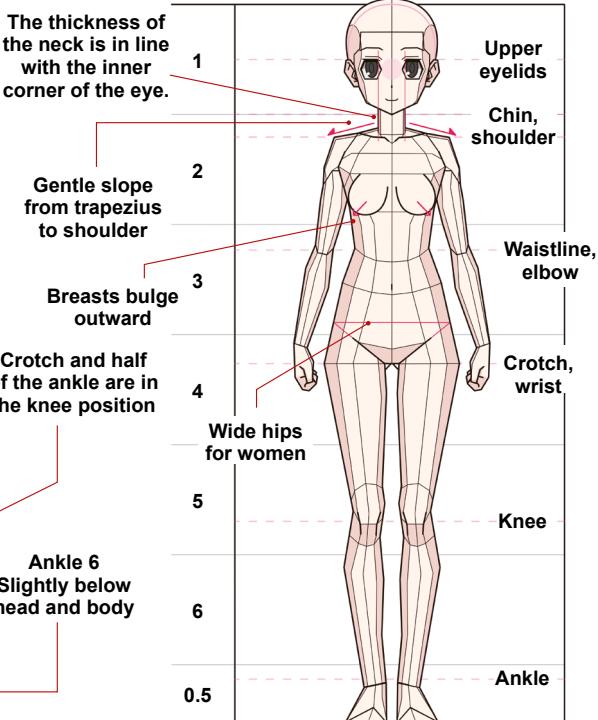


④ Draw the upper body.



⑤ Draw the legs to complete the sketch

Check the balance of the face on page 29



⑥ It will look like this when fleshed out based on the overlap. Memorize the position of the parts.

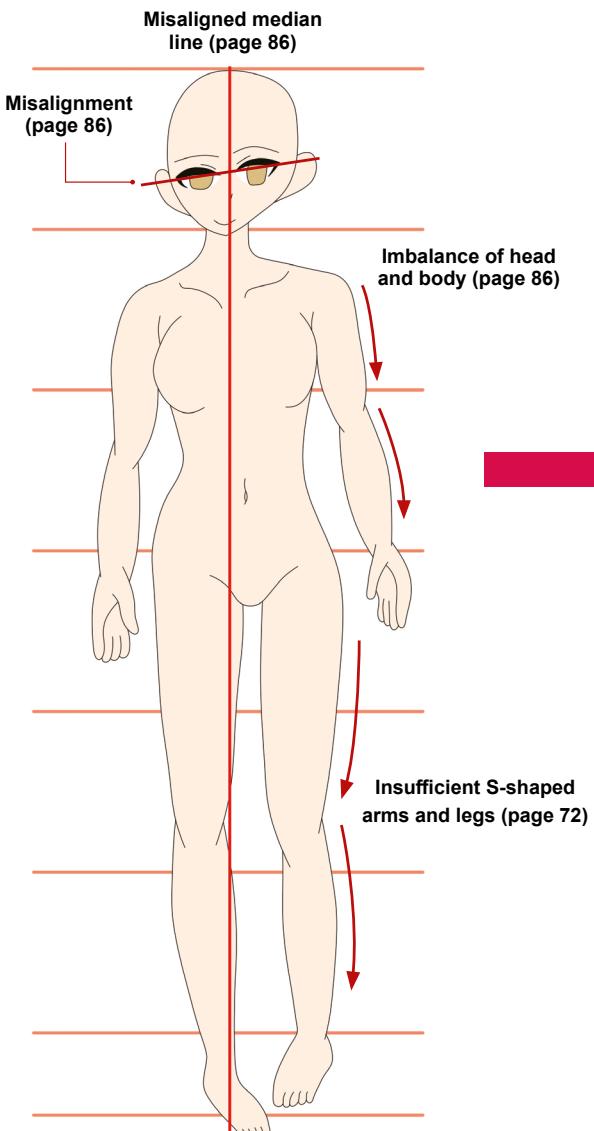
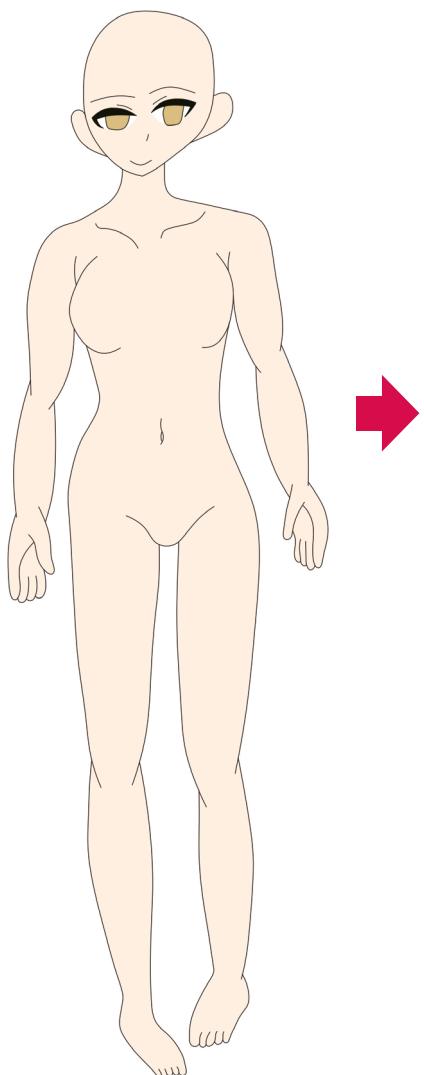


# Standing Front Drawing Review

You can now draw the balance of the 6.5 head and body. Now, let's review the standing picture that you actually drew. I'm sure you'll find something that's distorted or out of balance. These three days will be a review period. Repeat drawing and reviewing to remember the balance.

## Use Our Guide to Fix It

Look at the standing picture of a novice drawer. This portrait is full of common mistakes. First, let's find out what's wrong.



### Key Point

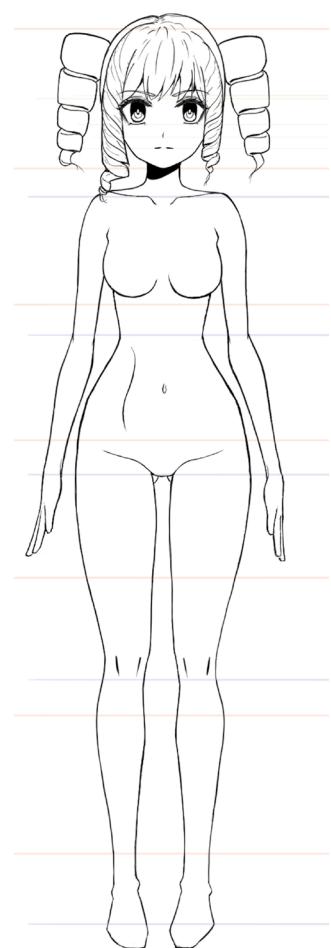
Let's take a look at the following points.

- ① Central line
- ② Inclination
- ③ Balance of head and body
- ④ S-shaped parts

The picture on the left page has been revised to the figure below. If you find something strange, go back to the previous commentary pages and try again.

## Congratulations on Your Progress!

The median line, tilt, and balance are drawn correctly



That's it for this week. Take a break for 2 days!



### Misalignment between midline and tilt

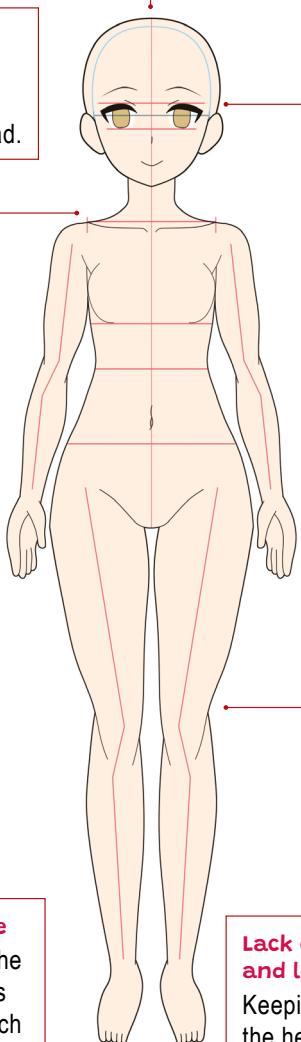
I drew the median line and the auxiliary lines of the inclination according to the picture, and fixed it so that the body was straight.

### Outline and head

Since the outline and the head are not connected, I fixed it to make the head a little bigger.

### Shoulder width

The shoulder width should be 1.5 times the width of the head.



### Head to body balance

I fixed the balance of the head and body such as the position of the crotch and the waist position.

### Lack of S-shaped arms and legs

Keeping in mind that the height of the outside and inside of the arm is different, redraw it to make an S-shape.



Basics

Human Body

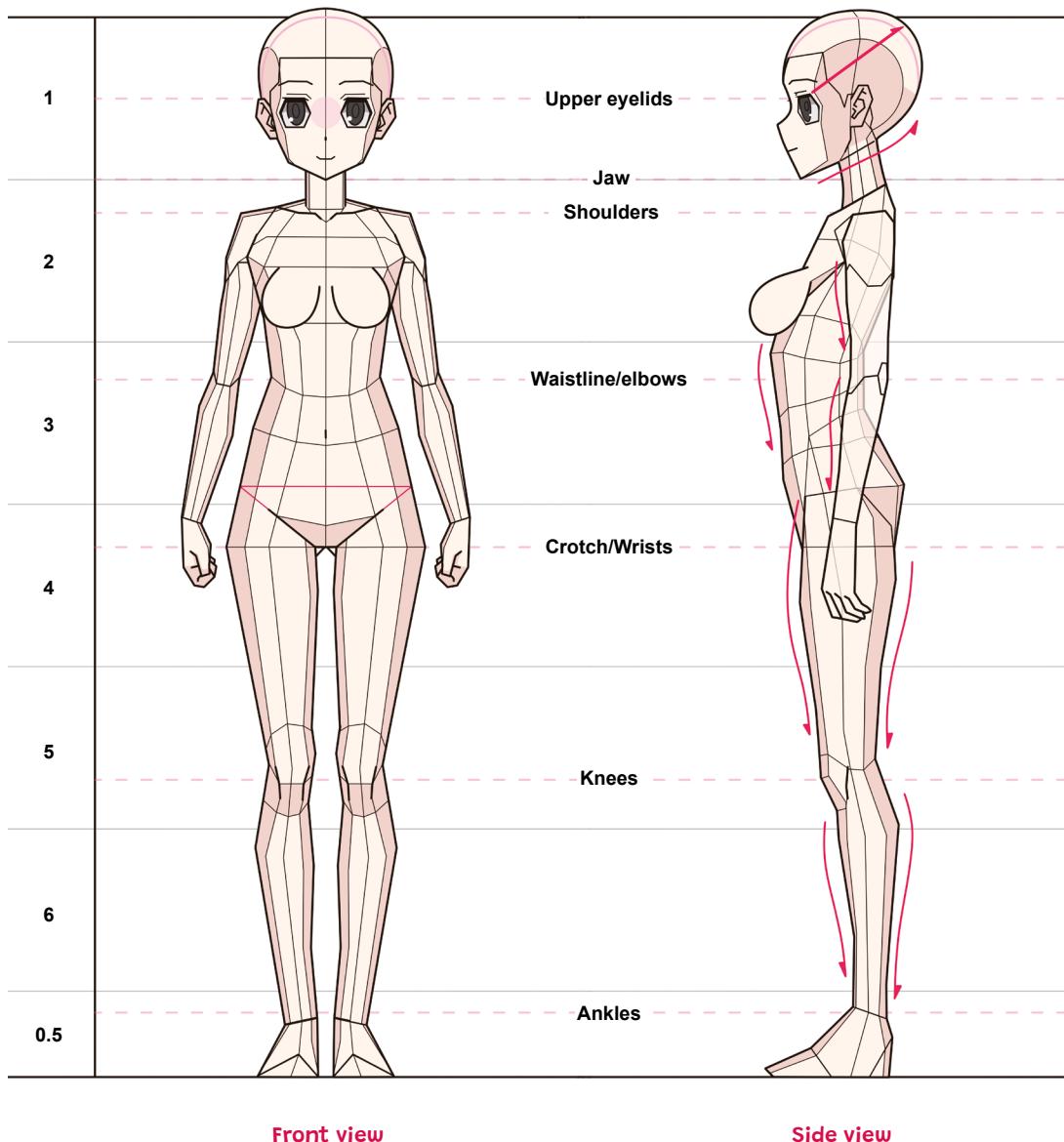
Permanence

# The Side View Balance of the Whole Body Drawing

In the 5th week, I will explain the sideways standing picture. The vertical balance is the same as the front, but the thickness of the body becomes important in the horizontal direction. In addition to the thickness, let's look at the S-shaped balance from the back to the waist and buttocks.

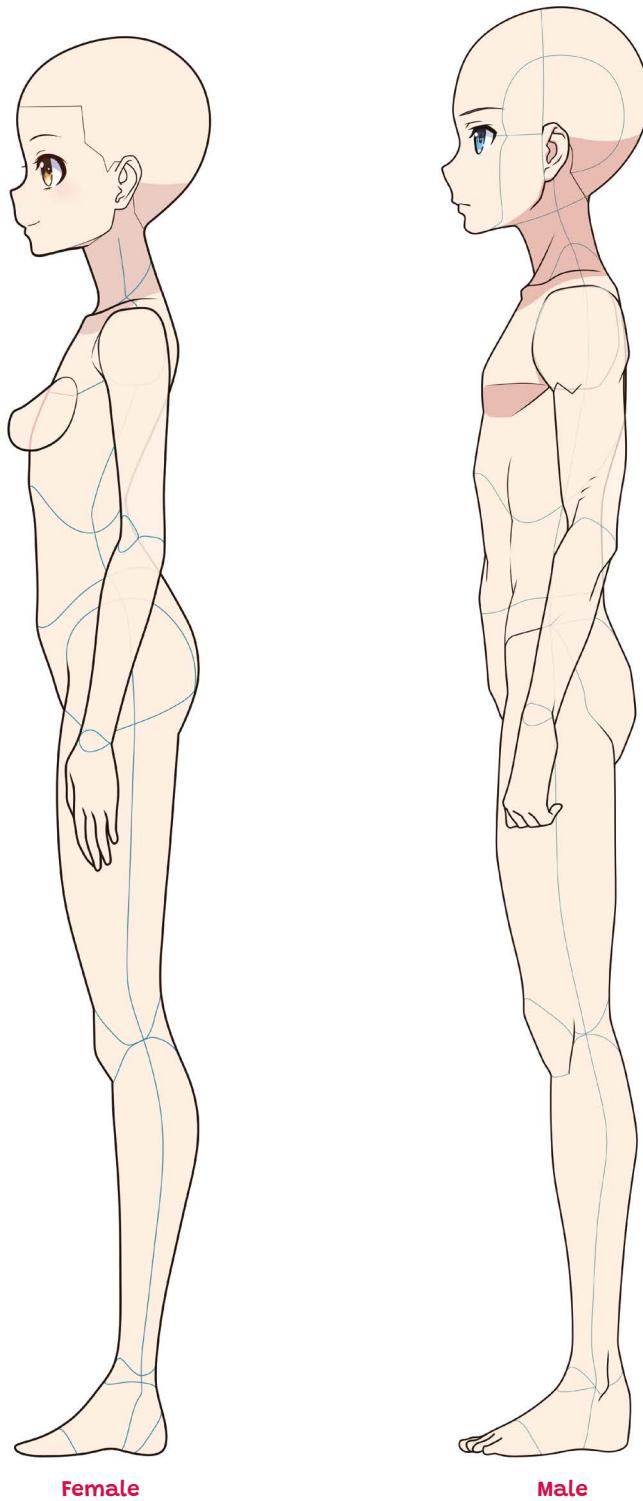
## Comparing Front and Side

First, compare the front and side view balance. The vertical balance is the same, so be careful not to shift while looking at the guide below.



## 6.5 Head-to-Body Character

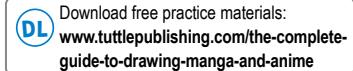
Based on the balance on the left page, the following figures show male and female characters.



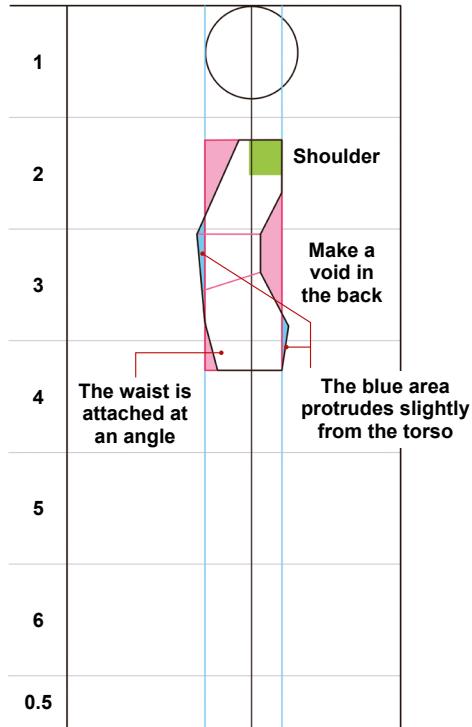
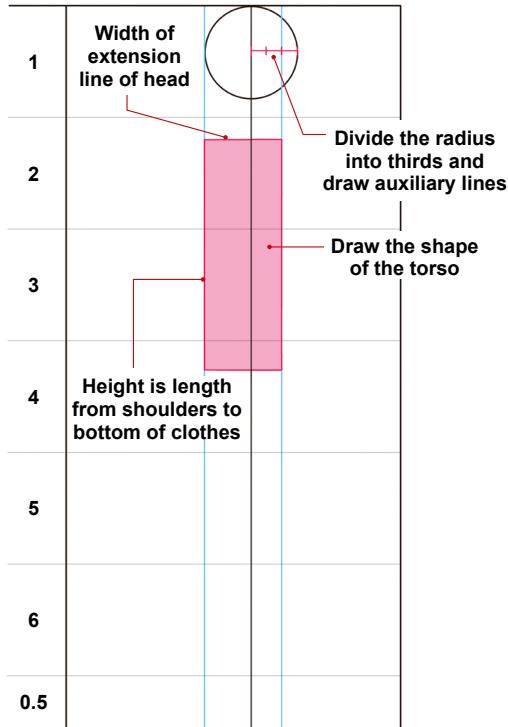


# Understanding the Side View Balance

Drawing the side balance will be a little more complicated than the front, but if you follow the steps, you will definitely be able to master it. These are basics, so repeat and remember this balance.



LESSON Draw a Side View Standing Figure

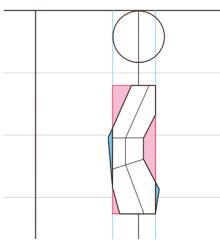


1 Draw a circle for the head and a rectangle (pink) for the body. Draw the head slightly smaller than the body.

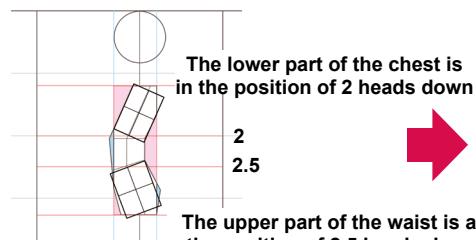
② Draw the details of the torso. Draw the body inside the square shape drawn in ①. Draw a straight line here.

## Key Point

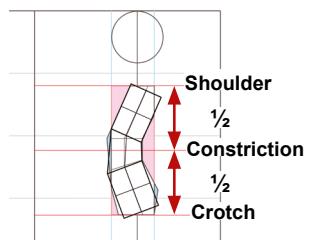
## Simple way of thinking about torso sketches



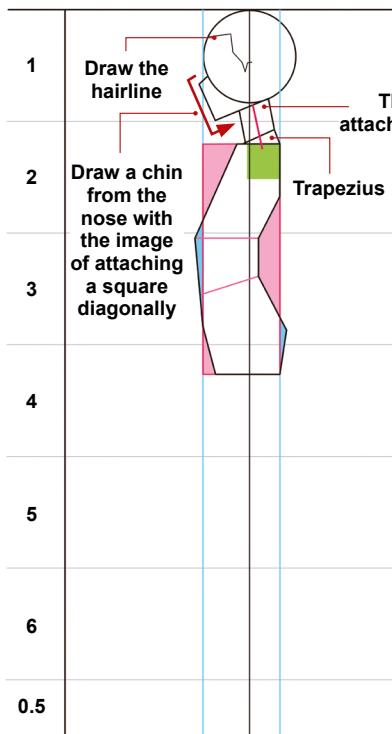
If ② is difficult, think of the chest and waist in a simple shape like a square.



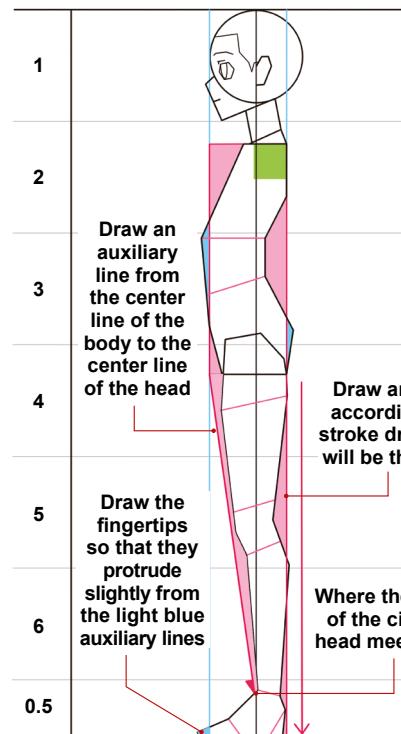
Draw squares diagonally so that the chest is tilted backward and lower back is tilted forward.



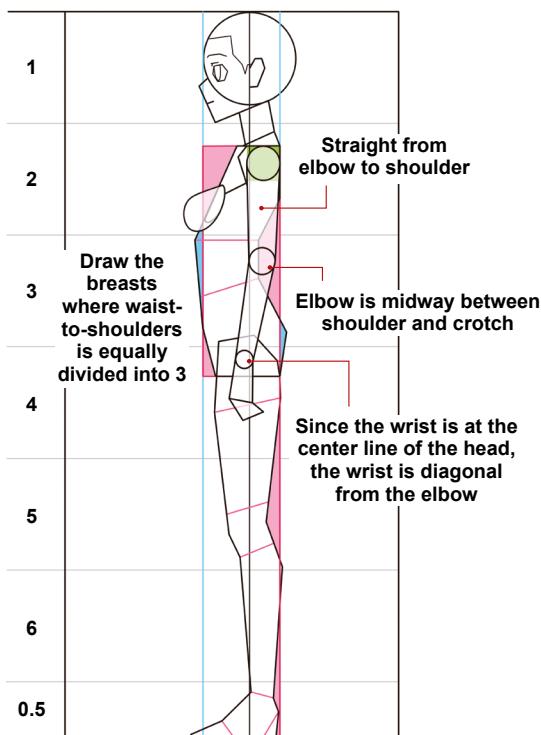
Draw the abdomen to connect the chest and waist. It's a good idea to stick out the buttocks and sternum from the pink torso.



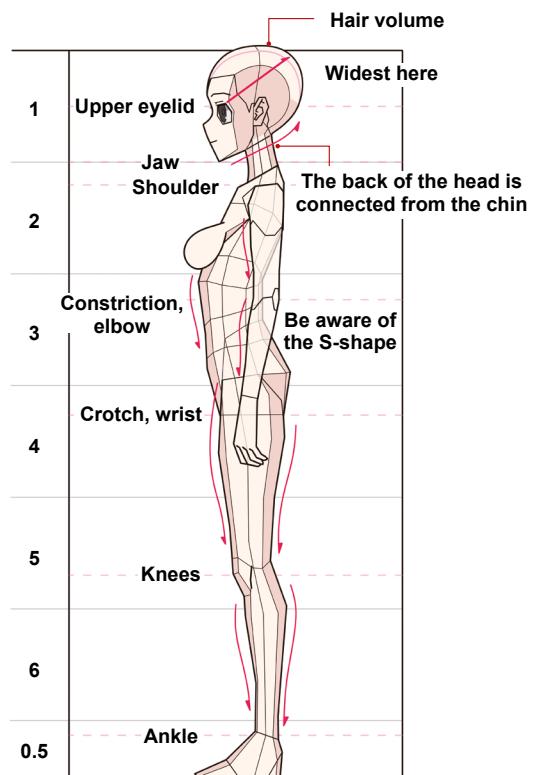
③ Draw the shape of the head according to the instructions above.



④ Draw the legs.



⑤ Draw the arm.



⑥ The figure will look like this when fleshed out. Be aware of the S-shape of the back, arms, and legs.

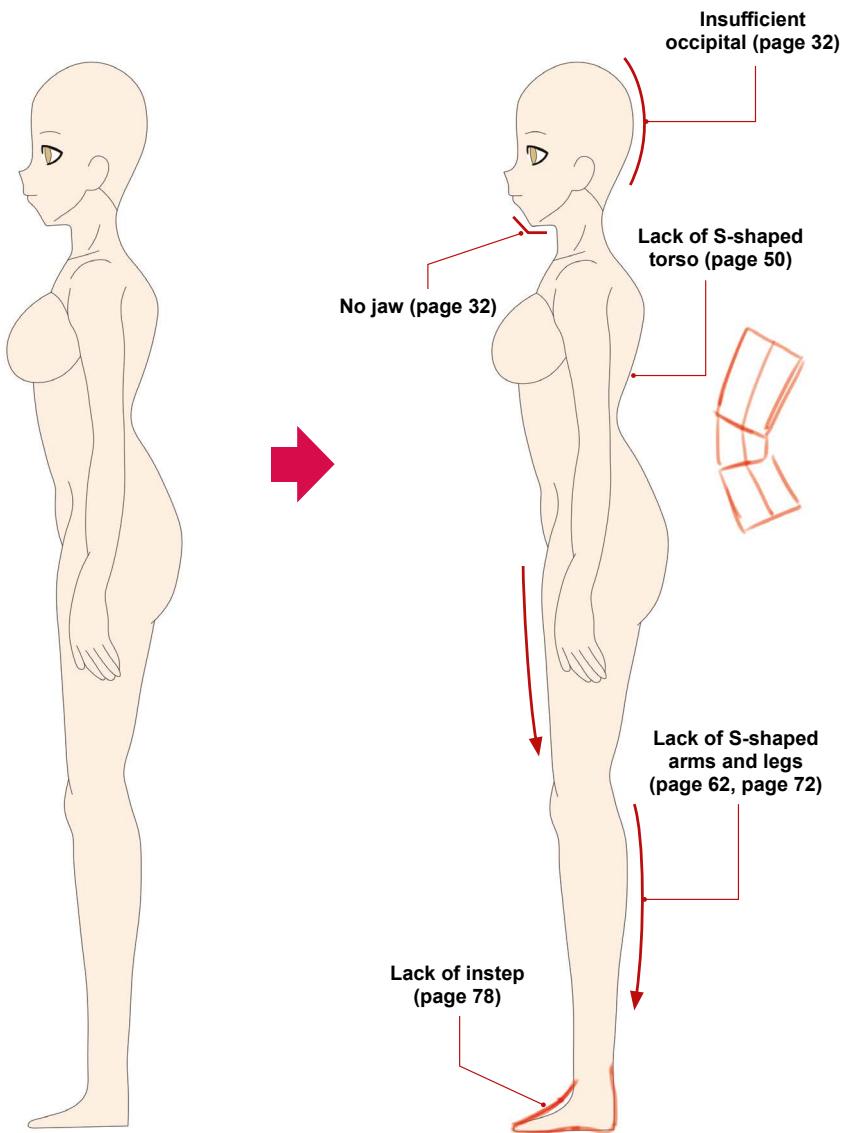


# Side View Drawing Review

Just like last week, please review the side portrait you actually drew. I'm sure you'll find something that's distorted or out of balance. These three days are a review period. Repeat drawing and reviewing to learn the balance.

## Use Our Guide to Fix It

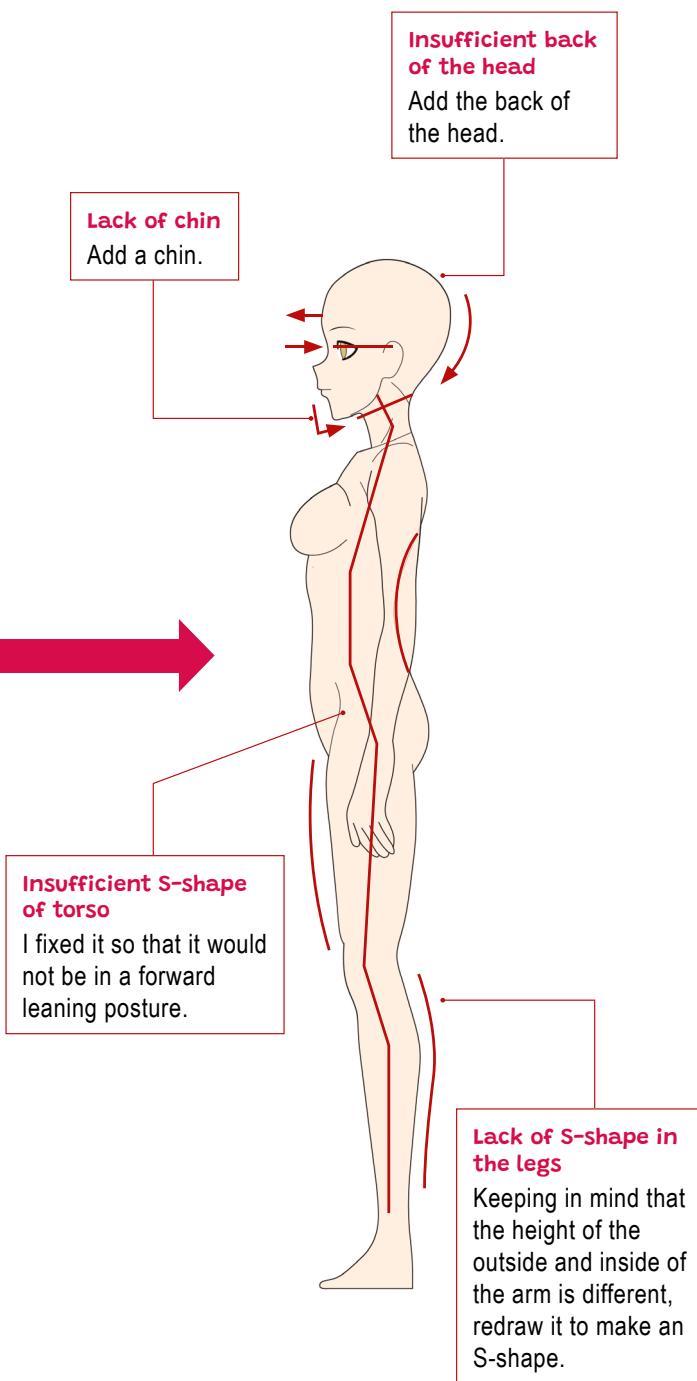
Take a look at the side portrait drawn by a drawing novice. This portrait is full of common mistakes. First, find out what's wrong.



### Key Point

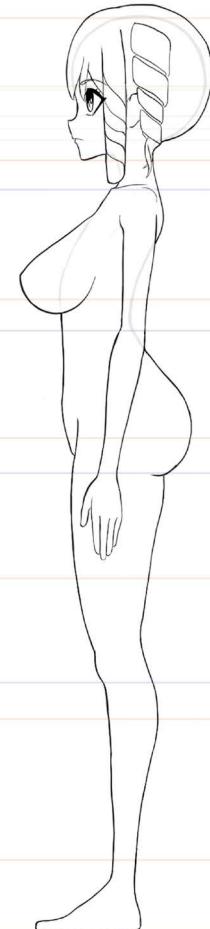
Among the four points to be aware of when facing sideways, pay particular attention to the S-shape. In addition, the width of the chin and the back of the head, which is difficult to understand from the front, are also points to watch.

The picture on the left page has been revised to the figure below. If you find something incongruous, go back to the previous commentary page and try again.



**Congratulations on your progress!**

In addition to being able to draw the balance correctly, the S-shape is fully incorporated.



That's it for this week. Take a break for 2 days!

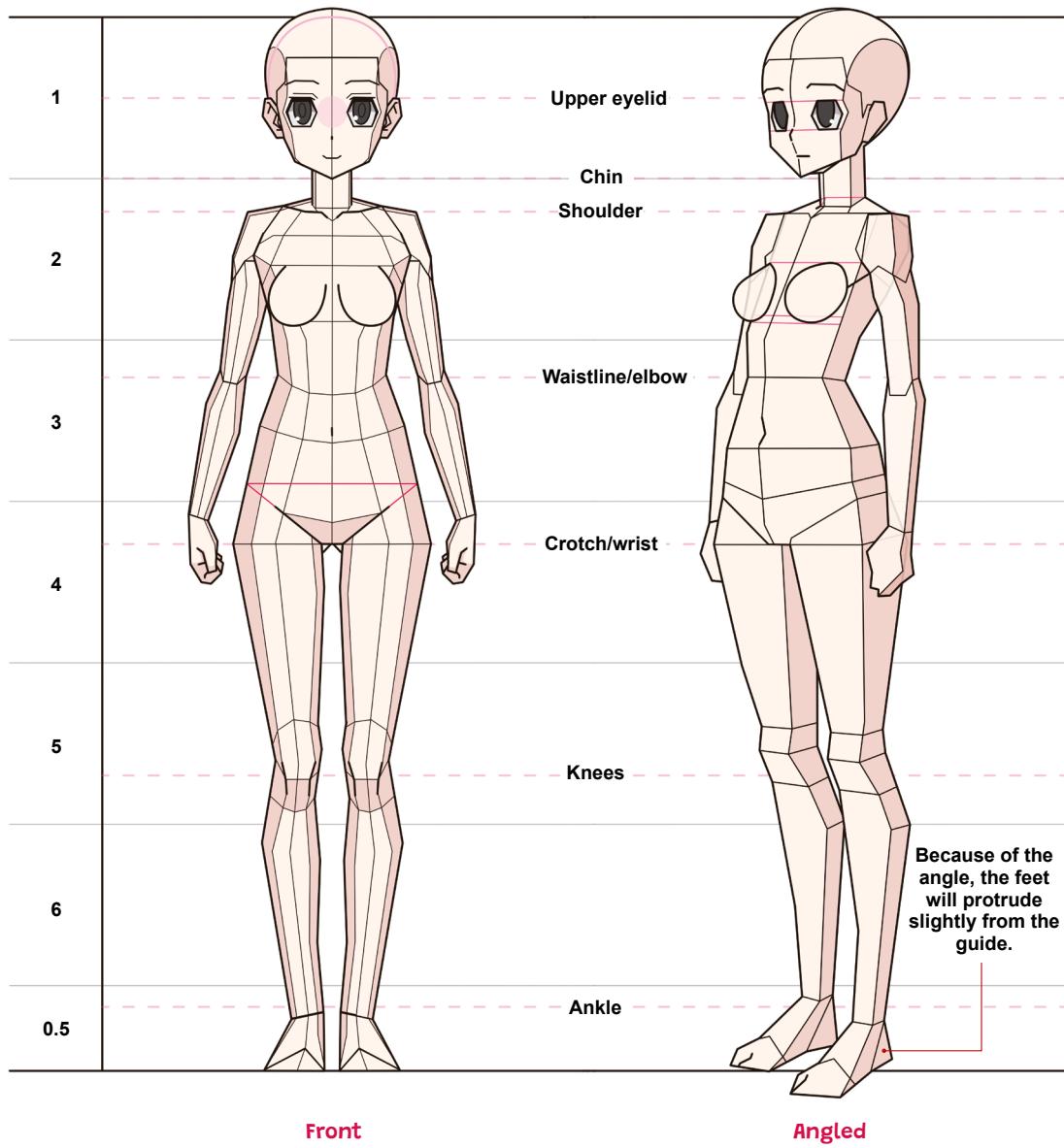


# The Angled Balance of the Whole Body Drawing

In the 6th week, I will explain the angled standing picture. As with the horizontal orientation, the vertical balance is the same as the front, but by angling it, you can see both the front and the side. It's going to be more complicated because it's going to have depth, but let's learn while checking each one.

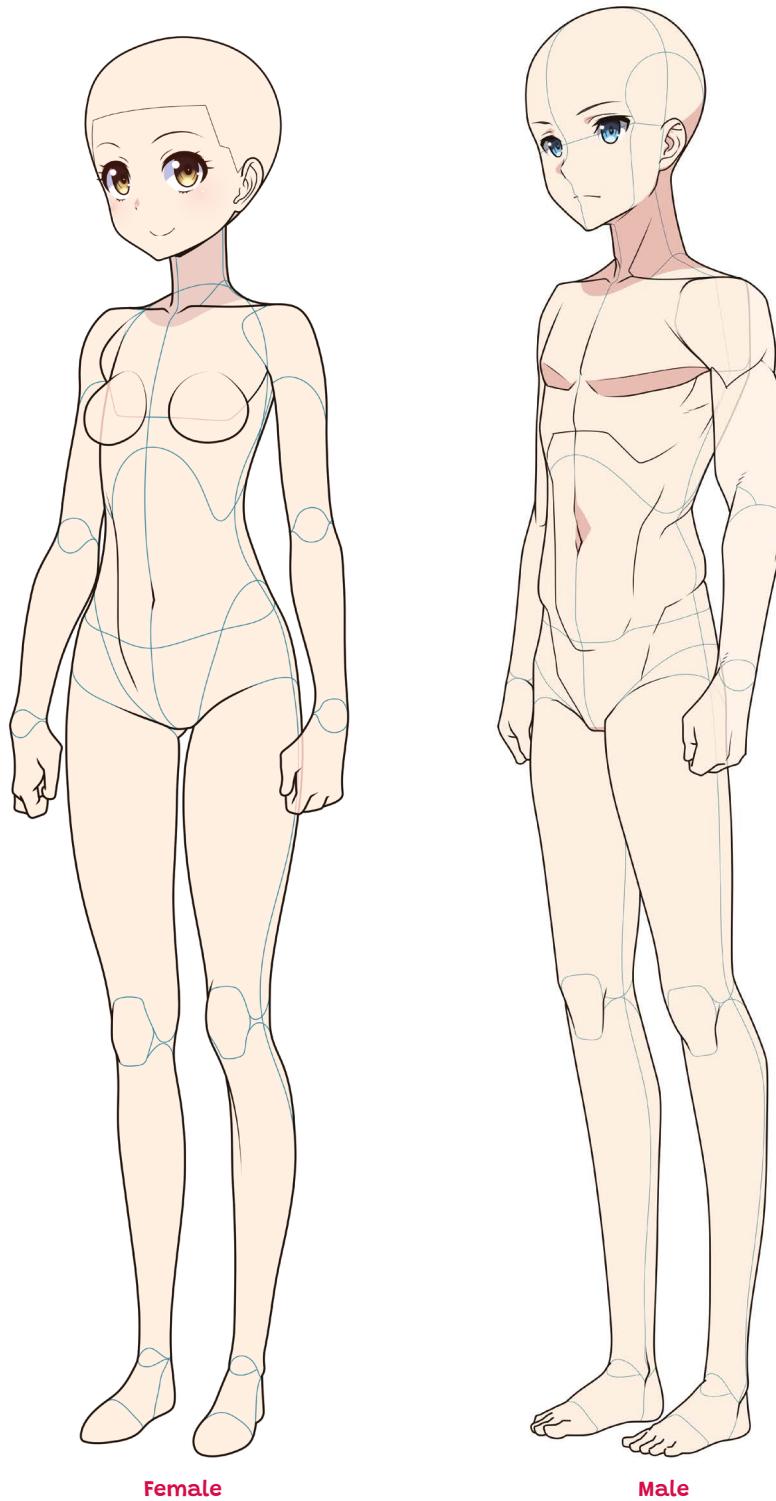
## Compare Front and Angled

First, compare the frontal balance and angled balance. The vertical balance is the same, but there are subtle errors due to the angle. Let's check it while looking at the guide carefully.



## 6.5 Head-to-Body Character

Based on the balance on the left page, the following figures shows male and female characters.



Female

Male

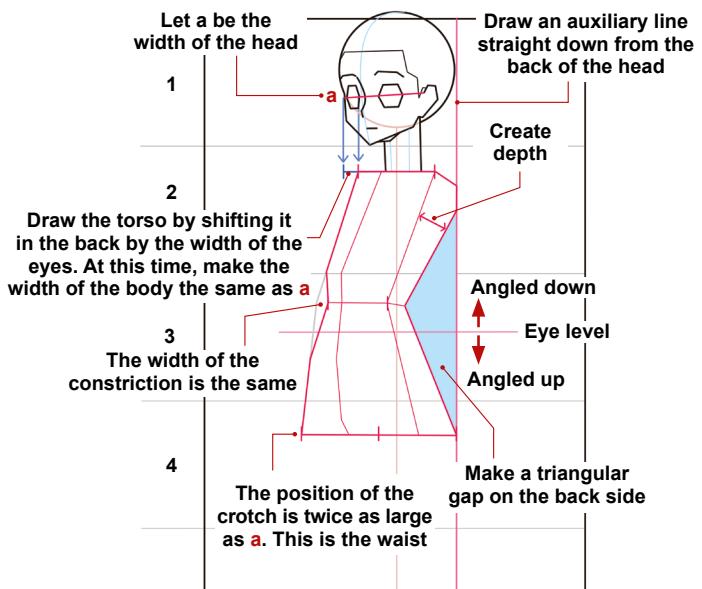
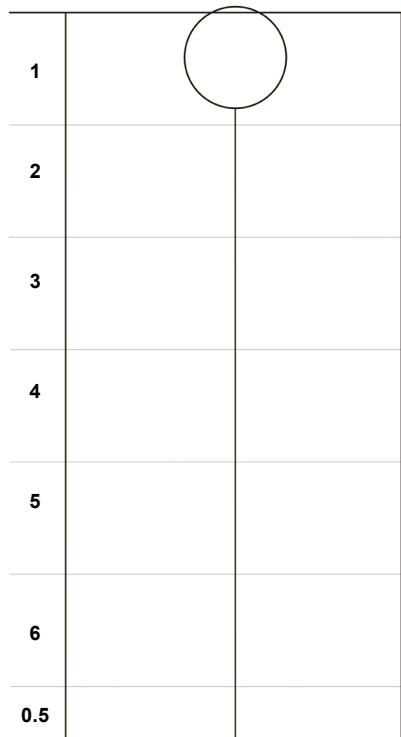
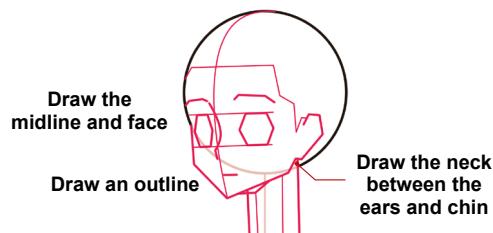


# Understanding the Angled Balance

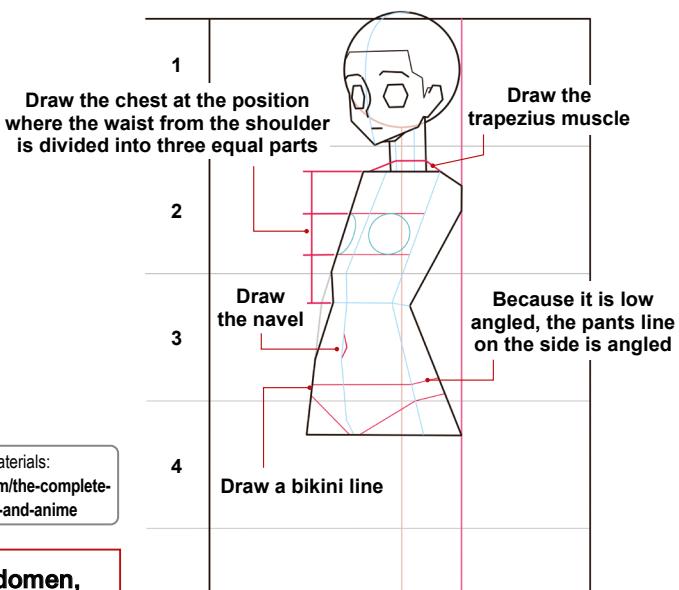
Let's draw the diagonal balance based on the front balance. It's more complicated because you can only see the front and side so check each step carefully.

## LESSON Draw a Diagonal Pose

### Balance of face parts



② Draw the upper body.



① Draw the shape of the head. Draw the head circle so that it protrudes slightly from the head and body guide.

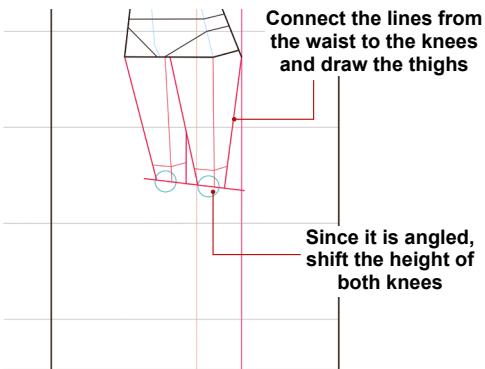


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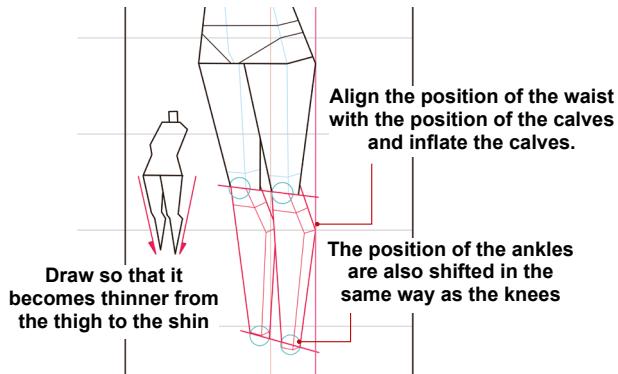
### Key Point

If you set the eye level (page 177) on the abdomen, and focus on the low angle above and the high angle below, you can create a three-dimensional portrait.

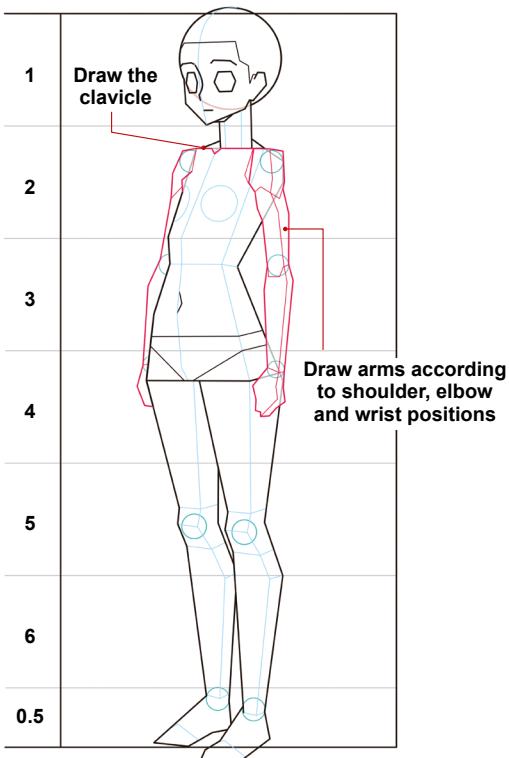
③ Further draw the upper body.



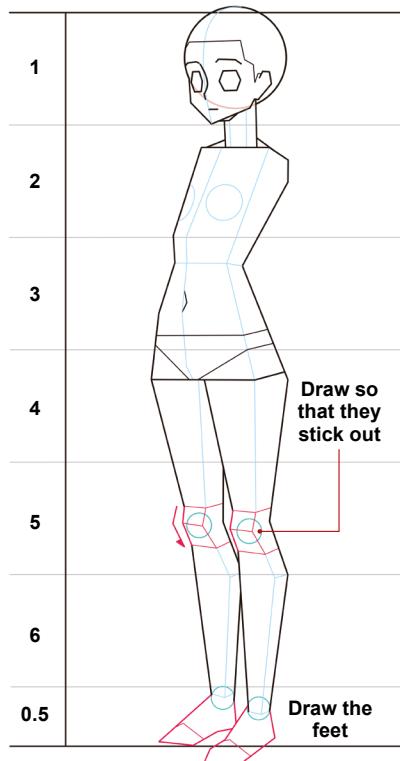
④ Draw the thighs.



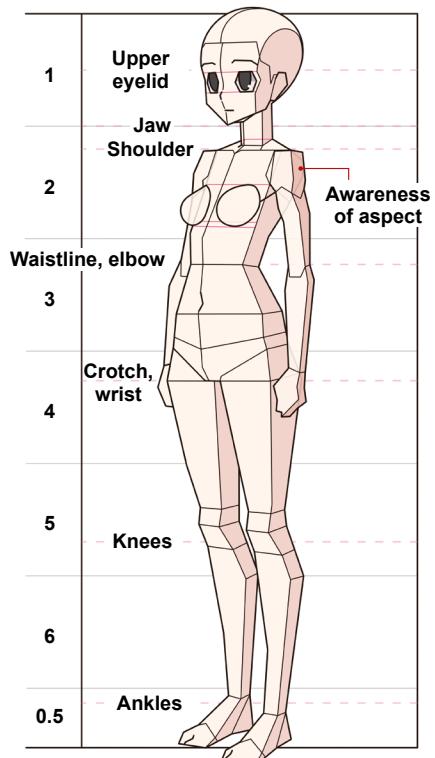
⑤ Draw the shins.



⑦ Draw the arm.



⑥ Draw the knees and feet.



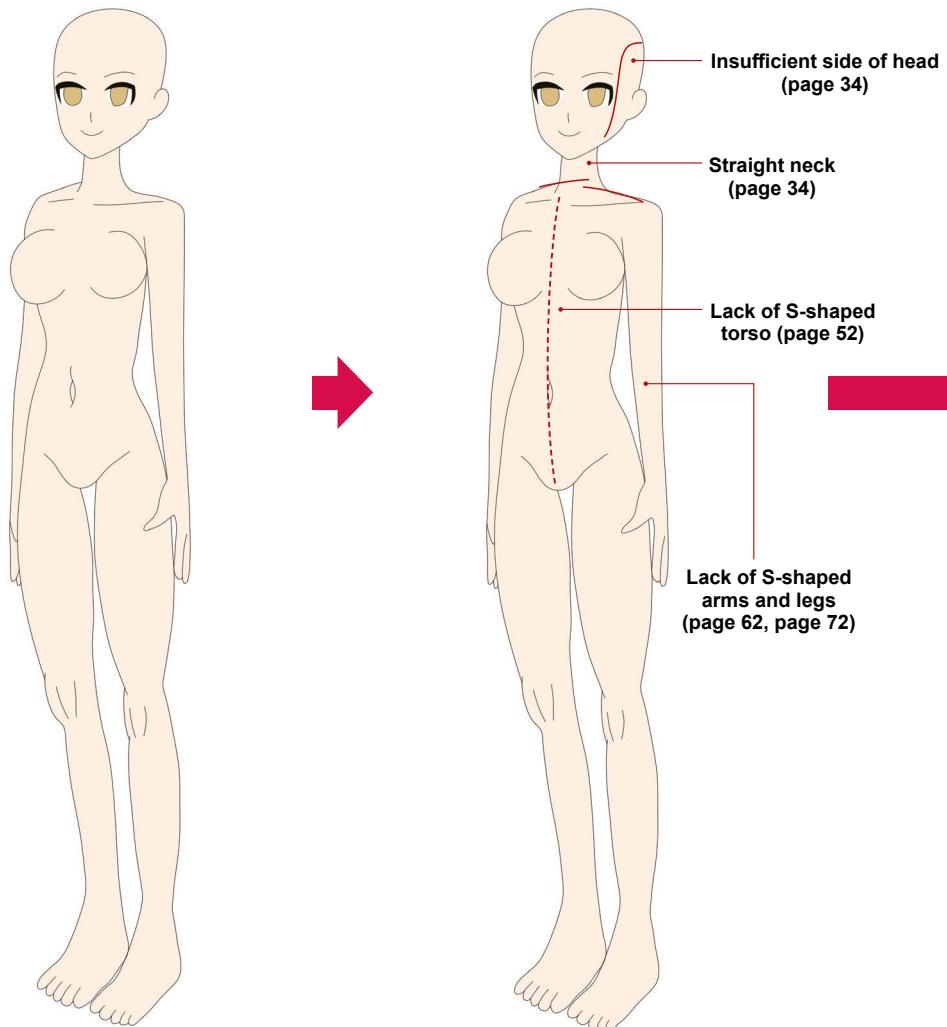
⑧ It will look like this if you add meat based on the overlap. Be aware that you can see two sides, the front and the side.

# Angled Drawing Review

Just like last week, please review the angled drawing you actually drew. I'm sure you'll find something that's distorted or out of balance. These three days are a review period. Repeat drawing and reviewing to remember the balance.

## Use Our Guide to Fix It

Take a look at the angled portrait drawn by a drawing novice. This portrait is full of common mistakes. First, let's find out what's wrong.



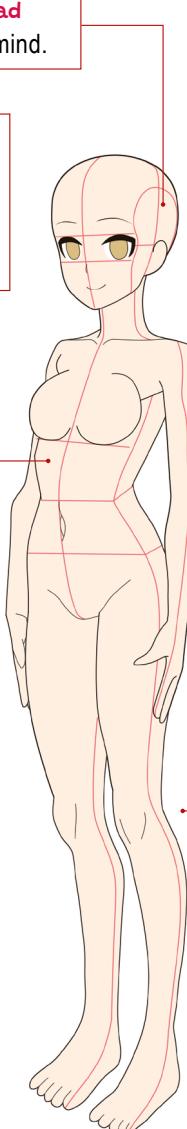
### Key Point

For angled drawings, be aware that in addition to the front, you can see the front and the sides.

The picture on the left page has been revised to the figure below. If you find something incongruous, go back to the previous commentary page and try again.

### Congratulations on your progress!

In addition to drawing the balance and S-shape well, I am conscious that I can see two sides, the front and the side.



#### Insufficient side of head

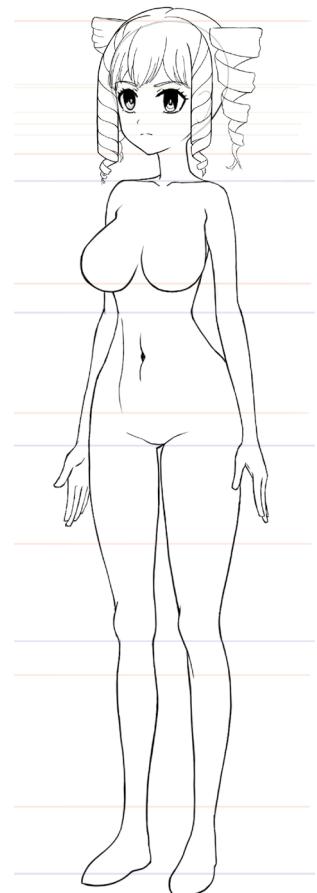
Add it with your side in mind.

#### Insufficient S-shape of torso

I fixed it so that it would not be in a forward leaning posture.

#### Insufficient S-shape of the leg

Redraw to create an S-shape, keeping in mind that the height of the outside and inside of the arm is different.



That's it for this week. Take a break for 2 days!





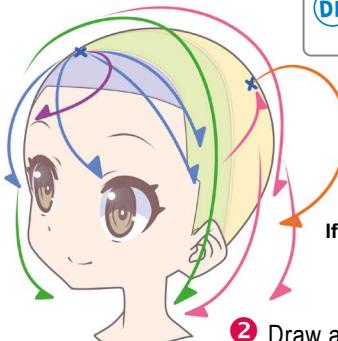
# How to Draw Hair

Once you can draw the character's whole body, let's draw the hair next. Hair plays a major role in expressing the character's personality.

## LESSON Draw Hair



① Divide your hair into bangs, the middle hair, and the back hair.



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② Draw a separate bundle for each part of the hair.



If you draw with fine locks of hair from the beginning, it will be easy to lose the balance, so draw in a rough shape first.



It will be natural if you draw while adjusting the size so that the locks of hair do not have the same area

③ Draw block-like rough shapes according to the flow of hair.

④ Use the blocks as a sketch and draw the hair strands in detail.

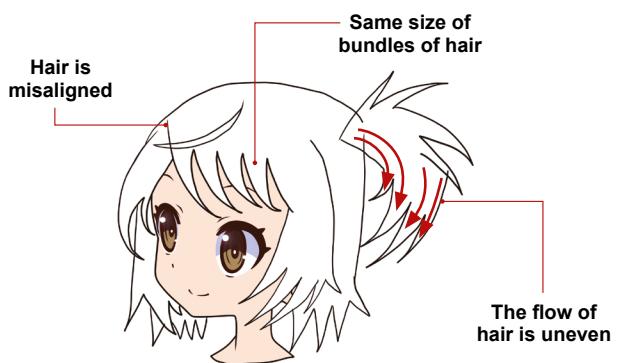
## Finished Example



If you draw a character based on the completed guide, it will look like this.

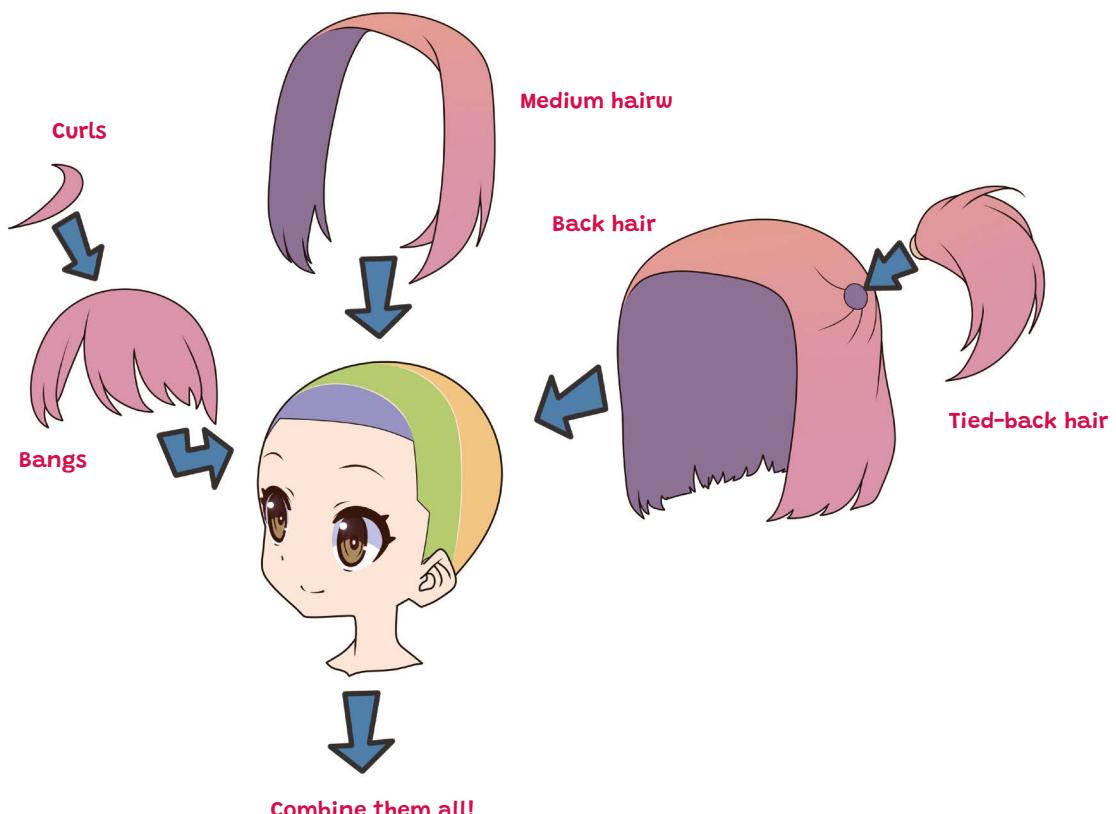
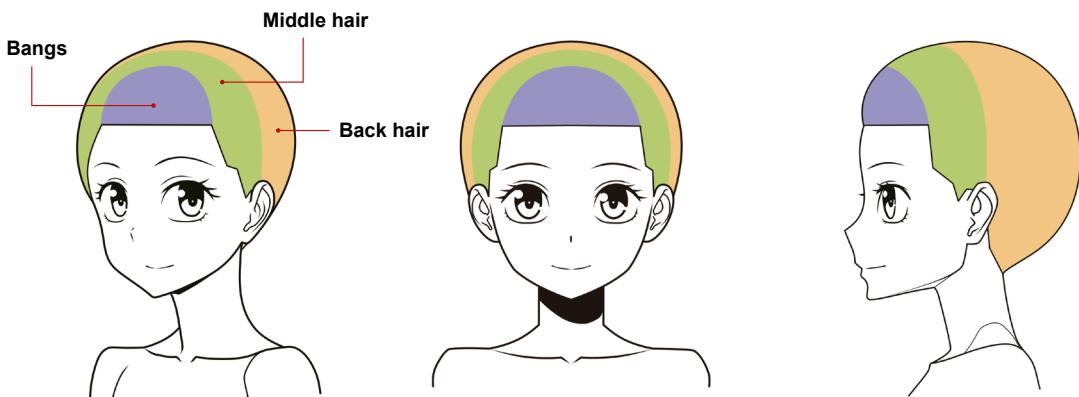
## Common Mistakes

Below are common mistakes. Compare them with the example on the left to see how to draw hair properly.



## Be Aware of Blocks of Hair

Hair can be roughly divided into three blocks: **bangs**, the **middle hair**, and the **back hair**. Observe and memorize the position of the blocks.

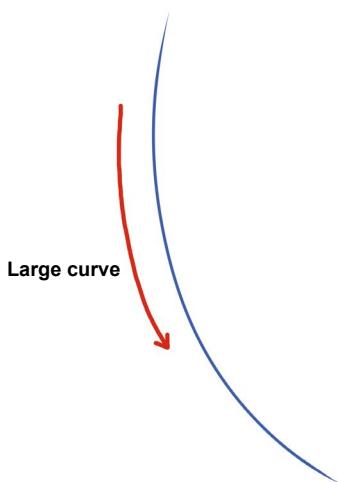




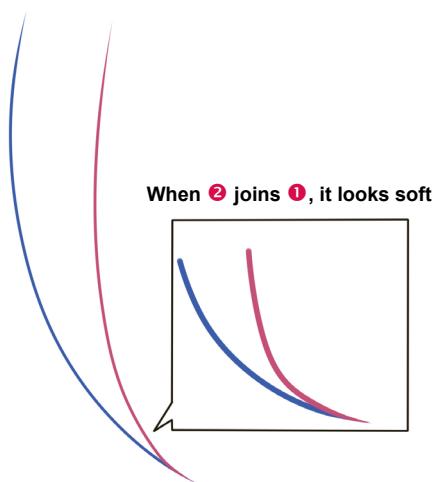
# How to Draw Locks of Hair

If you can't draw hair well, let's review the bundles of hair. Are you drawing in the same shape or do you have a consistent flow of hair? Today, I will explain the points of how to draw locks of hair.

## LESSON 1 Draw a Soft Bundle of Hair

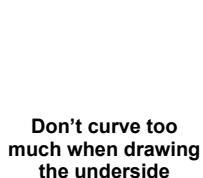


① Draw the outside of the bundle of hair.



② Draw the underside of the bundle of hair.

## LESSON 2 Draw Stiff Locks of Hair

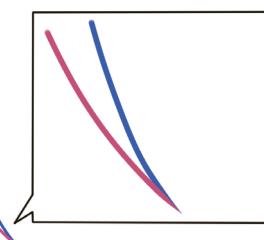


Don't curve too much when drawing the underside

### Key Point

If you draw from the inner line, the outer line will try to match the inner line, which will inevitably make the shape look sharp and hard.

When ① joins ②, it looks hard and sharp



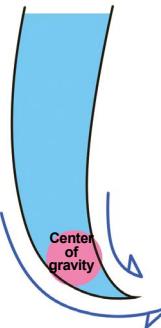
① Draw the underside of the hair bundle.

② Draw the outside of the hair bundle.

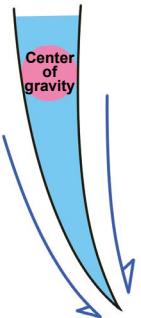
## Express the Softness of the Hair With the Center of Gravity

Hair also has weight. If you place the center of gravity at the tip of the hair, it will look soft, and if you place it in the center, it will look hard and sharp.

If you create the center of gravity on the tip side of the bundle of hair, it will look soft and rounded.

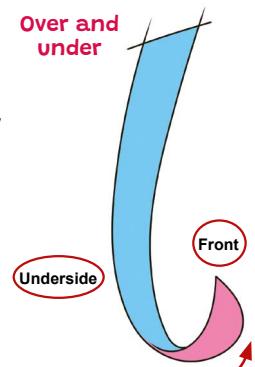
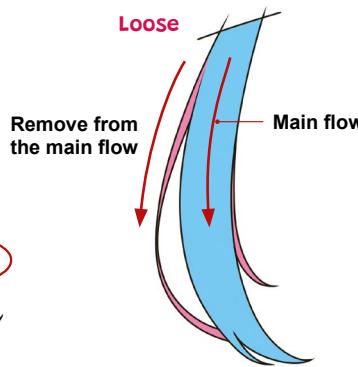
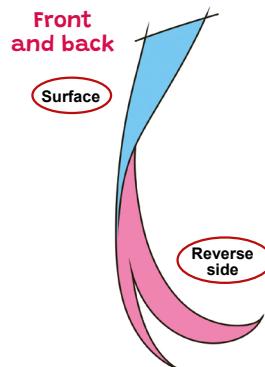
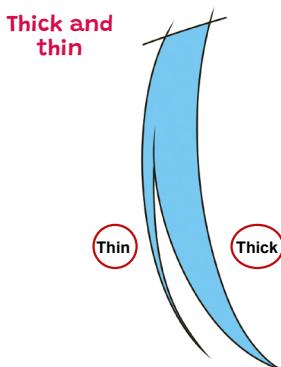


If you place the center of gravity in the middle of the bundle of hair, the tip straightens and it looks hard and sharp.

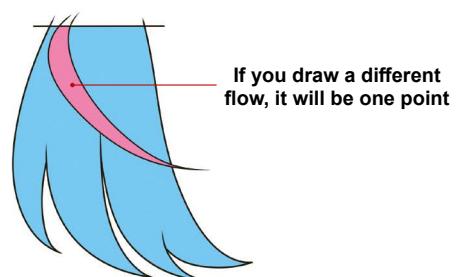
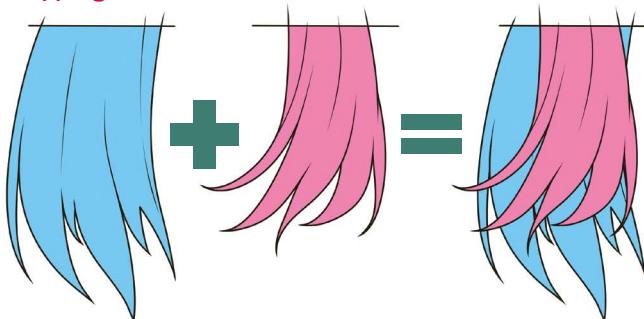


## Patterns of Hair

Roughly speaking, the locks of hair can be made to look more three-dimensional by using "thick and thin," "front and back," "loose," "over and under," and "overlapping."

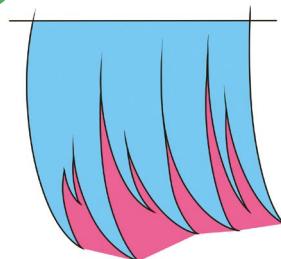


### Overlapping

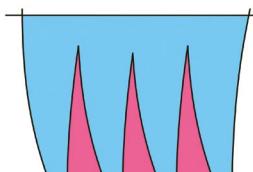


## How to Draw Natural Hair Ends

When drawing strands of hair in succession, instead of repeating the same shape, change the height and thickness as randomly as possible to create a natural look.



The heights of the gaps and the thickness of the locks of hair are random



The heights of the gaps and the thickness of the locks of hair are the same, and it looks like a copy. The same shape is repeated, so it feels monotonous and strange.

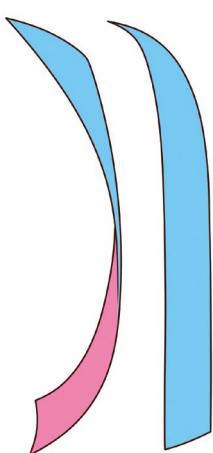


# Understanding the Shape of the Head

The head is actually a sphere, as you can see. By being conscious of the sphere, it becomes easier to imagine the depth of the head and the three-dimensional effect of the hair. Today I will explain the shape of the head and the depth of hair.

## LESSON Think About Hair as Ribbons

Imagine a birdcage-like object with ribbons attached to a head. If you cut out the face, you can draw beautiful bobbed hair.



① Here we see ribbons hanging in a veil shape.

② Cut out the face area.

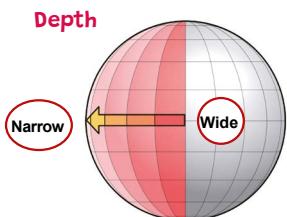


③ Draw the back side.

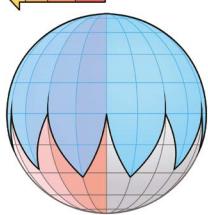
When shadows blow and hair flutters, imagine each ribbon fluttering.

## Three-Dimensional Effects of Head and Hair

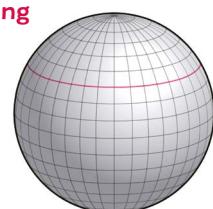
If we think about the head as a **sphere**, it will be easier to imagine the flow and depth of hair.



Hair flow



Highlighting



When you draw a guide on the sphere, the distance between the lines seems to narrow as you go deeper. In the same way when drawing locks of hair, you can express depth by narrowing the locks of hair as you go deeper.

Draw the hair flow according to this guide to create a natural impression.

Aligning the horizontal lines will create natural highlights.

**X NO!**

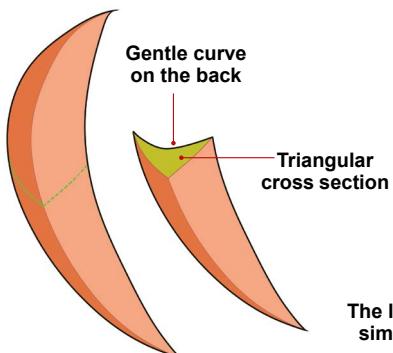
Since the line is above it, the lock of hair in the back is visible in front

**OK!**

Unless you have a special hairstyle, draw the locks of hair so that they overlap from front to back.

## Three-Dimensional Effects of Locks of Hair

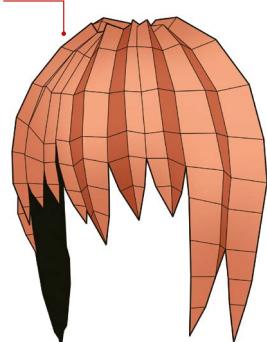
In simple terms, a lock of hair has a **triangular cross-section**, similar to the shape of a banana. By layering this, you can draw hair three-dimensionally. If you look at the hair of the figure, you can see that it has a similar shape.



The lock of hair has a shape similar to a banana shape



Combining banana tufts to create a three-dimensional effect of locks of hair



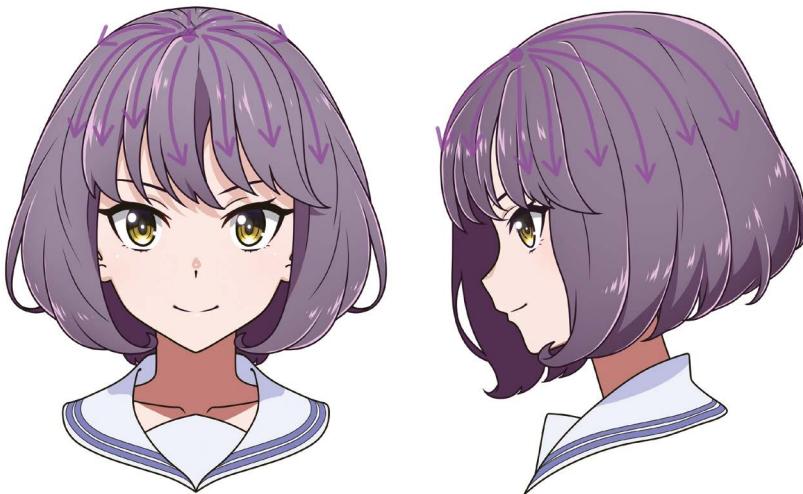


# Deciding on a Hairstyle

Even with the same length of hairstyle, the look changes greatly depending on where the volume is. Let's use a silhouette to get closer to the image you want to draw.

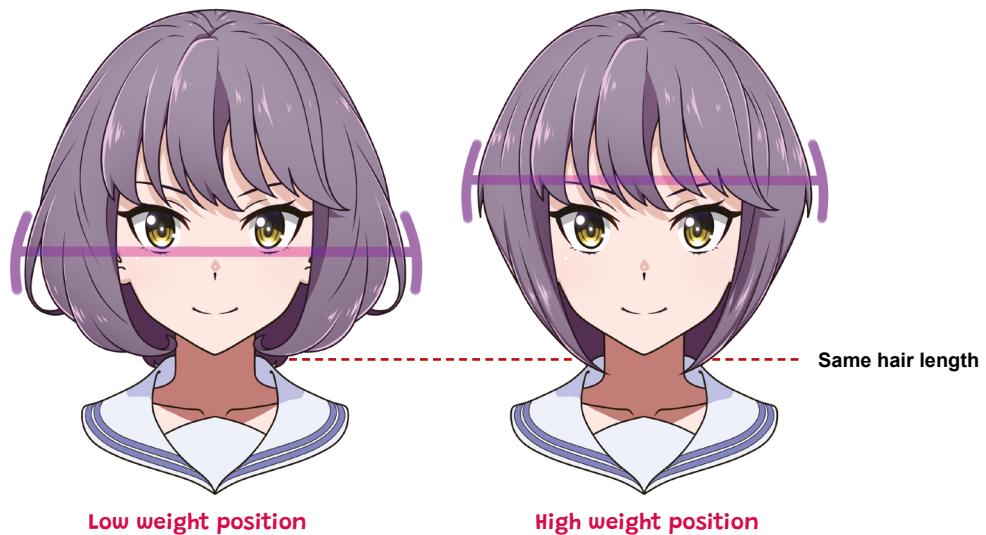
## Thinking About Hair

Hair flows down the head from the part. Thinking about where the part of the hairstyle you want to draw is, and drawing all the locks of hair from the part will allow you to draw natural hair.



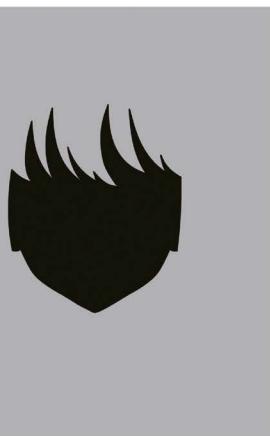
## Change the Look with the Weight of the Hair

Every hairstyle has weight. The weight is the position where the volume is greatest, and changing the position of the weight can greatly change the look of the hair. A low weight gives a calm look, and a high weight gives a lively look.



## Out-Silhouette and In-Silhouette

The out-silhouette refers to the image of the hairstyle itself, and the in-silhouette refers to the way the face looks with that hairstyle.

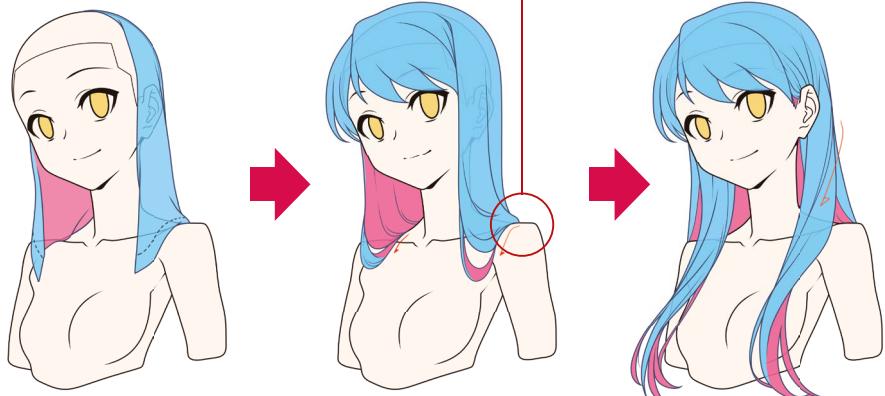


Out-silhouette

In-silhouette

### Draw the Back Hair with a Towel

It will be easier to understand the flow of the back hair if you imagine it with a towel on your head.



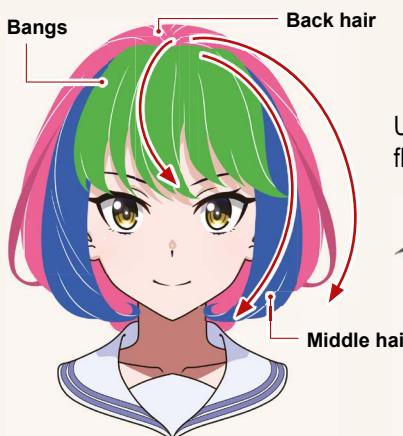
Place a towel on the head

Replace with hair

Bring the back hair forward for a natural impression

## FEATURE Time-saving Silhouette Method

Use a thick, broad-tipped pen to draw choppy locks of hair to determine the silhouette. By drawing the lines of the flow of the hair there, I draw the shape of the hair. If you roughly decide the overall silhouette, you can quickly redraw it even if the image is different, which saves time. Once you understand the bangs, middle hair, back hair, the shape of the hair bundle, the weight, the flow of the hair, etc., you will be able to draw from a rough stroke like this.



Using this method, only the flow is drawn in detail.





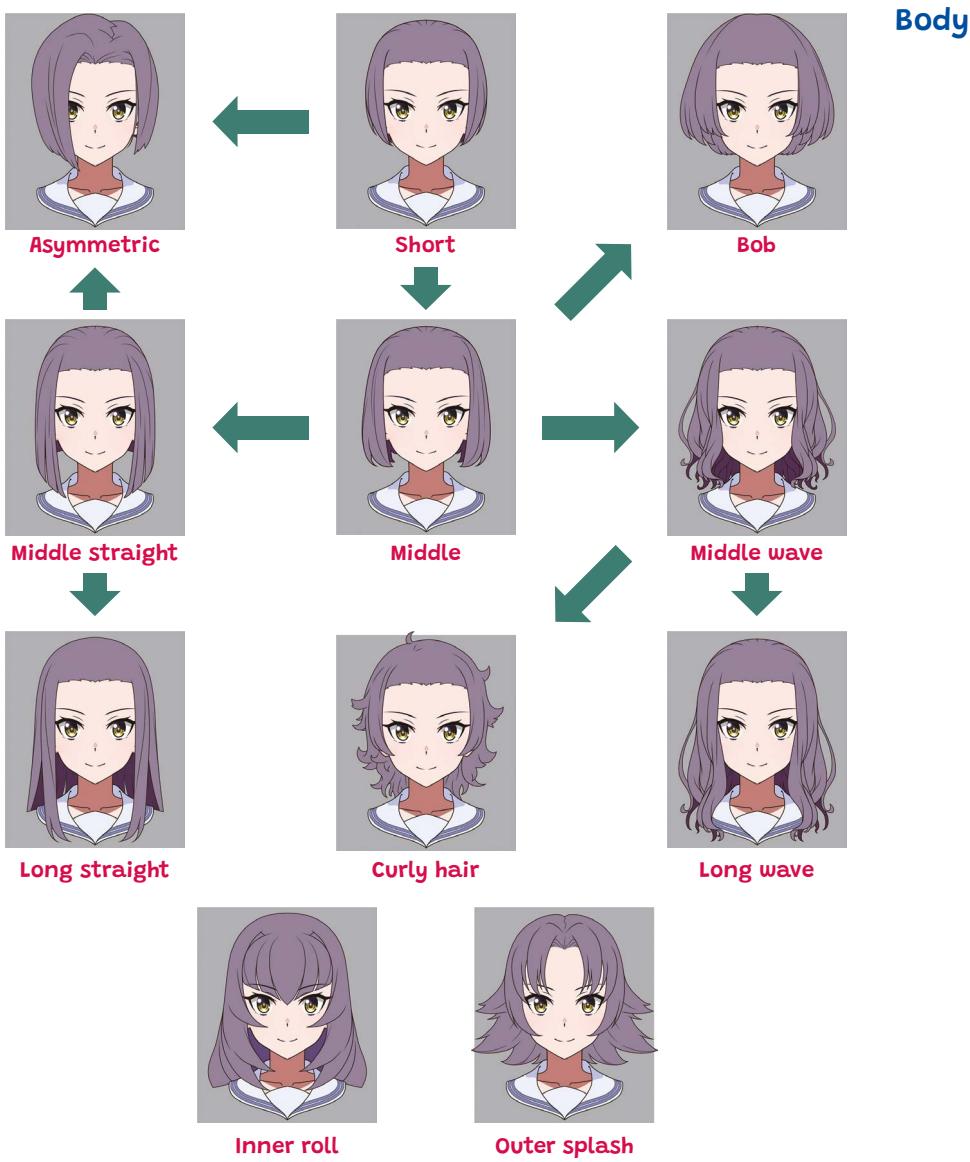
# Hairstyles Types

The hairstyle determines the style of the character. Even with the same length, the style changes greatly depending on volume and bangs. Also, there are hairstyles that are difficult to achieve in real life, but in drawing you can try any style you like. So try various hairstyles and see how they affect character design.

## Changing Style with Hair Length

I tried different hairstyles on the same face. You can see that changing the length and volume of the hair gives a completely different look.

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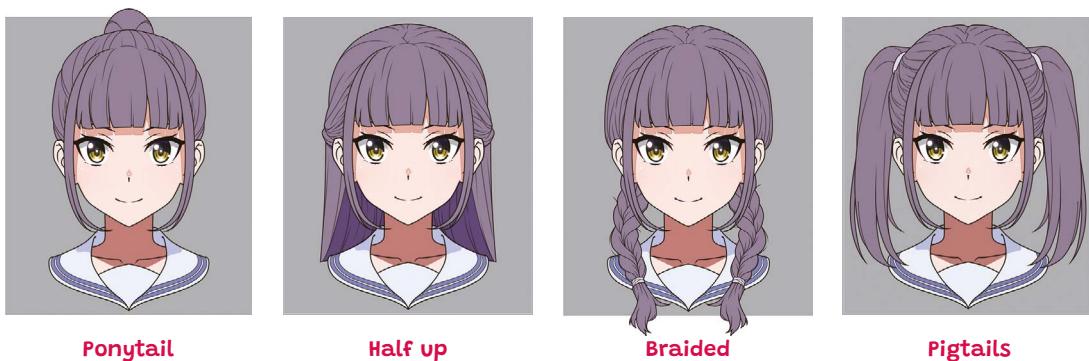
## Changing Style with Bangs

Even with the same hairstyle, if the bangs are different, the style will be quite different. When thinking about hairstyles, changing the combination of bangs, middle hair, and back hair will greatly alter the look of the character. Mix and match to create your own style.



## Different Knots

Even with the same knot, the impression will change depending on the position and height of the knot, so try adding variations.



Ponytail

Half up

Braided

Pigtails

## Congratulations on your progress!

The hair flows naturally from the whorl, and the shape of the lock of hair is drawn randomly.



That's it for this week. Take a break for 2 days!



Basics



Permanence



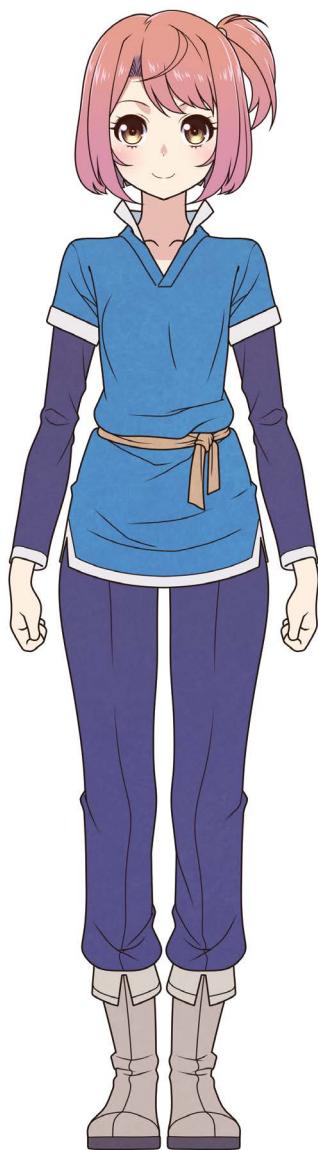
Knowledge

# Wrinkle Types

Now that you can draw characters, I will explain how to draw clothes in Week 8. Wrinkles have patterns so they are easily understood.

## Start with Traveler's Clothes

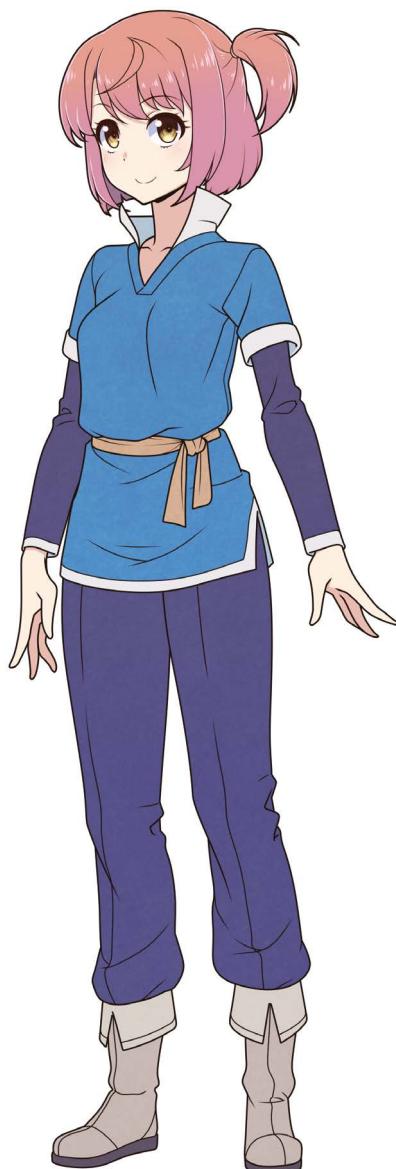
You definitely will want to draw gorgeous and cool (or cute) clothes! Start with simple, unadorned clothes. If I were to use an RPG as an analogy, it would be the first outfit the traveler can obtain. This traveler's outfit is full of wrinkle basics. Let's look at them one by one.



Front



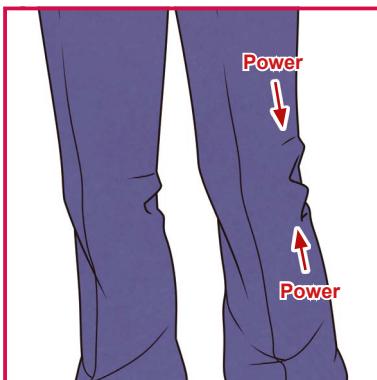
Side



Angled

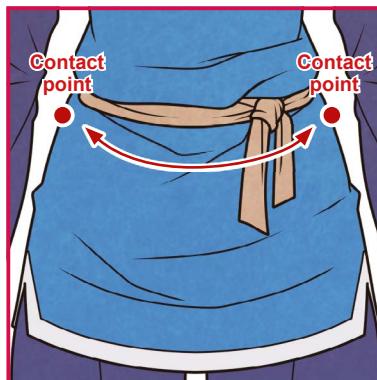
## Wrinkle Basics

Wrinkles can be roughly divided into three types. If you look at the traveler's clothes from earlier, you can find these three wrinkles.



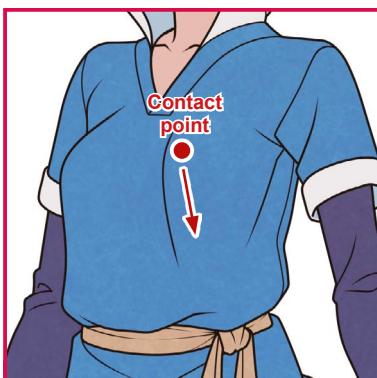
**Skinny wrinkles**

Wrinkles that appear around joints and are caused by applying force from multiple directions



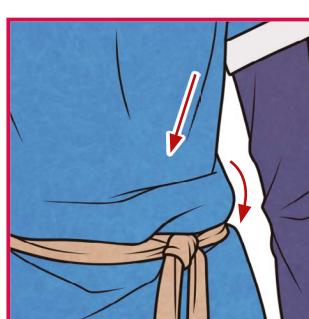
**Tensile wrinkles**

Wrinkles caused by pulling contact points together



**Falling wrinkles**

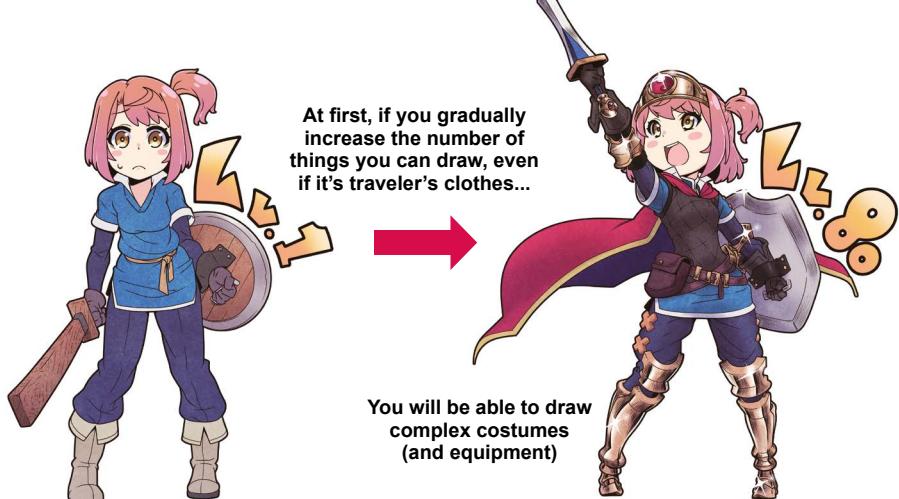
Wrinkles that flow downward due to gravity from a contact point



**Accumulated wrinkles**

Wrinkles in areas where the fabric is tightened, such as the cuffs and hem

Start with simple clothes, gradually increase the number of things you can draw, and gradually make them more luxurious.





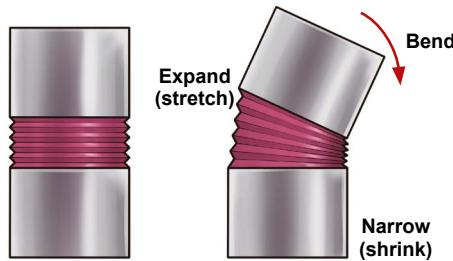
# Wrinkle Shapes

Wrinkles transform into various S-shapes with the addition of gravity and force to the basic patterns. It is important to be fully conscious of the points of contact where clothes touch the body, the force of gravity, and the flow of cloth.

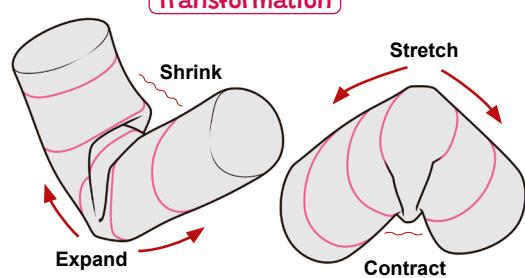
## Positions Prone to Wrinkles

Joints are always prone to wrinkles. When you bend your arms or legs, the cloth on the bent side will get wrinkled. On the other hand, the cloth is pulled taut on the other side, so the wrinkles are stretched.

### Simplification

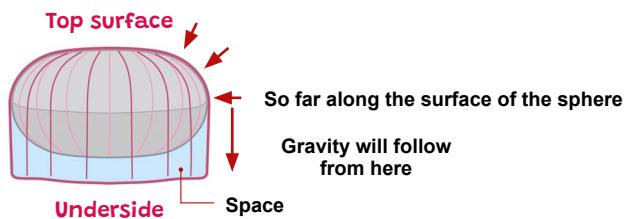


### Transformation

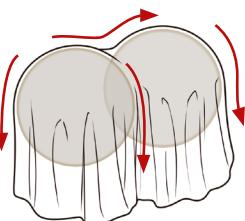


## Cloth Gravity

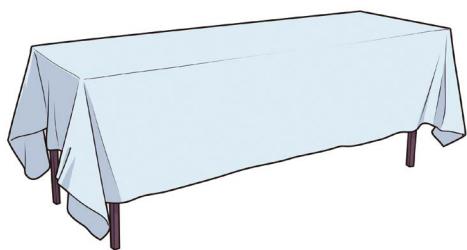
When an object is covered with cloth, the upper surface follows the shape of the object while the lower surface does not conform to the shape, and the cloth hangs down.



When two spheres are covered with a cloth, the upper surface becomes the silhouette of the spheres, and the lower portion falls according to gravity. The same is true for the table, where the corner is the base point and the cloth has folded.

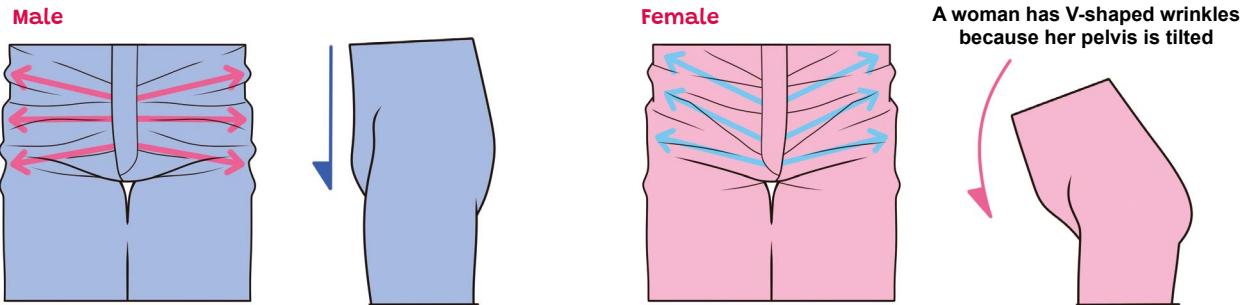


Try to combine the shapes together...



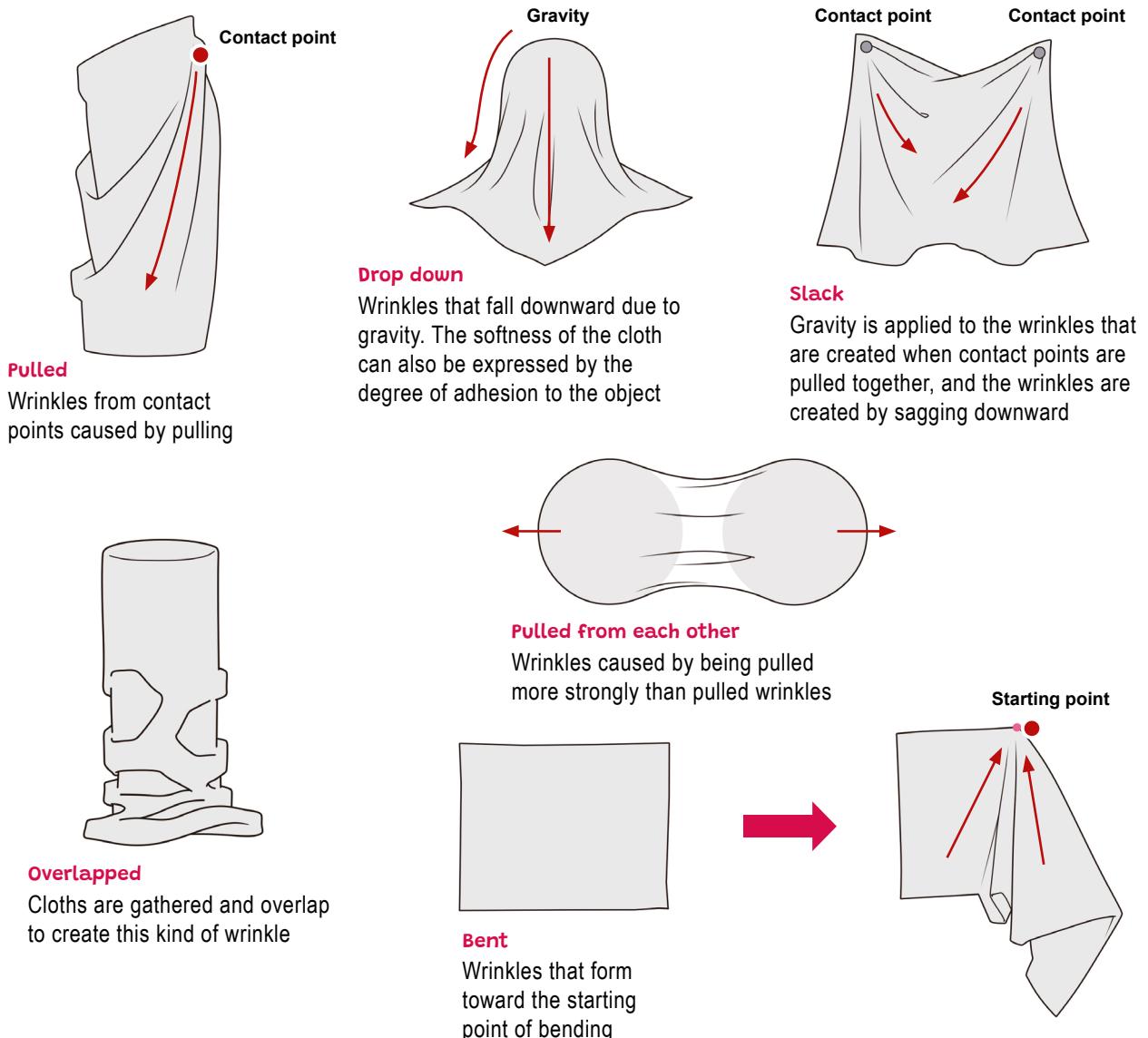
## Differences in Wrinkles Between Men and Women

A major difference between men and women is wrinkles in the lower back. In men, the pelvis is vertical, so wrinkles can be radial. Women's pelvis is tilted, so wrinkles can be V-shaped.



## Different Wrinkle Shapes

Wrinkles in clothes are caused by the pull of the contact points of the body and the fall of the fabric due to gravity. Various patterns are introduced here.

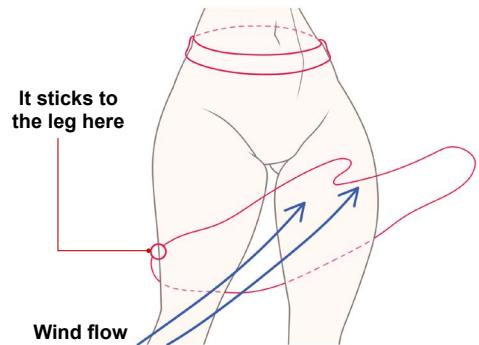




# How Wrinkles Move

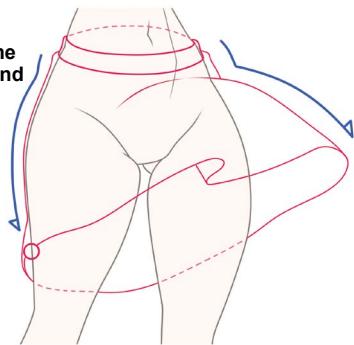
Wrinkles change shape depending on the movement of the body and the direction of the wind. First, let's draw the movement of the skirt fluttering in the wind. In addition, I will explain how wrinkles change when the body moves.

## LESSON Drawing the Fluttering of a Skirt

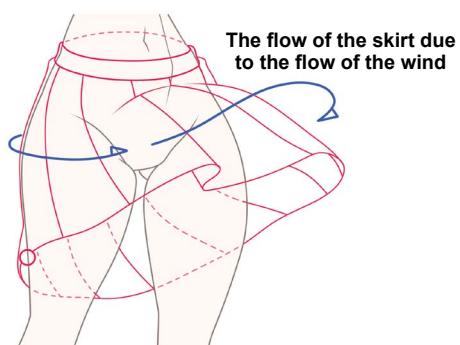


① Draw the hem of the skirt according to the flow of the wind.

Express the softness of the skirt with an S-shape in mind



② Connect the waist and hem.



③ Draw the pleats while keeping the flow of the wind in mind.

Border of the pleats

Border of the hem of the skirt

Draw the folded part of the pleats where the pleats and the hem of the skirt meet.

④ Draw the pleats.

## Finished Example



Headwind

No pleats

The way it flutters changes, depending on the direction of the wind and the shape of the skirt.

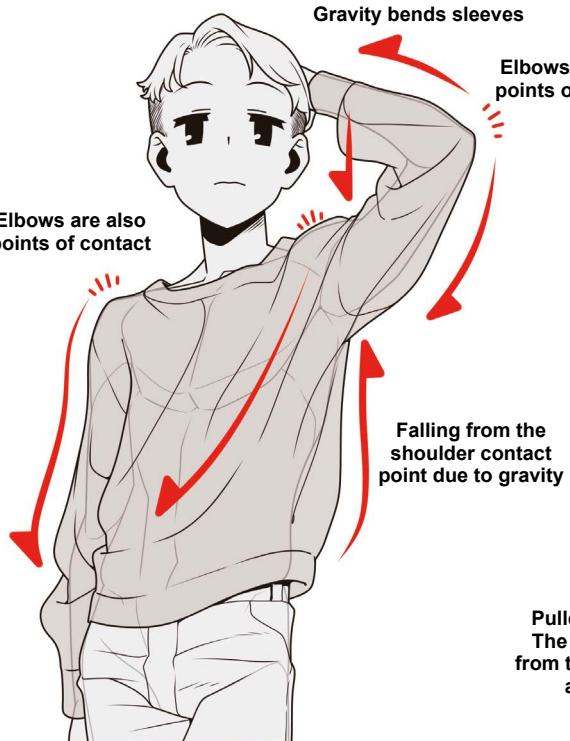


⑤ Add the thickness of the skirt to the pleats to complete.

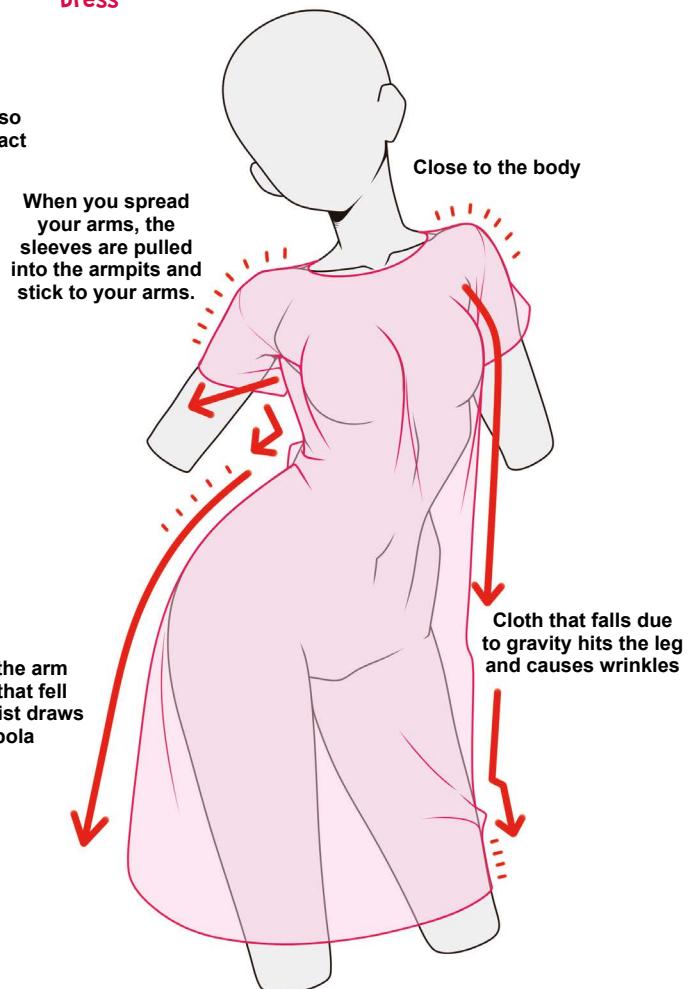
## Relationship Between Contact Points and Gravity

Wrinkles change shape depending on the movements of the body and clothes. The key point is the points of contact between clothes and the body. Please pay attention to which contact points are stretched wrinkles, where fallen wrinkles are formed, and also the slackness of the wrinkles created by the gravitational force on stretched wrinkles.

Sweatshirt



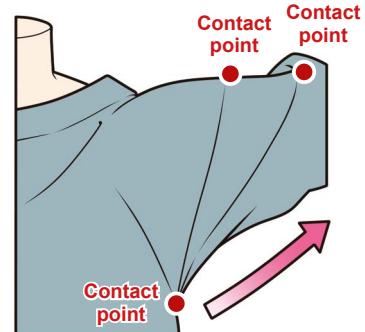
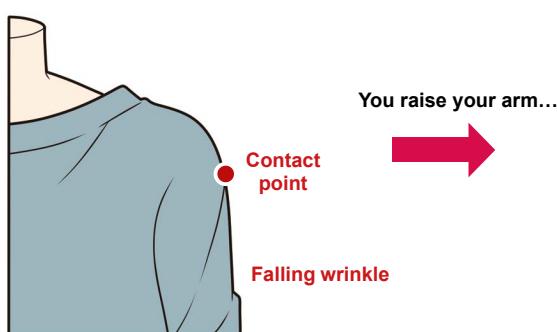
Dress



## Changes in Wrinkles

Once you know where wrinkles are likely to occur and the types of wrinkles, you will be able to understand how to draw wrinkles when the person wearing the clothes moves.

The point of contact between the clothes and the body changes, causing wrinkles



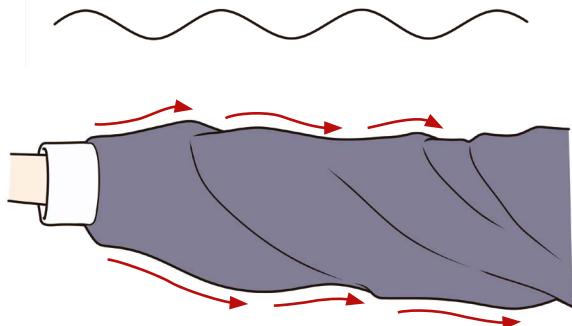
# Depicting Material Texture

There are various materials for clothes such as soft/hard, thin/thick, light/heavy. Wrinkles can be drawn to emphasize the texture of the material.

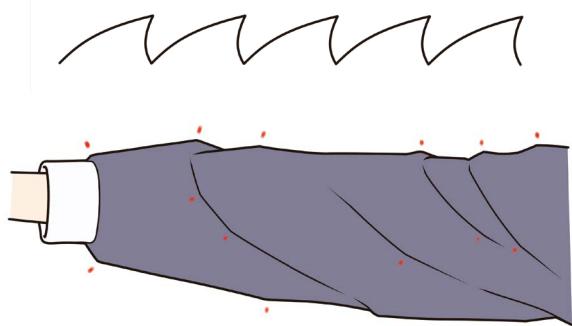
## Flow and Tension

The texture of the cloth is determined by how much flow and tension (= angle) are included. If there is a lot of tension, it will appear hard, and if there is more flow, it will look soft.

**Flow** = flowing

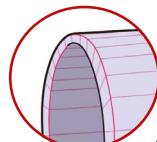


**Tension** = flowing

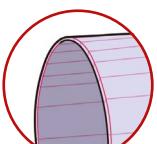
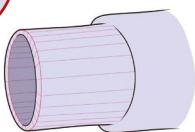


## Hardness and Weight

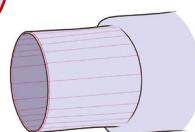
Depending on the material, clothes can show hardness and weight. Let's compare them.



**Thick**  
Expressing the thickness of the cloth by creating a gap

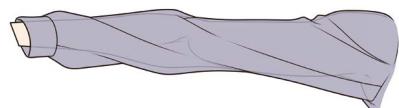


**Thin**  
Expressing thinness by reducing the gap



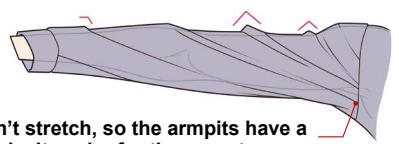
### Soft (flowing, curvilinear)

Overall strong wrinkles of flow



### Hard (tension, linear)

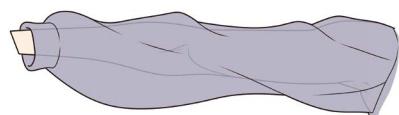
There are corners and wrinkles with strong linear tension as a whole



Stiff cloth doesn't stretch, so the armpits have a lot of space to make it easier for the arms to move.

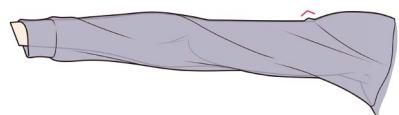
### Heavy (flow, slack)

The weight of the cloth causes the cloth to sag downward. Since the fabric is often thick, it is easy to create a space on the upper part of the arm.



### Light (flowing, close to the body)

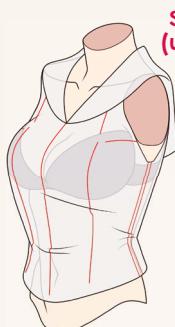
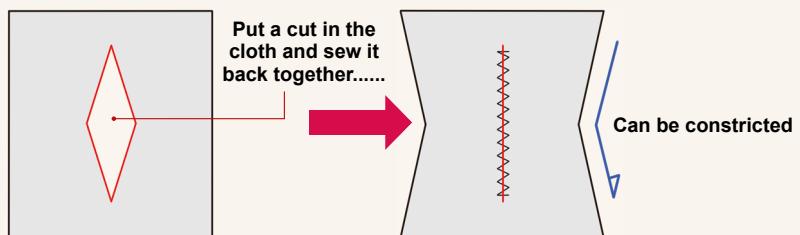
Since it follows the body line, it is difficult to create clear wrinkles.



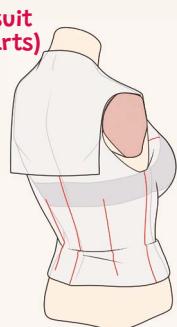
## FEATURE Clothing Seams

Various techniques are used in clothes to match the lines of the body. By drawing these seams when drawing the costume, you can add information about the costume and make the picture look more plausible.

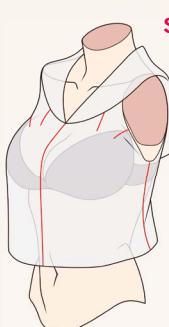
Darts are made by cutting cloth into diamond or triangle shapes and stitching them together to create waistlines and fit the body line.



Sailor suit (with darts)



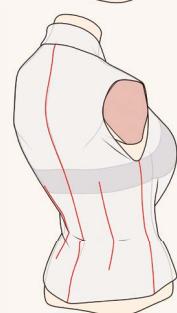
Sailor suit (without darts)



Shirt



Fairly perfect



Draping





# How to Draw Basic Wrinkles

Draw basic wrinkles on a plain sweatshirt.

First, draw wrinkles as you like without referring to anything, and then compare them with the samples to learn where and what kind of wrinkles will appear.

## LESSON Draw Basic Wrinkles



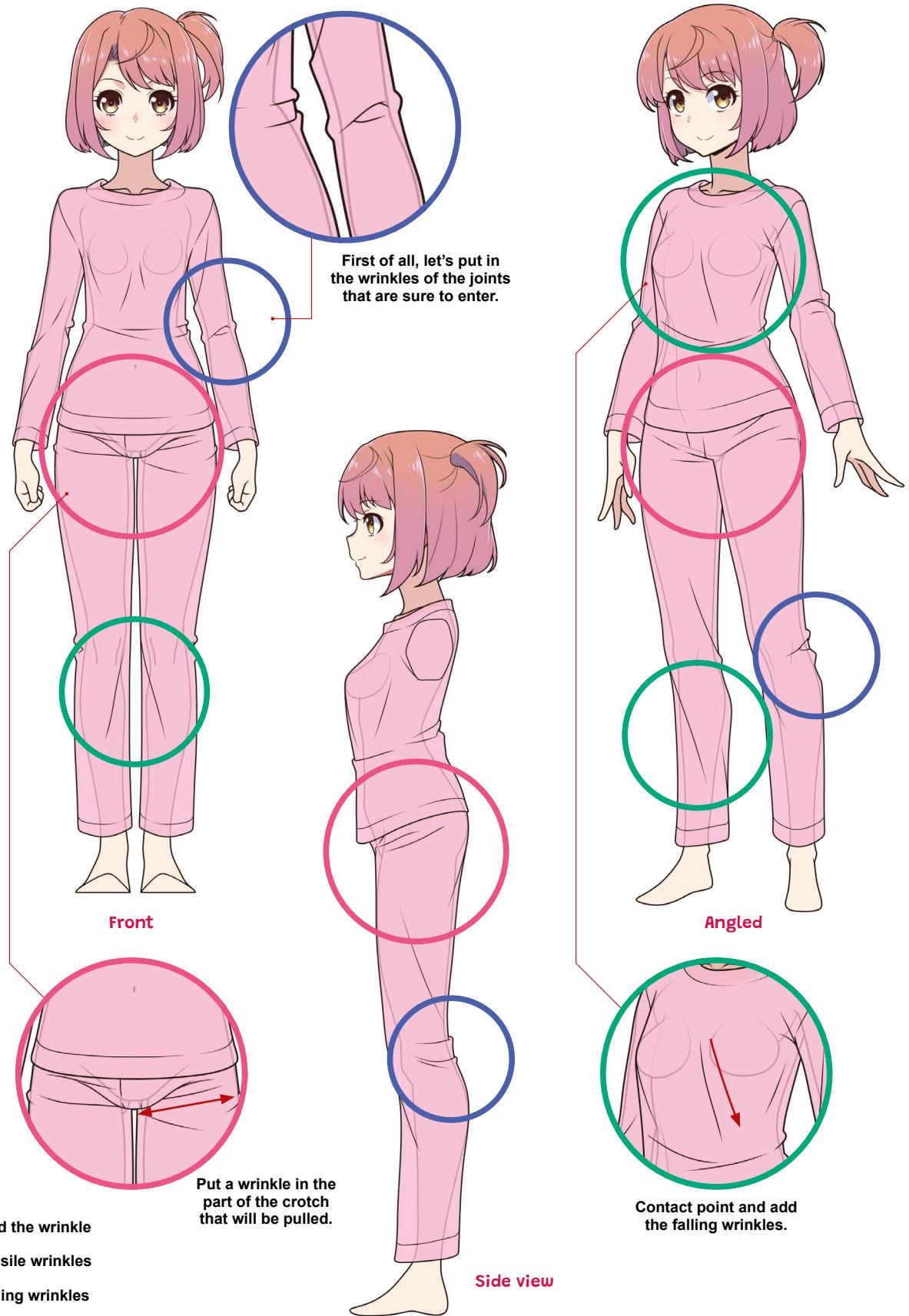
Download free practice materials:  
[www.tuttlepublishing.com/the-complete-guide-to-drawing-manga-and-anime](http://www.tuttlepublishing.com/the-complete-guide-to-drawing-manga-and-anime)



Front

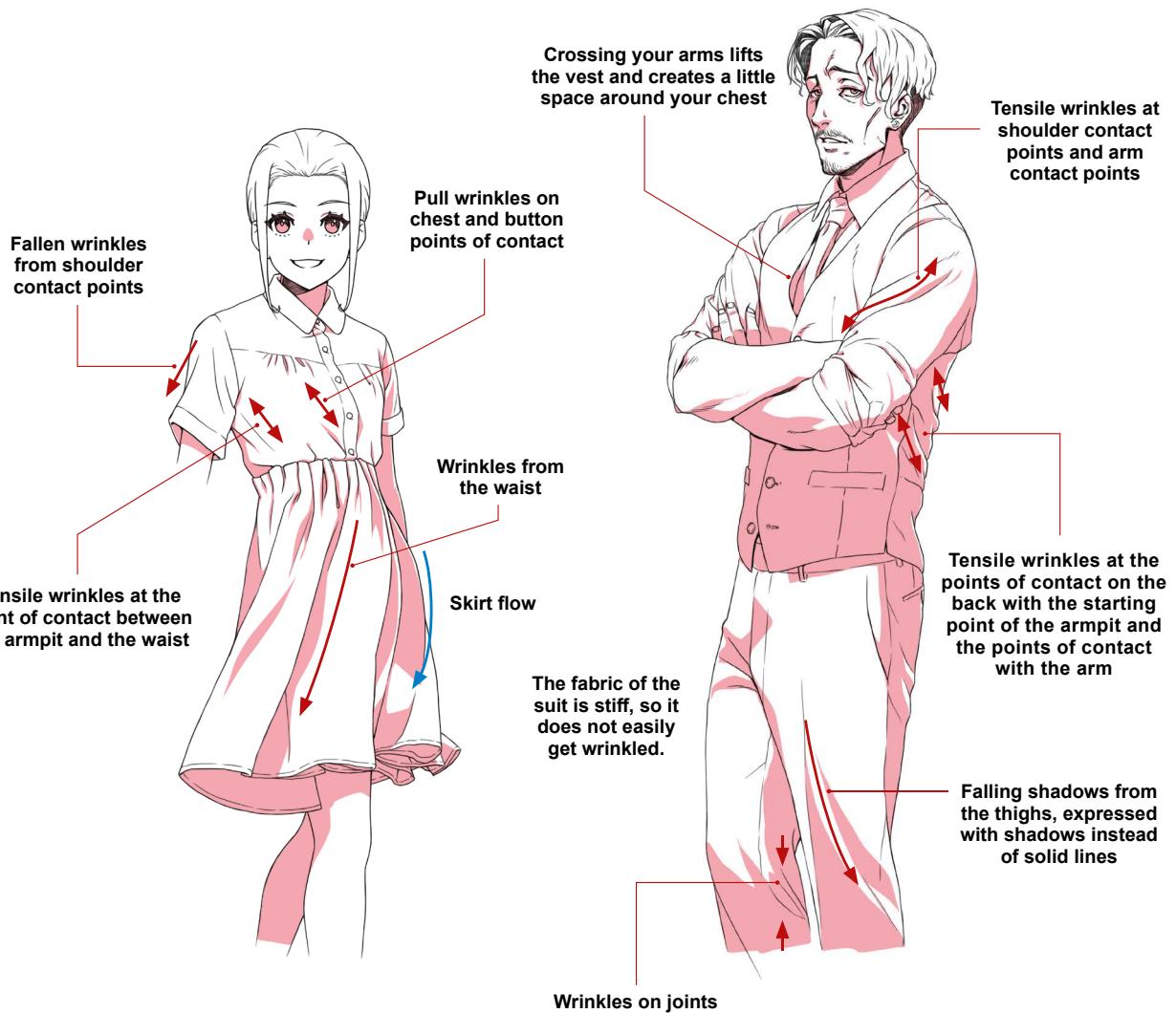
Side view

Angled



## Wrinkle Patterns

Check the shape and pattern of wrinkles by referring to the following illustration. It will be easier to understand if you look at the starting point of the armpit, the points of contact of the shoulders and arms, gravity, etc.



### Congratulations on your progress!

You can clearly see wrinkles, pulled wrinkles, and fallen wrinkles, and you can draw wrinkles like on page 121.



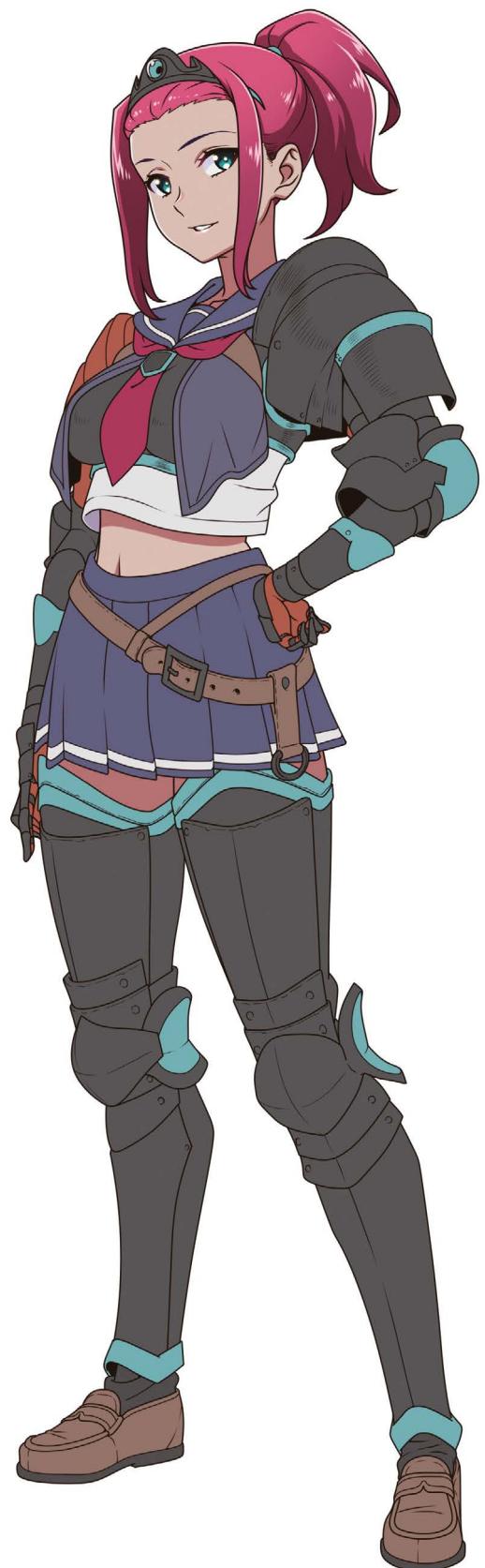
That's it for this week. Take a break for 2 days!

## Intermediate Level

### Level Up Your Drawing

A 90-Day Course to Improve Your Drawing Skills

It's been about two months since you started the course and it's time to move to the Intermediate level. The Intermediate level will focus on more advanced lessons that allow you to draw more attractive characters. There will be no more lesson sections. From this point on, you will be taught a series of skills that you can practice by following the instructions carefully.



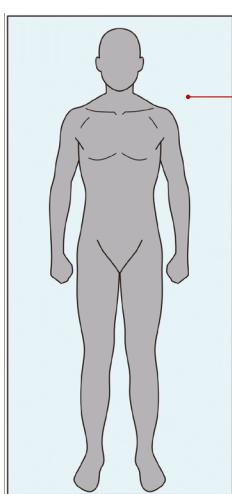


# Drawing the Human Body in Three Dimensions

Now that you have learned to draw a person, this week I will explain techniques for creating a three-dimensional drawing of a human body. It is important to know how to represent the human figure on a plane when drawing a three-dimensional figure.

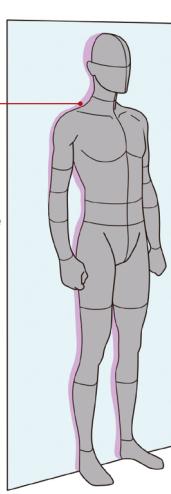
## The Three-Dimensional Effect

By being conscious of a plane when drawing a character, your understanding of the three-dimensional effect will be greatly improved. This can be a complicated thing so let's learn the technique step-by-step.

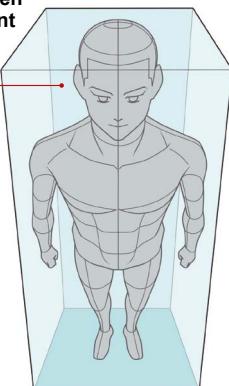


Canvas

Face not visible from the front



Space that cannot be seen from the front



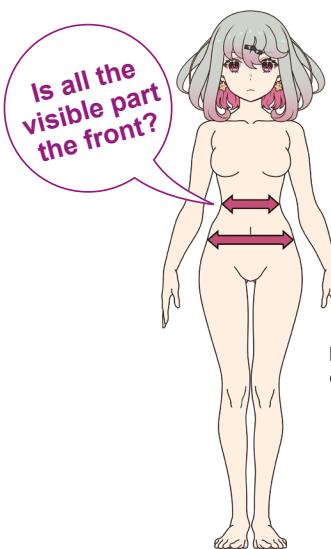
Beginners should first be able to draw the human body on a plane.

As you progress, you will be able to better draw three-dimensional objects that can be seen from the front.

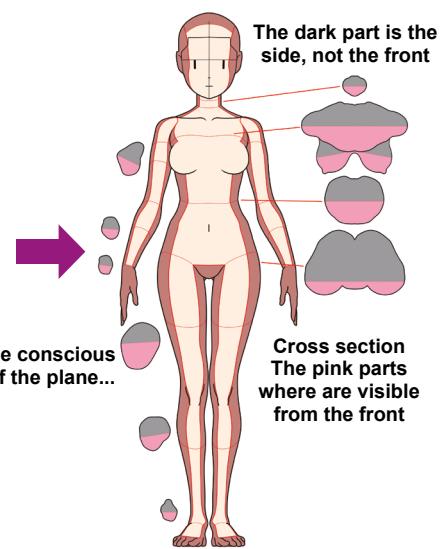
Advanced users can understand the space and the back side that cannot be seen from the front.

## Front, Side and Back

When you look at a person from the front, you can see not only the front but also the sides. If you think of a person on a plane, it looks like the figure on the right. The dark colored parts are the side portions. By keeping in mind that the sides can be seen even when viewed from the front like this, it becomes easier to understand the three-dimensional effect when adding wrinkles and shadows on the clothes.

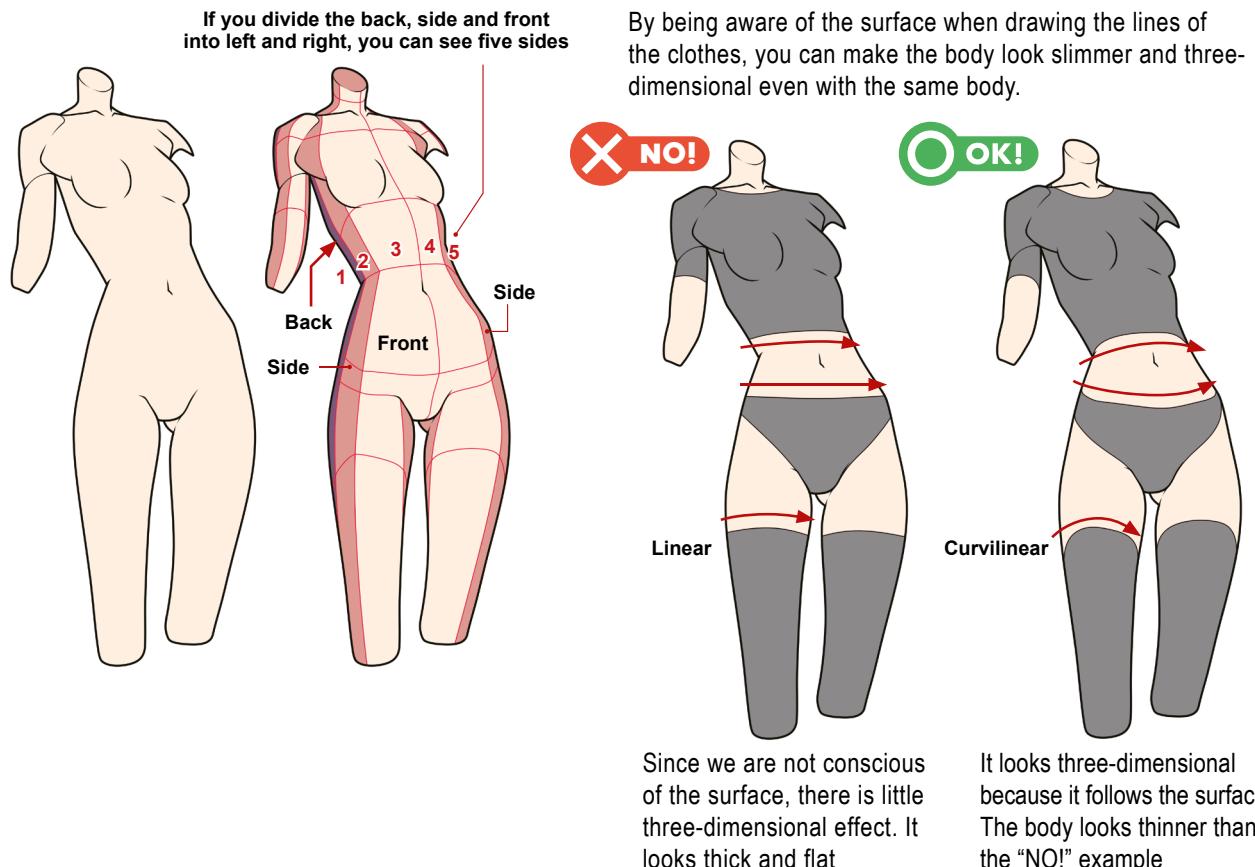


Be conscious of the plane...



## By Being Aware of the Surface, the Three-Dimensional Effects Change

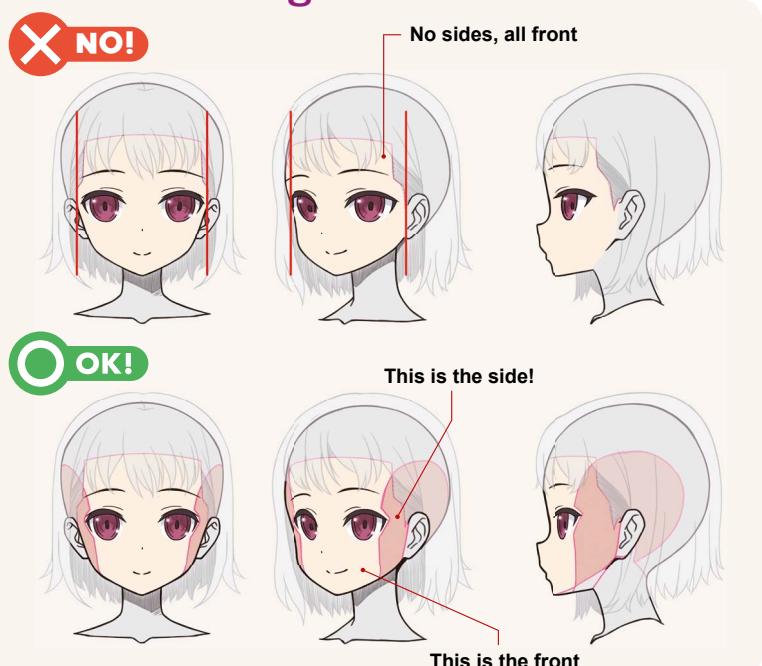
Keep in mind that if you look at it from an angle, you can see the sides of a body. The places where the surface changes become the borders of shadow or highlights. When observing a photograph or the real thing, pay attention to where the surface changes.



## FEATURE Why Does the Face Look So Big?

If you are not careful, you will make the head look too big by forgetting how to represent the sides of the face in relation to the eyes. If the eyes are drawn too far to the side, the face looks bigger than it should.

As you can see in the common mistakes on page 33, you can draw a well-balanced head just by paying attention to two common problems, the lack of the back of the head and the problem of not being conscious of the sides.





# Adding Shadows

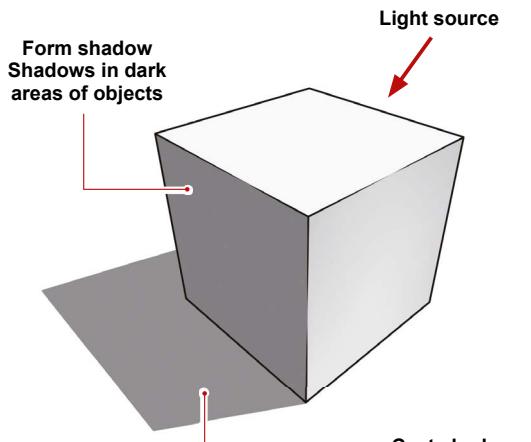
Now that you have learned to draw a person to some extent, I will explain techniques for creating a more three-dimensional effect this week. First, I will explain how to express a three-dimensional effect with shadows.

## Shadow Types

As for shadows, there are **form shadows** and there are **cast shadows**, and each is used differently in drawing.

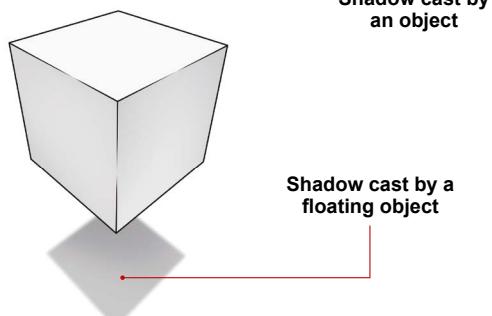
### Form Shadows

A form shadow is the dark area that appears on a hidden surface when light hits an object. It refers to the shadow that falls on the opposite side of the light source to create a three-dimensional effect. A form shadow can also be called a "3D shadow."



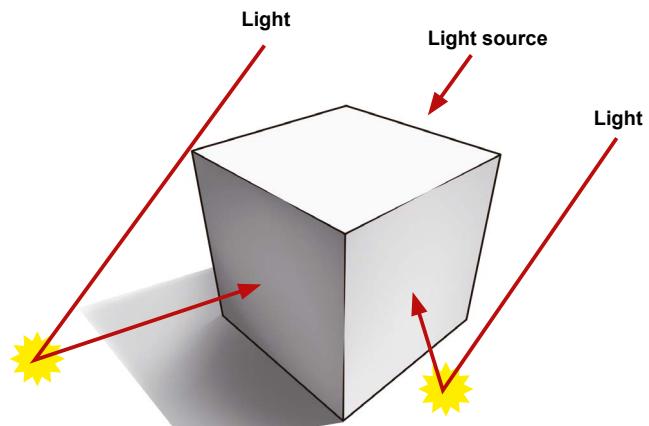
### Cast shadows

A cast shadow is the shadow cast by light on an object. Be sure to add shadows on the ground and under the neck when a person stands.



## Reflected Light

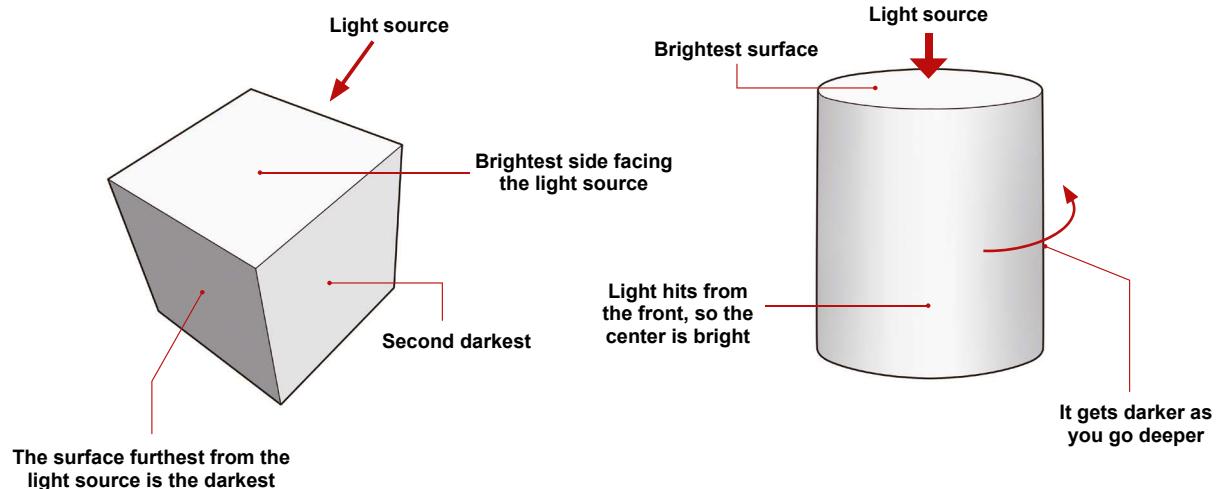
In addition to highlights that brighten when light hits them directly, there are reflected lights that brighten when they are reflected off of objects. Looking at the image on the right, there are areas in the shadow that look a little brighter. This is a phenomenon that occurs when light reflects off surrounding objects such as the floor.



Light is reflected on the floor, creating bright areas in the form shadow

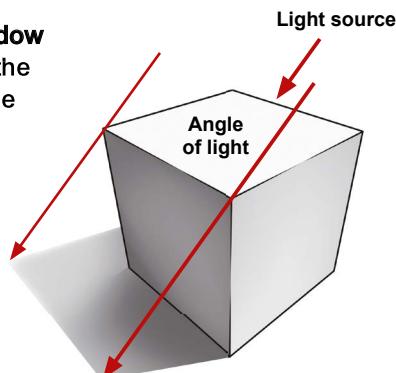
## How Shadows are Made

Let's see how shadows can be cast against the light source.



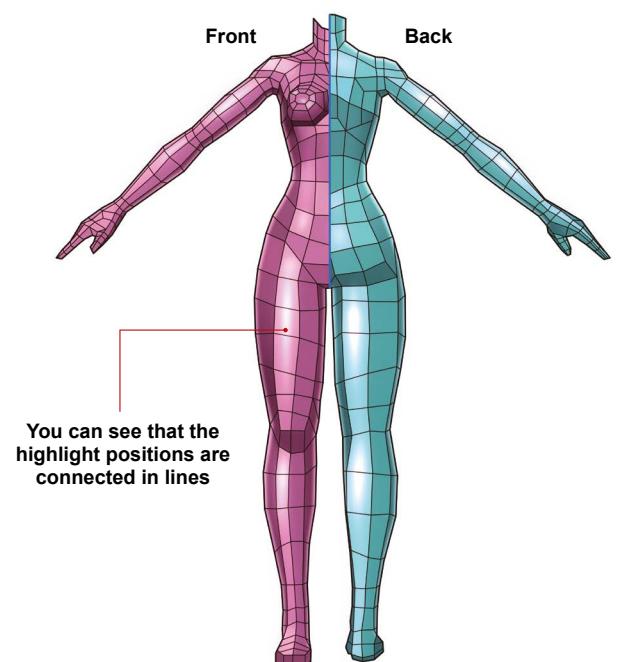
### Key Point

The direction of the shadow changes depending on the direction and angle of the light source.



## Solids and Highlights

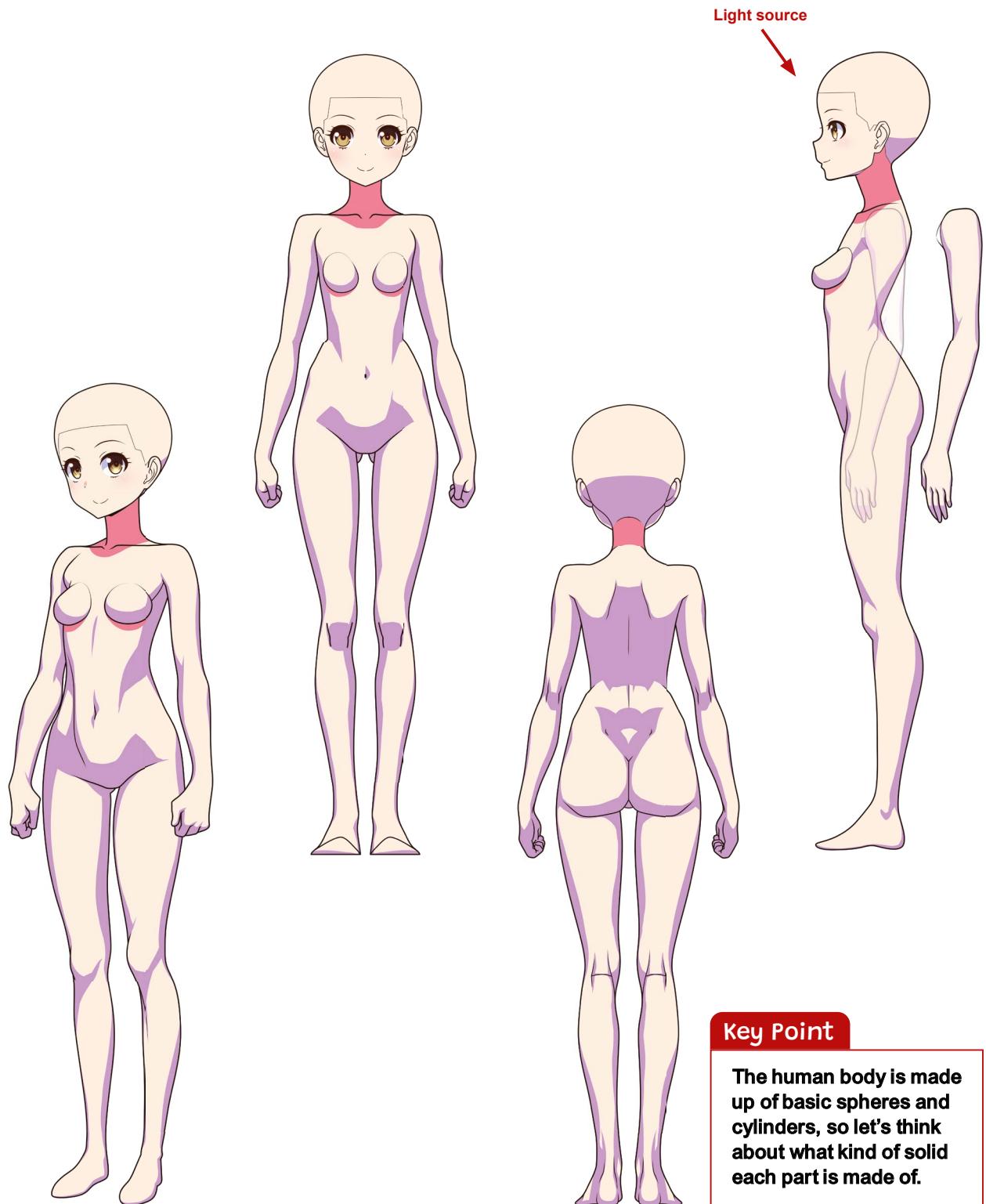
Observe the position of the highlight carefully. You can see that each highlight is connected on a line. The highlight can be placed at the most front facing position with respect to the light source. We tend to think that 3D objects are shadows, but highlights are also an important factor in 3D objects. You can draw a more three-dimensional picture by carefully considering the position of the light source and the surface and arranging the highlights.



## Shadow Position

Study the illustrations below to see how cast shadows and form shadows appear on the human figure. When drawing, the order of priority is: Cast shadow → Form shadow.

- = form shadow
- = cast shadow

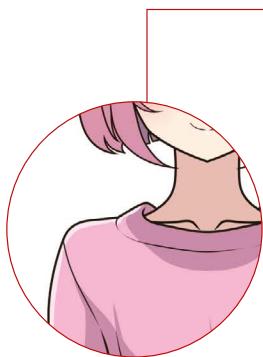


### Key Point

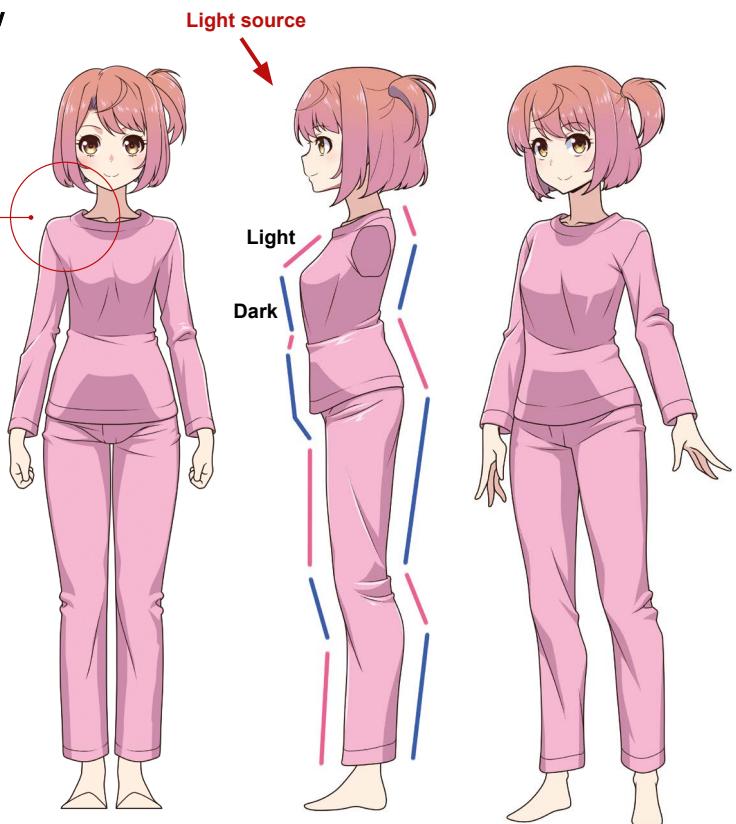
The human body is made up of basic spheres and cylinders, so let's think about what kind of solid each part is made of.

## Clothes Shadow

Compare this with the shadow on the body on the left page. You can see that the shadow is basically in the same position. If you are conscious of the position of the shadow of the base body and the three-dimensional shape of the clothes, you can draw the shadows of the clothes.



The highlight is a bright color close to the base color, not a pure white

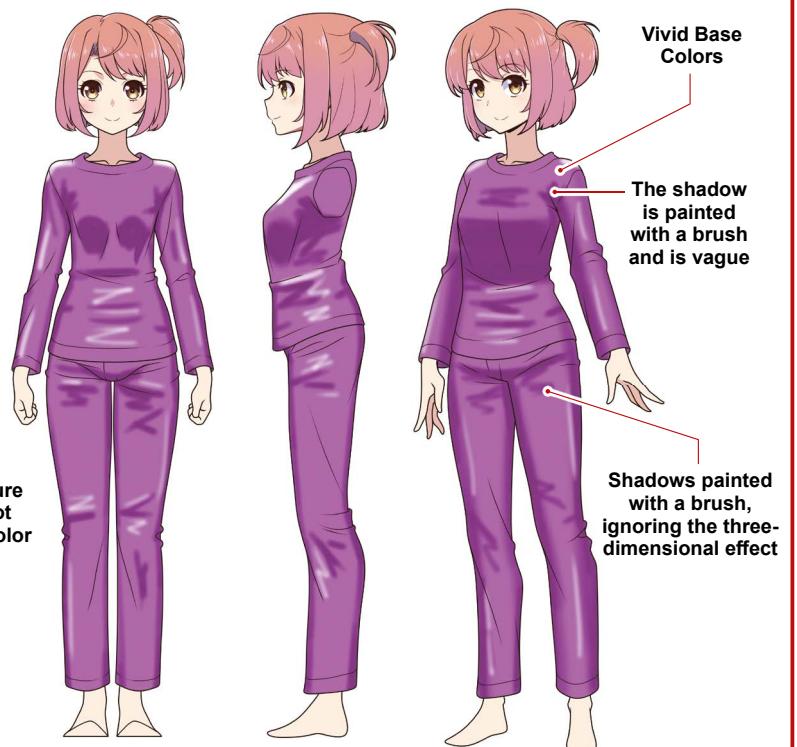


## Common Mistakes

The following figure shows shadow drawing that is common among beginners.

The shadows and highlights are painted with a brush using a strong blur, so it has a vague impression without sharpness. Also, I tried to express the flow of wrinkles too much with shadows, and the shadows ignored the three-dimensional effect.

Highlights are pure white and do not match the base color





Human Body

3D

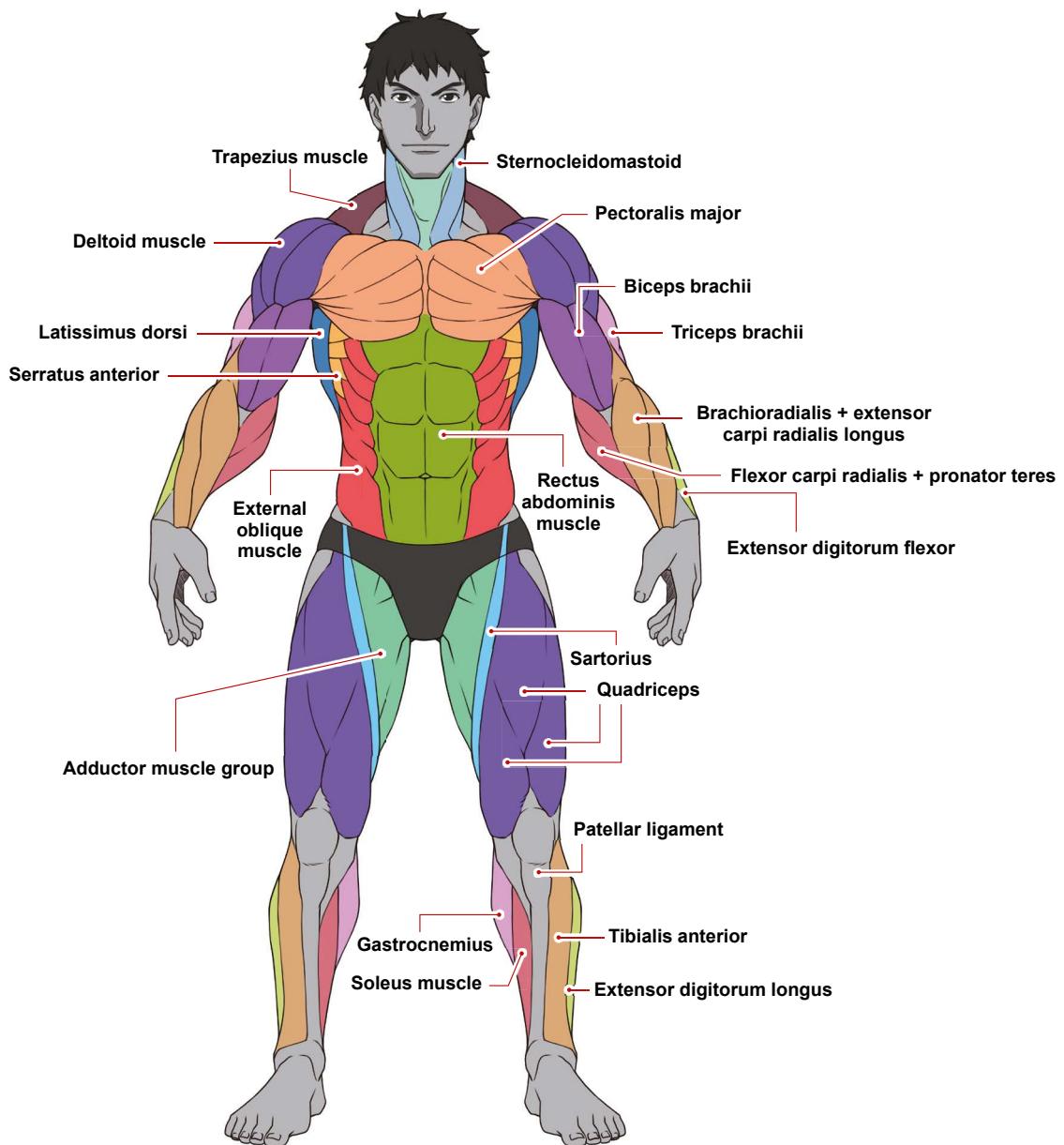
Knowledge

# Understanding Muscles

So far, we have talked about where the body swells and where unevenness is created when drawing a person's body, but it can be said that most of this is the three-dimensional effect of muscles. Today I will go into detail about the human musculature system.

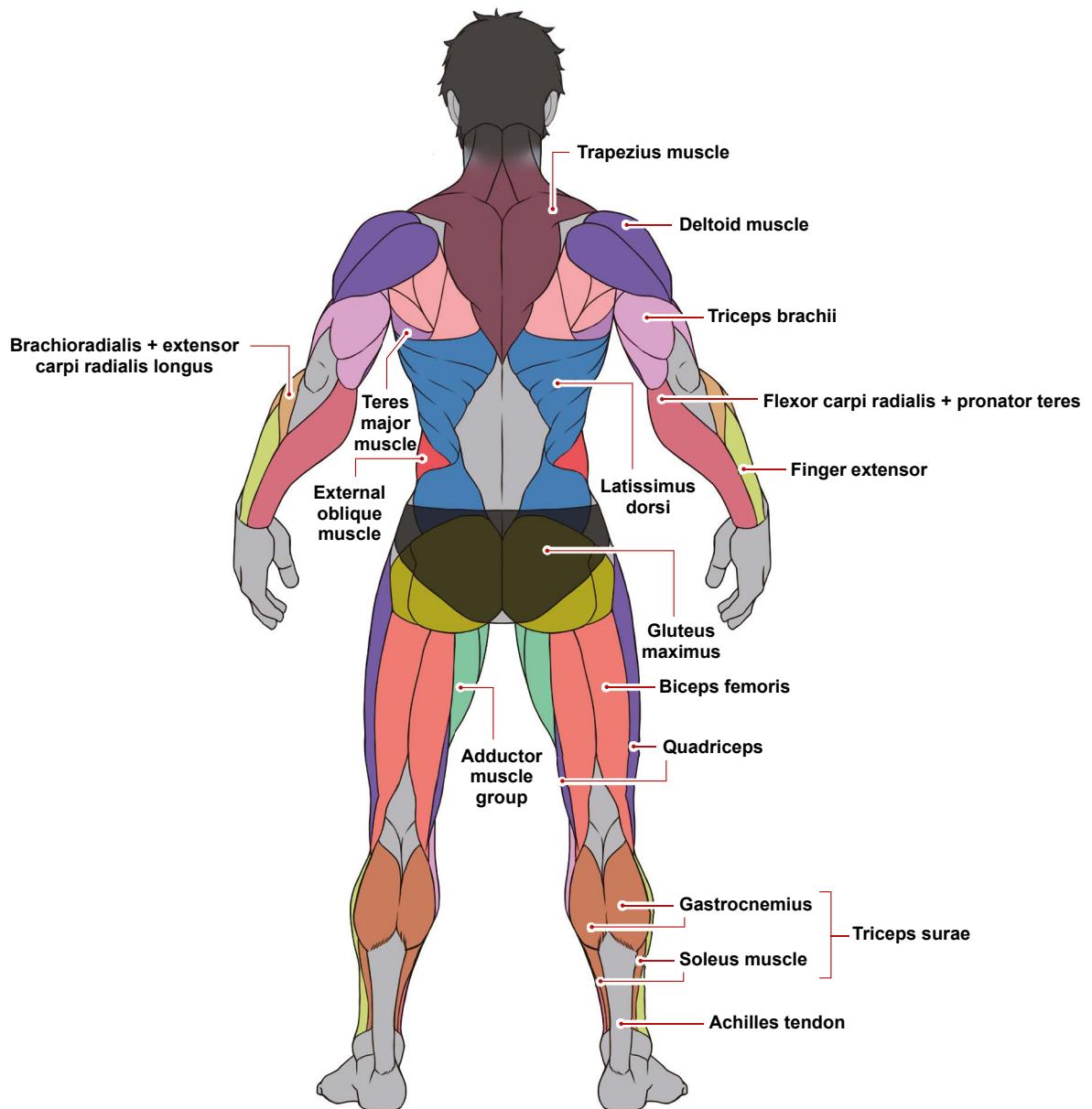
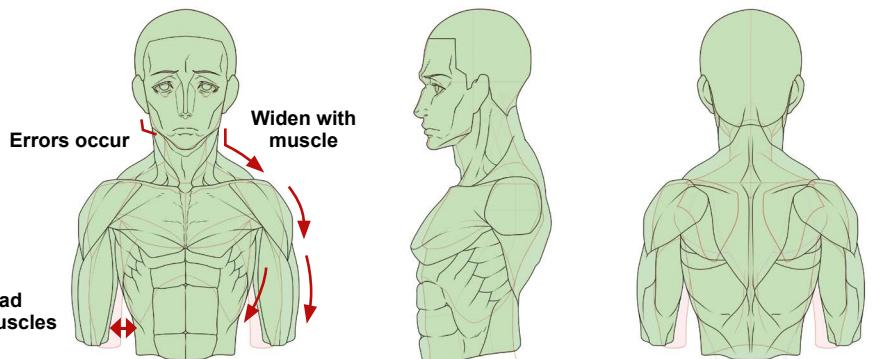
## Names of the Main Muscles

By knowing the locations of the various muscles, you can give the three-dimensional effect of the body a sense of reality. Only the names of the main muscles are shown here.



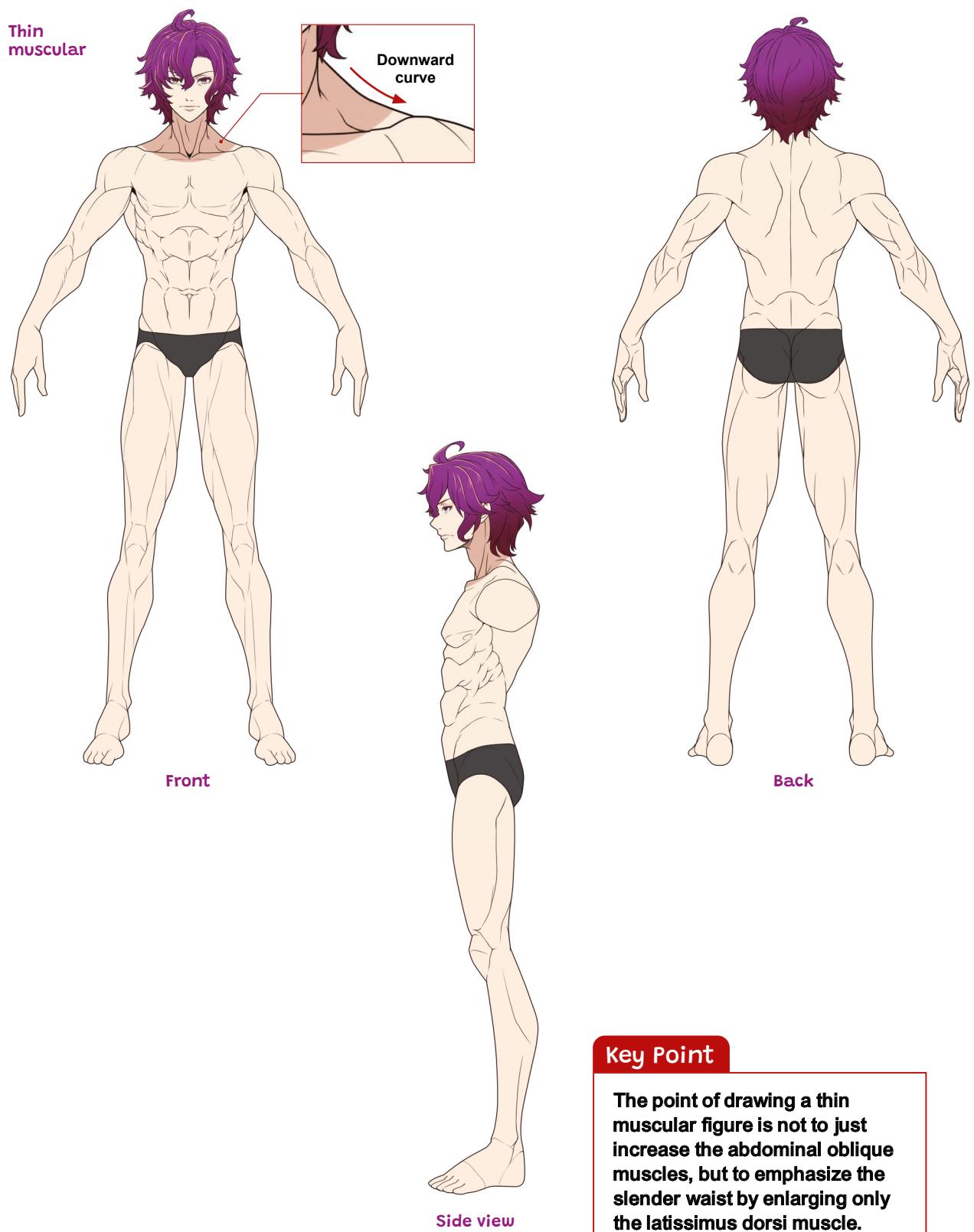
## Key Point

There are differences in physiology between slim and muscular physiques.



## Thin Muscular and Thick Muscular

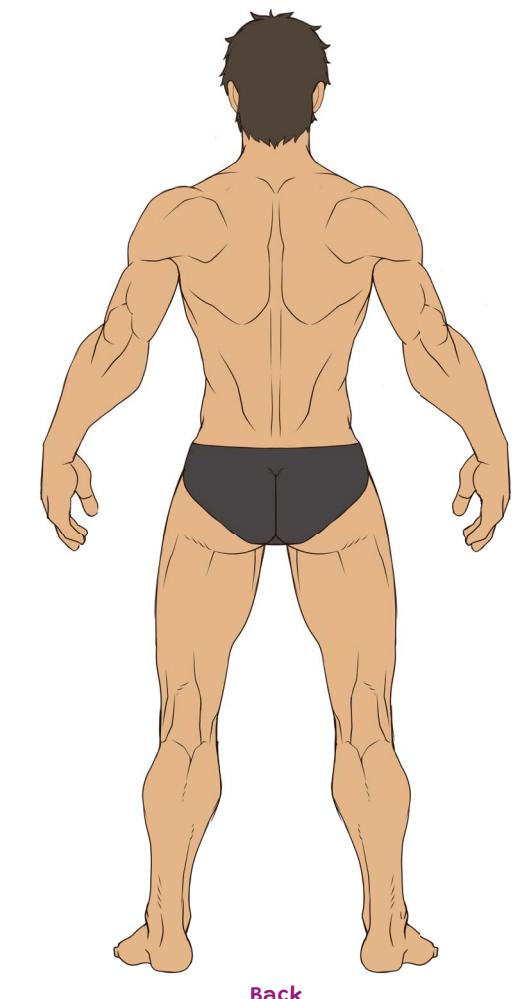
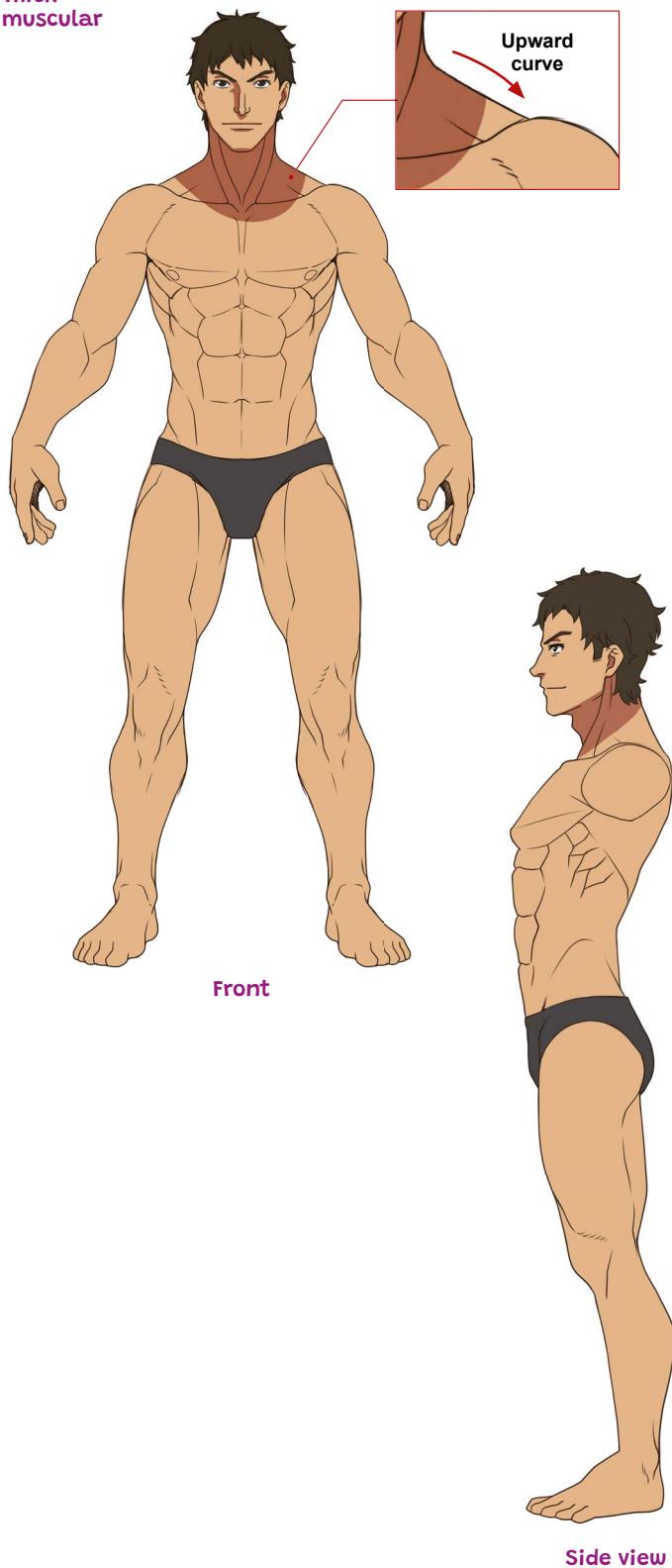
The body shape changes depending on the amount of muscle and how it is attached. Let's compare thin muscular and thick muscular.



### Key Point

The point of drawing a thin muscular figure is not to just increase the abdominal oblique muscles, but to emphasize the slender waist by enlarging only the latissimus dorsi muscle.

Thick  
muscular



Back

### Key Point

When comparing thin muscular and thick muscular figures, the big difference lies in the enlargement of the trapezius muscle, deltoid muscle, latissimus dorsi muscle, and quadriceps femoris muscle. In particular, the trapezius muscle has a downward curve in the case of a thin muscular figure, but you can see that it has an upward curve in the case of a thick muscular figure. On the other hand, it is difficult for muscles to attach to joints such as elbows, wrists, knees, and ankles, so there is not much difference.



Human Body



3D



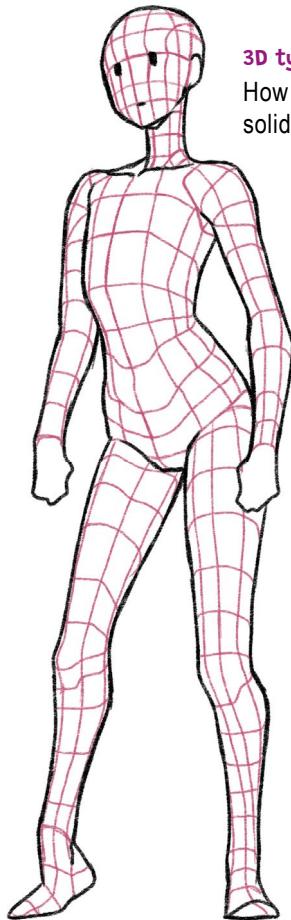
Efficiency

# How to Draw Using Various Rough Sketch Styles

If you can understand the three-dimensional effect of faces and shadows, you can draw while being conscious of the three-dimensional effect when drawing rough sketches. Earlier I explained how to draw basic brush strokes in the Beginner level, but here I will introduce various methods used to draw brush strokes.

## Various Sketches

I draw the brush strokes when I pose the figure, but there is no one correct way to draw them. I will introduce an example, so please try to find a way to draw a brush stroke that suits you. You can also draw using a combination of these.



3D type

How to capture a solid, like a 3D mesh



Bony type

How to draw only the minimum number of bones and add flesh later

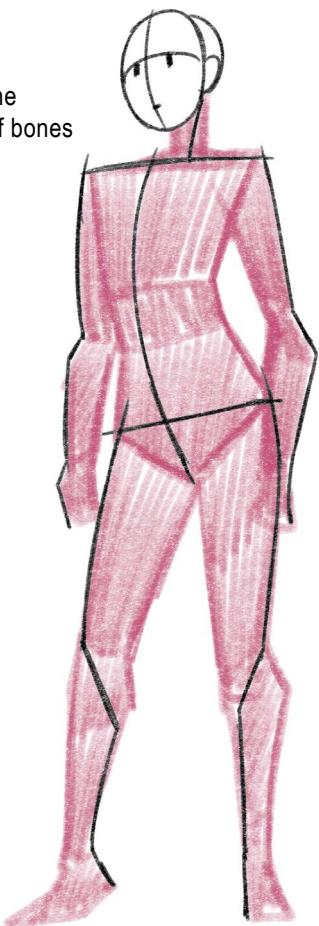


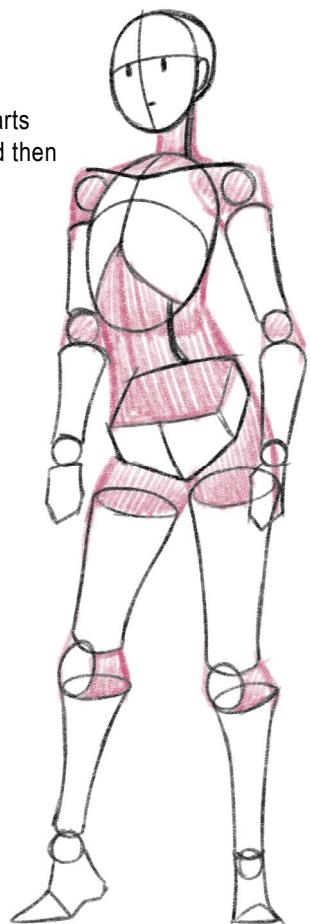
Figure type

How to put overlaps in movable parts such as joints and the chest



### Armor type

How to draw the parts with bones first and then connect the joints



### Box type

How to draw an armor-type skeleton with boxes, easy to be conscious of three-dimensionality



### Gelatin + lightning type

How to draw the torso like soft blocks of gelatin and draw the lines on one side of the arms and legs like lightning



# Tips for Drawing the Head

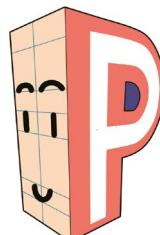
I've talked about the head several times before, but in the Intermediate level, I'll talk about the head including poses. I think that the shape of the head becomes difficult to draw at an angle, depending on the pose and composition, so let's explain the tips for the head again here.

## The Head is P-Shaped

The head resembles the shape of the letter "P".



Side

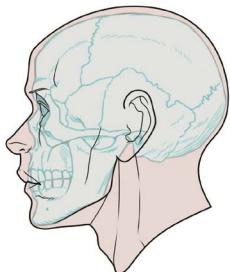


Angled

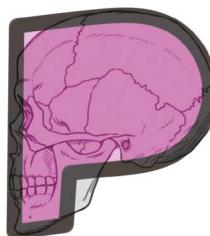


Front

Realistic adult male head



Skull



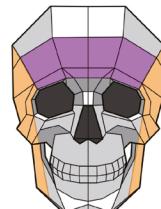
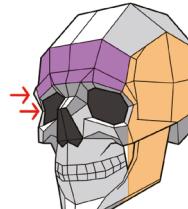
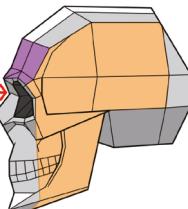
If you apply the P-shape to the skull...

Simplification

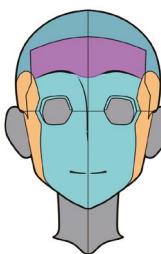
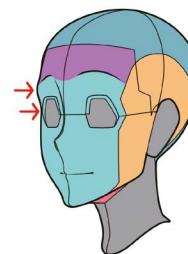
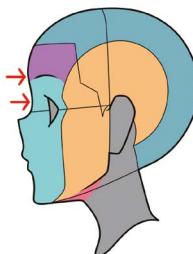
Think of the human head according to this flow:  
P-shape → simplified shape → rough parts

If you ever think a head you draw is too small or you are unsure about the shape, just apply a P shape to the drawing.

Protruding forehead and sunken eyes



Rough parts

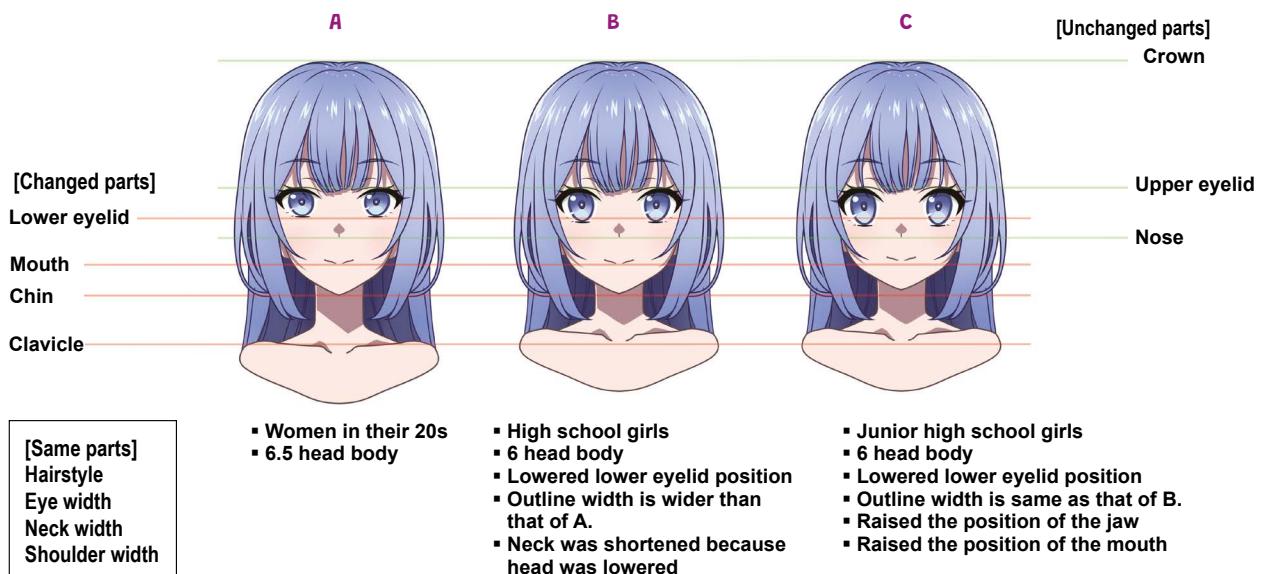


## Key Point

When simplifying or making parts, pay attention to the height of the forehead and eyes.

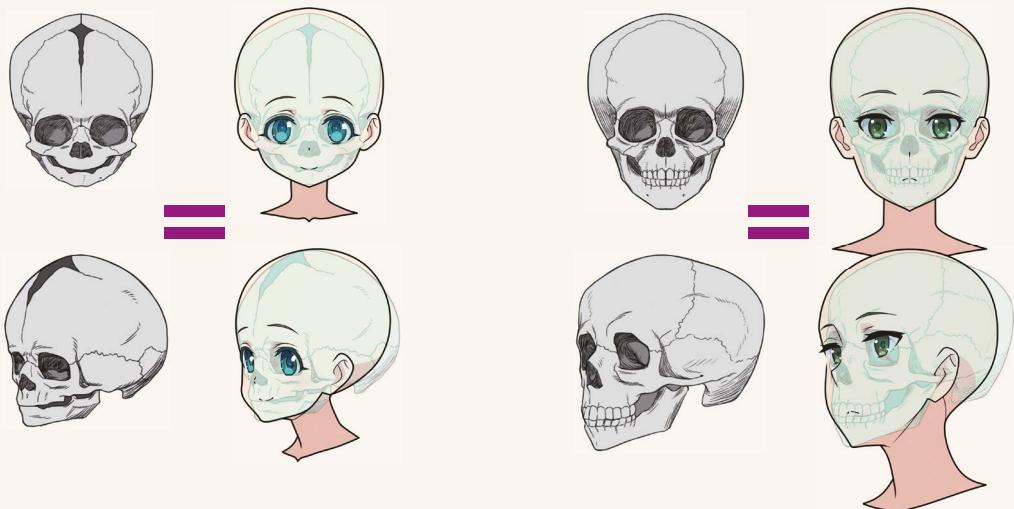
## Relationship Between the Position of Facial Parts and Age

Look at the following illustration. The hairstyle and shoulder width are the same, and the age is drawn by the difference in the position of the eyes, mouth, chin, and collarbone. In this way, the age can be drawn according to the position of the parts.



## FEATURE Head Balance by Age

There is a difference in the balance of the head depending on age. Furthermore, when comparing the same age in real life and in 2D, the 2D character will look younger.



The balance of a real newborn is the same as the balance of a 2D elementary school student.

The balance of a real 5-year-old child and the balance of a 2D teenager are the same.

That's it for this week. Take a break for 2 days!





# Differences Between Real Life and 2D

When I practice drawing, I sometimes draw from real objects and photographs, but if I apply a realistic balance to a two-dimensional illustration, won't it look bulky? This week, I will explain the difference between real and 2D and how to draw in 2D.

## From Real to 2D

The model looks cute in the photo, but if you draw her as a 2D character, she will look too slender. I will explain why this is the case.



**1** Take a closer look  
Observation is important when drawing in 2D.

**2** Measure the head and body  
If you measure the head and body, you can see that the body is 7.5 heads-high.



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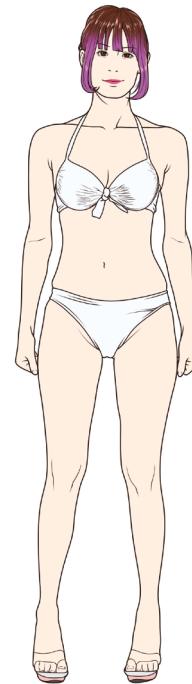


### Key Point

#### Part position

- elbow and waistline
- crotch and wrist

Let's keep these two positions!

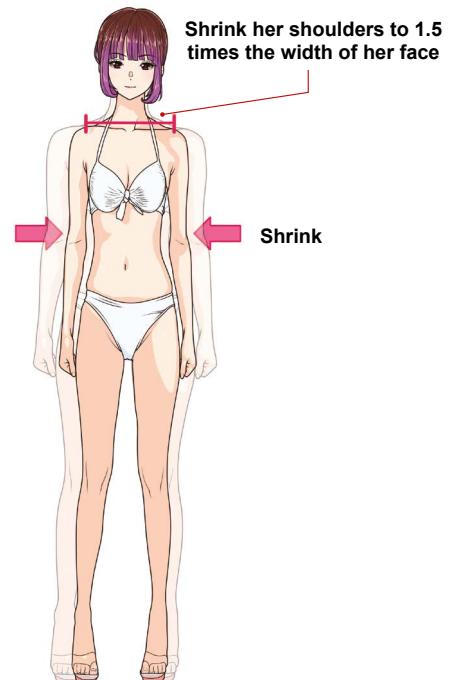
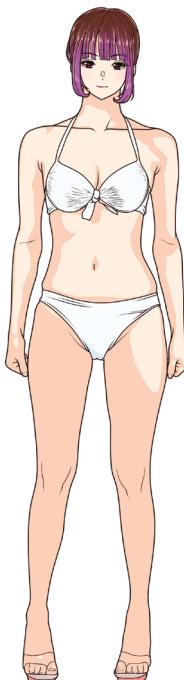


### 3 Check the balance of the human body

Refer to the Balancing Guide for the Human Body that we learned in the 4th week (page 84). There may be some variations due to individual differences.

### 4 Two-dimensionalization

Create a copy of the photo. This gives us a pretty rough impression. I'd like to make a two-dimensional picture. So what do we do?

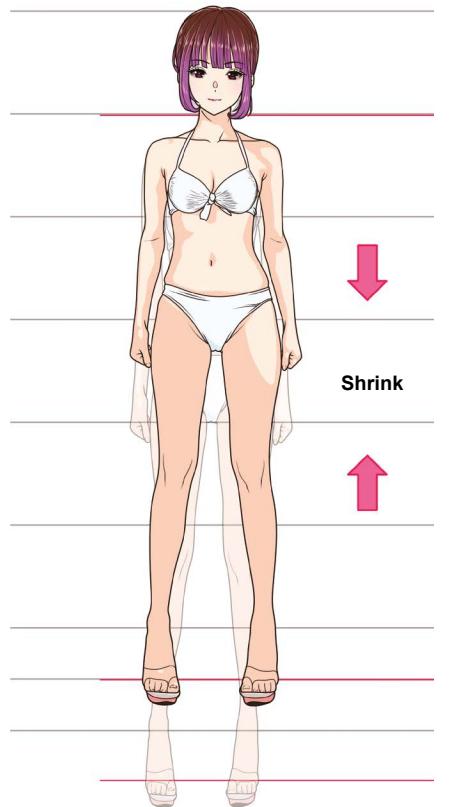


### 5 Take a 2D picture of the face

I made a two-dimensional picture of the face and added a shadow. However, this will make her neck and shoulders feel wider, and you see a lot of inconsistency.

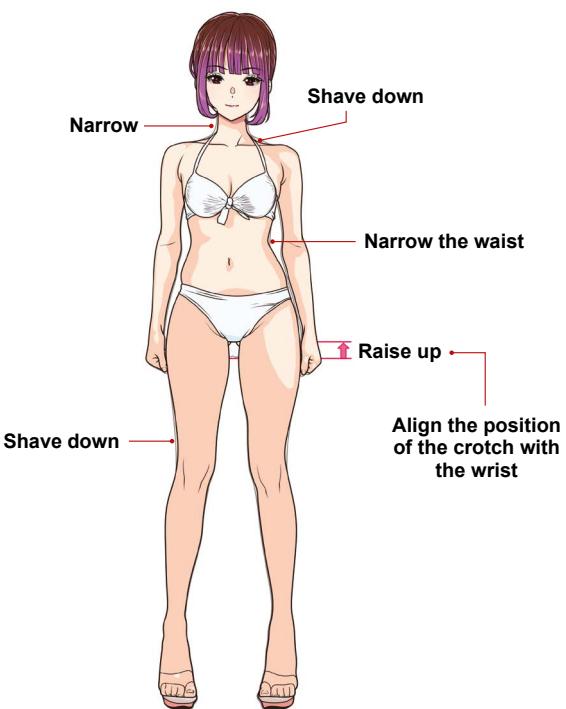
### 6 Make the width of the body thinner

Next, I shortened the width of the body to about 1.5 times the width of the face. It still feels a little strange, but it looks like it's getting closer to a two-dimensional picture.



### 7 Make her 6.5 heads-high

7.5 head-high is too tall for a 2D picture, so I shortened it to 6.5 from the neck down. It's pretty close to a 2D drawing.

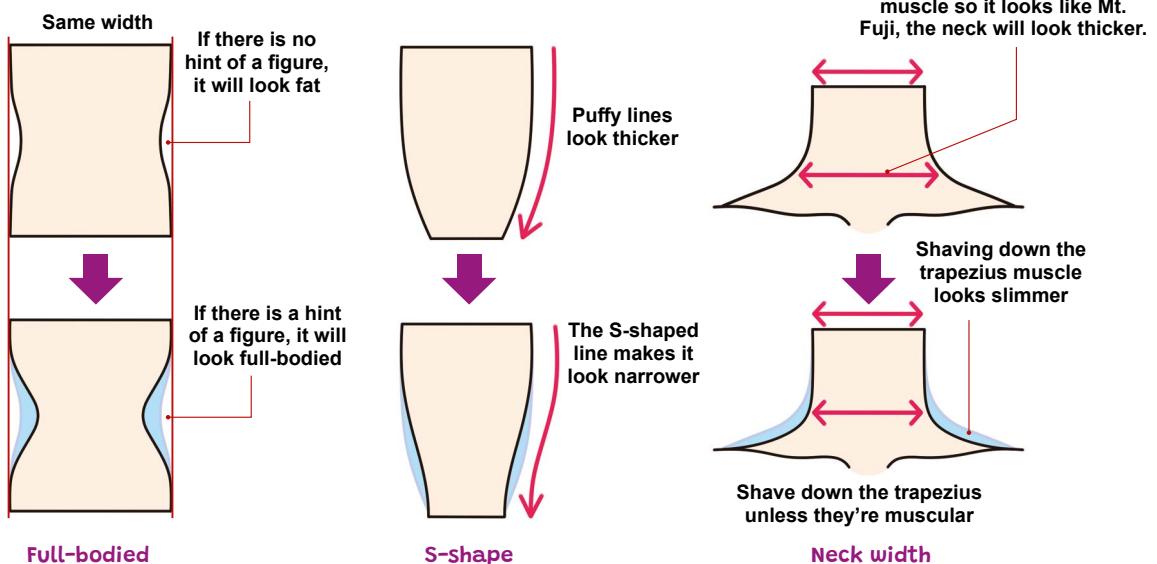


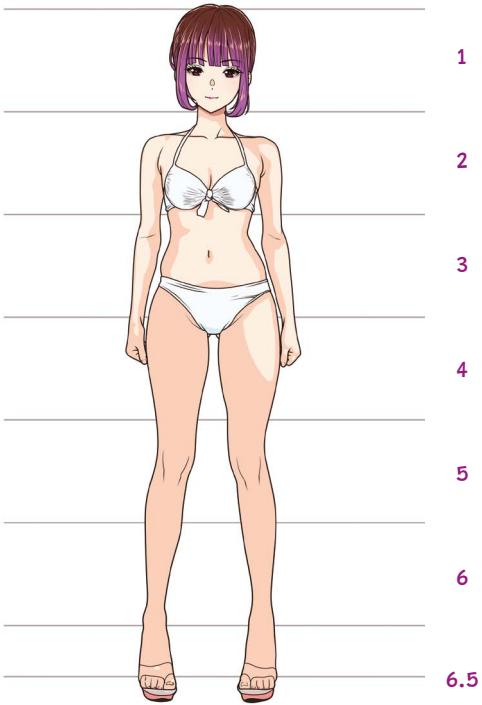
### 8 Make final adjustments

With reference to the Balancing Guide for the Human Body (page 84), I raised the crotch to the level of the wrist, narrowed the neck, and reduced the trapezius muscles. Furthermore, by shaving the joints and adding sharpness (to make it S-shaped), the two-dimensional drawing took shape.

## Key Point

Finally, I adjusted the sharpness, S-shape, and thickness of the neck. Let's see what really changed.

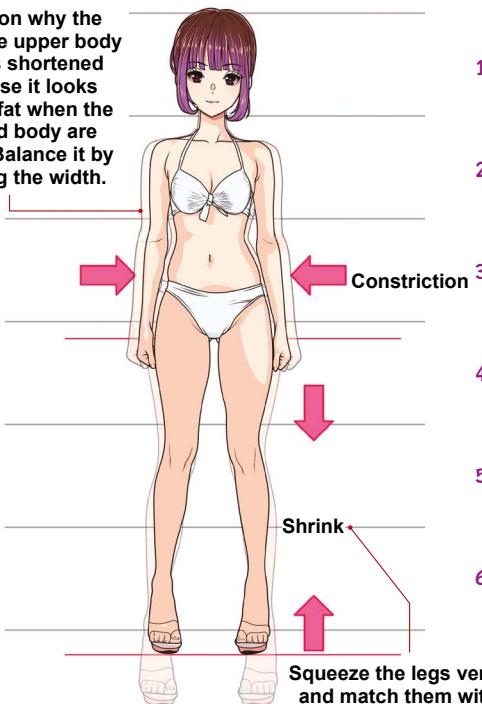




### 9 Completion of a 6.5 heads-high body

Tall characters and realistic characters are completed with this.

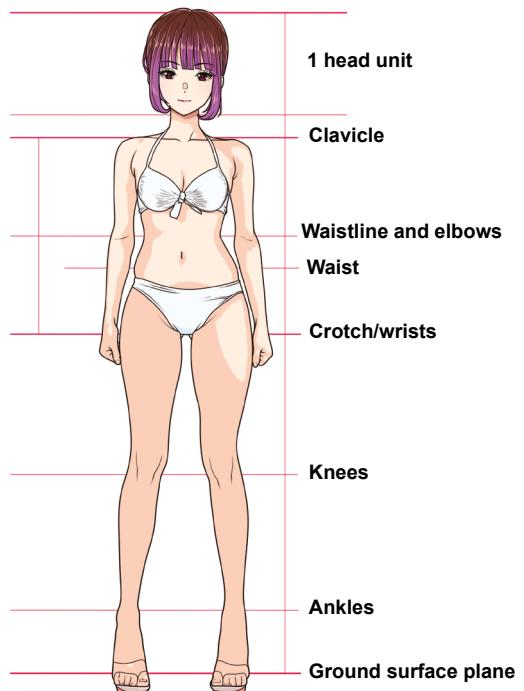
The reason why the width of the upper body (chest) is shortened is because it looks relatively fat when the head and body are lowered. Balance it by narrowing the width.



### 10 Convert to 6 heads-high

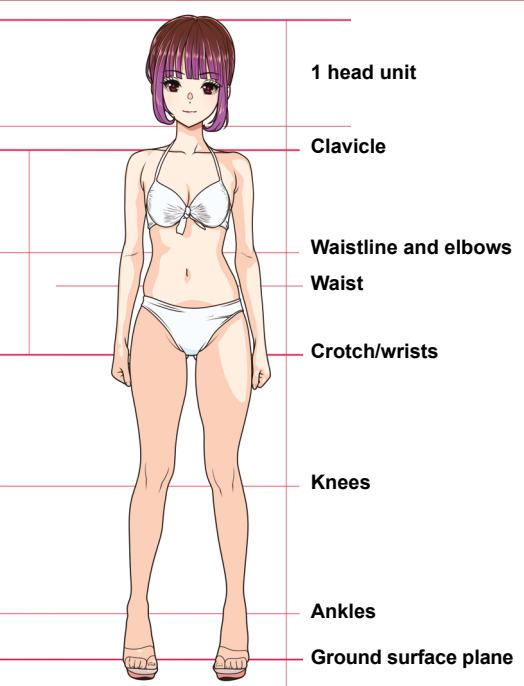
When making a six heads-high body, the upper body (chest) is shrunk horizontally and the lower body (legs) is shrunk vertically. In addition, the position of the lower eyelids is lowered to make the face look a little younger.

### Key Point



You can see that the basic balance has not changed even if you change the head.

### Key Point



You can see that the basic balance of the human body is firmly maintained even with a six-heads-high body.

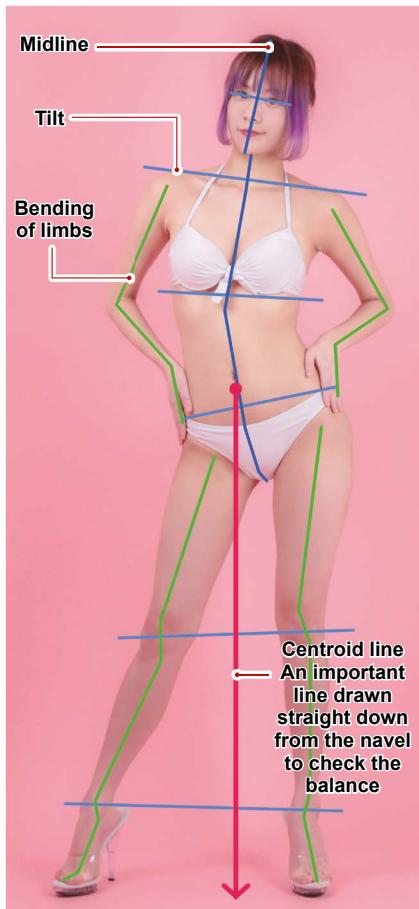


# How to Draw Complex Poses

Now that you know how to draw from a photo and how to adjust the head and body, draw a slightly more complicated pose. Observation is the most important thing in drawing. Let's draw while observing carefully.

## Drawing from a Photo

Until now, we have practiced drawing a standing figure without a pose, but let's try drawing with a pose here. I will practice using a "two-dimensional drawing" method.



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## Key Point

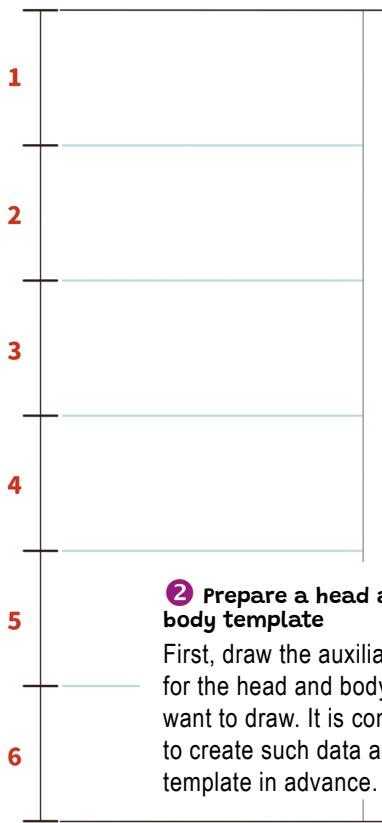
If you draw using a photo as reference, it's easier to create a more realistic drawing. In this book, we call this the "practice method of reproducing poses" and it used in a two-dimensional drawing.

### 1 Observe the original drawing

First, carefully observe the pose. Let's add the median line, tilt, how the arms and legs bend, and the center of gravity line on the original image.

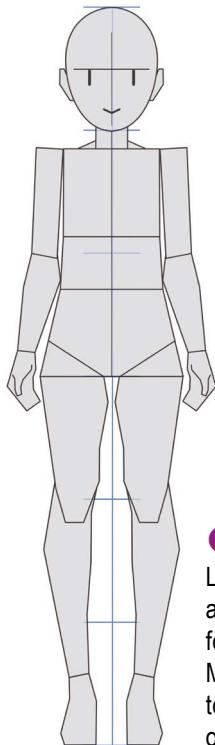


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### ② Prepare a head and body template

First, draw the auxiliary lines for the head and body you want to draw. It is convenient to create such data as a template in advance.

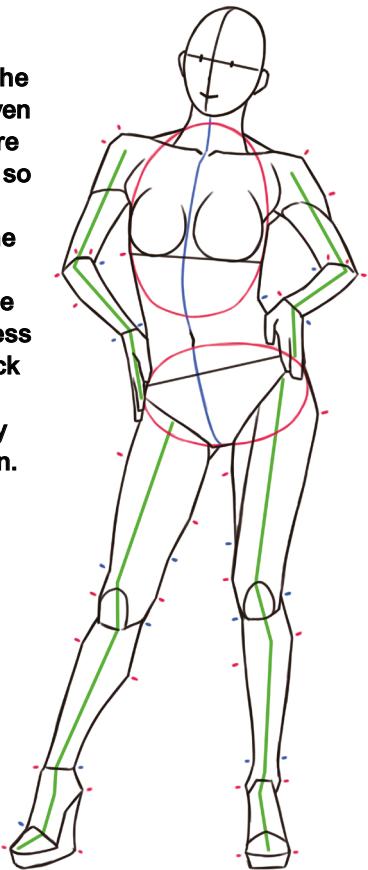


### ③ Draw a simplified body

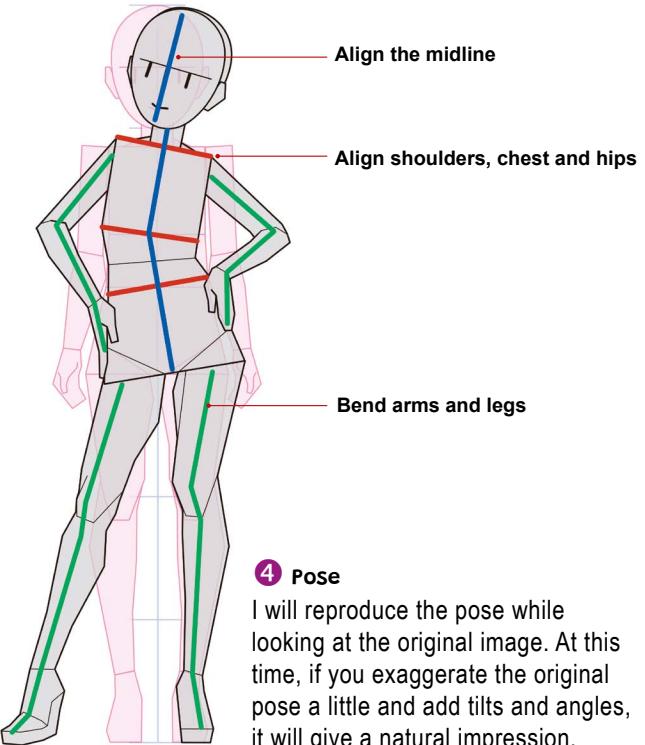
Let's place the front body according to the Balancing Guide for the Human Body (page 84). Moving this body makes it easier to pose. You can skip this step once you get used to it.

## Key Point

Even if we draw the figure with the same balance as the photo, it doesn't look the same for some reason. Even if you trace the photo, there is no surface information, so the tilt feels weak and it does not look like the same three-dimensional object. Also, since there is no face information for the thickness of the body, it will look thick when traced. Therefore, exaggeration is necessary for two-dimensionalization. This is called a "two-dimensional lie."



You can try tracing the original image first. Let's write down dots such as for the unevenness of the body and the inclination of the chest and waist.



### ④ Pose

I will reproduce the pose while looking at the original image. At this time, if you exaggerate the original pose a little and add tilts and angles, it will give a natural impression.

## Key Point

**What you have learned so far is important. If there is something you are unsure of, feel free to review the lesson.**



**5** Draw a draft based on the body in the pose of ④  
Don't try to draw beautifully from the beginning, but first focus only on the rough shape and balance.



**6** Make a fair reproduction

Lower the opacity of the drafted layer and clean it up. At this time, let's draw while observing the original photo while paying close attention to the S-shape.



**7** Observe shadows

Observe the shadows in the original photo. At this time, if it is an image, if you convert it to monochrome and increase the contrast, the shadow will be clear and easy to observe.

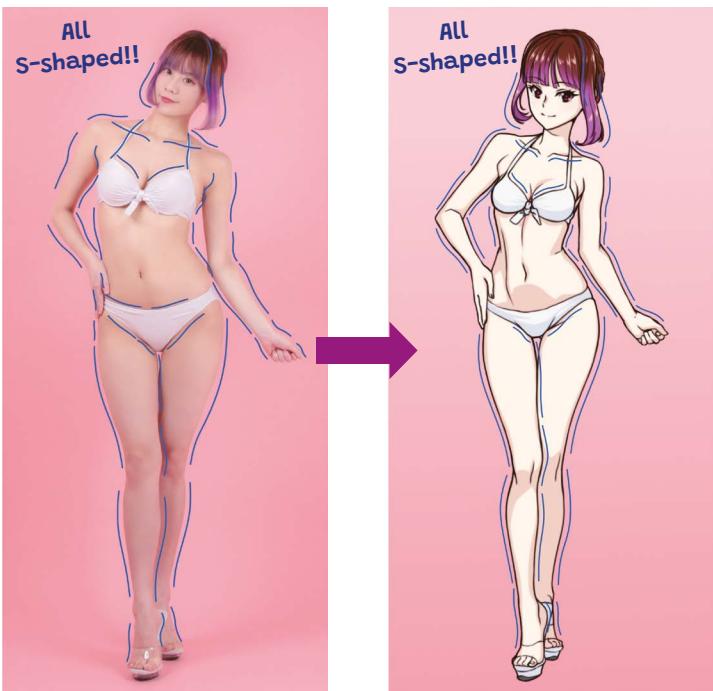


**8** Add shadows

I will add the shadows. Don't Prioritize plausibility. If you don't understand, try using the shadows of your favorite picture as a reference.

## Key Point

One of the points that make the picture look beautiful is the beauty of the S-shape. However, it is very difficult to bring out the beauty of this shape, and it requires skill, so always be conscious of drawing the lines.



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## FEATURE Creating Balance When not Drawing the Whole Body



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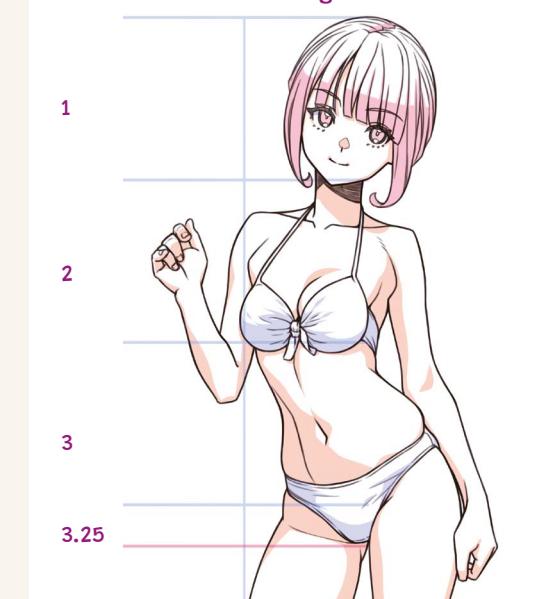
In cases of 6.5 heads-high

1

2

3

3.25



Some people find it difficult to draw a cropped body figure. If you refer to the Balancing Guide for the Human Body (page 84), half of the head and body is the position of the crotch, so if you have a 6 heads-high body, you can draw the crotch at the 3 heads-high body position, and if you have a 6.5 heads-high body, you can draw the crotch at the 3.25 heads-high body position. Similarly, the area between the shoulders and the crotch is constricted, so the basic balance is not lost, and if you know the key points, you can draw an accurate pose without drawing the whole body.



# How to Draw Clothed Poses

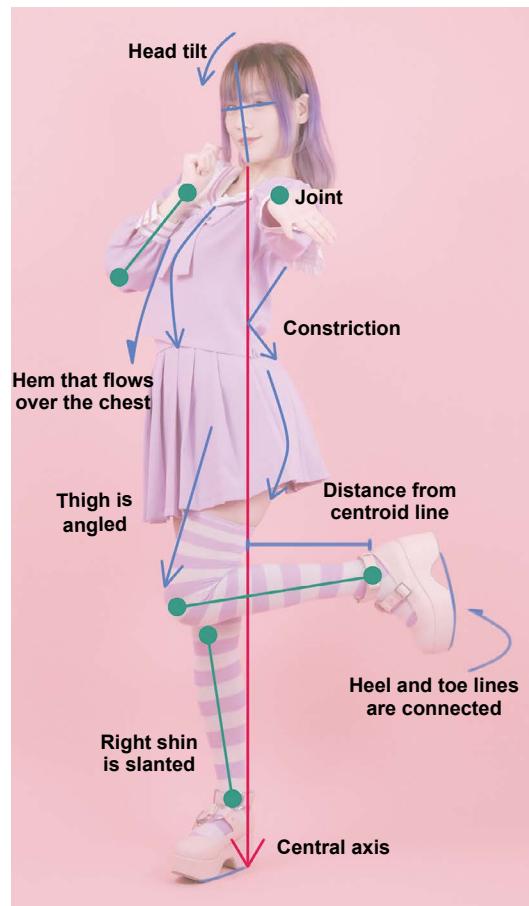
Yesterday I drew a character using a photo of a woman in a swimsuit as reference, but today I will explain how to draw a figure fully clothed. It's important to draw while remaining conscious of the parts of the body that are hidden by clothes and cannot be seen.

## Draw with Awareness of the Invisible Parts

When drawing poses with clothes on, it is important to be conscious of the parts of the body that are hidden and not visible. Be aware of the positions of key parts, such as the positions of knee and elbow joints and waistlines, and that the lines are connected even where they are hidden by clothes.



If she is standing on one leg, pay attention to her center of gravity.



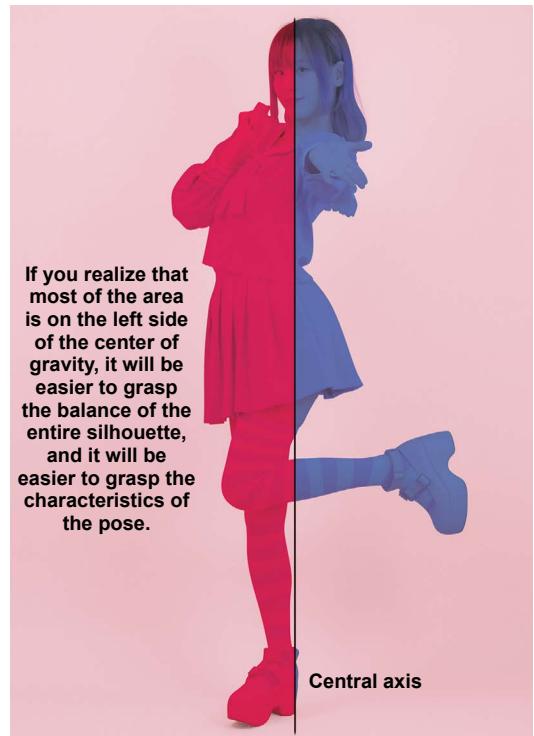
### ① Observe the characteristics

First, observe the characteristics of the pose. Especially for one-legged poses, determine the center of gravity precisely.



#### ② Draw the head, chest, and waist

First, represent the position and inclination of the head, chest, and waist with simple circles.



#### ③ Confirm the area of the silhouette

The pose is easier to understand by observing how the areas of the human body are arranged on the left and right with respect to the central axis.



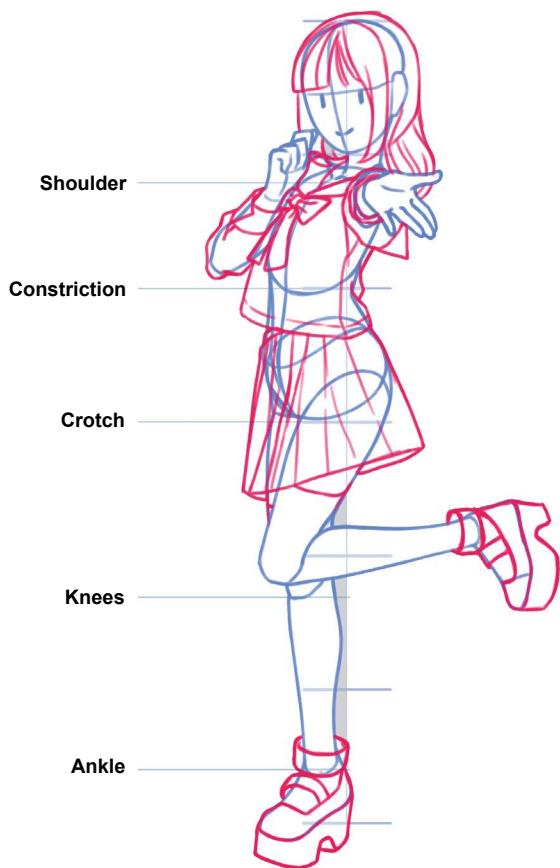
#### ④ Draw the body

Based on the three circles drawn in ②, draw the features observed in ① to draw the body.



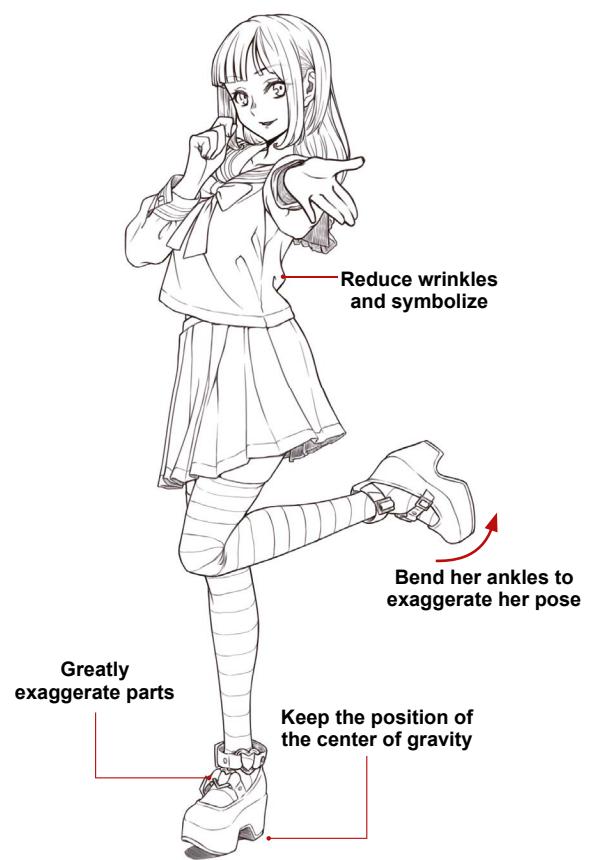
#### ⑤ Draw the costume

First, draw the costume in a simple form.



### 6 Convert to 6 heads high

Imagining an idol pattern and converting it to 6 heads high. Refer to page 138 for the conversion method. At this time, be aware of the positions of the parts you observed in ①.

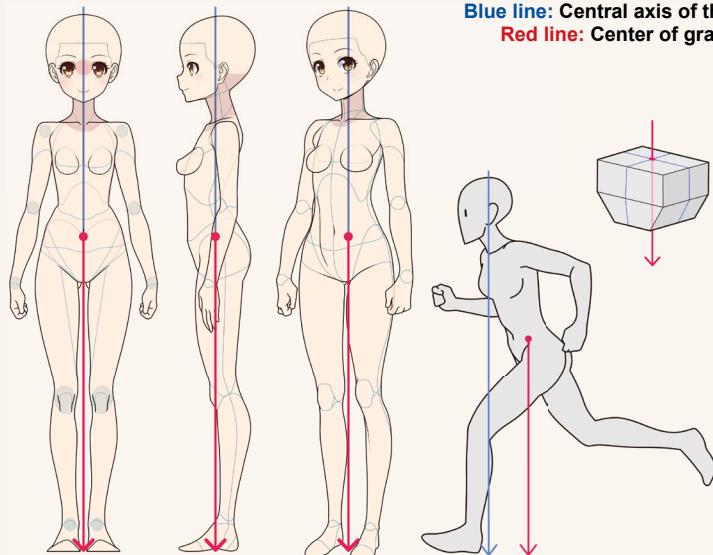


### 7 Make a clean reproduction

While drawing the face and costumes, exaggerate the pose and make a fair reproduction.

## FEATURE Center of Gravity

The center of gravity is important to make it look like the person is standing firmly on the ground. The center of gravity is roughly below the navel. When you are standing straight, the central axis and the center of gravity are in the same position, but when you stand on one leg or move, the central axis and the center of gravity shift.





# Exaggerating Small Objects

When drawing 2D pictures, if you draw ribbons or eyeglass accessories in real size, they may look small. This can be solved by exaggerating these small items.

## Exaggerating Small Objects

When converting a photo to a 2D drawing, I reduce information such as shadows and wrinkles. Similarly, if you draw small items the same size as the real thing, the amount of information is reduced and they will look smaller. Rather than adding shadows and wrinkles, I can make up for the information that has been removed by exaggerating and drawing them slightly larger.



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Hairpins, glasses, ribbons, and buttons are exaggerated and shown larger than their actual size. Small, detailed objects such as hairpins can be well balanced by exaggerating their appearance.



Photograph

Drawn actual size

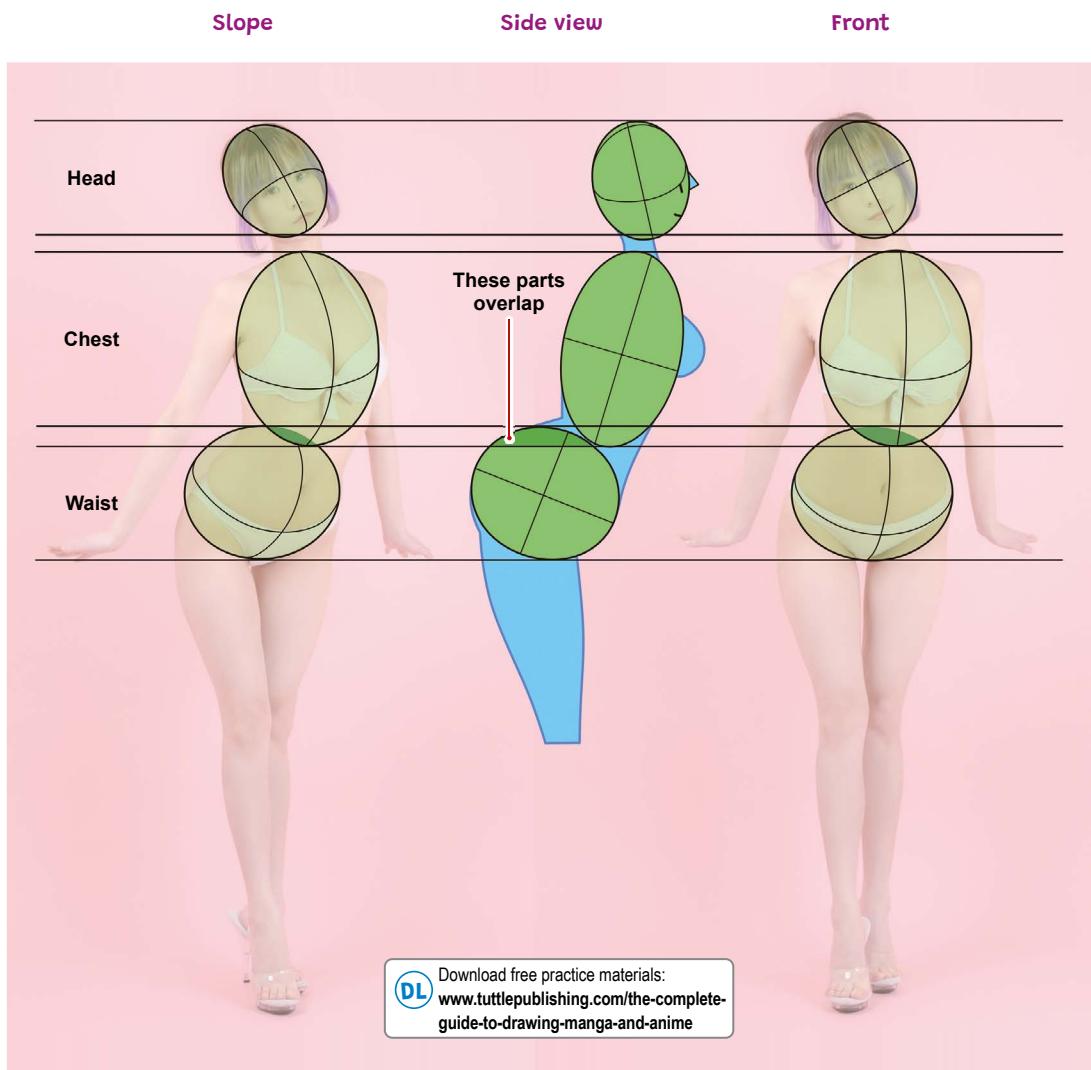
Exaggerated

# The Relationship Between the Front and Rear of the Body

When the body is leaning forward or the composition is angled up or angled down, the torso may become excessively long or short. This is also true when perspective is focused to the hands and feet and you do not pay attention to overlapping parts. Today I will explain the relationship between the front and back of the body.

## The Relationship of Overlapping Parts

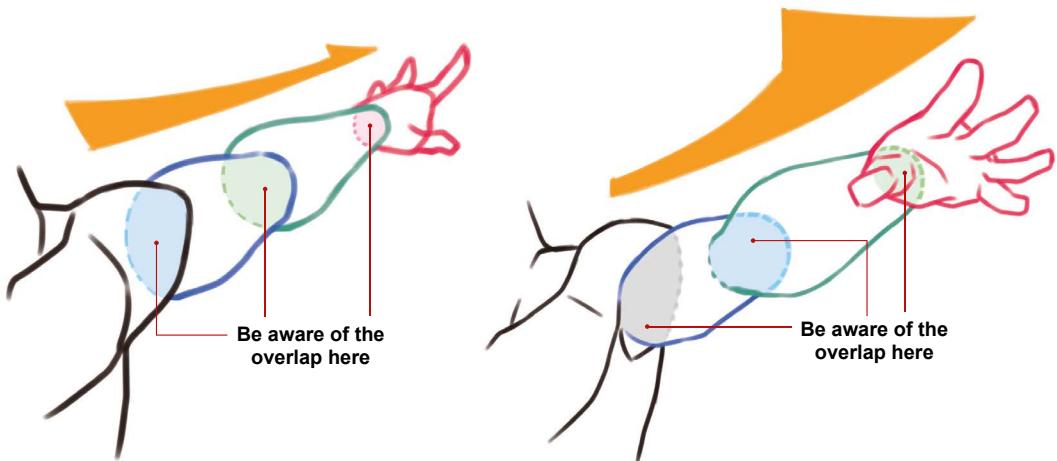
When drawing a picture that has a front-back relationship, such as a forward leaning posture, you can think of the head, chest, and waist as three circles. Be aware of the front-back relationship and how they overlap.



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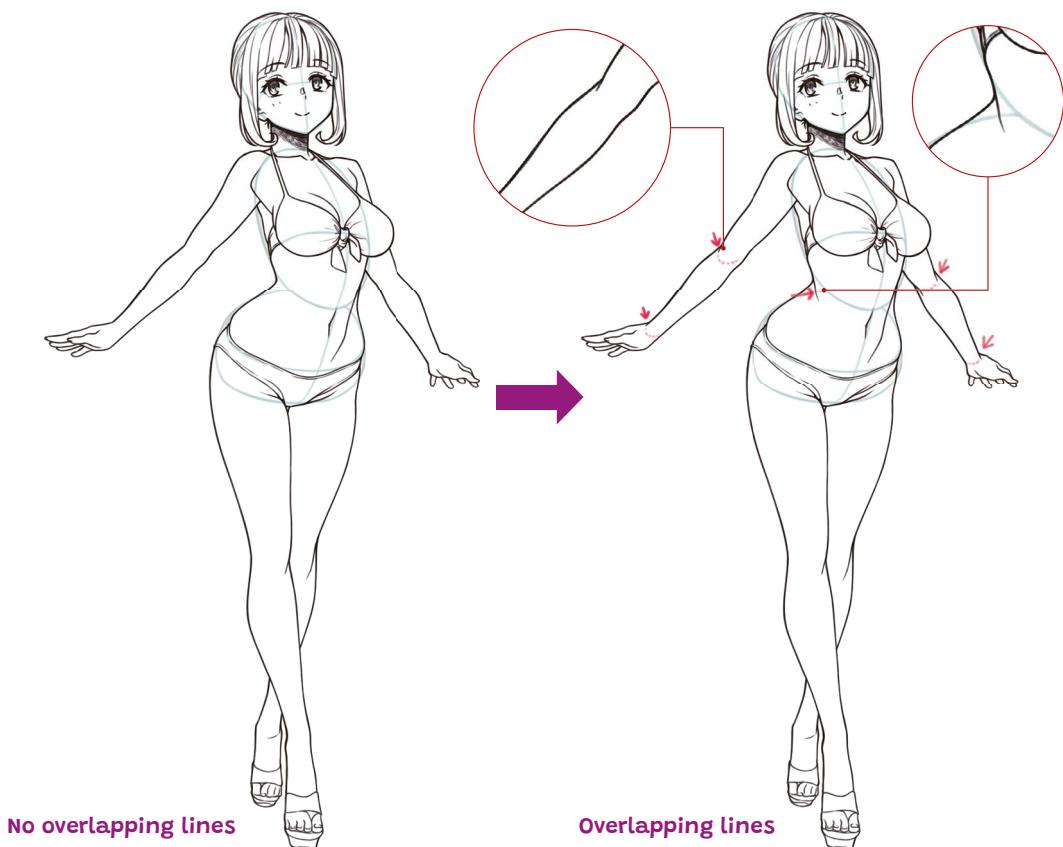
## The Arm in Perspective

You can express perspective by layering parts in arms the same way we did with the front and back of the body.



## Expressing Context

Adding a line in the overlapping part makes the front and back relationship clear.



That's it for this week. Take a break for 2 days!



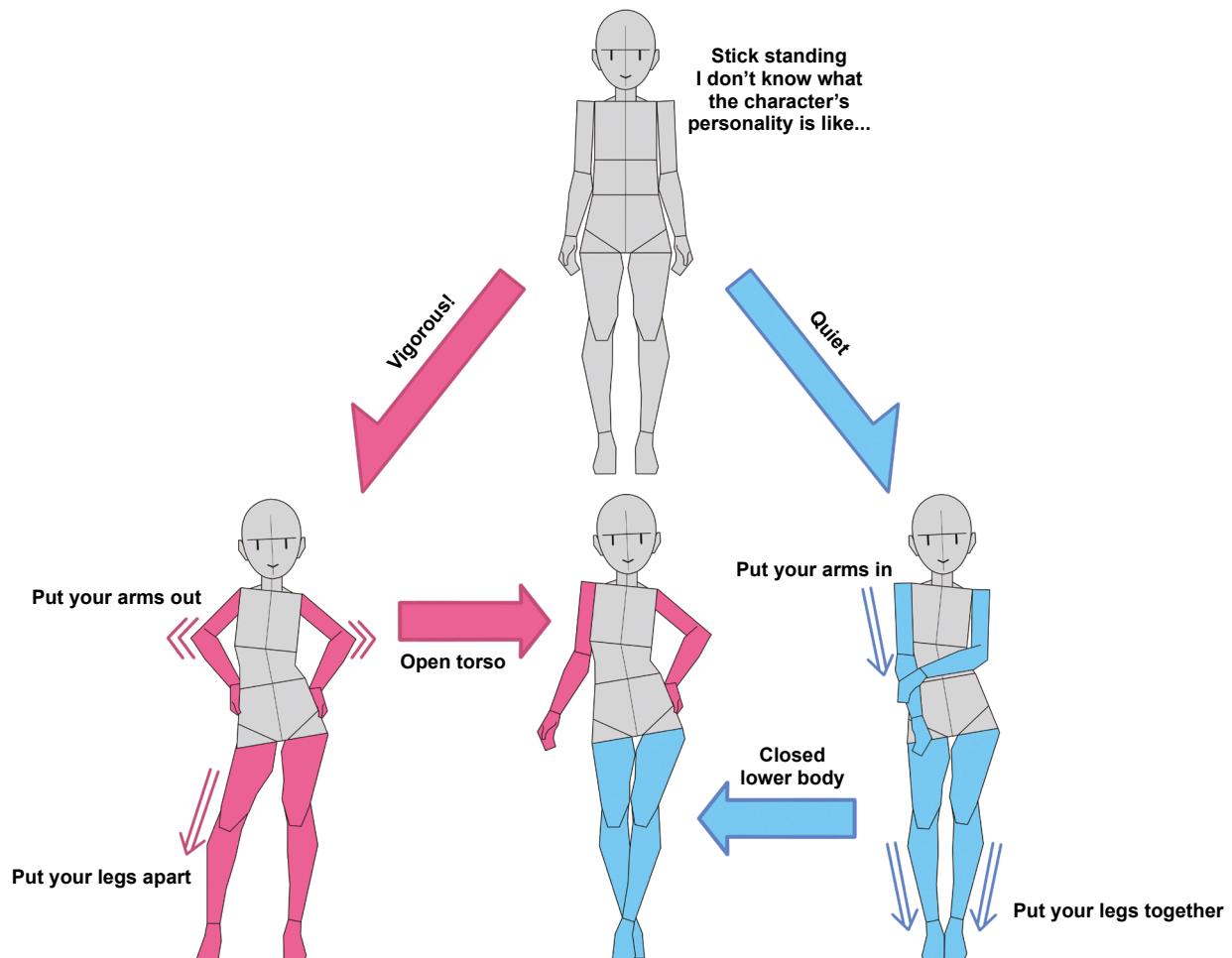


# Character Pose Basics

When you're thinking about poses, do you find that the standing posture is unnatural or poses that don't suit your character? I will explain how to draw poses that match your personality and natural standing poses.

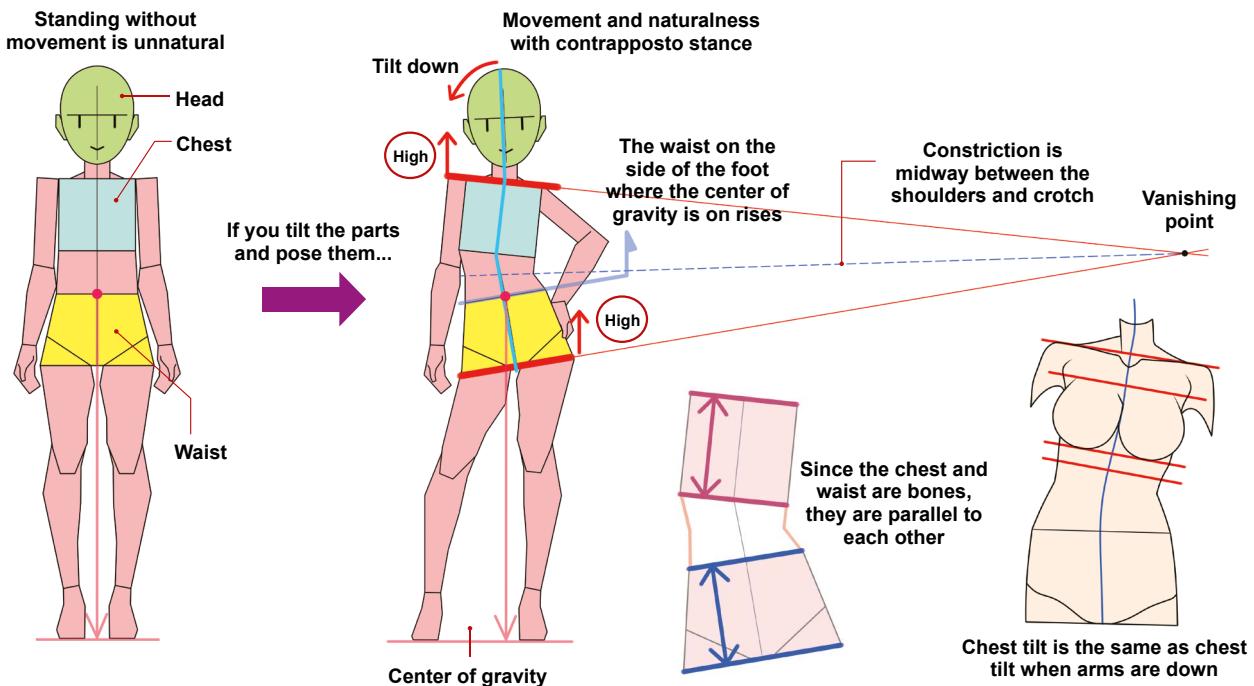
## Open and Closed Poses

There are open poses and closed poses, and each gives a different impression. An open pose gives a lively impression, and a closed pose gives a gentle impression. Of course you can combine them. Think about poses that match your character's personality.



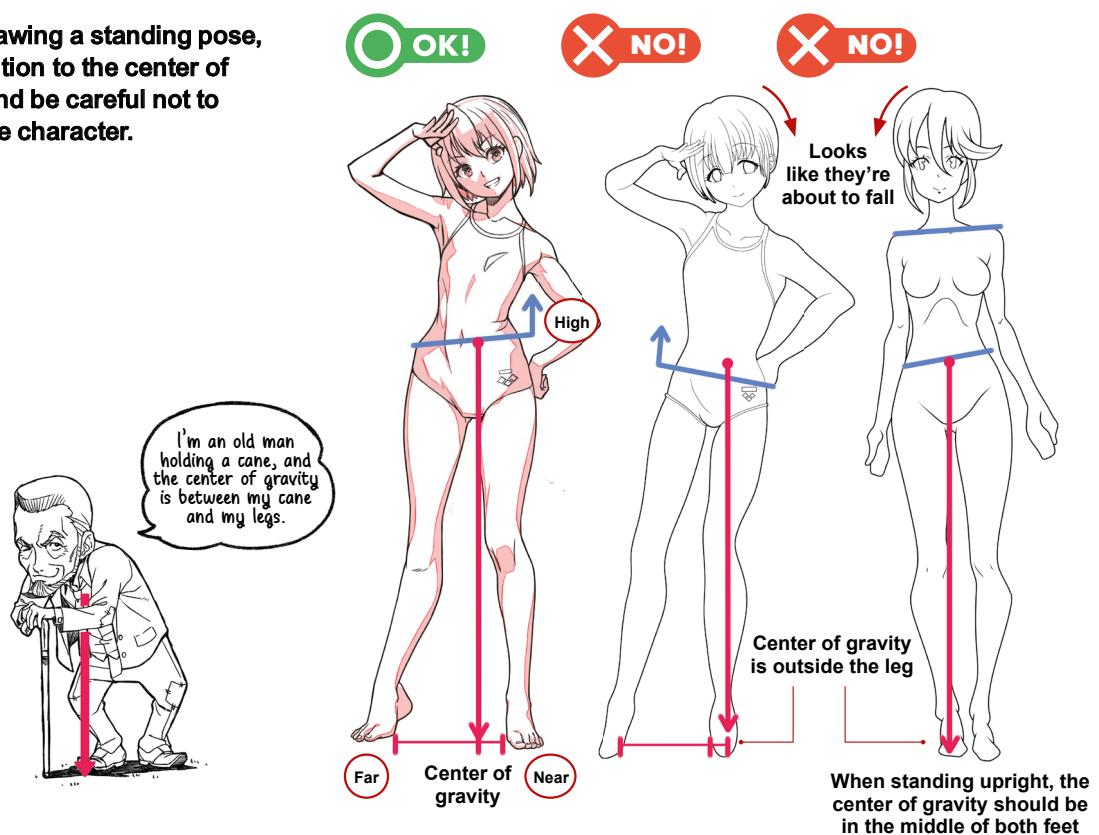
## Creating Natural Standing Poses with a *Contrapposto* Stance

A figure standing with weight on one leg is called a *contrapposto* stance. Since the weight is put on one leg in this stance, the inclination of the shoulders and hips are reversed, creating an S-shaped silhouette. By doing this, you can create a natural standing pose.



### Key Point

When drawing a standing pose, pay attention to the center of gravity and be careful not to topple the character.





Human Body



Drawing Techniques



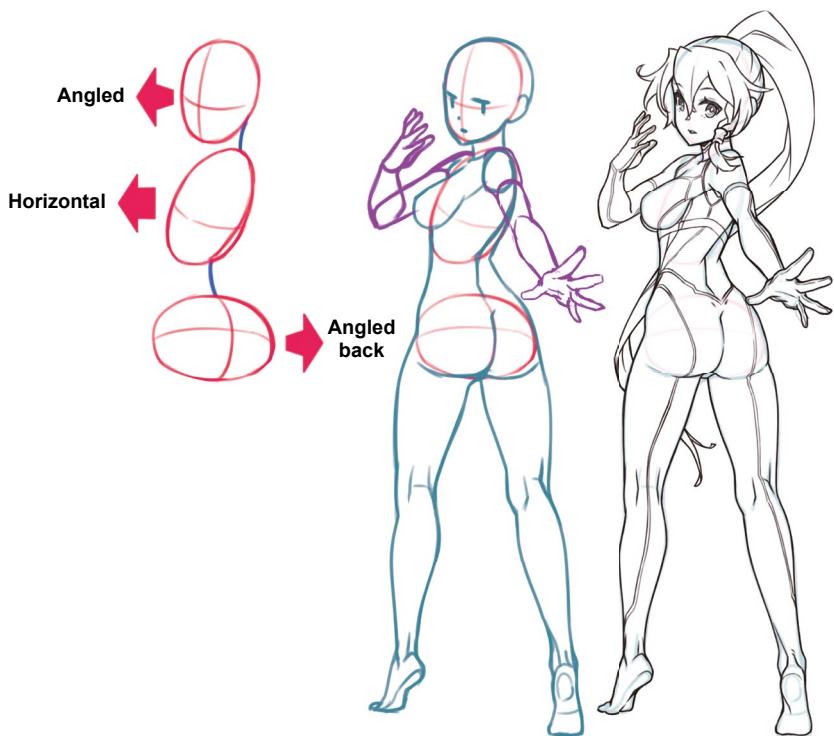
Applications

# How to Draw Twisted Poses

In addition to tilting to the side, you can pose by twisting the body. A twist is also needed for retrospectives, feminine twists, and momentum poses. Today I'm going to explain how to draw twisted poses.

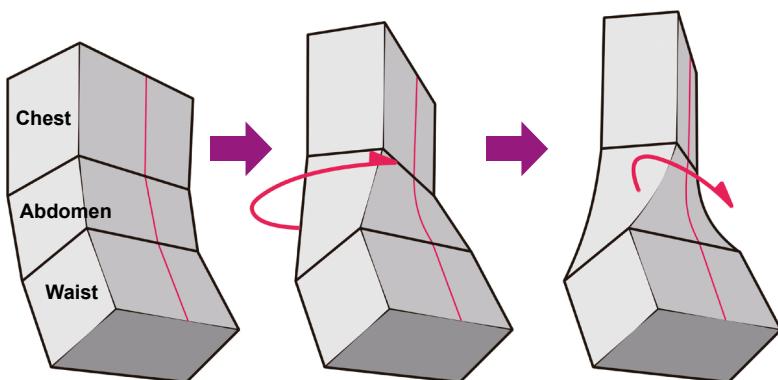
## Twisted Poses

When you think of a pose that twists your body, you may think it's complicated, but I think it will be easier to understand if you apply the drawing method using circles explained in Day 8 (page 48). Draw the head, chest, and waist in the direction you want to twist, and then draw the limbs.



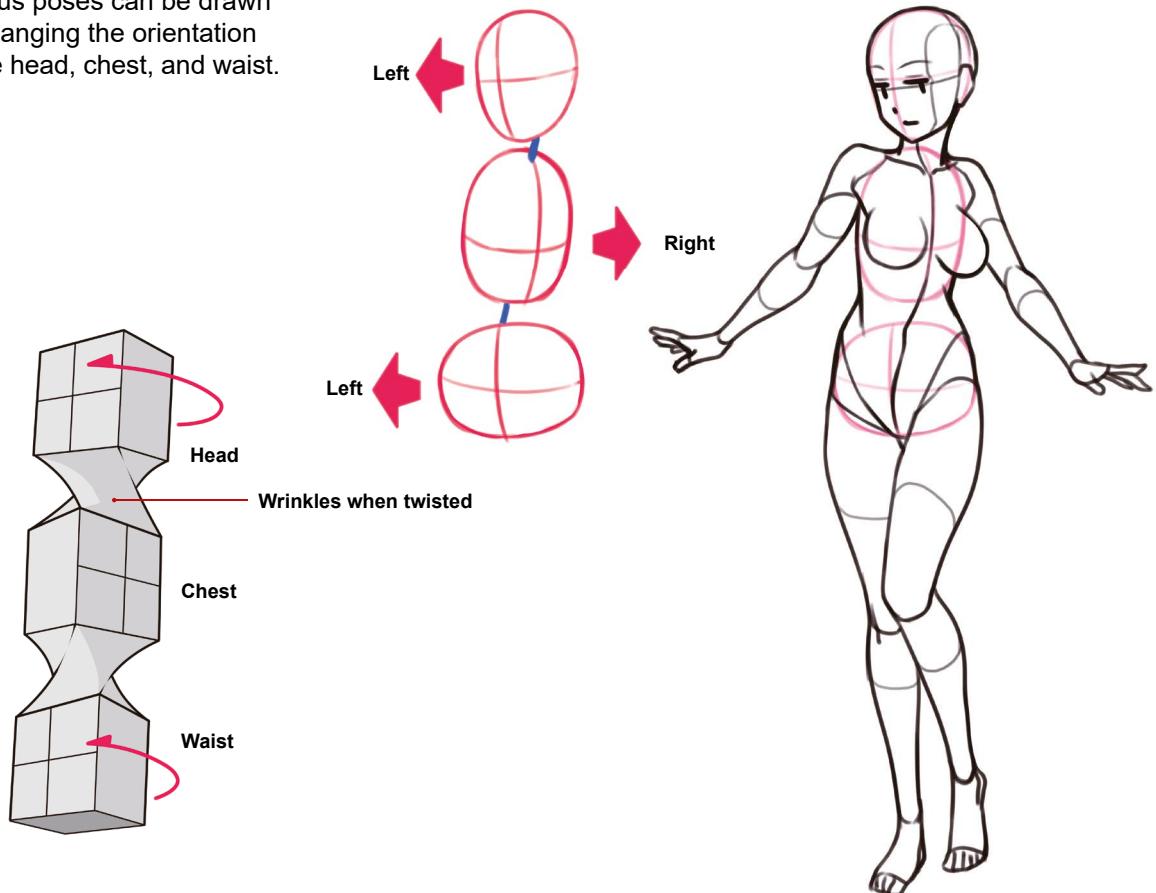
## Key Point

The chest and waist are rigid parts, so they don't bend. Keep in mind that the shape will not change even if you twist it.



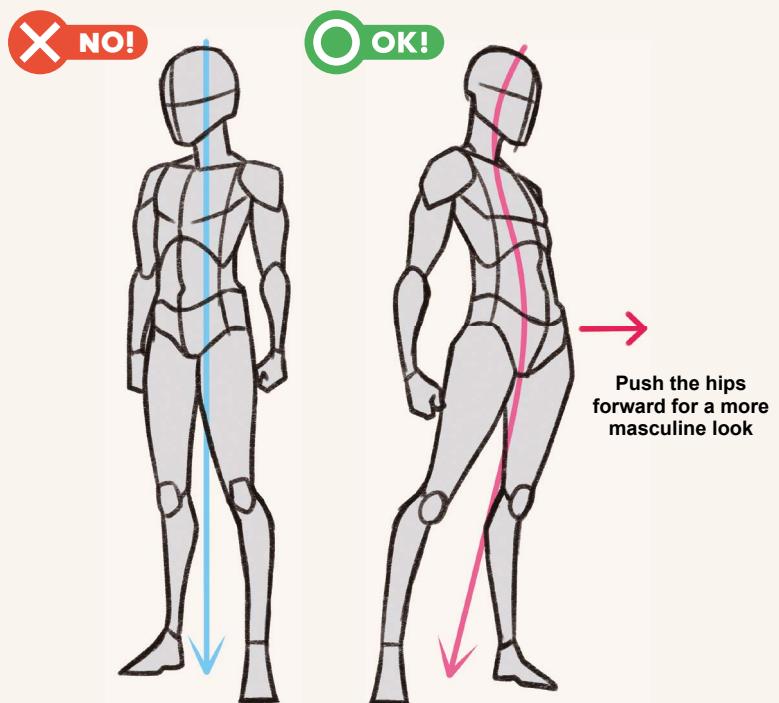
The abdomen is twisted without changing the shape of the chest and waist

Various poses can be drawn by changing the orientation of the head, chest, and waist.



## FEATURE Cool Ways to Stand

No matter how good the drawing is, if you show a character just standing upright in a straight line it will look rather boring. By adding an S-shape to the pose the standing figure will look more interesting.



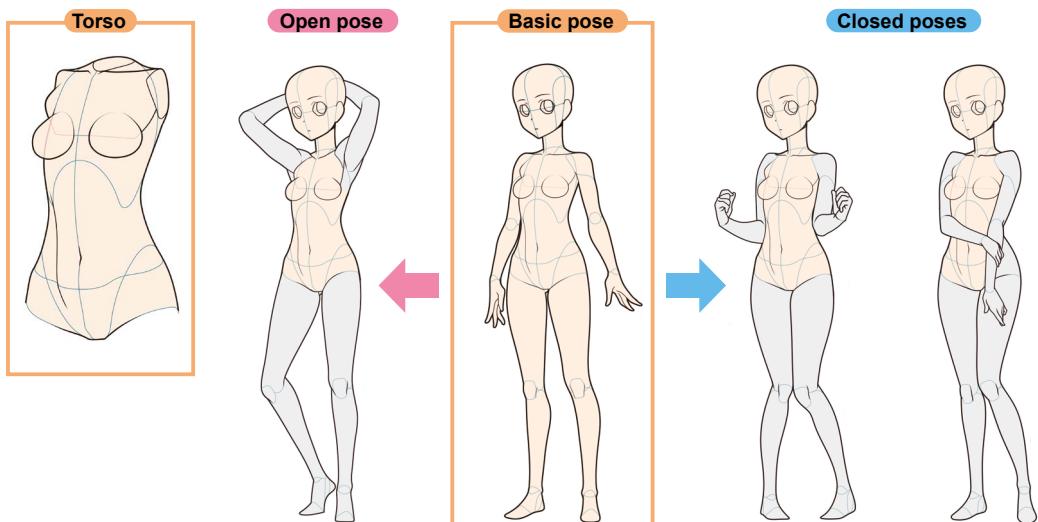


# Adding Arms and Legs to Poses

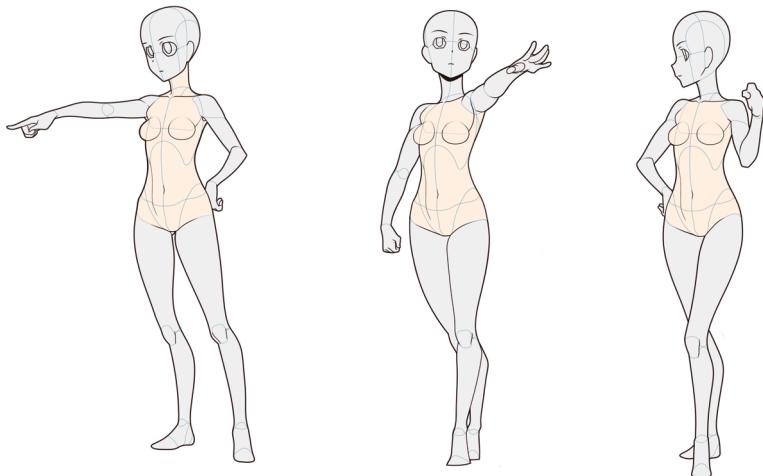
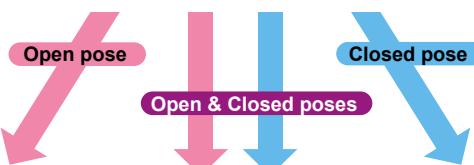
When you understand open and closed poses, you can see that the most important points are the arms and legs. Today we will practice posing with arms and legs.

## Posing Points are the Arms and Legs

Take a look at the pictures below where the various poses are lined up. Actually, all the torsos in this figure are the same. I posed them by changing the direction of the head and the angle of the arms and legs.



Change face direction

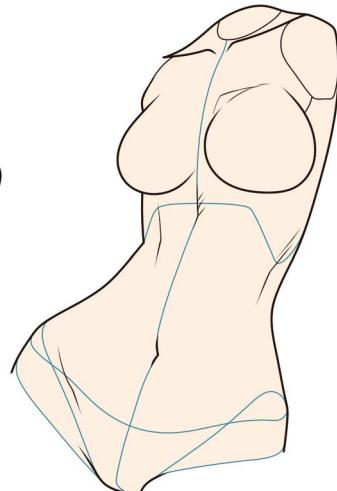
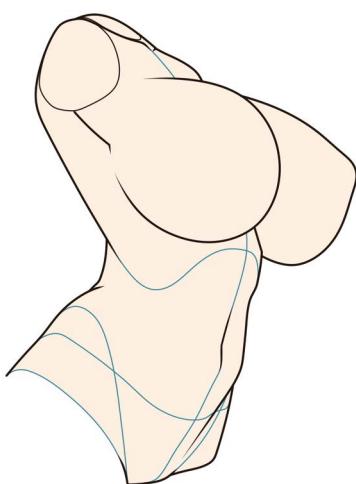
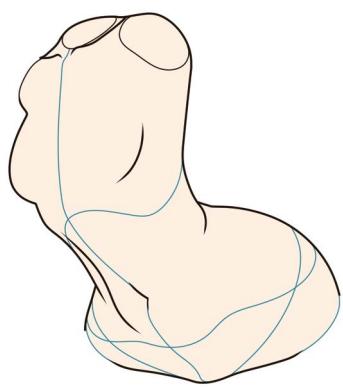
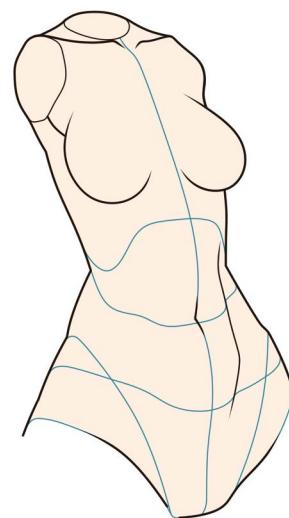
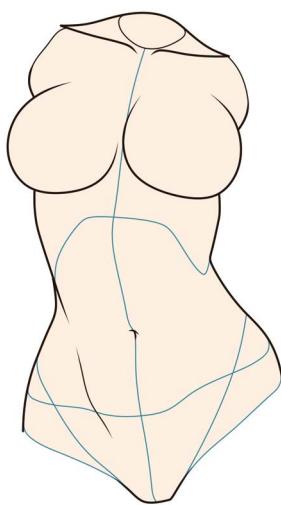
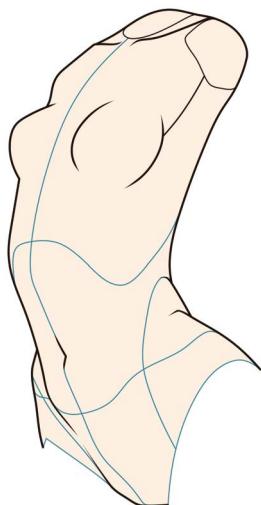
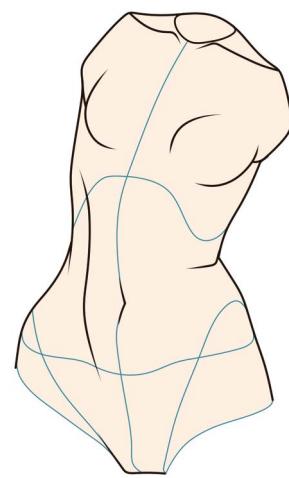
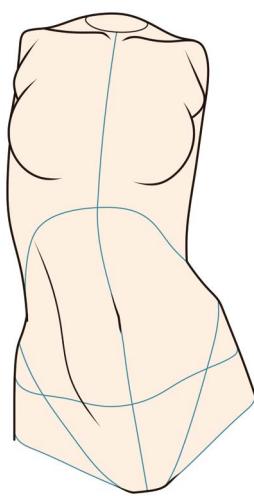
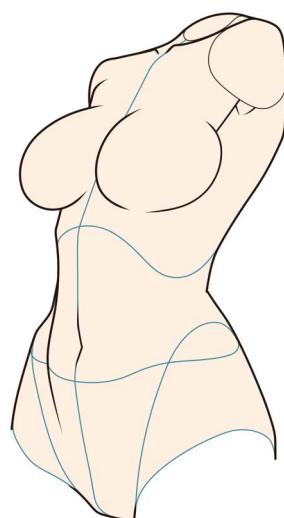


## Examples of Poses

Here are several poses before arms and legs have been added.

How would they best be shown on these examples?

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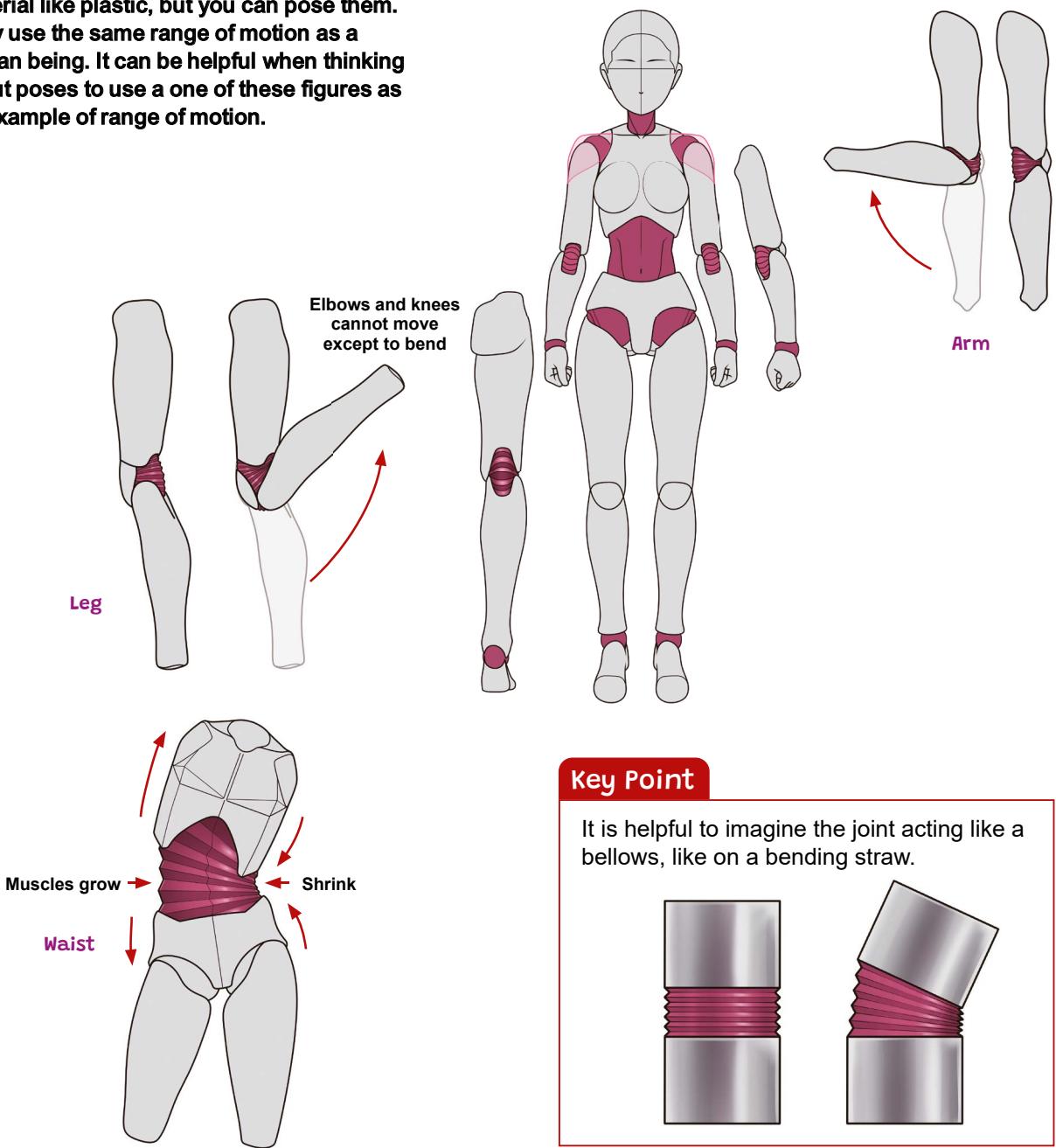


# Range of Motion

The joints of the waist, arms and legs have a range of motion. If you draw without paying attention to the range of motion, you will end up with a what is called a “broken bone” image, where the joints are bent in the wrong direction. Let's look at the ranges of motion of the arms, legs, and neck.

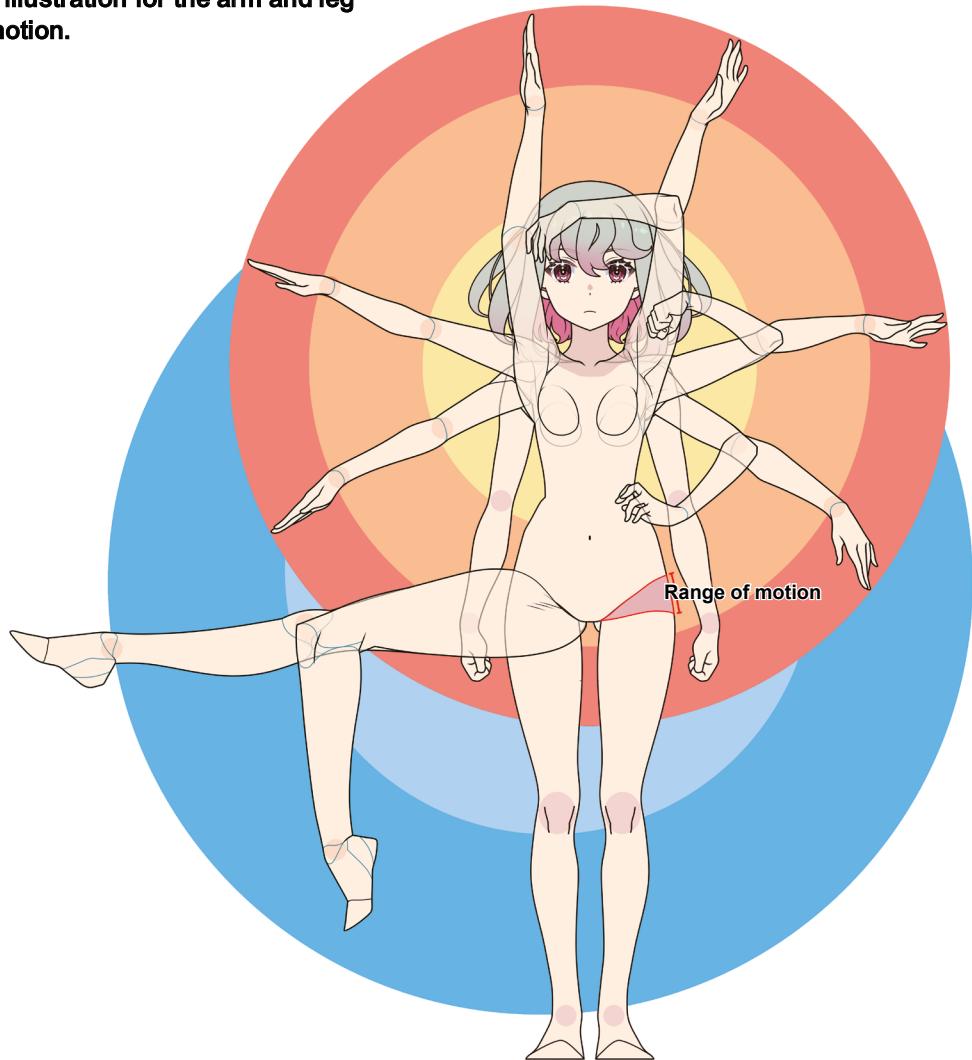
## Imagine a Figure with Joints

Adjustable toy figures are made of a hard material like plastic, but you can pose them. They use the same range of motion as a human being. It can be helpful when thinking about poses to use a one of these figures as an example of range of motion.



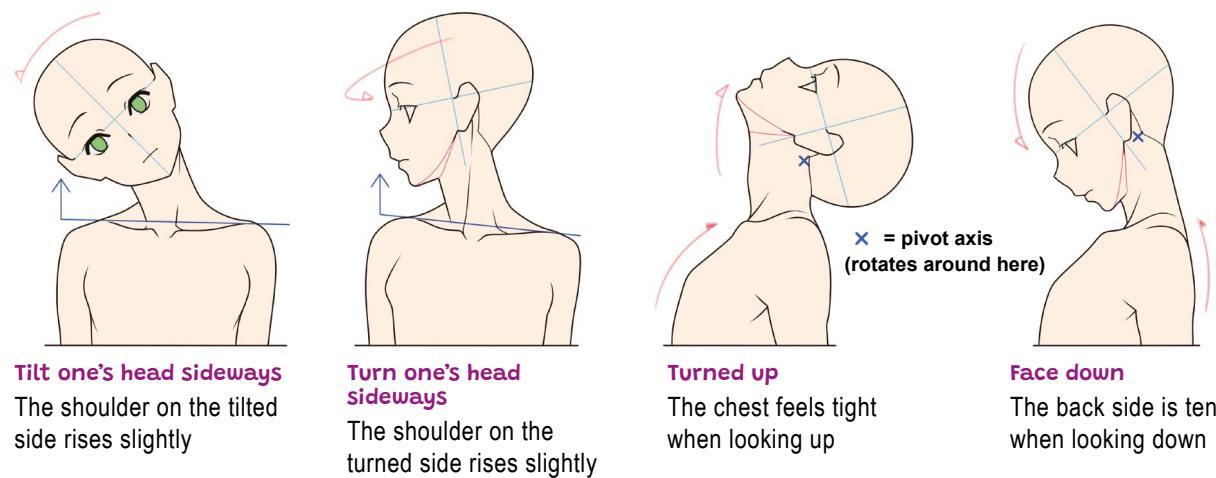
## Arm and Leg Range of Motion

Study this illustration for the arm and leg range of motion.



## Range of Motion of the Neck

Consider the range of motion of the neck. When the neck moves, the shoulders and chest move in conjunction.



**Tilt one's head sideways**  
The shoulder on the tilted side rises slightly

**Turn one's head sideways**  
The shoulder on the turned side rises slightly

**Turned up**  
The chest feels tight when looking up

**Face down**  
The back side is tense when looking down



# Poses that Express Your Character's Personality

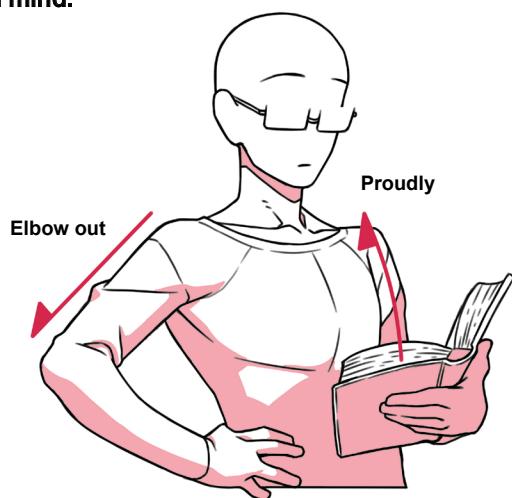
You have learned about open and closed poses, but poses are also important tools for making a character unique. Today, I will explain how to make poses that match a character's personality.

## Clearly Express the Personality

Take a look at the following characters. Even though they are reading the same book, their personalities appear to be different due to the different poses. Let's draw with an open pose and a closed pose in mind.



Appears to have a timid personality

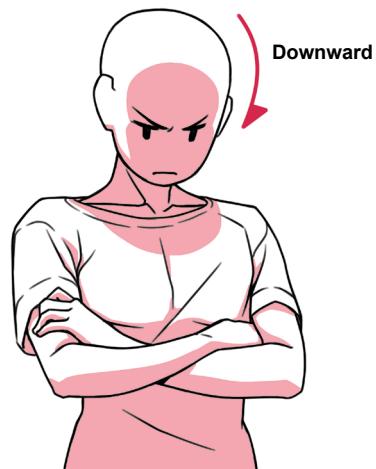


Appears to have a firm personality

In the next figure, the body is the same, but the angle of the head is changed. The impression looks different depending on whether it is facing upward or downward.



Emotions look outwardly facing



Feelings seem to be turned inward

## Use Your Hands to Express Your Personality

Hand poses can also create character. First of all, let's have a character strike a pose. In this book, the method of expressing emotions with hand movements is called hand acting.



Giggles  
Looks cute



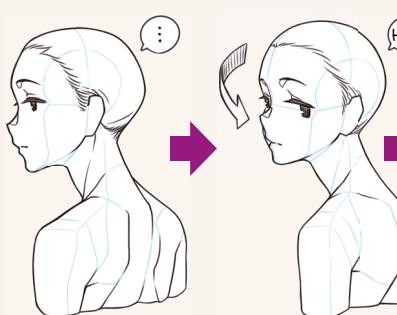
Put a finger to the mouth  
and laughs  
Looks demure



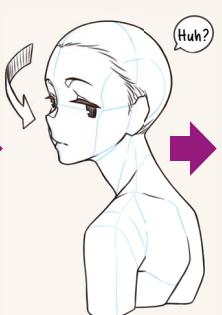
Points at someone and  
opens the mouth wide  
Looks surprised

## FEATURE Review Flow

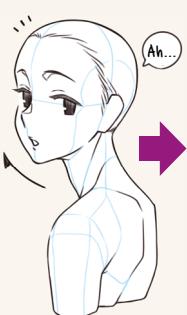
This depicts the flow of movements when a person turns around. Please refer to the movement of the head and shoulders.



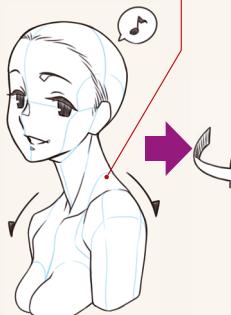
① Looking far away



② Casually turning around



③ Recognition and  
raising the chin



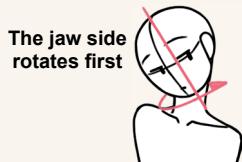
④ Relaxing  
the shoulders



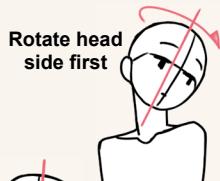
⑤ Turning around and  
facing the other person

When you turn around a lot, you need to relax your shoulders; otherwise it will be difficult to rotate, so your shoulders will drop.

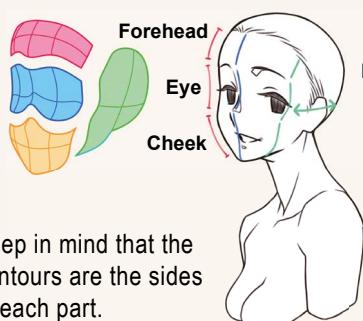
### Head rotation



When the head is rotated  
in parallel, it can only be  
turned to the side



Attention should be paid to the facial aspect when expressing the movement of looking back.



Red, blue and green  
lines are similar  
(page 38)

Keep in mind that the  
contours are the sides  
of each part.



That's it for this week. Take a break for 2 days!



# How to Draw Facial Expressions that Match the Character

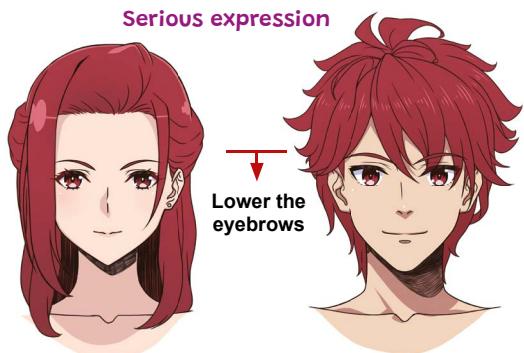
What should you pay attention to when drawing facial expressions?

Of course, the emotions of the character are important, but the personality and the level of emotion are also important factors.

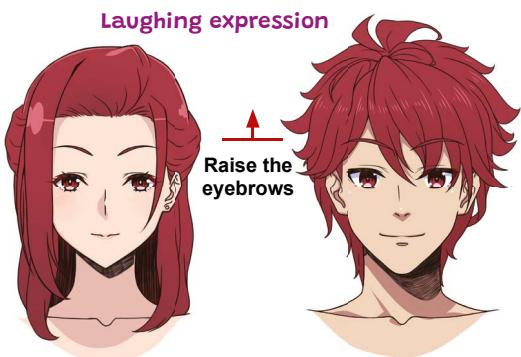
Today I will explain the points to put emotions on facial expressions.

## What is Facial Expression

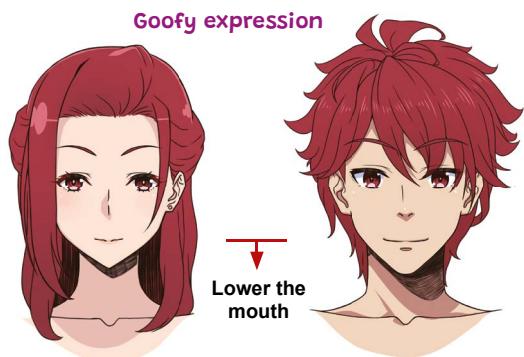
Even if the mouth and eyebrows have the same shape, you can change the expression just by changing the height. Be aware of the height of the eyebrows and mouth to control the person's emotions. In sales jobs and job hunting, people often advise you to wear a hairstyle that shows your forehead.



You can express fun and joy when your eyebrows and eyes are separated



You can express seriousness and anger by bringing your eyebrows closer to your eyes.



The height of the mouth can express the degree of relaxation

## Key Point

There are three parts to create facial expressions: the eyebrows, eyelids, and mouth. There is a part that is linked to each movement.

Usual eye



The upper eyelid is pushed down by the eyebrow



Lower the corners of one's mouth



When the corners of the mouth drop, the lower eyelids also drop.

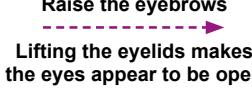
Lower the eyebrows



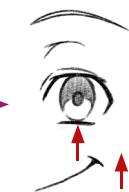
Eyes become stronger and the lower eyelids rise



Raise the eyebrows



The upper eyelid is pulled up by the eyebrows

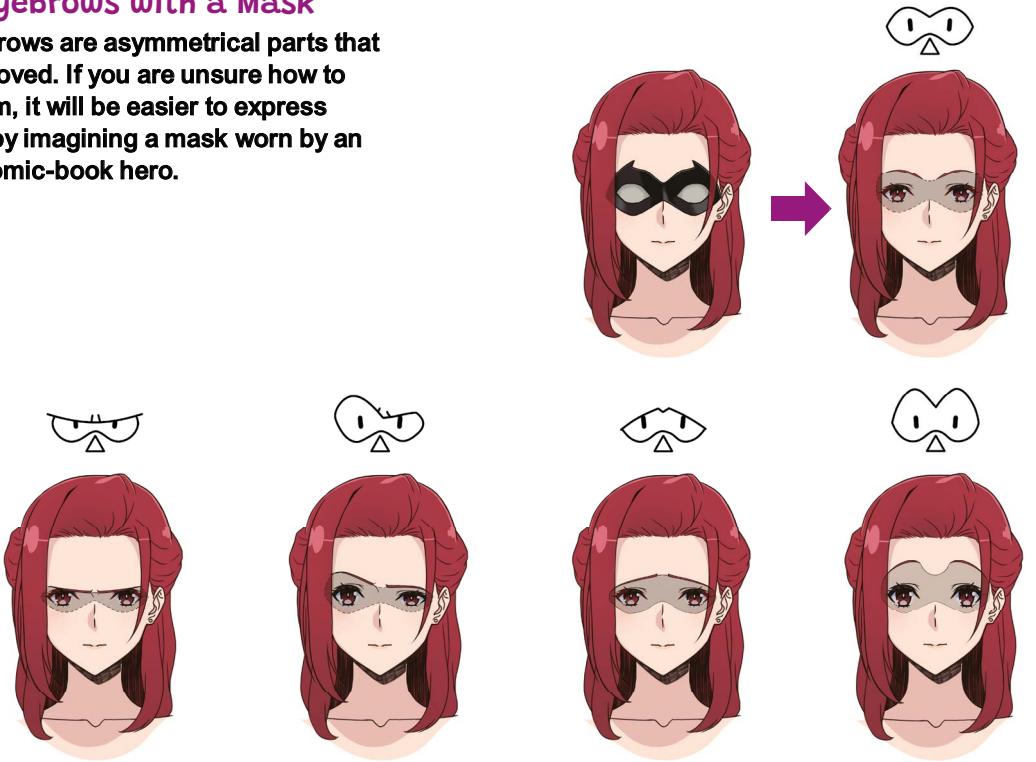


Raise the corners of one's mouth

When the corners of the mouth rise, the lower eyelids also rise.

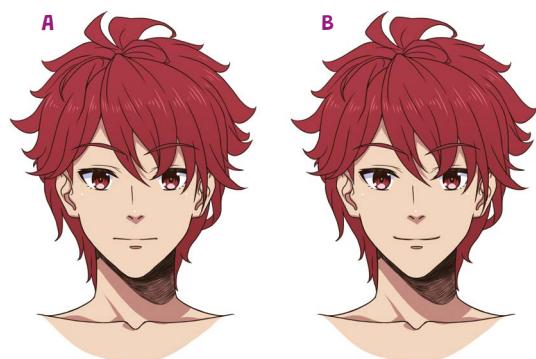
## Draw Eyebrows with a Mask

The eyebrows are asymmetrical parts that can be moved. If you are unsure how to draw them, it will be easier to express yourself by imagining a mask worn by an typical comic-book hero.



## Make Facial Expressions with the Corners of Your Mouth

Take a look at the following illustrations. When you compare the two facial expressions, A looks displeased and B looks satisfied. This is due to the difference in the height of the corners of the mouth. In other words, you can create facial expressions even slightly by raising and lowering the corners of the mouth.



### Common Mistakes

As I touched on briefly on Day 5, it is common for beginners not to draw the corners of the mouth. If you do not draw the corners of the mouth, it will be difficult to understand the expression, so be sure to draw them properly.

It is difficult to understand facial expressions without the corners of the mouth



You look dissatisfied when the corners of your mouth drop



If the corners of the mouth are straight, it looks expressionless



When the corners of the mouth are raised, they appear to smile.



Design Ability



Knowledge



Basics

# Key Points in Character Design

What points should you pay attention to when creating an original character? Today, I will explain the points and ideas when designing characters.

## Elements that Represent Characters

Characters are divided into elements that represent the characteristics of their appearance and elements that represent their personality. The point is to think carefully about what kind of character you want to create.



### Reproducibility (features of appearance)

- Hairstyle
- Costume
- Props (small items)
- Color

### Character (personality)

- Expression
- Silhouette
- Pose
- Body type

## Imagine from the Silhouette

Even if you don't know the character, you can convey the image to another person by giving the silhouette a unique character.



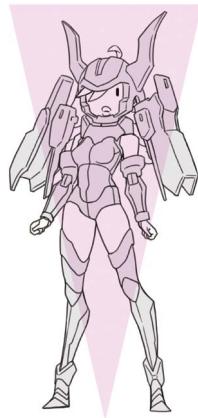
Triangle

If the lower half of the body is voluminous, it gives the impression that the character is standing firmly on the ground, giving the character a sense of weight. Effective for powerful characters.



Rhombus

If there is volume in the center, it feels like a well-proportioned character. It is effective for balanced characters who can handle offense and defense.



Inverted triangle

If the upper body is voluminous, the character will feel unstable and light. Effective for quick characters.

## Character and Pose

Again, poses are an important part of character design.  
Let's create a character by solidifying the image you want  
to make with open poses and closed poses.

Open pose

Look fines



Closed pose

Looks docile



Open & Closed

Looks intelligent

## Pattern and Body Width

You may wonder, "If the human body ratio is the same, how can you express individuality?" One of the answers lies in the width of the character. All the characters here have the same head and body proportions, but they don't seem to be in the same world. Basically, the body ratio cannot be changed, but the width of each part can be changed freely. Let's change the width of the parts to give the character individuality.

Body

Cartoon



Slender



Download free practice materials:  
[www.tuttlepublishing.com/the-complete-guide-to-drawing-manga-and-anime](http://www.tuttlepublishing.com/the-complete-guide-to-drawing-manga-and-anime)

Medium



Thick

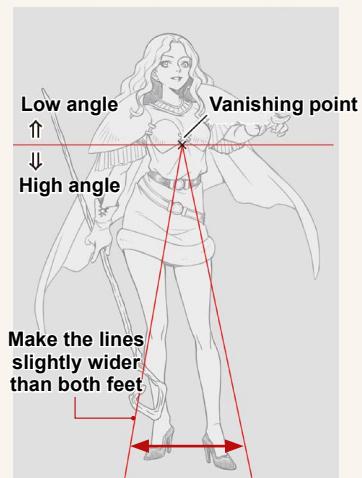
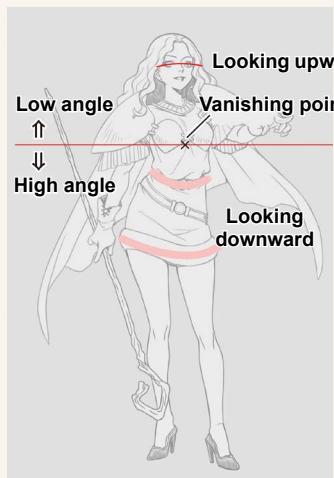


Bulky



# FEATURE How to Draw the Ground

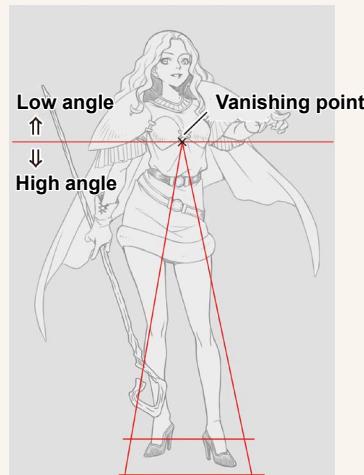
Here is a simple method how to determine the position of the ground in relation to your character.



1 The character has been drawn.

2 Make an observation. If you observe what kind of perspective the character has, you can see the rough eye level and vanishing point.

3 Draw an auxiliary line toward your feet. Let's draw two auxiliary lines from the vanishing point to the feet.



4 Draw an auxiliary line at your feet. Draw two auxiliary lines on the front and back of the feet.



5 Completion  
Draw the ground from the auxiliary lines of 3 and 4.  
Now you can draw the ground.



Design Ability



Knowledge



Basics

# Using Small Items

When designing a character, costumes and accessories are important points to strengthen the character, but by using those costumes and accessories, you can also strengthen the image you receive from the silhouette. Today I will explain how to use small items.

## Enhance Your Silhouette with Accessories

I explained how to create an image from the silhouette in the point of character design (page 164), but you can freely change the image of the silhouette with clothes and accessories while keeping the basic character as-is.

Take a look at the following illustration. The base character is the same, but the character can look different with the addition of an element used in different ways. This is an effective technique in strengthening the silhouette using accessories.



Basic



Round

Expressing lightness



Climbing type

Expressing silence



Square

Expressing weight



Triangular

Expressing stability

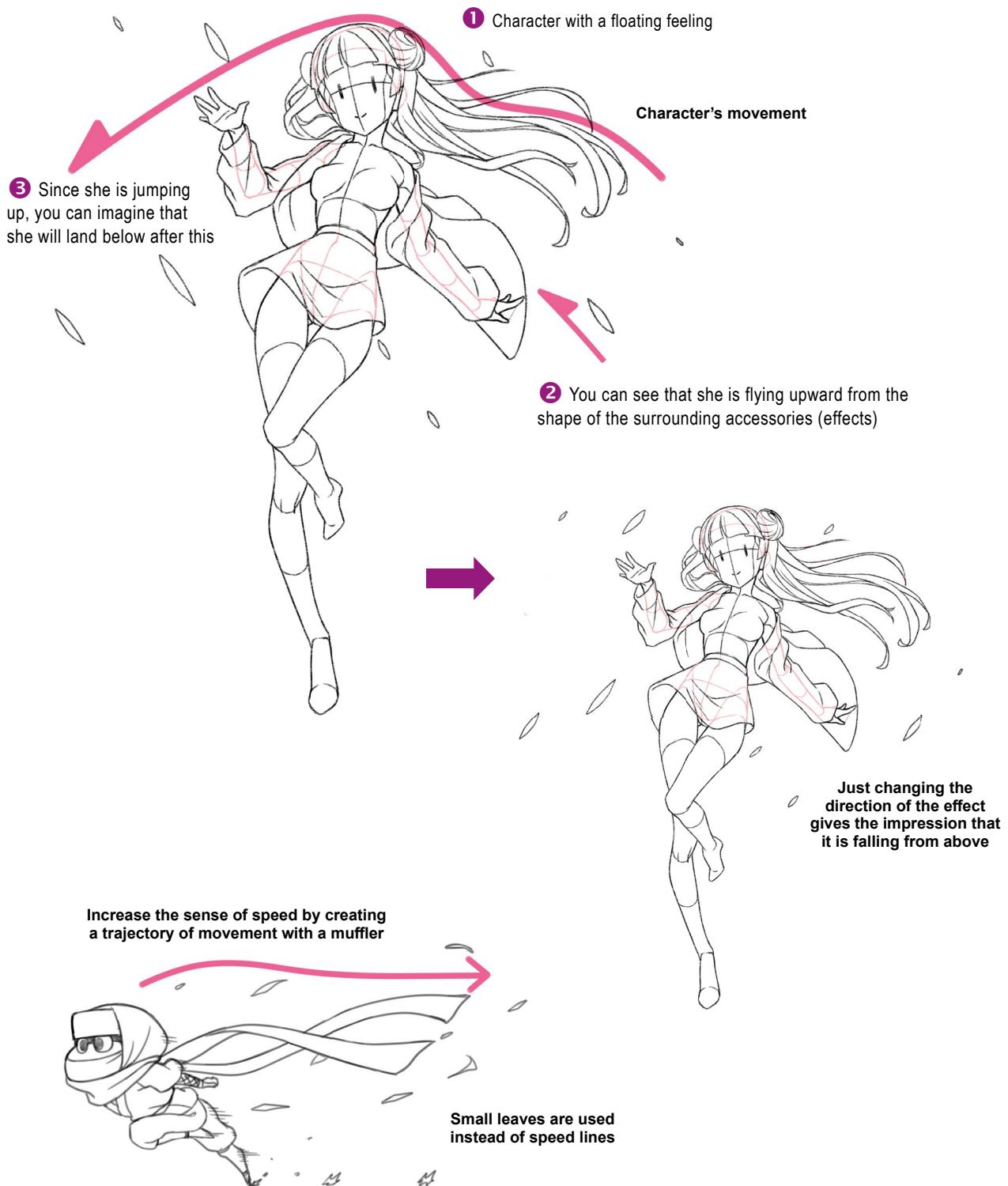


S-shaped

Expressing movement

## Expressing Time with Small Items

It is effective matching the hair and clothes to the movement of the character. The drawing is still, but you can express how the character moves with the movement of the clothes, hair, and accessories. By thinking about the movement of the character and being conscious of where it is coming from and where it is heading, even a still picture will look like it is moving.





# Adding Attractive Details

When designing a character, don't you worry about how many motifs and elements you should include? Today, I'm going to explain how to make characters attractive.

## Do Not Pack the Elements

If you design a character, you want to pack a lot of things and motifs you like, right? However, if you pack it with too much, it will be difficult to convey what part you want to emphasize.

Compare the following two characters. Characteristics are easier to convey in A than in B, which is packed with lots of details. It is also important to carefully select the parts you want to be attractive by narrowing down the elements like this.

**A**

- Sailor suit
- Armor
- Tiara
- Ponytail



It is important to make it easy for others to communicate.

Try to be able to describe your character in a few words.



A princess with a ponytail wearing a sailor suit and armor.

**B**

- Cat
- Ninja
- Twin ponytails
- Sailor suit
- Armor
- Jeans
- Kimono
- Gloves
- Supporters
- Glasses



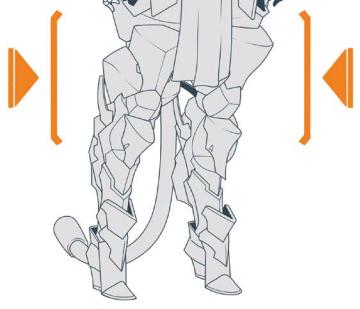
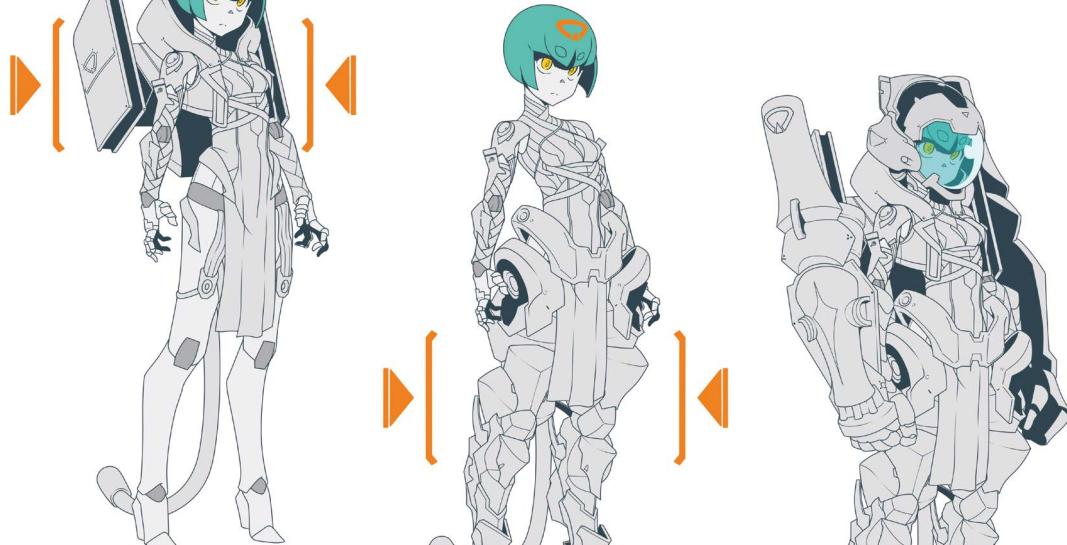
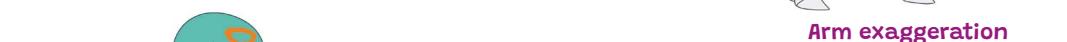
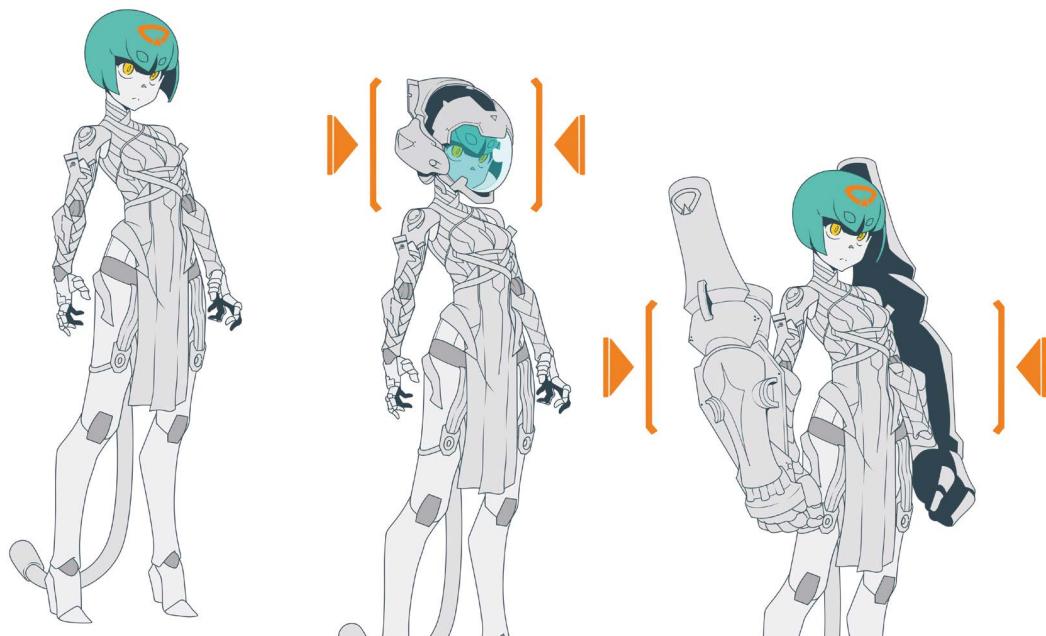
The design characteristics are all different, so it's hard to tell which one is the main one...



A woman with cat ears, twin ponytails, armor on her right arm, a glove on her left arm, a sailor suit, worn jeans, a kimono belt, cat foot shoes, a ninja forehead band, glasses, and an athletic supporter on her left knee.

## Silhouette Exaggeration

If you want to express the character's characteristics or the part that you want to charm the most, there is a way to emphasize it by drawing the part you want to attract the most. In addition to this, if you use a complementary color for the part you want to emphasize, you can focus the eye on that part.



Put it all together



# The Concept of Character Design

Character creation begins when you decide on a theme. First, think carefully about what kind of role the subject has, what kind of features it has, and what kind of concept design to use.

## Three Ideas for Design

If you think about the following three elements according to the theme you want to draw, it will be easier to organize.

### Embody it with affection

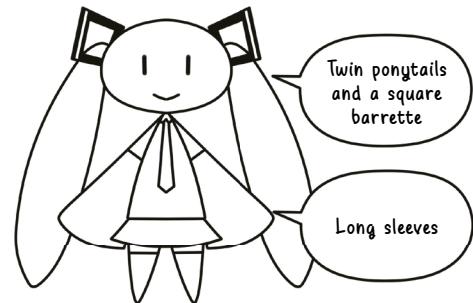
If you clarify what kind of personality and impression the character has when others see it, attachment to the character will begin.

### Give it a characteristic image

For example, in the case of Vocaloid Hatsune Miku, I think you can tell that it is Hatsune Miku even if you draw a simple image as shown to the right. Creating a symbol that serves as a point to represent the character is easy and nearly anyone can draw it.

### Give it a role to serve

If you clarify the “reason of existence” for your character, such as what kind of role she will play in the finished artwork, the character will come to life.



## Three Colors for Your Design

Colors are arranged by considering the state of subtracting achromatic colors from the colors of the entire picture as 100%.

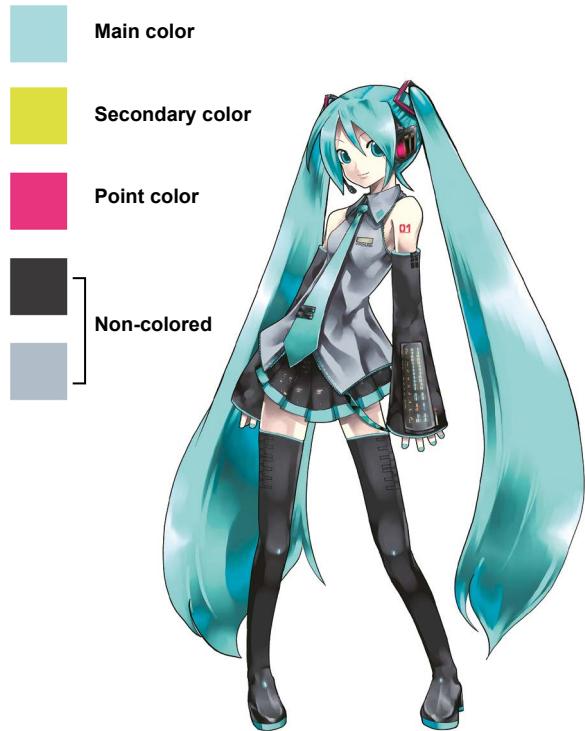
**Main color:** The color that accounts for 70 to 80% of the total

**Secondary color:** A color that accounts for 20 to 30% of the total

**Point color:** Colors that occupy 10–20% of the total

### For Hatsune Miku

The motif is Yamaha's DX series, and the main color scheme is blue-green. The gray in the shirt contains blue, so it will be the main color along with the hair. The sub-color yellow is on the name tag, skirt, and arm console. The pink color used for the headphones and the number on the arm is the point color. Hatsune Miku has a lot of blue-green areas as the main color and less yellow as the secondary color. Also, the color scheme is triad (page 175).

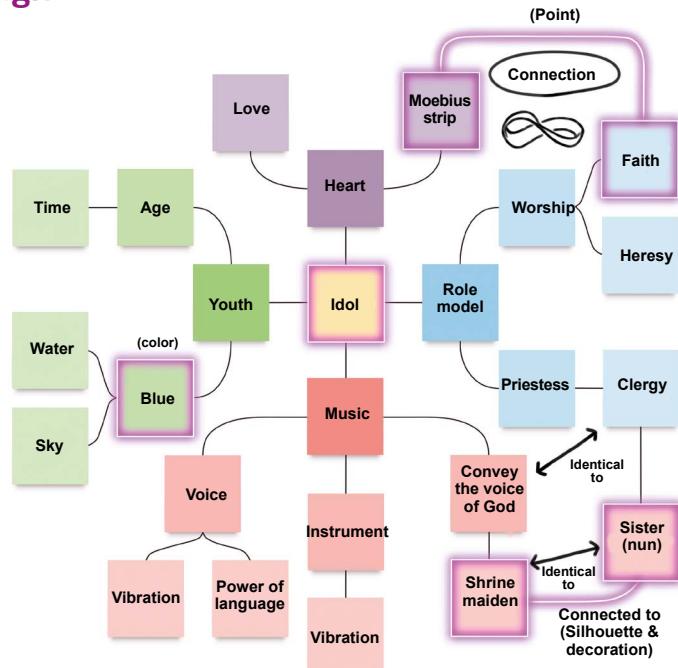


## Three Preparations Required for Design

When you design a character, you may be at a loss as to how to start. Let's begin by thinking about what the main motif should be. From there, we will expand the character while doing brainstorming (an association game). Finally, we decide on a sub-motif.

Let's try a real example. First, decide on the design "main motif" that you want to convey the most. I made it an idol this time. Then brainstorm. Place the main motif of "idol" that you decided earlier in the center, and extend the branches from there. As you expand the elements like an association game, you can see the points that connect. That's the part that makes the character stand out.

Choose a sub-motif out of the ones that come up. At this time, you can choose the same design as the main one, or it might be interesting to choose a completely opposite design.



### Key Point

#### Brainstorming Points

- Ignore common sense
- Produce a lot without worrying about quality
- Connect the ideas that result



This is the character I made with reference to the brainstorming above. You can see that the elements that came out in the brainstorming are incorporated as motifs.

## Colors

By understanding the three attributes of color, "hue," "saturation" and "brightness," you can use color effectively. Let's see what features each has.

### Hue

Hue is the difference between colors such as red, blue, and green. A ring of hues arranged in a circle is called a hue wheel.

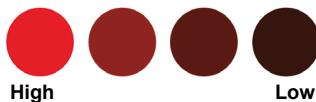


Black and white are represented by light and dark, not by hue.



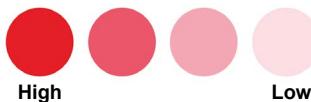
### Brightness

Brightness is the relative lightness or darkness of a color.



### Saturation

Saturation is a measure of the vividness of a color.



## About Color Relationships

When expressing the relationships between colors, there are complementary colors, opposite colors, and similar colors.

### Complementary colors:

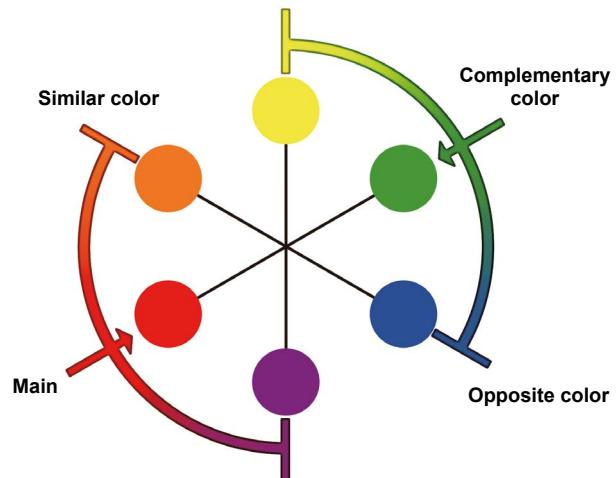
Green is the opposite color to red and is called a complementary color.

### Opposite colors:

The complementary colors of red, green and the colors adjacent to green, are called opposite colors.

### Similar colors:

Colors adjacent to red are called similar colors.



You may have heard the term "color tone." A tone is a group of colors that have the same atmosphere by combining the "saturation" and "brightness" of the color.

### Pastel tones



### Vivid tones

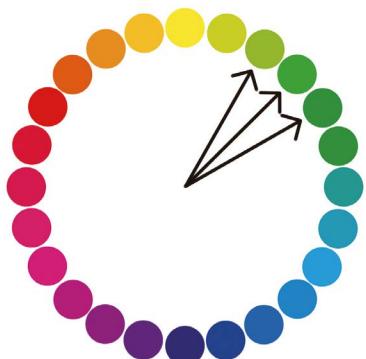


### Monotones



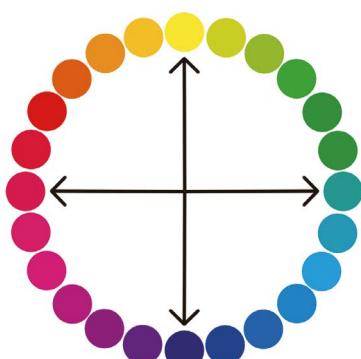
## Color Scheme

When deciding on a character's color, you should think about what colors to combine. Here, we introduce a color scheme using the color wheel.



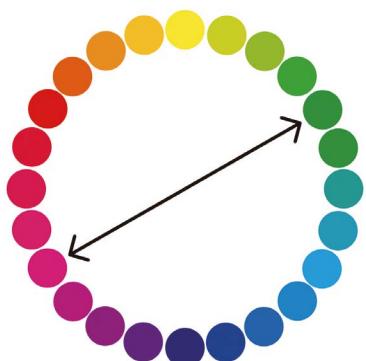
### Analogy

Combinations that are next to each other on the color wheel are called analogies (similar colors) and create a soft image.



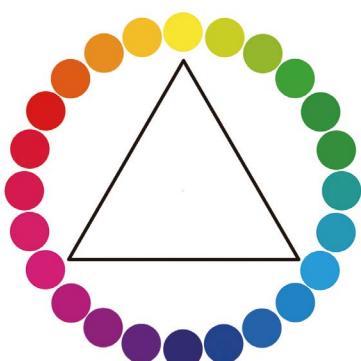
### Tetrad

Use the colors that are in the four equal parts of the color wheel to create a colorful finish.



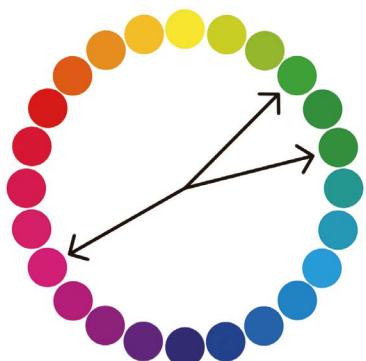
### Dyad

Opposite colors on the color wheel create a strong and balanced finish, but be careful as colors can easily fight.



### Triad

Using the colors that are in the three equal parts of the color wheel, you can create a well-balanced and varied finish.



### Split complementary

This technique has a more balanced color scheme than the Dyad and is the most commonly used color scheme.



After choosing the color scheme of the color wheel, you can greatly change the image by adjusting the saturation, contrast, and brightness of each color.



Strong differences in hue, brightness, and contrast



Similar Hue, Lightness, and Saturation with Weak Contrast



The hue is the same, but the brightness and saturation are different



That's it for this week. Take a break for 2 days!



Design Ability



Knowledge



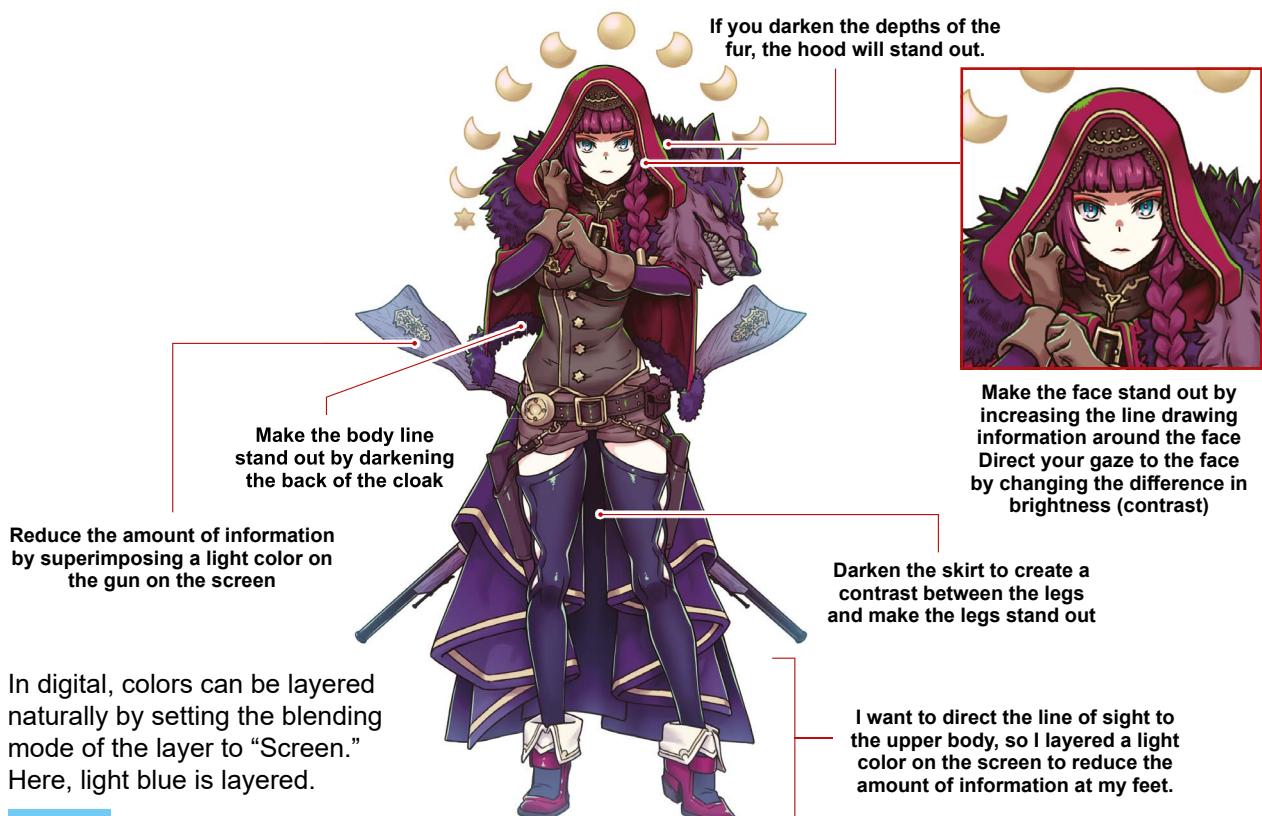
Basics

# Plane Composition

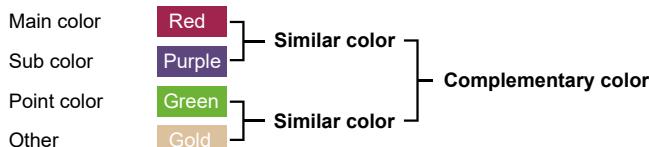
Composition is an important point in drawing a picture to make it look attractive. I'm sure you've heard of triangular composition and *Hinomaru* composition (red sun centered in a white field, the Japanese flag), but it's important to be conscious of not only the composition based on the layout of the screen, but also the use of colors, the way to add light and shade, etc.

## Make the Illustration Shine with a Flat Composition

When learning design, "plane composition" is important. You can create a picture that clearly shows where you want to direct line of sight by creating sparseness and fineness of a line drawing, color contrast, and contrast within the screen. I will explain what points I pay attention to when drawing the following sample characters.



### Color scheme

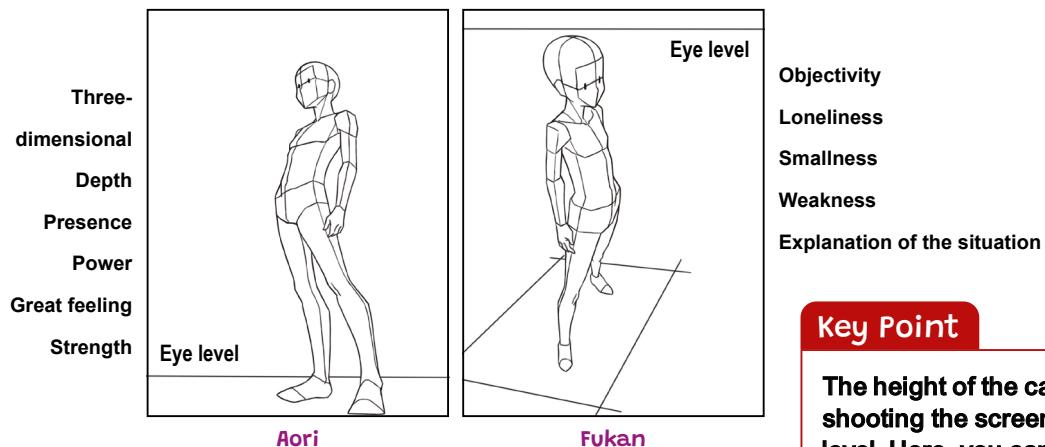


### Key Point

Clarifying the point where you want to direct the gaze by creating the density, color, black and contrast, and color contrast of the line drawing within the screen is collectively called the plane composition (color composition).

## Aori and Fukan

You can express the emotions of the character by using *aori* and *fukan* methods. *Aori* (low angle or being angled up) expresses a person's strong emotions such as anger and sadness, while *fukan* (high angle or being angled down) expresses weak emotions such as loneliness and smallness. In addition, tilting is used to give an impression of an object's size and position.

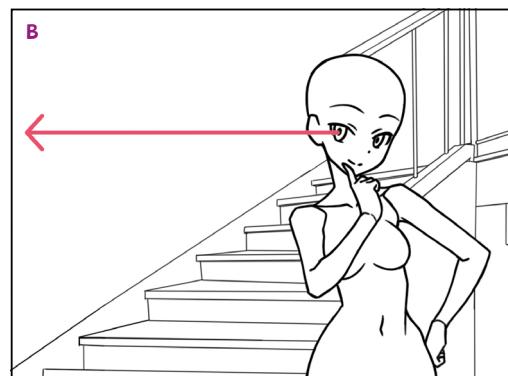
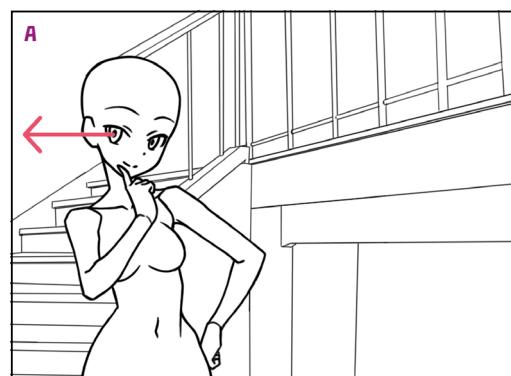


### Key Point

The height of the camera that is shooting the screen is called **eye level**. Here, you can think of it as the height of the eye level of the viewer.

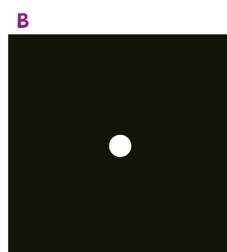
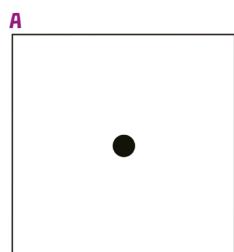
## Person's Gaze

It depends on the production, but basically, if there is space ahead of the person's line of sight, the picture will be easier to view.



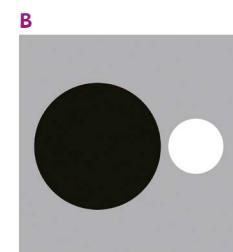
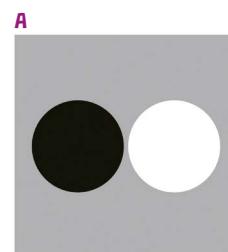
## Sparse/Dense

The examples below have dots on white and black backgrounds. A has a rough white background and dense black spots. In B, the black background is rough and the white spots are dense. You can create coarseness and fineness by changing the color saturation and lightness, and the density of the line drawing information.



## Comparison

When comparing A and B in the following figure, A is confused as to whether A should look at the black or white circle. By changing the size of the two circles like B, you can intentionally create the one you want the eye to look at.



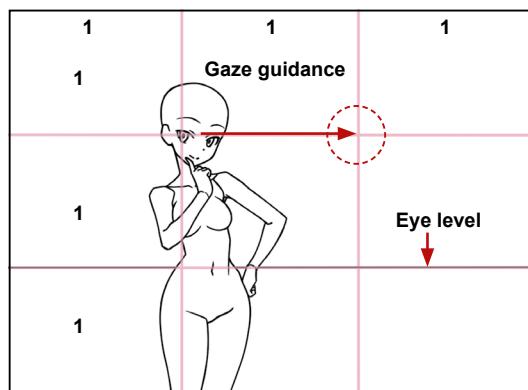


# Various Compositions

How should you arrange the characters and the background on the screen (the canvas)? There are various compositions, such as the triangle composition for creating a sense of stability, and the *Hinomaru* composition for making the person stand out. I will introduce what kind of compositions there are today.

## Get to Know the Compositions

Composition is very important because it determines which parts of the screen should stand out and what kind of impression you will get when you take a quick look. There is no such thing as only one composition which can be used for one picture. Learn about the various compositions and try to combine them.



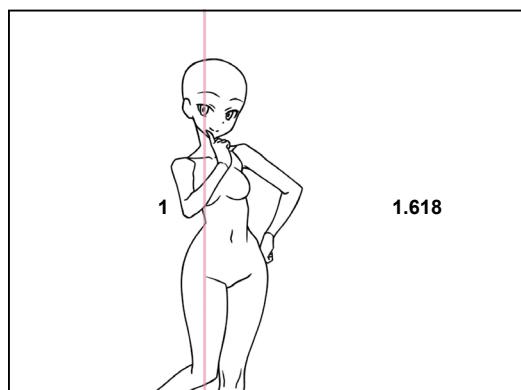
### Third division

A trisection is a composition that draws the eye to the intersection of three equal parts of the canvas. By vacating at least one of the four points, you can create a "hole" that allows the line of sight to escape to the back. The composition will be stable if the eye level is aligned with the bottom of the horizontal thirds. However, it is not suitable for moving images.



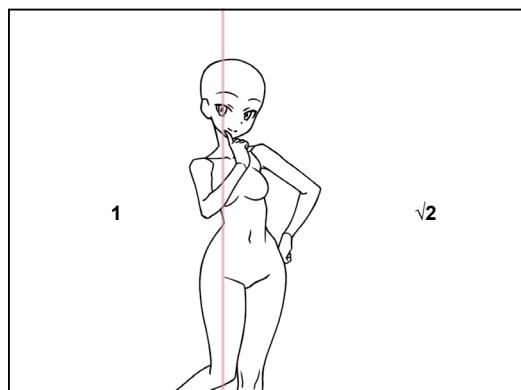
### Fibonacci sequence

The Fibonacci sequence is also one of the golden ratios. Arranging objects along the spiral line creates a well-balanced composition.



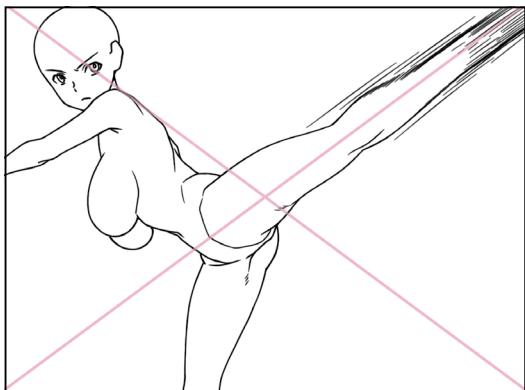
### Golden ratio

The golden ratio is a ratio that has been considered beautiful in the West since ancient times. A ratio derived from the many beautiful things found in nature, the division of thirds is a simplified version of the golden ratio. The aspect ratios of A4 size paper and business cards are also made with the golden ratio.



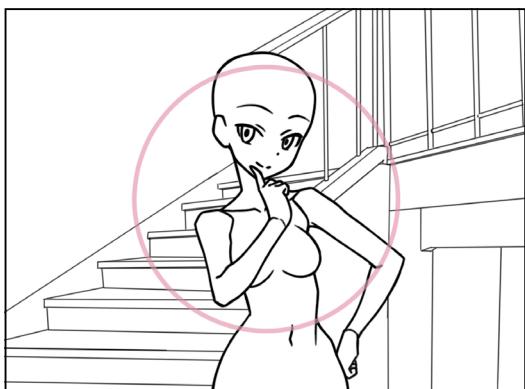
### Silver ratio

In contrast to the Western golden ratio, the silver ratio is a ratio that has been used in Japan for a long time. B5 size paper is made with this silver ratio.



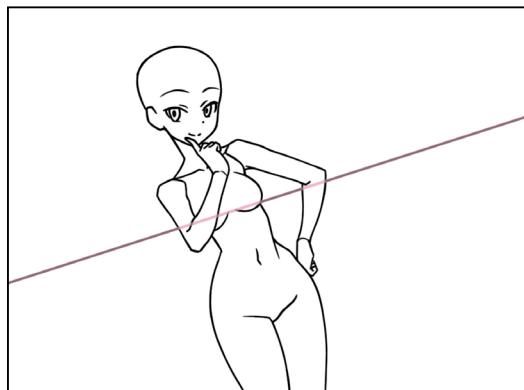
### Diagonal

Compositions using diagonal lines are often used for pictures with movement such as action scenes. You can create a dynamic drawing by placing the parts you want to move diagonally.



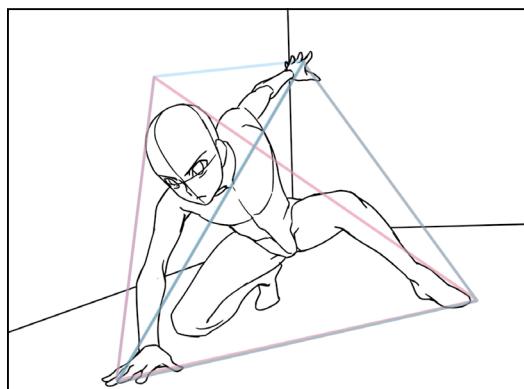
### Hinomaru

The Hinomaru composition is the most popular composition in which the picture you want to look at is placed in the center of the canvas. However, since most of the line of sight does not go to anything other than the central picture, it is not suitable for pictures where you want to show the background as well.



### Rotated

A rotated composition is a composition that creates a sense of movement by rotating the picture itself left and right.



### Triangular

The triangle composition is a composition that is often used to create a sense of gravity. Arrange the limbs, accessories, and the background so that they form a triangle when connected. You can make multiple triangles.

## FEATURE Composition and Silhouette

When people look at a picture, they first capture it as a silhouette. Effective use of silhouettes can convey the intended image.



A triangular silhouette creates a sense of stability. The movement of small items creates a dynamic look.



By slightly tilting the triangular silhouette, it creates a sense of instability and makes it more dynamic.

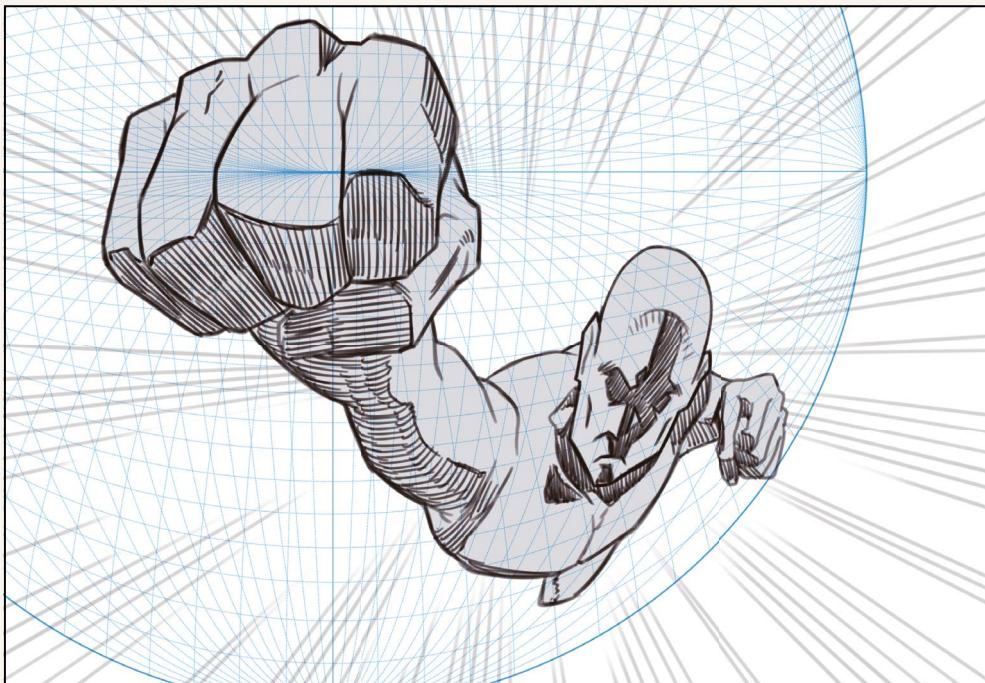
## FEATURE 2D Perspective

When you want to draw a cool picture with perspective, there is a unique technique for 2D drawing called 2D perspective. Originally, perspective is created with a wide angle, but a strong wide angle (fisheye) will distort the picture. Therefore, by using only the size of each part in the fisheye and drawing without the distortion caused by the fisheye, a perspective without distortion is realized.



**Standard perspective**

There is no power in this...



**Fisheye**

If you use a fisheye (wide-angle) lens, your fist will look more powerful, but the picture will be distorted...

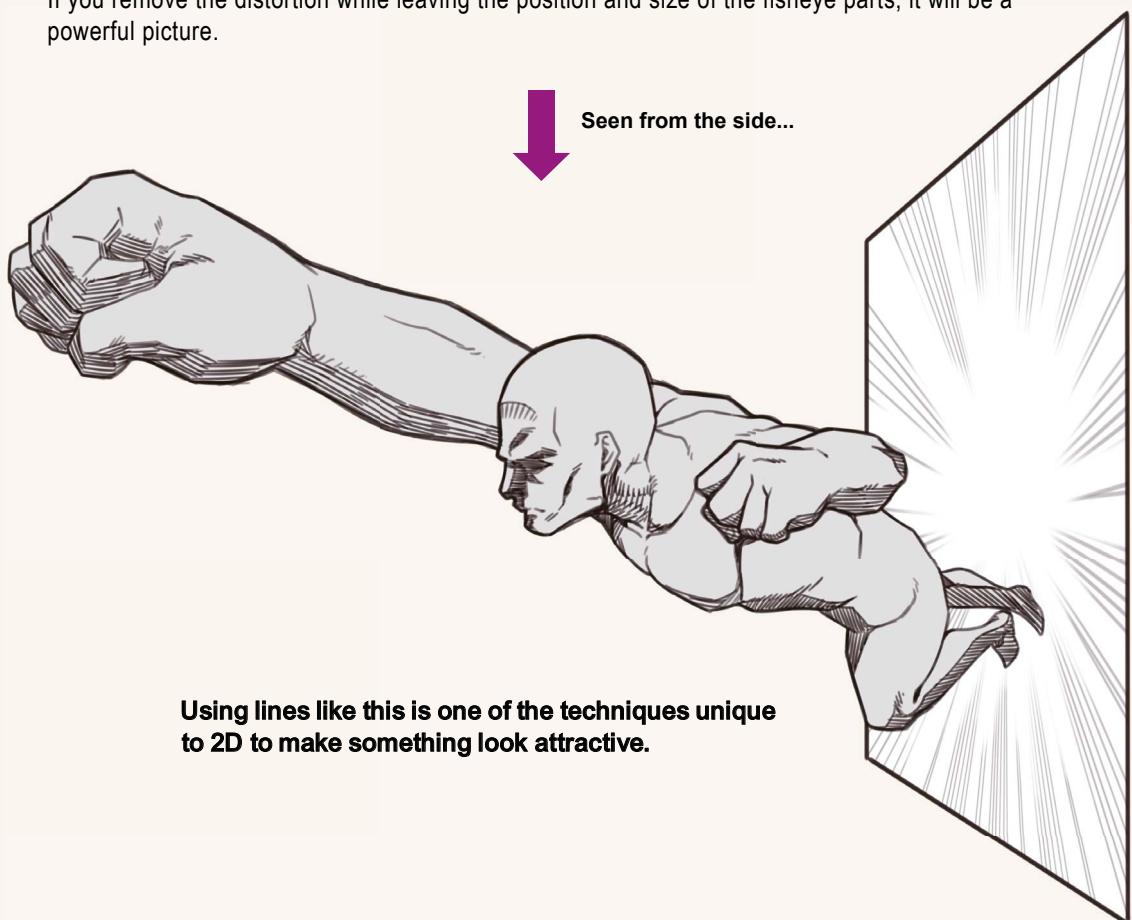


### 2D perspective

If you remove the distortion while leaving the position and size of the fisheye parts, it will be a powerful picture.



Seen from the side...



Using lines like this is one of the techniques unique to 2D to make something look attractive.

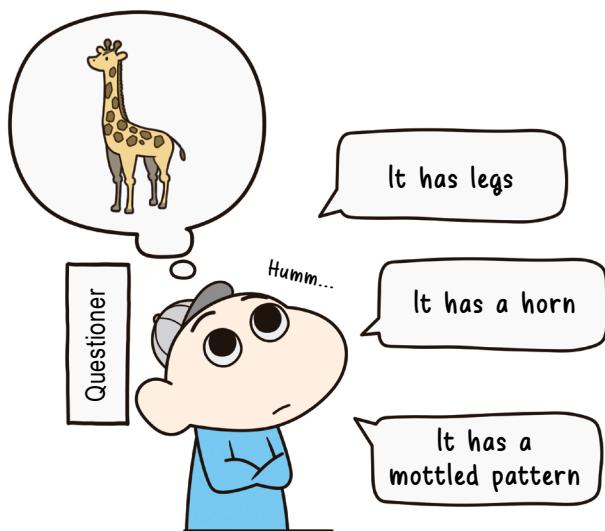


# Idea Power-Up Game 1

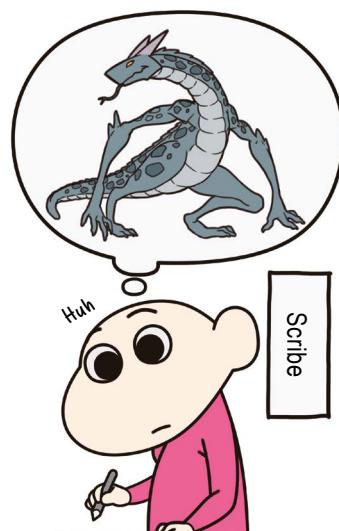
I would like to introduce a game as a way to practice coming up with character design ideas. Today I would like to introduce a game that you and your friends can play like a quiz.

## Message Game

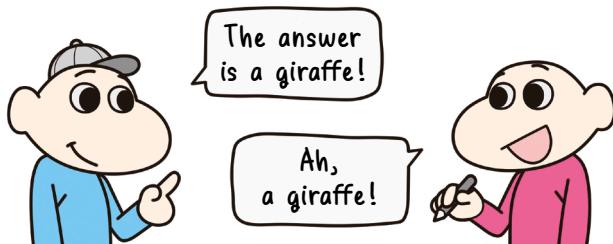
“What do you want to convey to others?” and “How do you summarize the other person’s proposal?” are very important for drawing pictures. They only grow with experience. The “telephone game” is a way to learn that experience as a game. Try it with your friends.



① You and your friend are either the questioner or the scribe. The questioner decides on a theme and conveys its characteristics to the scribe. At that time, convey the characteristics so that the scribe cannot see through the theme.



② The scribe draws a picture based on the characteristics conveyed.



③ When you have finished drawing, check your answers. If the scribe draws a picture different from the theme, the questioner wins, and if the writer draws the same picture as the theme, the questioner wins.

## Key Point

In this game, it doesn't matter if you win or lose. The purpose is to shape ideas in the game and find new discoveries. The questioner can learn to think about how to tell people. Scribes can shape new designs.



## Idea Power-Up Game 2

Like yesterday's game, this is a practice method for coming up with character design ideas, but I will introduce a game that can be played by multiple people. As the number of people increases, the number of themes and motifs increases, so you will also acquire the ability to put together a design.

### Random Design Game

The random design game is a game in which friends put together a theme and combine it to create a character. By creating a character from a theme, you can develop your imagination and creativity. You can also learn about other people's design patterns by showing them to your friends. From there, unexpected designs are born, and it is also an opportunity to learn about a new side to things.



- Put your topic together. Any theme, such as parts, motifs, and colors, is fine.

- Everyone will draw a character based on the theme that they gave.

### Key Point

If you do it alone, it's fun to use a lottery (select themes at random)!

- Let's show each other when it's done. By doing this, you will be able to see ideas that are different from your own, such as the directions of other people.



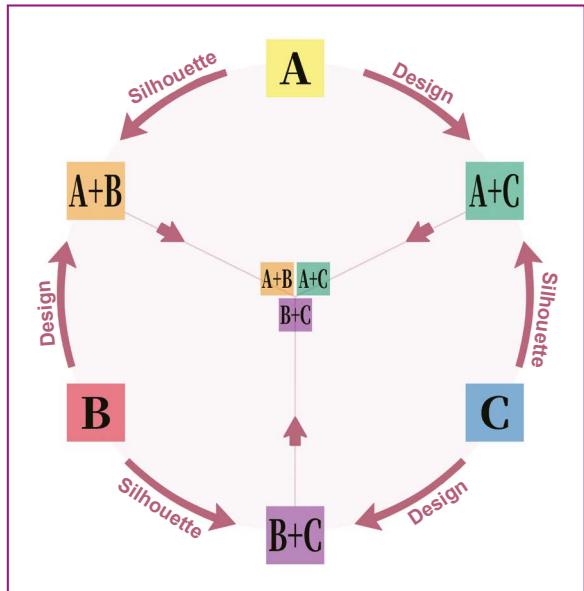
# Improving Design Skill Game

Today is also a game that strengthens the idea of character design. It's perfect to play with others or by yourself. You can also use an original character or an existing character. It's your choice.

## Character Morph Game

This is a game in which you draw three base characters and morph them to create a new character. Let's take Little Red Riding Hood as an example.

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[www.tuttlepublishing.com/the-complete-guide-to-drawing-manga-and-anime](http://www.tuttlepublishing.com/the-complete-guide-to-drawing-manga-and-anime)



**B** Little Red Riding Hood

**C** Traveler



**A** Wolf

Morphed design



**A + B** Wolf + Little Red Riding Hood

① A B. Place the existing design in C.

② Morph the silhouette of A and the design of B.

**A + C** Wolf + Hunter

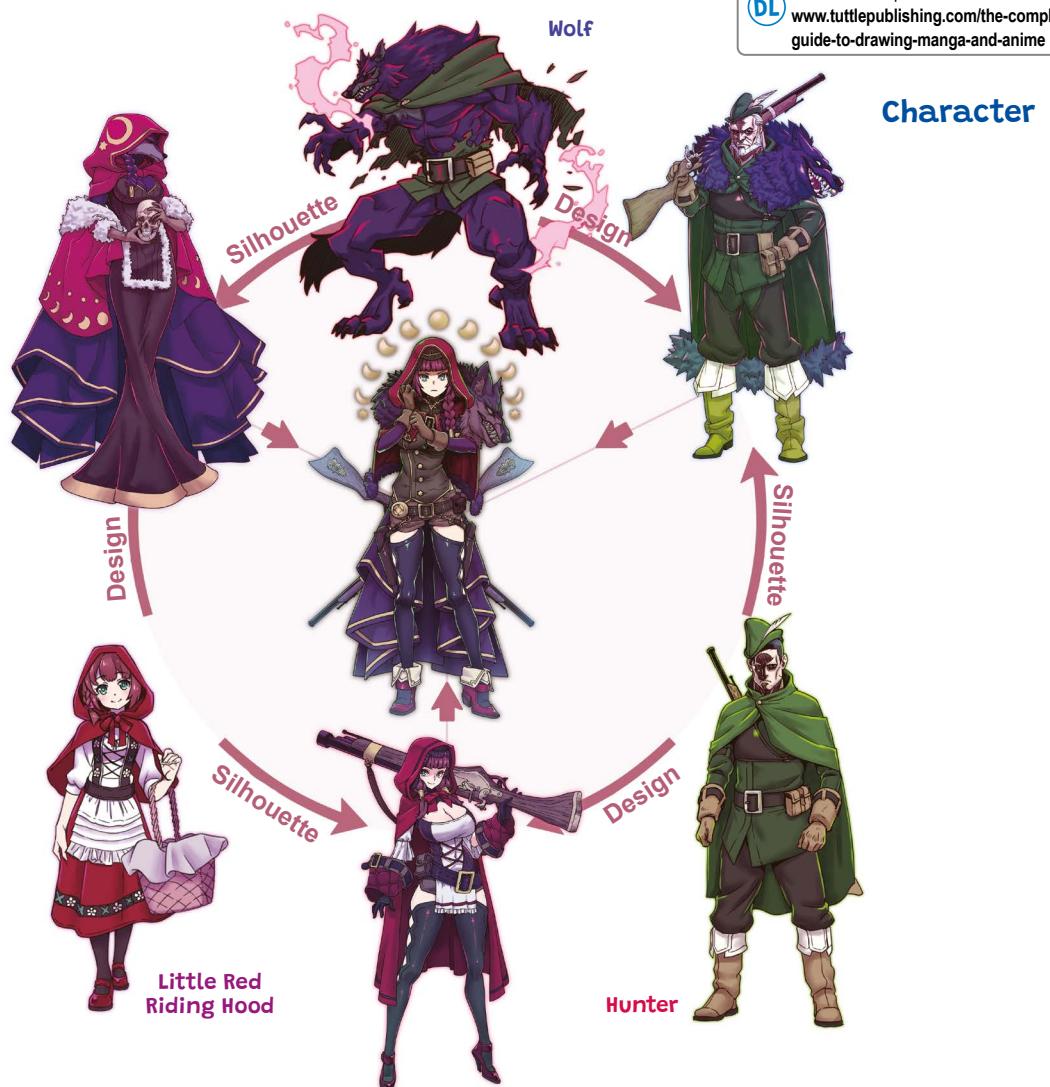


**B + C** Little Red Riding Hood + Hunter



③ Similarly, morph A and C, and B and C.

④ Further morph the three designs.



**DL** Download free practice materials:  
[www.tuttlepublishing.com/the-complete-guide-to-drawing-manga-and-anime](http://www.tuttlepublishing.com/the-complete-guide-to-drawing-manga-and-anime)

We will incorporate the elements of the characters that are next to each other and morph them together.



Efficiency



Applications



Permanence

# Professional Artist Simulation Game

It's finally the last day. Here, let's imagine what kind of instructions you will receive when you are asked to do a job, and simulate an actual request, such as how to manage the schedule.

## Proposal Game

The proposal game is a game where you can experience a flow close to an actual procedure, assuming that the character design work will come. Write your own instructions and draw a picture. Writing instructions clarifies the purpose and allows aspiring professionals to familiarize themselves with the procedures before they actually do the work.

### Game flow

- ① Determine the outline of the game, such as the title and story
- ② Write instructions
- ③ Determine the schedule and data format
- ④ Collect necessary materials
- ⑤ After drawing, write a delivery note and an invoice

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		Requester: Request date: Year Month Day															
Overview		<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 10%;">Process name</td> <td style="width: 30%;">Start date</td> <td style="width: 60%;">Delivery date</td> </tr> <tr> <td>Rough</td> <td>Y/M/D</td> <td>Y/M/D</td> </tr> <tr> <td>Draft</td> <td>Y/M/D</td> <td>Y/M/D</td> </tr> <tr> <td>Line drawing</td> <td>Y/M/D</td> <td>Y/M/D</td> </tr> <tr> <td>Finish</td> <td>Y/M/D</td> <td>Y/M/D</td> </tr> </table>	Process name	Start date	Delivery date	Rough	Y/M/D	Y/M/D	Draft	Y/M/D	Y/M/D	Line drawing	Y/M/D	Y/M/D	Finish	Y/M/D	Y/M/D
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Delivery format	PSD format / RGB																
Directions																	
Name	race	age															
Equipment	attributes	gender															
		main color															
		notes															
		color code ( )															
Items																	
Background																	
Pose																	
Remarks																	
Character image																	
Clothes image																	
Pose/angle image																	
Situation																	
Document																	



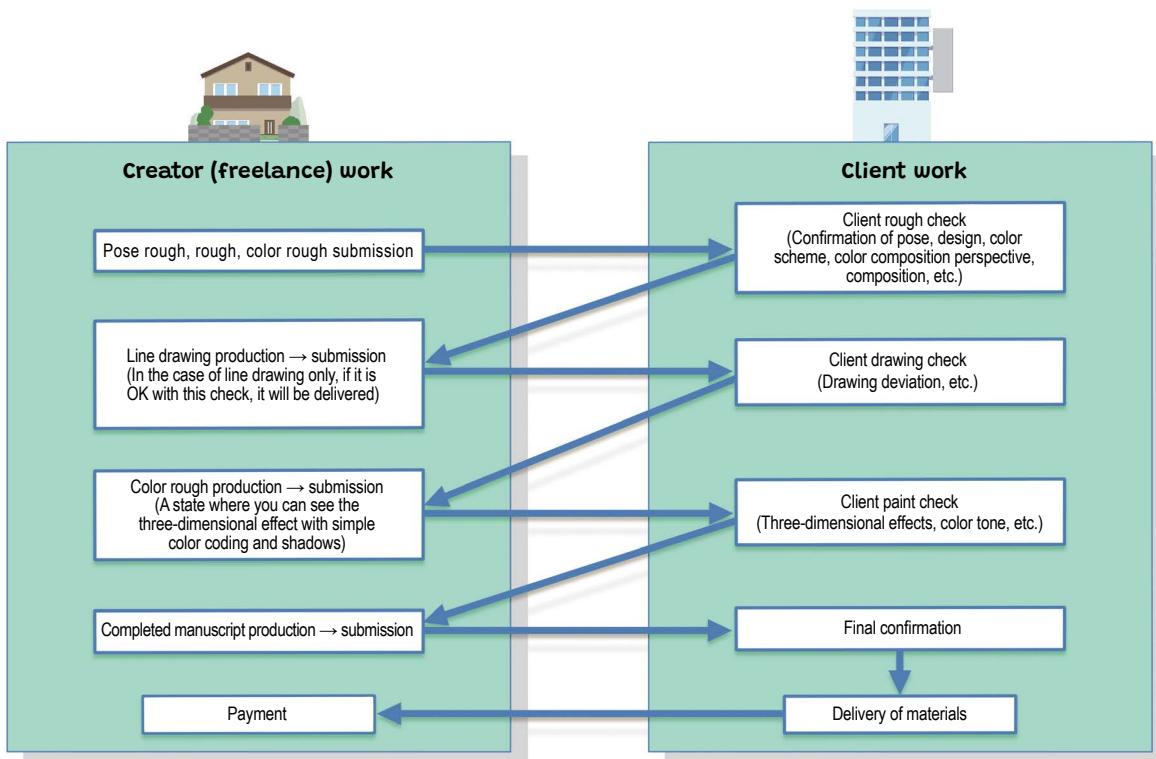
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※ Reference: facial expressions, hairstyles, costumes, weapons, items, etc.

It is a good idea to prepare a template for instructions.

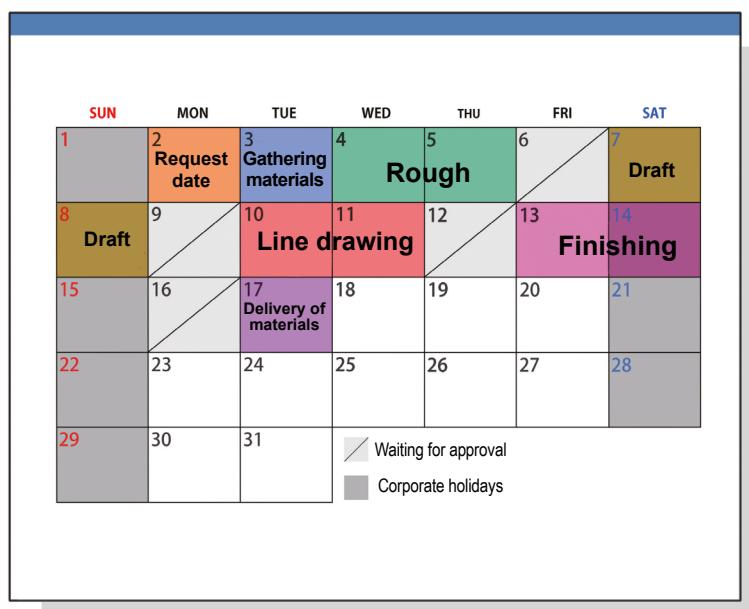
## Production Progress Chart

Knowing what process a professional uses to draw is an important clue to deciding upon a schedule. Also, depending on the content of the request, there are things that go up to the rough or even the color rough. Let's decide the contents of the request according to workable time.



## Work Schedule

Scheduling is very important in drawing. See the diagram below. The actual work takes 8 days, but if you include the client's holidays and waiting for checks, it will take 17 days to deliver. Also, if you include your own holidays, you will need more days. It may take several days to check with the client.



## Delivery Slip and Invoice

Here is how to write a delivery slip when the drawing is completed. The delivery slip will be a list of when and what kind of drawing you drew. In addition, when the invoice is collected, it also helps confirm exactly what work I completed.

### ◆ Delivery slip

Invoice (copy)	December 25, 2021	No. 1			
1-1-1 Isabelle, Asgard District, Midgard Glazheim F6		OX Prefecture City A-B-C Naoto Date			
Svajlfari Co., Ltd.		TEL : 00-222-1111			
I have delivered as follows					
Registration number					
Product name	Quantity	Unit price	Amount (tax excluded/tax included)	Tax rate (%)	Remarks
1 Character design fee	4	¥80000	¥320000	10	
2					
3					
4					
5					
6					
7					
Total (excluding tax/including tax)		10 %			
		10 %			
		Consumption tax, etc.	¥32000		¥ 352000

### ◆ Invoice

Invoice (copy)	December 25, 2021	No. 1			
1-1-1 Isabelle, Asgard District, Midgard Glazheim F6		OX Prefecture City A-B-C Naoto Date			
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I would like to request the following					
Date	Product Name	Quantity	Unit Price	Amount (tax excluded/tax included)	Remarks
	1 Character design fee	4	¥80000	¥320000	
2					
3					
4					
5					
6					
7					
		10 %		¥32000	¥ 352000

## Manuscript Fee

Manuscript fees vary from company to company. Based on the author's experience, when I was a newcomer, a single character, no background, no differences, full color, cost about 6,000 to 8,000 yen per design. Also, there are cases where there is an additional charge for returning and correcting the rough draft, and there are cases where it is already included in the manuscript fee.



## Payment Timing

You will surely be interested in when the payment will be transferred. Most companies tend to pay around the 25th of the month following the delivery month. In the case of freelancers, the amount after deducting the withholding tax from the manuscript fee will be deposited. Also, be sure to check the timing of the payment when making a request.



## Proposal Game Example

The outline of the project is “character design for an app game”. This delivery is up to the color rough.

**Overview**

■ Game overview  
A real-time simulation game where you lead Western-style knights and aim to unify the world (iOS, Android)

Find out the knights using location information, get local items and strengthen the knights!! Compete for supremacy by fighting with nearby lords (players)!!

■ Explanation of the world view  
A story of knights and summoners summoned to the modern world.  
Players with smart phones engraved with the lord's mark compete for supremacy in order to fulfill their desires. The main character is also involved in the battle.

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**Schedule**

Process name	Start date	Delivery date
Pose Rough	2021_3rd	2021_4th
Draft	2021_6th	2021_7th
Color rough	2021_9th	2021_10th
	Year month day	Year month day

**Data form**

Size	B5 size / A4 size
Resolution	300-350dpi
Number of rough drafts	2-3 drafts
Number of retakes	2 retakes
Delivery format	PSD format / RGB

**Directions**

Gain Grant	Race	Human	Age	35	Main colors	Green/Red/Black	
Equipment	Battle Axe/Armor		Attribute	Mercenary	Gender	Male	Notes
Basic image	Mercenary group. Always in the lead on the battlefield. He is usually calm and takes good care of the members. Former Holy Knight. Expelled for a certain incident.		Items	Carry a large battle ax with ease			
Body type	Muscular macho, 220 cm tall		Background	No			
Hairstyle	All-back ponytail, beard		Pose	How to stand to feel strength while being calm Triangular silhouette composition ※ Flashy poses are NG.			
Facial expression	Strong-willed eyes and a chiseled face		Remarks	■ Taste and image of the pattern ▪ Real head and body ▪ Smooth matte texture			
Outfit	Mercenary equipment that partially uses the armor of a holy knight						

▼ character image ▼ Clothes image ▼ Pose/angle image ▼ Situation

※ Reference: facial expressions, hairstyles, costumes, weapons, items, etc.

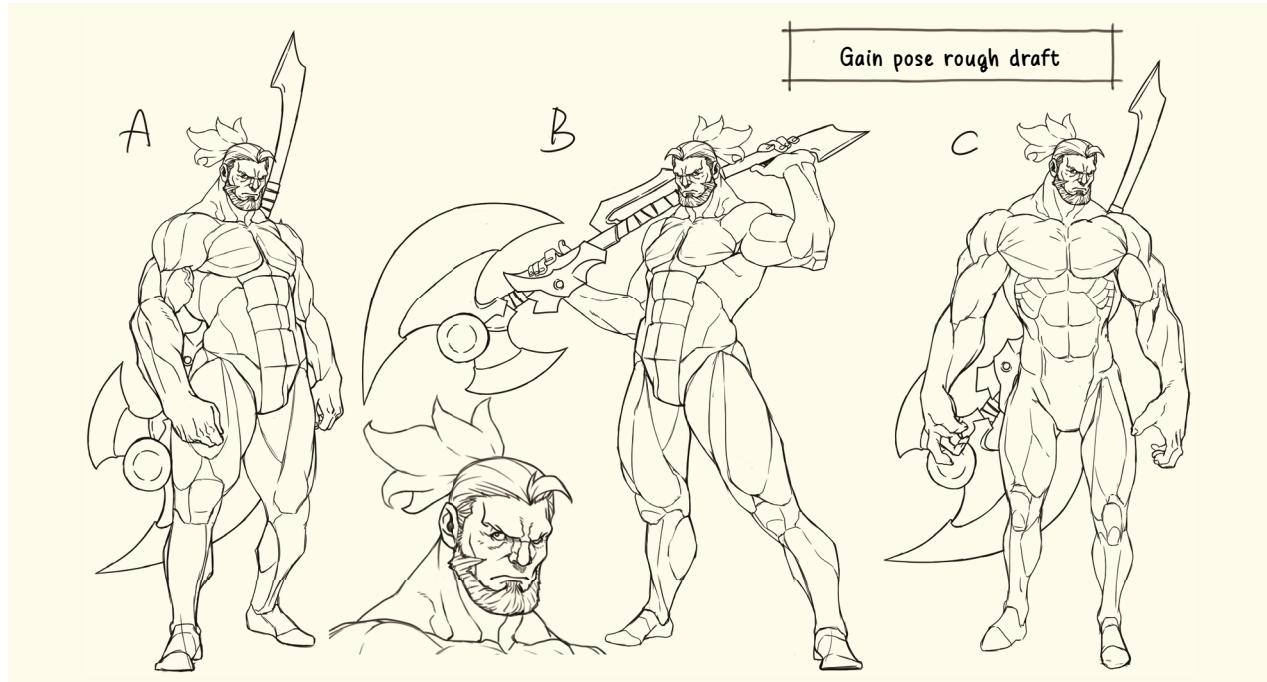
Originally, the reference material image is pasted here (not posted this time due to rights)

**Directions**

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Outfit	Mercenary equipment that partially uses the armor of a holy knight								

## Pose Rough Draft

I drew 3 rough poses according to the instructions. If I offer only 2 versions, the range of choices will be narrow, so it's better to go with 3 versions.



## Draft

After careful consideration, I chose version A.



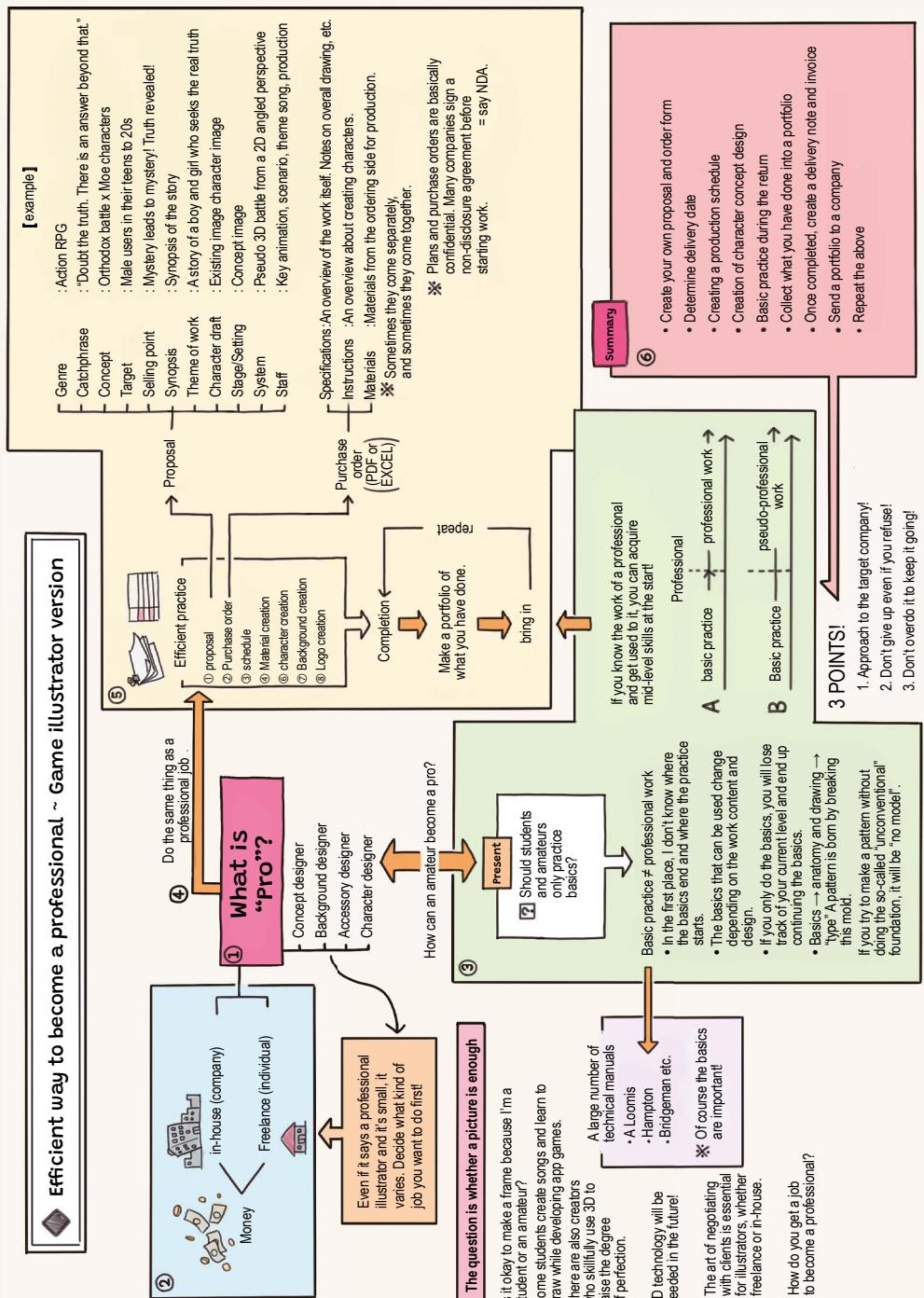
## Line Drawing/Color Rough

Complete the line drawing and create a color rough. A simple color sketch is OK. Let's take care of the overall balance. It's also a good idea to put the colors you used side by side.



# FEATURE Efficient Way to Become a Professional—Game Illustrator Version

When I get a job request, I try to be fully prepared by planning ahead. By understanding what it takes to be a professional artist, you should be able to complete work that is far more accomplished than that of novices.



The 90th day has finally come! Draw a picture using what you have learned so far and compare it with the first day. You should be able to see your growth.

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**DATE-SHIKI OEKAKIJUKU 90-NICHE DE  
KAWARU GARYOKU KOJO KOZA**  
© 2021 Naoto Date, edited by Remic  
English translation rights arranged with Mynavi  
Publishing Corporation  
through Japan UNI Agency, Inc., Tokyo

English Translation © 2023 by Periplus Editions  
(HK) Ltd

ISBN 978-4-8053-1766-2  
Library of Congress Cataloging-in-Publication  
Data in process

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26 25 24 23      10 9 8 7 6 5 4 3 2 1

Printed in China 2307EP

**Distributed by**

**North America, Latin America & Europe**  
Tuttle Publishing  
364 Innovation Drive  
North Clarendon, VT 05759-9436 U.S.A.  
Tel: 1 (802) 773-8930; Fax: 1 (802) 773-6993  
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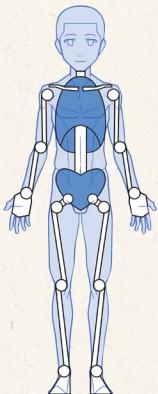
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**Date Naoto** is a professional illustrator and anime drawing instructor. His publications include *Drawing with Digital Tools* and *How to Draw Wrinkles and Shadows*.



This book's unique progressively-structured lessons offer:

- Essential instruction on drawing bodies, clothes, facial expressions and movements, with 3D composition lessons for animators
- Hundreds of sample illustrations and full-color examples that make learning fun
- Detailed drawings that teach poses, dress styles and life-like expressions to match each character's personality
- Star ratings that indicate the difficulty of each lesson and allow the aspiring artist to track their own progress
- Professional tips and tricks that make drawing fun and memorable
- Detailed tips on how to create a professional work schedule and how to invoice clients for illustrations and video game design work
- Free downloadable practice materials

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Printed in China 2307EP

ISBN 978-4-8053-1766-2

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9 784805 317662 US \$19.99